

Physical Therapy Examination Steps

@DPTIllustrated

Initial Observation

History

Systems Review/Review of Systems (cardiopulmonary, integumentary, neuromuscular, musculoskeletal)

Screening (dermatome, myotome, reflexes, body segments above and below the area of complaint)

Structural Inspection

Palpation for Condition (warmth, swelling)

Active Range of Motion

Passive Range of Motion - Classical

Passive Range of Motion - Accessory Joint Motion

Muscle Selective Tissue Tension Test

Muscle Length Testing

Manual Muscle Testing

Special Tests

Neuromuscular (peripheral nerve distribution)

Palpation for Tenderness

Movement Analysis

Diagnosis/Prognosis