

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
1A	2A		3B	4B	5B	6B	7B	8B		1B	2B	3A	4A	5A	6A	7A	8A
1 H Hydrogen 1.01	2 He Helium 4.00	3 Li Lithium 6.94	4 Be Beryllium 9.01	5 B Boron 10.81	6 C Carbon 12.01	7 N Nitrogen 14.01	8 O Oxygen 16.00	9 F Fluorine 19.00	10 Ne Neon 20.18	11 Na Sodium 22.99	12 Mg Magnesium 24.31	13 Al Aluminum 26.98	14 Si Silicon 28.09	15 P Phosphorus 30.97	16 S Sulfur 32.07	17 Cl Chlorine 35.45	18 Ar Argon 39.95
19 K Potassium 39.10	20 Ca Calcium 40.08	21 Sc Scandium 44.96	22 Ti Titanium 47.87	23 V Vanadium 50.94	24 Cr Chromium 52.00	25 Mn Manganese 54.94	26 Fe Iron 55.85	27 Co Cobalt 58.93	28 Ni Nickel 58.69	29 Cu Copper 63.55	30 Zn Zinc 65.39	31 Ga Gallium 69.72	32 Ge Germanium 72.61	33 As Arsenic 74.92	34 Se Selenium 78.96	35 Br Bromine 79.90	36 Kr Krypton 83.80
37 Rb Rubidium 85.47	38 Sr Strontium 87.62	39 Y Yttrium 88.91	40 Zr Zirconium 91.22	41 Nb Niobium 92.91	42 Mo Molybdenum 95.94	43 Tc Technetium (98)	44 Ru Ruthenium 101.07	45 Rh Rhodium 102.91	46 Pd Palladium 106.42	47 Ag Silver 107.87	48 Cd Cadmium 112.41	49 In Indium 114.82	50 Sn Tin 118.71	51 Sb Antimony 121.76	52 Te Tellurium 127.60	53 I Iodine 126.90	54 Xe Xenon 131.29
55 Cs Cesium 132.91	56 Ba Barium 137.33	57 La Lanthanum 138.91	72 Hf Hafnium 178.49	73 Ta Tantalum 180.95	74 W Tungsten 183.84	75 Re Rhenium 186.21	76 Os Osmium 190.23	77 Ir Iridium 192.22	78 Pt Platinum 195.08	79 Au Gold 196.97	80 Hg Mercury 200.59	81 Tl Thallium 204.38	82 Pb Lead 207.2	83 Bi Bismuth 208.98	84 Po Polonium (209)	85 At Astatine (210)	86 Rn Radon (222)
87 Fr Francium (223)	88 Ra Radium (226)	89 Ac Actinium (227)	104 Rf Rutherfordium (261)	105 Db Dubnium (262)	106 Sg Seaborgium (266)	107 Bh Bohrium (264)	108 Hs Hassium (269)	109 Mt Meitnerium (268)									
101 Db Dubnium (262)	102 Sg Seaborgium (266)	103 Bh Bohrium (264)	104 Hs Hassium (269)	105 Mt Meitnerium (268)	106 Lr Lawrencium (262)	107 Uu Ununseptium (271)	108 Uub Ununoctium (272)	109 Uut Ununnonium (273)	110 Uuq Unquadrium (274)	111 Uuh Unhexium (275)	112 Uub Unbium (276)	113 Uut Untrium (277)	114 Uuq Unquadium (278)	115 Uuh Unpentium (279)	116 Uub Unsexium (280)	117 Uus Unseptium (281)	118 Uuo Unoctium (282)

Key

11	Atomic number
Na	Element symbol
Sodium	Element name
22.99	Average atomic mass*

* If this number is in parentheses, then it refers to the atomic mass of the most stable isotope.