



BRIDGWATER

CHIROPRACTIC



We're thrilled to share that construction on our brand-new clinic space is nearing completion

The walls are up, the paint is on, and doors, desks, and finishing touches are now being installed - check out the [FB Post](#) or [IG Reel](#) here! If all goes well with our final inspection and occupancy permit, we may be opening the doors even as early as mid-June! Follow us on [Instagram](#) or [Facebook](#) to keep up with progress updates, photos, and our official opening date!



Welcome to Bacy Jia

Starting in July, we're excited to welcome **Bacy Jia** to the Bridgwater Chiropractic team. She's returning to Winnipeg—her hometown—to grow her chiropractic practice, and we're thrilled she's joining us. You can learn more about her on our [website](#).

Expanded Hours

We're expanding our availability! Dr. Anne Stacey is now seeing patients **Tuesday through Friday**. Starting this summer, we will be offering chiropractic care Monday through Saturday. **(yes, Saturdays!)**

Check out the updated schedule [online](#).

Select a treatment to view available appointment times for all chiropractors:

First Visit - Adult

The first visit includes a history review, physical assessment, and treatment when appropriate.

First Visit - Child

The first visit for your Child includes a history review, physical assessment, and treatment when appropriate.

Regular Follow up Visit

This is the standard follow up visit. This visit typically includes chiropractic adjustments & some soft tissue (ART) work, and may include exercise review.

Extended Follow up Visit

This is an extended follow up visit which is appropriate in some





Now Offering Bracing & Compression Socks

High-quality **bracing and compression products** from Jiani Medical & Sport are now available through Bridgwater Chiropractic. Jiani is a Canadian company trusted by the CCA and chiropractors across the country.

These medical-grade products support circulation, reduce strain, and improve comfort—perfect for **runners, nurses, tradespeople**, and anyone on their feet all day (including chiropractors!). From wrist and knee braces to foot and leg compression socks, these may even be **covered under your extended health benefits plan**. Ask us how they might help you.

Help Grow Our Team!

We're looking for a massage therapist or other manual practitioner to join our collaborative care team. If you are a provider who loves to work alongside chiropractors in a supportive, patient-focused space, reach out to Dr. Stacey by [email](#).

Clinic space will be available starting mid-July 2025.



Flexible Clinical Consultation Space

Starting this summer, Bridgwater Chiropractic will be offering a **comfortable, conversational-style room for occasional-use professional consultations**. Ideal for counsellors, doulas, lactation consultants, nutritionists, and hybrid/mobile practitioners, **this flexible space allows you to meet with clients in person without the commitment of a full-time office or regular scheduling requirements**



Online booking will open soon.



Have You Seen Our Latest Healthy Living Articles?

We've been sharing helpful reads on the website that speak to your health, movement, and family wellness. Check them out here:

Move It or Lose It: Staying Active for Healthy Aging Discover how regular movement supports your joints, brain, and long-term independence—at any age.

Spring into Health: Why a Seasonal Check-up is a Must Learn why a seasonal visit can help you reset, realign, and feel your best heading into warmer months.

Chiropractic Care for Moms: Pregnancy, Postpartum & Beyond
A closer look at how chiropractic care can support women through every stage of motherhood.

Ready to take the next step in your healthcare journey?

Schedule Your Appointment



1 - 395 Centre Street Winnipeg, MB, Canada [unsubscribe](#)