40 Days, 40 Nights

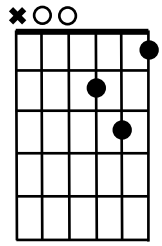
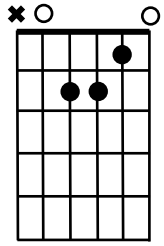
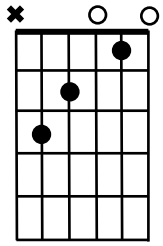
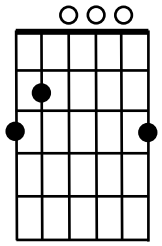
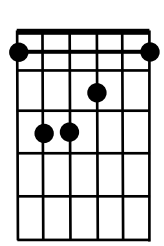
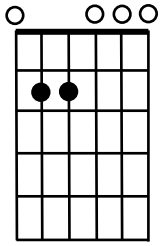
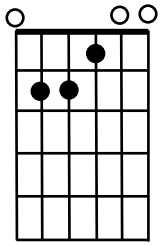
Background: I'm not very religious and don't really buy into most of the dogma, which to me is mostly metaphors and parables meant to teach lessons, not factual history. The number 40 comes up a lot and usually just means a long time, not to be taken literally. (I highly doubt anyone back then, if even now, could live in a desert for 40 years.). There are other instances of the number 40 being significant in non-time related instances.
My brother got the news in early January 2009 that his cancer was terminal and there was nothing else they could do. He entered hospice care at home.
And died exactly 40 days later.

Written: 2023

Arr.	Key	Time	Tuning	Tempo	Style	Capo
1	Am	4/4	Standard	125	Fingerpicked, Slow	None

Arrangement	1
Intro	Am G x2
Verse	Am G F Dm E x2
Chorus	Am G Am G F G F G
Bridge 1	F C G Em Am G F Dm E
Bridge 2	F C G Em Am G F Dm E F C G Dm E

Chords Used in this Song

Dm	Am	C	G	F	Em	E
						

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40 Days, 40 Nights

Intro

Am
It was 40 days

From dawn to dusk
G
Was this just coincidental?
Am
40 nights

Return to dust
G
Or was this transcendental?

Verse

Am
The Judge sentenced death
G
And the clock began to tick
F
No idea how long was left
Dm **E**
But the time expired quick

Am
Fighting for survival
G
Living in denial
F
Conceding it's arrival
Dm **E**
But still not giving in

Chorus

Am
40 days and 40 nights
G
Lucidity declines
Am

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40 days and 40 nights
G
Morphine drives you blind
F
40 days and 40 nights
G
You slowly lose your mind
F **G**
And die before you die

Verse

Am
The Bible speaks of 40
G
As a price for paradise
F
Symbolic of long time periods
Dm **E**
Of penance or sacrifice

Am
This nonlinear progression
G
Nature's cruel aggression
F
A demonic possession
Dm **E**
Lurking deep within

Chorus

Am
40 days and 40 nights
G
Lucidity declines
Am
40 days and 40 nights
G
Morphine drives you blind
F
40 days and 40 nights

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G
You slowly lose your mind
F G
And die before you die

Bridge 1

F
40 days lost in the flood
C
40 days Goliath taunted Saul
G
40 years in the desert dry
Em
40 days on Mount Sinai
Am
40 days lost in wilderness
G
40 chapters of Exodus
F
40 years rule each of 3 kings
Dm E
40 days of Lent sacrificing

Solo

Verse

Am
He walked into the room
G
And carried you away
F
Lifted you up out of the pit
Dm E
Out of the miry clay

Am
This existential transformation
G
This moment of transition
F

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This involuntary transcendence
Dm E
Such a cruel lesson

Bridge 2
F
But who learns this time?
C
The victim, or those left behind?
G
The victim is relieved of their pain
Em
Physical and emotional strain
Am
They have crossed over to what's next
G
Left to wallow are the rest
F
And is the lesson all just cliche?
Dm E
The Lord moves in mysterious ways?
F
That bad things happens to good men?
C
That we can't understand God's plan?
G
That we not take a day for granted?
Dm E
That tomorrow's promise can be recanted?

Chorus
Am
40 days and 40 nights
G
Lucidity declines
Am
40 days and 40 nights
G
Morphine drives you blind
F

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40 days and 40 nights
G
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F **G**
And die before you die

Repeat Chorus

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Solo

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This moment of transition
This involuntary transcendence
Such a cruel lesson

Bridge 2
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The victim is relieved of their pain
Physical and emotional strain
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Repeat Chorus

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Chorus

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