

Panic Attack

Background: Self-explanatory.

Written: 2023

Arr.	Key	Time	Tuning	Tempo	Style	Capo
1	E	4/4	Standard	140	Country Rock/Hard Rock	None

Arrangement	1
Intro	E Asus2 E Asus2
Verse	E Asus2 E Bsus Asus2
Chorus	E Asus2 E Bsus E Asus2 Bsus Asus2
Bridge	Bsus Asus2 B Asus2 C#m7 G#m7 F# A

Rapid staccato in the strumming to match the vocals

Chords Used in this Song

E	Asus2	Bsus	C#m7	G#m7	F#

Panic Attack

Verse

E

In my prime

E

I see others thriving

Asus2

I should be livin'

Asus2

But I'm just surviving

E

It ain't really living

E

When you're afraid of dying

Bsus

Why can't I stop

Asus2

This spontaneous crying

Chorus

E

It's just another panic attack

Asus2

I'm freaking the f*** out

E

Another panic attack

Bsus

The air in my chest sucked out

E

Another panic attack

Asus2

I know I'll need to luck out

Bsus

Asus2

To survive

Verse

E

It's a crime

E

I see others driving

Asus2

I could be givin'

Asus2

But I'm too conniving

E

It ain't really giving

E

When you ain't even trying

Bsus

Why can't I stop

Asus

This spontaneous crying

Chorus

E

It's just another panic attack

Asus2

I'm freaking the f*** out

E

Another panic attack

Bsus

The air in my chest sucked out

E

Another panic attack

Asus2

I know I'll need to luck out

Bsus

Asus2

To survive

Solo

Bridge

Bsus

Panic heats my veins

Asus2

Like cyanide

B

Panic burns my mind

Asus2

Like dynamite

C#m7

Panic pulls the reigns

G#m7

And holds on tight

F#

Panic breaks me down

A

It's my kryptonite

Chorus

E

It's just another panic attack

Asus2

I'm freaking the f*** out

E

Another panic attack

Bsus

The air in my chest sucked out

E

Another panic attack

Asus2

I know I'll need to luck out

Bsus

Asus2

To survive

Panic Attack

Verse

In my prime
I see others thriving
I should be livin'
But I'm just surviving
It ain't really living
When you're afraid of dying
Why can't I stop
This spontaneous crying

Chorus

It's just another panic attack
I'm freaking the f*** out
Another panic attack
The air in my chest sucked out
Another panic attack
I know I'll need to luck out
To survive

Verse

It's a crime
I see others driving
I could be givin'
But I'm too conniving
It ain't really giving
When you ain't even trying
Why can't I stop
This spontaneous crying

Chorus

It's just another panic attack
I'm freaking the f*** out
Another panic attack
The air in my chest sucked out
Another panic attack
I know I'll need to luck out
To survive

Solo

Bridge

Panic heats my veins
Like cyanide
Panic burns my mind
Like dynamite
Panic pulls the reigns
And holds on tight
Panic breaks me down
It's my kryptonite

Chorus

It's just another panic attack
I'm freaking the f*** out
Another panic attack
The air in my chest sucked out
Another panic attack
I know I'll need to luck out
To survive

Panic Attack

<p>Verse: E Asus2 E Bsus Asus2</p> <p>Chorus: E Asus2 E Bsus E Asus2 Bsus Asus2</p>	<p>Bridge: Bsus Asus2 B Asus2 C#m7 G#m7 F# A</p>
<p>Verse In my prime I see others thriving I should be livin' But I'm just surviving It ain't really living When you're afraid of dying Why can't I stop This spontaneous crying</p> <p>Chorus It's just another panic attack I'm freaking the f*** out Another panic attack The air in my chest sucked out Another panic attack I know I'll need to luck out To survive</p> <p>Verse It's a crime I see others driving I could be givin' But I'm too conniving It ain't really giving When you ain't even trying Why can't I stop This spontaneous crying</p>	<p>Chorus</p> <p>Solo</p> <p>Bridge Panic heats my veins Like cyanide Panic burns my mind Like dynamite Panic pulls the reigns And holds on tight Panic breaks me down It's my kryptonite</p> <p>Chorus</p>