



Golden Oaks Village

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Upcoming Events at Golden Oaks Village

- Resident Council Meeting 2:00 pm Monday, April 5th in the Atrium
- Exercise Classes daily on the veranda at 9 am and 2 pm
- Rhythm Band 10 am every Friday in the Oak Room
- Watercolor class Mondays 1-3 pm in the art room
- Art Classes each Wednesday from 6:30—8:30 pm
- All events observe socially distant rules w/Masks

Golden Oaks Couple Marries After Year Long Wait due to COVID-19

Neither Gehyman "Lee" Howard, 81, nor 64-year-old Deborah Cox ever expected to get married again, but life had other plans for the now-newlyweds.



The Golden Oaks Health Care Center residents got married Saturday after nearly a year of delays due to the COVID-19 pandemic and other obstacles.

Golden Oaks hosts Kyle Dillingham and Danny Miller in concert May 6th



Enid, Oklahoma native and acclaimed fiddler Kyle Dillingham will be performing, along with pianist Danny Miller, at Golden Oaks on May 6th at 6:15 pm

Kyle Dillingham, now residing in Oklahoma City, started playing the violin when he was nine. While still in high school, Dillingham was featured twice on Nashville's Grand Ole Opry and had performed with legends Roy Clark and Hank Thompson. He later went on to receive his bachelor's degree in instrumental music performance from Oklahoma City University. Dillingham has taken his music abroad earning him the title of "Oklahoma's Musical Ambassador."

Are you up for the Family Feud Challenge!

Family Feud originated in 1976 on ABC and was hosted by Richard Dawson. The series was revived on CBS and also now has a nighttime syndication series hosted by Steve Harvey.



Golden Oaks will be holding its own Family Feud game show on April 9th at 6:30 pm. Two teams of five contestants will compete for the title of being the “Best of the Best” and have a chance to take on the staff team for a final opponent. The host will ask survey questions that were previously solicited from the Golden Oaks residents. A certain number of answers are concealed and will be displayed on a big screen for easy viewing. Points will be awarded based on answers given. We will be showcasing our teams on our Facebook site at www.facebook.com/goldenoaks leading up to the event.

Golden Oaks Village joins OHAI to provide online exercise classes for all residents

Oklahoma Healthy Aging, Inc. is offering online exercise sessions for all residents who have internet access and zoom programming. Beginning April 12th exercise classes will begin at 9:00 am and 1:00 pm Monday through Wednesday. Seated exercise classes will be held at 2:15 M-W. At 4:00 pm there will be a Walk with Ease for beginners which will help kickstart your spring exercise regiment. Beginning on April 13th the Walk with Ease class will be held at 4:00 pm every Thursday and Friday. Here is the zoom site and the meeting ID and Password for those who want to exercise from their homes.

<https://zoom.us/j/8179288689?pwd=Szl1NGlkcziQeIZRSIQ1QWxBV0ptQT09>

Meeting ID: 817 928 8689

Passcode: OHAI2020



Start assembling your team! We're going to begin Bean Bag Baseball in the Atrium on Tuesday, April 13th and will be on the 2nd and 4th Tuesdays of each month. We'll have cheerleaders, umpires and fun...fun....fun. So grab your sweetie and take her out to the ballgame and cheer on your favorite team!

Charlotte Williams expands the art classes to include watercolor class on Mondays

Art Class with Charlotte
Wednesdays 6:30 pm



Golden Oaks Village art teacher, Charlotte Williams, is expanding the art classes to include watercolor painting. Since gaining widespread popularity in the 18th century, watercolor painting has been a favorite of amateur and professional artists alike. Its portability makes it the perfect medium to take on the road, allowing artists to sketch in the open air or rapidly work out ideas. When choosing colors it's a good idea to select single pigment paints. In theory you can produce every color you need just by mixing primary colors (blue, red and yellow). If you don't want to mix colors, use a small starter set just to make life easier. Happy Painting!

APRIL WORD SEARCH

E B F S E H S O L A G A P
 N U R O I L H Y A T D H P
 I L Y U O T A S N N P I T
 H B L R I L T O O N E F A
 S S F S G G E M I A U Y U
 N O R S U T A A S H I B R
 U N E L S I R T A E V G U
 S E T I D A E R Y R R T S
 S H T R I R R N G O I H Q
 E B U P M Q F G W K T E K
 X M B A D A I S Y R Q K S
 A A R B O R W E A T H E R
 T M B W A L L E R B M U P

April	Diamond	Grow
Arbor	Earth	Rain
Aries	Easter	Sunshine
Bulbs	Eggs	Taurus
Bunny	Fool	Taxes
Butterfly	Galoshes	Umbrella
Daisy	Grass	Weather

**Choose
your
neighbor
and get a
month's
free rent
on us!!**

**Ask
Elaine
for more
details @
249-2606**

Choose your new neighbor...

New exciting program for referring residents to Golden Oaks Village during the months of February and March 2021

Any current resident that refers a new resident to Golden Oaks Village, that results in a sale, will be eligible for one month free rent as a token of our appreciation! So go choose your new neighbor!!

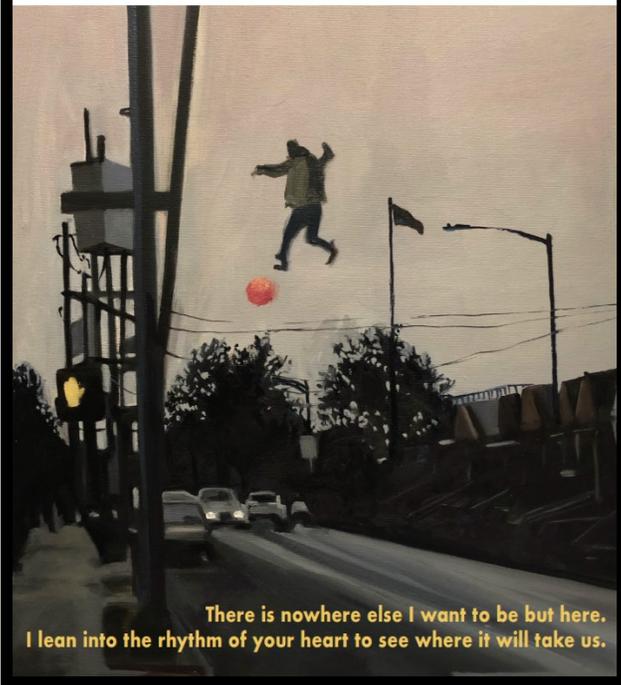
- The referral must never have toured Golden Oaks
- They must not be on our prospect list
- You must bring the referral into Golden Oaks for a tour
- The new referral must result in a successful contract
- The rent credit will not be awarded until the new referral moves in.

For further information or questions?
 Contact Elaine at (580) 249-2606
 or email @ ejohns@goldenoaks.com

 **WELCOME!**



National Poetry Month April 2021
Celebrating 25 years



There is nowhere else I want to be but here.
I lean into the rhythm of your heart to see where it will take us.

During the 1990s, Black History Month and Women's History Month began to hit their stride and became more successful than any other time since they had been created. This gave hope to those who wanted to establish a National Poetry Month. So with that in mind, the Academy of American Poets – an organization that includes booksellers, librarians, teachers, publishers, poets and literary associations – met in 1995 to discuss the need for a month long celebration of poetry. It was determined that it would have value and the holiday was officially launched in April of 1996.

Over the years, this holiday has been not only celebrated by academics, poets and literary groups. It has also been celebrated by society in general. For instance, in 2005, the Empire State Building was illuminated to celebrate the 10th anniversary of this holiday.

We can't illuminate our tower for National Poetry Month but we can share a wonderful poem written by Golden Oaks resident Anita Barrett.

Ode to Paula

The Hallways are somber, the residents glum
For Paula has finally said "I'm done."
She has listened and counseled us through all our tears
And she's loved each one of us through all these years.

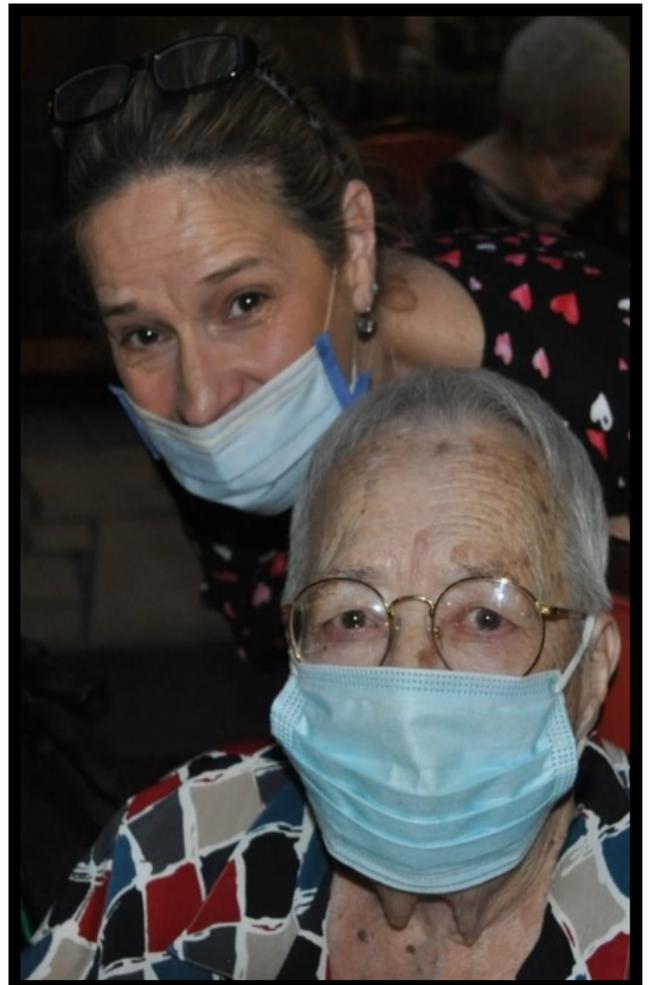
Here's to Paula, whose charm and grace
Have made Golden Oaks a happier place,
If you ask anyone, on any day,
This is what they will have to say;

For eight plus years, she has cared for us,
Her loyalty and kindness earned all of our trust,
She approached her life with joy and zest
And encouraged us to "be our best."

Most of all, she accepts who we are
And she knows some of us have journeyed far;
We need reassurance and help with detail,
And Paula is there to help without fail.

No question to trivial, no request too small
She is there to help, come one and come all,
The Welcome Center just won't be the same
Without Paula there to call us by name.

She is truly irreplaceable at Golden Oaks
If you don't believe us, just ask all the folks
Who know wherever she goes, we will wish her well
But it goes without saying, we'll miss her like....crazy



APRIL 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Card Games in the Oak Room 1-4 pm M-F	Watercolor Class Every Monday Art Room 1:00-3:00 pm	See upcoming events on Channel 96  <p>Join Us for a Movie in the Chapel 1:00 pm March 31st</p>		1 New Resident Orient. 10 am Bingo 6:30 pm	2 Rhythm Band 10:00 am Oak Room Movies on the Veranda 7 pm	3 Roberta Young Board Games on the Veranda 1-4 pm
4 Bill Creveling Chapel 1:30 pm Alan Seibel	5 Bible Study 10 am Oak Rm Grocery List due by 2 pm Resident Council Mtg	6 Danny Miller & Kyle Dillingham Atrium Concert 6:15 pm	7 Crochet 2:30 Veranda Art with Charlotte 6:00 – 8:00 pm Quilting 9:30 am G-315	8 Movie Day in the Chapel 1pm Bingo 6:30 pm	9 Rhythm Band 10:00 am Oak Room Movies on the Veranda 7 pm Family Feud 6:30 pm Atrium	10 Board Games on the Veranda 1-4 pm
11 Chapel 1:30 pm Jerred Unruh	12 Bible Study 10 am Oak Rm Grocery List due by 2 pm	13 Bean Bag Baseball 1 pm Atrium Dab of Glory 6:30 pm	14 Crochet 2:30 Veranda Art with Charlotte 6:00 – 8:00 pm	15 Cornhole Game 1 pm in the Atrium Bingo 6:30 pm	16 Rhythm Band 10:00 am Oak Room Movies on the Veranda 7 pm	17 Board Games on the Veranda 1-4 pm
18 Chapel 1:30 pm Richard Stephens	19 Bible Study 10 am Oak Rm Grocery List due by 2 pm	20 Eloise Bradley Cornerstone 7:00 pm	21 Crochet 2:30 Veranda Art with Charlotte 6:00 – 8:00 pm Quilting 9:30 am G-315	22 Movie Day in the Chapel 1pm Bingo 6:30 pm	23 Rhythm Band 10:00 am Oak Room Movies on the Veranda 7 pm	24 Board Games on the Veranda 1-4 pm
25 Dorothy Geis Chapel 1:30 pm Tom Stanley	26 Bible Study 10 am Oak Rm Grocery List due by 2 pm Steering Committee 2 pm	27 Bean Bag Baseball 1 pm Atrium Mennonite Singers 7:00 pm	28 Crochet 2:30 Veranda Art with Charlotte 6:00 – 8:00 pm Birthday/Anniv. Luncheon	29 Ambassador Meeting 1 pm Bingo 6:30 pm	30 Rhythm Band 10:00 am Oak Room	

HAPPY ANNIVERSARY
M/MS. TOEWS APRIL 7
M/MS. STROM APRIL 29

Click on a healthy Aging Exercise Schedule
 This can be viewed from your Facebook. Sign in your own Home
 or connect with friends on the network!

FACEBOOK LIVE CLASS SCHEDULE
 CALL YOUR FAVORITE INSTRUCTOR

Time	Monday	Tuesday	Wednesday	Thursday	Friday
10 AM - 11 AM	off/Arts	off/Arts	off/Arts	off/Arts	Tea & Games Friday
11 AM - 12 PM	off/Arts	off/Arts	off/Arts	off/Arts	off/Arts
12 PM - 1 PM	off/Arts	off/Arts	off/Arts	off/Arts	off/Arts

Banana Sticky Toffee Pudding Recipe



Ingredients for Sticky Sauce

1/4 cups heavy whipping cream
 1/2 cup brown sugar
 1/2 cup light corn syrup
 1/4 cup (1/2 cube) salted butter
 1 teaspoon butterscotch flavor

Directions (For the toffee sauce)

In a large heavy saucepan, add the cream, brown sugar, corn syrup, and butter. Over medium heat, bring the ingredients to a gentle boil stirring often. Continue cooking until the temperature reaches 230°F. You will need to stir constantly as it approaches the targeted temperature. Set aside. Once the sauce has started to cool, stir in the flavor. Let the sauce cool completely. If the sauce is too thick to spread, thin with whipped cream

Ingredients (For the sticky toffee pudding)

1 3/4 cup all-purpose flour
 1/2 tablespoon baking powder
 1/4 teaspoon salt
 3/4 cup (1 1/2 cubes) butter
 2/3 cup brown sugar
 2 large eggs
 1 cup mashed ripe bananas
 2/3 cup butterscotch chips
 2 teaspoons banana flavor .

Directions (For the sticky toffee pudding)

Preheat the oven to 350°F. Line an 8×8-inch baking pan with parchment paper.

In a medium bowl, whisk the flour, baking powder, and salt together. Set aside.

In the bowl of your stand-type mixer, cream the butter and sugar together. Beat in the eggs and then the bananas and flavor.

Add the flour mixture and beat until just well combined, scraping down the sides of the bowl. Add the chips.

To Assemble the Sticky Toffee Pudding

Spread the sauce on the cooled cake. Place the topped cake in the oven set at 350°F for six minutes or until the sauce is bubbling thickly. Remove from the oven.

Grasp the edges of the parchment paper and lift the cake to cutting board for cutting and serving. Serve with sliced bananas and whipped cream or ice cream.

Golden Oaks Wedding continued

I never dreamed of — neither one of us did — thinking about a spouse,” Cox said. “It’s a whole new experience.” Although they had both lived at Golden Oaks, their paths first truly crossed when they were crowned King and Queen of the Golden Oaks Valentine’s Day banquet on Feb. 13, 2020,

The two began to fall in love, with Howard saying he loves everything about Cox, and she said she fell in love with him because “he laughs a lot” and makes her laugh, too, often joking about the height difference between the two. Several Golden Oaks residents and staff attended the March 13 wedding — Howard said he was “shocked” by the amount of people there, who were all spaced out in the dining room to allow for social distancing.

The entire day, from the ceremony to reception, was beautiful, with spring themes, a unity candle, sparkling cider toasts and a tiered wedding cake, which the “golden couple” fed to each other. Now, a few days into their marriage, they’re still laughing and doing great!

Golden Oaks hosts violinist Kyle Dillingham and pianist Danny Miller in concert May 6th

Dillingham has performed for the King of Malaysia, the Princess of Thailand, Beijing Central Conservatory (broadcast on Chinese national television) and Singapore’s National Day Celebration. He has also performed for many government leaders including the Japanese, Thai and Saudi Arabian Ambassadors as well as US Ambassadors while abroad.

Dillingham is a renown composer and has championed the commissions and performed the premieres of 8 new works for solo violin and symphony orchestra - collaborating with many orchestras worldwide!

Oklahoma born piano player/singer/ Song Writer/Entertainer Danny Miller has been entertaining extensively for the majority of his life all over Oklahoma as well as having spent some years in Nashville and Las Vegas.

Danny has dedicated the last several years to entertaining seniors at retirement communities around the country. Danny’s mission is “To make the old feel young, the sick feel better and the sad feel happy!”

The musical duo will perform in the Healthcare Center beginning at 5:00 and in the Atrium at 6:15 for the concert.



Join us for an Open House on May 6th

Join us on May 6th from 12-3 pm for an Open House at our only three bedroom, two bath units in the “E Section” of our neighborhood community. We have several other units available for you to choose from! Call our professionals for a tour today and select your new home. 580-249-2606

Golden Oaks Village

Why More Retirees Are Becoming Renters



Some retirees want to continue to live in their own home as long as possible, but others are attracted to the convenience and flexibility of renting. The number of renters in their early 60s increased by 84 percent since 2008, the most of any age group, according to a new Joint Center for Housing Studies of Harvard University analysis of Census Bureau data. While some of this change reflects the aging of existing renters, one in eight homeowners ages 65 to 74 made an own-to-rent transition over the decade. Here's why retirees are increasingly interested in becoming renters.

Less home maintenance. Maintaining a home is a lot of work, and it becomes more taxing as you

age. Even something as simple as changing a light bulb over the stairs can be difficult or even dangerous for an older person. When you rent, you can call someone else to fix the drains and take care of the yard. "They want less of the responsibilities of owning a home," says Jennifer Molinsky, the lead researcher on older adult housing issues at the Joint Center for Housing Studies of Harvard University. "You don't have to mow the lawn anymore and shovel the snow."

As you age, you might not be able to navigate stairs or carry your laundry down to facilities in the basement. Moving to a place with more age-friendly features can allow you to remain independent longer.

Older adults are increasingly likely to live alone, especially after one spouse passes away. Some retirees don't want to maintain a several-bedroom house when they live alone. Apartments provide neighbors who live in closer proximity, which can be useful in the event that you need help. Apartment buildings with shared amenities might provide greater opportunities to socialize around the pool or common areas. -

Explore your retirement options at Golden Oaks. We have one three bedroom, two bath unit on the lake and five one bedroom/one & half baths on the smaller lake with pretty sunset views.

Call our professionals today at 580-249-2606.



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www.goldenoaks.com or see us on Facebook www.facebook.com/Goldenoaks

