



ELIZABETH  
LAUL  
HEALEY









Iconostar Art Studio







# What are Iconostars?

The idea of what an iconostar is started out by the artist Elizabeth Laul Healey asking herself "What would my alter ego look like if it could come to life? What characteristics would it have, and what would it stand for?". She also says that Iconostars carry with them characteristics she adores in others, but lacks her-self.

Iconostars represent strong, beautiful, badass women. They are self confident regardless of their lumps and their bumps, their size, or the color of their eyes, their backgrounds, etc. They are impervious to the insults others have thrown at them. They are filled with love for others, and more importantly, love for themselves.

Iconostars are made with the artist's signature "Circles of Life" motif. They represent loved ones, animals, and our precious Mother Earth. Each circle is unique and has its own backstory. All Iconostars have one thing in common, they each have clear eyes so that any person who looks at them can have the ability to see themselves through their eyes.

The Iconostar sculptures are made from a variety of materials including, glass tile, stones and crystals, watches, drawer handles, sea shells, miscellaneous found objects, and love. Their bases are made from foam, PVC pipes filled with sand, rebar, wood, glue, grout and more.

# SUGAR

Sugar is a modern-day iconoclast. She's semi-irreverent, she's a rebel and a star. She stands for equality and she's full of self-confidence. Her message is to spread love to all regardless of financial background, sexual and gender identity, color, body shape or size, etc. She cherishes those who are living and also those in the spirit world.

Sugar was the first full-sized Iconostar that Elizabeth made, and she's built with the artist's "Circle of Life" motif. The "Circle of Life" series started back in 2003 when the artist's daughter was born and her mother was simultaneously dying of breast cancer. The circles began as a series of paintings but have now found their way into many of the artist's sculptures as well.

She was named "Sugar" for a variety of reasons. First, is her obvious white glistening glass tiles. However, the word "sugar" itself has many meanings: it is something sweet, it can be used as a term of endearment or as an epithet, and it is also something that we crave.

Sugar stands approximately eight feet four inches tall.







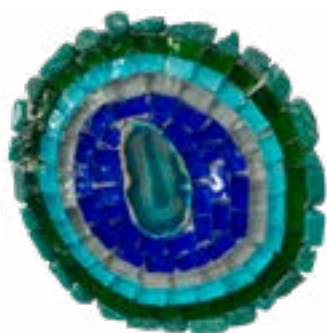




Top of Left Hand



Top of Right Hand



# VENUS

Venus is referred to as the goddess of love, sex, beauty, erotic desire, fertility, victory, and prosperity. Many believe Venus is the perfect woman. Venus the Iconostar however, stands for divine imperfection, and she believes each woman is perfect just the way she is.

She is made from thousands of mirrors so that every person can see themselves through her. She is not afraid to show her flaws because showing our vulnerabilities is the best way to make a human connection. The "Circles of Life" on Venus, and all Iconostars represent love and community.

Venus stands nearly eight and a half feet tall.











# ATHENA

Athena is the goddess of wisdom, courage, inspiration, civilization, law and justice, strategic warfare, mathematics, strength, strategy, and of course the arts! Athena the Iconostar's message is not only to "Dream Big", but to have self-confidence regardless of your size, color, flaws, or imperfections.

Athena also implores others to love more and fear less, to have the courage to be yourself, and to remember to always spread love and positive energy. The large 11:11 written on Athena's leg is a universal time and sign of bringing peace to the world each day.

Athena stands approximately nine feet tall.

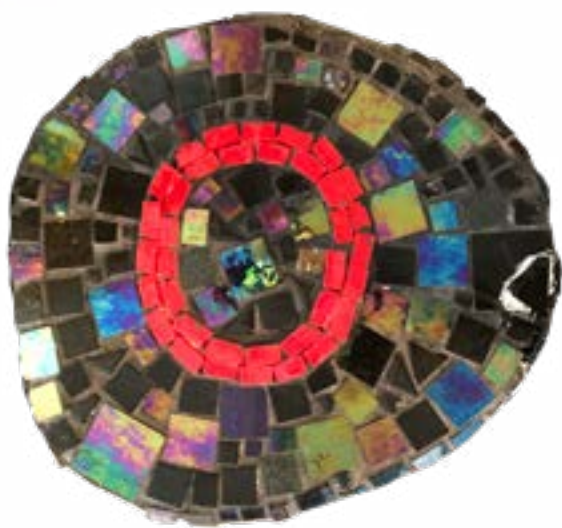
















# GLORIA

Gloria is a feminine name meaning immortal glory, fame, praise, and honor. This sculpture was named and crafted in honor of Elizabeth's late aunt Gloria. Aunt Gloria was small but mighty, hence the smaller size compared to the rest of the Iconostars. The artist's aunt was an activist for women's rights and loved animals.

Many of the "Circles of Life" on this Iconostar were made with the help of close friends and family members of aunt Gloria. For instance, the clear vintage door handle put directly on her chest area, was made by Gloria's sister, in reference to "the door to her heart". Gloria's favorite artist was Frida Kahlo and her favorite color was naturally purple.

This sculpture was made with extra love and carries the aura of joy. Aunt Gloria was a spiritual person, so don't be surprised if her Iconostar communicates with you while you are in her presence.

The Iconostar is close to five feet tall. With her winged antlers, she is closer to six feet tall.

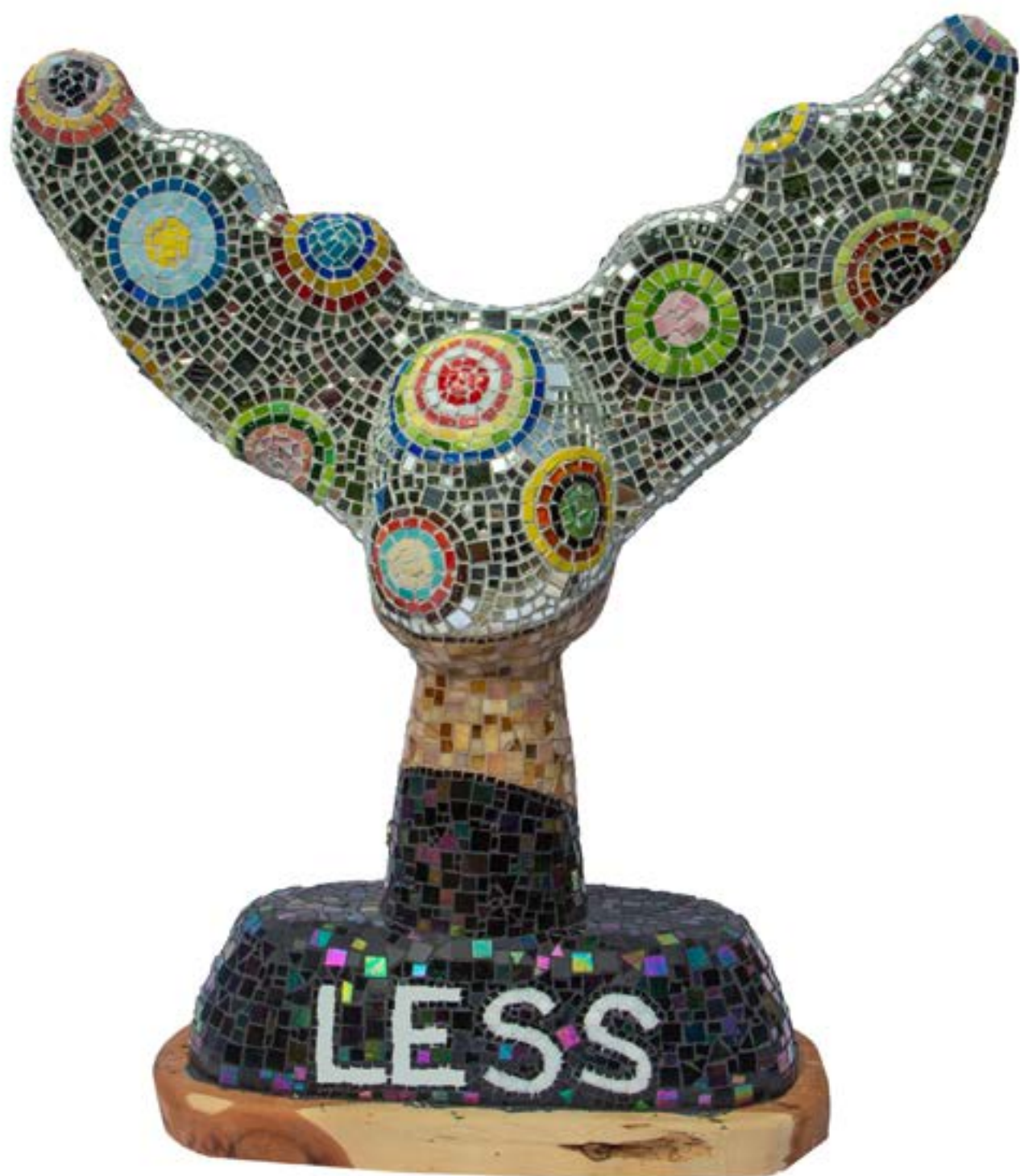














## FEAR LESS

Fear has similarities to a rocking chair - It can keep you occupied, but it gets you nowhere. This sculpture is a reminder not simply to try to be fearless, but to actually fear less. We all have fears, but many of them are unfounded, for instance - fear of "the other" or fear of dying, neither of which is helpful to living a happy life.

The head armature is a combination between antlers and wings serving as strength, protection, courage, and freedom. FearLess is made of Italian glass tiles & Smalti, mirrors, cedar wood, rebar, mixed media, and a watch which is set at 11:11 along with the "Circles of Life".



# LOVE BALL

The hanging Love Ball is representative of a beehive or hornet's nest. This is a metaphor for all things life. For instance, we as humans cannot exist without bees. Bees pollinate our floral world and make it a better place, yet they can also sting should they feel threatened.

Love is in essence the same. Love is love. Love is scary, love is beautiful, and love rules the world, as does lack of love. This hanging sculpture serves as a reminder of the power of love, the circle of life, and an appreciation for Mother Earth.







# ONE LOVE

One Love is a sculpture of duality. If you approach it from the front it says LOVE, if you approach it from the back it simply says ONE. However, if you look at it from the front to back it says Love One, or likewise from the back to front it says One Love.

The reference of its name "One Love" comes from a Bob Marley song written about the fact that we should all share a sense of love for each other, and come together with unity and peace to celebrate one humanity, one love.

# ELIZABETH LAUL HEALEY

## Artist Bio:

Elizabeth Laul Healey is an established artist who's art has been featured in galleries, art fairs, and shows across the United States and Mexico. Her art has been collected from people in the US, Latin America, Europe, and Asia. Some of her collectors include 20th Century Fox, founding members of MOCA Los Angeles, sports figures and celebrities alike.

Elizabeth grew up in the small artist town of Laguna Beach, California where there were over 100 art galleries and art studios. Elizabeth's high school allmater were known as "The Artists". Although Elizabeth worked in an array of different fields throughout her life, she says "it's no surprise I ended up being a full time artist".

Before becoming an artist, Elizabeth sold seminars for Tony Robbins, worked as a wholesale mortgage broker, and even had a brief acting career in Hollywood. She worked as an art director and operations manager at a luxury magazine. Elizabeth has also authored multiple coffee table books that have been sold in locations such as Barnes & Noble and Costco.

In 2011, Elizabeth and her family moved to North Carolina. Here she opened an art studio called Iconostar Art, located in historic downtown Wilson. The studio is adjacent to the multi-million dollar Vollis Simpson Whirligig Park and Museum.





## Artist Statement:

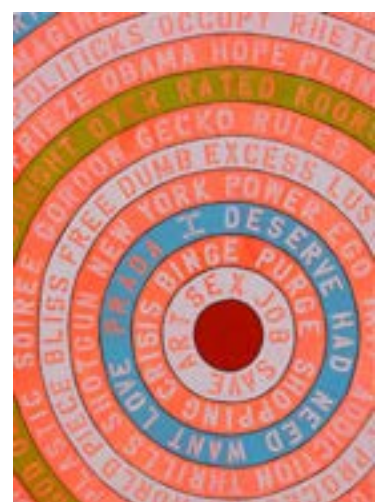
"I love to work with bright colors, and shiny objects - literally and metaphorically speaking, involving topics that often have a darker subtext. This is true whether I am making a painting, a photo compilation, or a sculpture. The goal of my art is to awaken subconscious minds, and to ignite conversation. Art opens doors to thought-provoking questions that allow people to speak up or think about so-called "taboo" subjects.

Women, race, equality, power, celebrity, self confidence, the art world, consumerism and the environment are recurring subjects in my art. I believe that art can make people supremely happy, challenge the way we think, and heal the soul."

# PAINTINGS







# ELIZABETH LAUL HEALEY

## RESUME

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### **Wilson Arts**

Wilson, North Carolina - 2021

### **The Laughing Dog Gallery**

Vero Beach, Florida - 2013 - 2021

**Galleria de Ida Victoria** - Los Cabos, Mexico 2009 - 2010

**Clio Art Fair** - New York, New York - 2018

**ArtPrize** - Gerald R. Ford International Airport, Grand Rapids, Michigan - 2018

**Cameron Art Museum, State of the Art/Art of the State**

Wilmington, North Carolina 2018

### **Ritz Carlton**

Laguna Niguel, California - 2011, 2013 - 2019

### **Art Space, FRESH**

Raleigh 2016 - (Juror: Marshall N. Price Curator of the Nasher Museum of Art at Duke University in Durham, NC)

**Visual Art Exchange, SCOPE 2016: The Southern Landscape**

Raleigh 2016 (Juror: Daniel Fuller, Curator, Atlanta Contemporary)

**For the Love of Art, 32nd Annual Art Gala**

Raleigh 2016 - (2nd Place, Jurors: Jeff Bell, Stacy Bloom-Rexrode, & Lisa Pierce)

**Visual Art Exchange, Contemporary South**

Raleigh 2016 - (Juror: Kristin Fleischmann Brewer, Director of Programming at Pulitzer Arts Foundation, St. Louis)

**Pleiades Gallery, Speak Truth to Power**

Durham 2015 - (Juror: Elin O'Hara Slavick, Professor of Art at UNC Chapel Hill, Author, Curator, and Activist)

### **Visual Art Exchange, The Image Exhibition**

Raleigh, North Carolina 2015 (1st Place - Juror: Edna Cardinale, Director of the Julie Saul Gallery, New York City)

**VAE, 26th Annual N.E.W. Show**

Raleigh, NC 2015 - (3rd Place - Juror: David Terry - Director of Programs & Curator, New York Foundation for the Arts)

**Durham Arts Guild, 61st Annual Juried Art Show**

Durham, NC 2015 - (Juror: Alice Gray Stites - Museum Director and Chief Curator of 21c Museum Hotels)

**Cameron Art Museum, State of the Art/Art of the State**

Wilmington, North Carolina 2014 - 2015

**Durham Arts Guild, Sun Trust Gallery, Women & Bulls**

Durham, North Carolina 2014 (Solo Exhibition)

**Alexander Salazar Fine Art**

San Diego, California 2012 - 2013

**Joanne Artman Gallery**

Laguna Beach, California 2011 - 2012

**Affordable Art Fair**

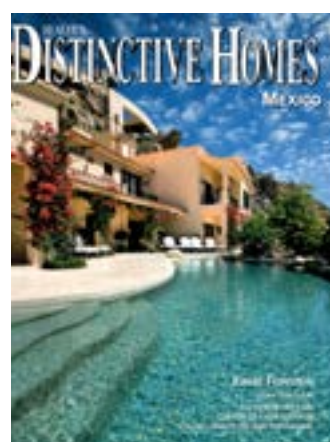
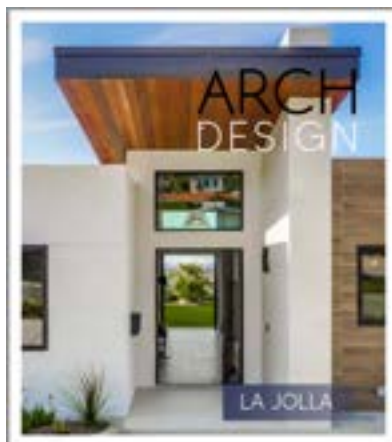
Los Angeles, California 2012

**Haven Gallery**

Austin, Texas 2011 - 2012

**Alexander Salazar Contemporary Art**

La Jolla, California 2012



### **Blake Street Studio**

Raleigh, North Carolina 2011 - 2012 (Solo Exhibition)

### **Green Cube**

Laguna Beach, California 2011 - 2012

### **Fifi & Romeo**

Los Angeles, California 2011 - 2012

### **Spontaneous Gallery**

Waukesha, Wisconsin 2011

### **Studio Arts Gallery**

Laguna Beach, California 2007 - 2011

### **Sea No Evil Art Show - Sea Shepherd Conservation**

Riverside, California 2009 & 2010

### **Red Dot Gallery - Palm Desert, California 2009 - 2010**

### **One Earth One Dream Festival of Arts**

Laguna Beach, California 2009

### **Roark Studios**

Laguna Beach, California 2008 - 2009

### **Endangered Planet Gallery**

Laguna Beach, California 2008 (Solo Exhibition)

### **Seven Degrees**

Laguna Beach, California 2008

### **Beverly Hills Affaire in the Garden**

Beverly Hills, California 2008 (2nd Place)

### **West Edge Gallery**

Solana Beach, California 2007 - 2009

### **Pez Gordo**

San Jose del Cabo, Mexico 2003 - 2008

### **Cantoni**

Irvine, California 2007 - 2008

### **Malibu Market**

Malibu, California 2007 - 2008

### **Mixture**

San Diego, California 2007 - 2013

### **West Edge Gallery**

San Clemente, California 2005 - 2006

### **Lundegaard Gallery**

San Clemente, California 2003 - 2005 (Solo Exhibition)

### **Agua Caliente Polo Exhibition**

Tijuana, Mexico 2002 - 2004

### **Sawdust Festival**

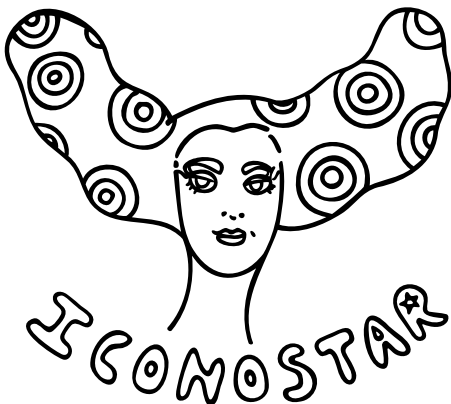
Laguna Beach, California 2000

### **AAA Gallery & Museum**

Newport Beach, California 1999 - 2000







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