TATTOO AFTERCARE GUIDE

BY LUCKY 13 TATTOO STUDIO

HAPPY HEALING!

Before touching your tattoo, make sure to wash your hands throughly.

Remove the cling film 2-3 hours after leaving the studio, don't leave it on longer than 12 hours. Do not rewrap it for the entire healing process.

After removing the cling film wash your tattoo with warm water and a mild, unscented, anti bacterial soap. Gently massage the soap in using your fingertips, rinse with cool water and then pat dry with a clean dry towel or paper towel.

Apply a thin layer of a mild, unscented moisturiser. Your tattoo needs to breathe so don't apply too much.

It is normal for your tattoo to ooze some plasma, ink and blood for the first few days, especially if you have gotten heavy colour.

If you find that your clothes or bed sheets are stuck to your tattoo, do not peel or rip them off, soak the area with warm water til it comes off easily.

Helpful tips and what to avoid

For the next 3 weeks, wash and apply moisturiser to your tattoo 2-3 times a day.

Week 1

Your tattoo will likely be sore, swollen and red immediately after the procedure, it can feel similar to a sunburn, and be itchy. Avoid touching it. After several days you may start to scab or flake, let this naturally fall off.

Week 2

Your tattoo may become flakier and peel more, and be itchy. It's very important that the scabs and loose skin fall off by themselves, so no ink is pulled out of the tattoo. The scabs and flakes of skin will be the same colour as your tattoo. Don't worry, this is completely normal.

Week 3

The flakes and scabs will be just about gone, but is not fully healed yet. It may still be itchy, and may appear shiny, or neilky in colour. Continue with aftercare until it is no longer shiny or milky.

If any ink falls out during the tattoo healing process, we provide one free touch up within the first 3 months of the tattoo.

- · It's okay to workout whilst healing, just avoid getting too sweaty and contact with dirty gym equipment
- · Avoid direct sun exposure, sunscreens can be used once healed, but until then keep it covered.
- · Avoid submerging your healing tattoo, this includes baths, pools, lakes, jacuzzis and hot tubs.
- · Avoid scented washes and perfumes on your tattoo whilst healing.
- · Avoid fake tanning and sun beds.

Your tattoo should be healed in 2-3 weeks. That being said, everyone heals at different rates, depending on location of the tattoo, skin sensitivity and your immune system. Things like having a cold or healing multiple tattoos/piercings can slow down your healing too.

Your tattoo is an open wound and should be kept clean, germ free and moisturised until it is scab and flake free.

