

BREAKFAST TIL 11AM

# BREAKFAST

## LIGHT SIDE

### TOAST OPTIONS

SOURDOUGH / LINSEED / WHOLEMEAL / THICK CUT WHITE  
+\$2 TURKISH /+\$2.50 BLACK CHARCOAL GLUTEN FREE

### TOAST OF YOUR CHOICE [GFO]

+ \$1 Extra whipped butter / Peanut butter / Jam /  
Marmalade / Organic honey / Vegemite

### FRUIT TOAST

w/ butter

### HOUSE-MADE GRANOLA [GF,VGO]

House granola with fresh strawberries, banana,  
coconut yoghurt, honey and your choice of milk

### EGGS ON TOAST [V,GFO]

Fried / Poached / Scrambled on your choice of toast  
+\$4 each Avocado / Halloumi / Mushrooms

### BACON AND EGG ROLL [GFO]

Free range eggs, bacon and sauce on a milk bun  
Spicy mayo / Tomato / BBQ / Aioli  
+\$1 Tomato relish

### DELUXE BACON AND EGG ROLL [GFO]

Free range eggs, double bacon, avo, hash brown,  
cheese and tomato relish on a milk bun

\$7.50

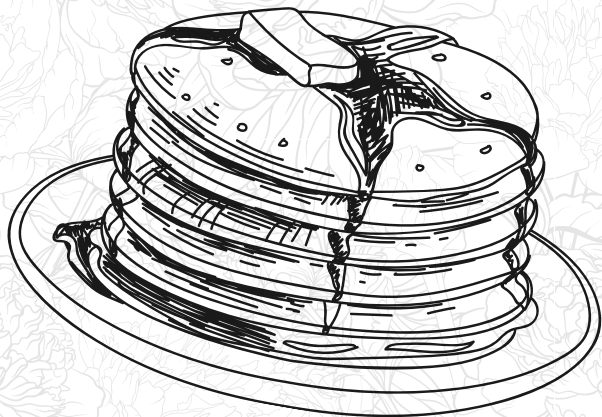
\$8.50

\$17.00

\$13.00

\$12.00

\$18.00

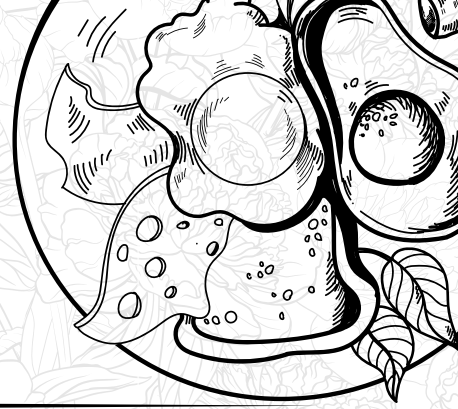


## EXTRAS

Bacon \$5  
Hash brown \$3  
Kofta \$6  
Chicken breast \$6  
Poached salmon \$6.5  
2 Eggs \$4  
Pumpkin \$4  
Avocado \$4  
Mushrooms \$4  
Spinach \$4  
Roast Tomatoes \$4

Nutella Sauce \$3  
Hollandaise \$2  
Butterscotch sauce \$3  
Beans \$4  
Fetta \$4  
Halloumi \$4  
Honeycomb butter \$2  
Coconut yoghurt \$2  
Ice cream \$2  
Slice of toast \$2  
Falafel \$4.50

V- vegetarian, VG-vegan, VGO- vegan option,  
GF- gluten free, GFO- gluten free option



## ALL DAY

### EGGS BENNY [GFO]

Spinach, poached eggs on sourdough bread,  
topped with house-made hollandaise sauce  
with bacon  
with poached salmon  
on croissant + \$4

\$23.00

\$25.00

### PANCAKES [V]

Three pancake stack with banana, strawberries  
maple syrup w/ a choice of:

Coconut yoghurt and pistachios

Honeycomb butter

Mixed berry compote

+\$3 Butterscotch/ Nutella Sauce

+\$2 Ice cream

\$20.00

### SIGNATURE ACAI BOWL [GF,V, VGO]

Acai berry, coconut water, berries, organic honey,  
peanut butter w/ granola and seasonal fruits

\$22.00

### TROPICAL BOWL [GF,VG]

Mango and passionfruit smoothie bowl, coconut  
water w/ granola and seasonal fruits

\$22.00

## SUBSTANTIAL

### ILUKA BIG BREKKY [GFO]

Bacon, eggs your choice, roasted tomato,  
mushrooms, beans, hash browns, lamb kofta  
on your choice of toast Sourdough / Linseed /  
Wholemeal / Thick cut white

+\$2 Turkish

+\$2.50 Black charcoal gluten free

\$28.00

### SMASHED AVO ON SOURDOUGH [V,GFO]

Avocado, rocket, fetta, cherry tomatoes and poached  
eggs

\$24.00

### MUSHROOMS ON SOURDOUGH [V,GFO]

Sautéed wild mushrooms, confit garlic,  
poached eggs, fresh herbs and salsa verde  
finished w ricotta salata

\$24.00

### BREAKFAST BRUSCHETTA [V, GFO]

Bruschetta mix, avocado, halloumi, poached eggs,  
rocket w balsamic glaze on sourdough

\$25.00

### BREKKY BOWL [VG]

Pumpkin, avocado, fresh beetroot, mixed seeds,  
roast tomato, spinach, mushrooms, hash brown and  
tomato relish

\$20.00



LUNCH FROM 11AM

# LUNCH

## SMALL SHARED

### FRESHLY SHUCKED OYSTERS [GF]

Certified organic oysters - sustainably sourced  
Mignonette \$0.5 per oyster  
Vodka lime granita \$1 per oyster

1/2 | DZ  
\$25 | \$45

### SALTBUSH AND PEPPER SQUID [GF]

250g Australian squid, saltbush, pepperberry, davidson plum w/ aioli

\$20.00

### GRILLED HALLOUMI [GF] [V]

Halloumi, wild honey, dukkah and rocket

\$16.00

### WILD MUSHROOM ARANCINI [GF][V]

Wild mushroom w/ parmesan and truffle mayo

\$16.00

### BOWL OF CHIPS

w/ Aioli  
+ \$2 Sweet potato chips

\$10.00

## SUBSTANTIAL

### BALTER XPA FISH AND CHIPS

Australian snapper fillet in balter batter, chips, salad, tartare and lemon

\$30.00

### TERIYAKI SALMON

Jasmine rice, greens, wakame, pickled ginger and sesame

\$35.00

### MIXED ESPETADA [GFO] FOR 2

Chicken, lamb, beef skewers, chips, salad, flatbread w/ garlic Sauce

\$65.00

### AUSTRALIAN SEAFOOD PLATTER [GFO]

Fresh shucked oysters, scallops, balter snapper, king prawns, squid, half lobster, chips and salad  
\*Available Friday | Saturday | Sunday

\$140.00



### CHEESEBURGER & CHIPS

\$12.00

### PANCAKES

\$12.00

### PASTA

\$12.00

### MARGHERITA PIZZA

\$12.00

### NUGGETS & CHIPS

\$12.00

### BACON AND EGG ROLL

\$8.00

### FRUIT & YOGHURT

\$8.00

## DESSERTS

### STICKY DATE

Sticky date served with ice cream

\$14.00

### CHOCOLATE FONDANT

Chocolate fondant served with ice cream

\$14.00

## BURGER & PANINIS

ALL SERVED W/CHIPS  
+\$2 SWEET POTATO CHIPS

### SPICY CHICKEN BURGER [GFO]

Marinated chicken breast, avocado, cheese, house slaw w spicy mayo and chips on a milk bun

\$23.00

### BRISKET BURGER [GFO]

180g beef brisket patty with burger sauce, cheese, lettuce, onion and house pickles on a milk bun

\$23.00

### CLASSIC CHEESE AND BACON [GFO]

180g beef brisket patty with american mustard, tomato sauce, bacon, cheese, onion and house pickles on a milk bun

\$25.00

### STEAK PANINI [GFO]

160g Sirloin steak, rocket, chimichurri, grilled peppers, grilled onion, cheese, BBQ and aioli sauce

\$25.00

### FALAFEL PANINI [VG]

Falafel, slaw, vegan aioli, tomato and pickles

\$22.00

## PASTA

### PASTA ALLA NORMA [V]

Fresh linguine, grilled eggplant, zucchini, semi dried tomato, basil, pomodoro sauce and parmesan

\$28.00

### MARINARA

Fresh linguine, napolitana sauce, squid, prawns, fish, mussels, basil and parmesan

\$32.00

## SALADS

### WELLNESS SALAD [VG,GF]

Pumpkin, kale, quinoa, chickpeas, broccoli, mint and macadamia cream  
+\$6 Spicy chicken breast  
+\$6 Lamb kofta

\$22.00

### FATTOUSH SALAD [VG]

House-made pita bread, sumac yoghurt, pomegranate, lettuce, tomato, fetta, pickled cucumber, parsley and radish  
+\$6 Spicy chicken breast  
+\$6 Lamb kofta

\$22.00

### THAI NOODLE SALAD [GF]

Fresh herbs, glass noodles, cherry tomatoes, cucumber, spanish onion and nam jim  
+\$6 Spicy chicken breast  
+\$6 Lamb kofta

\$20.00

## KIDS

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