



ON THE LIGHT SIDE

TOAST OF YOUR CHOICE [GFO] 5.0
 SOURDOUGH, LINSEED AND WHOLEMEAL BREAD

W BUTTER PEANUT BUTTER, JAM, MARMALADE, ORGANIC HONEY AND VEGEMITE 1.0

FRUIT TOAST [V] 5.0

HAM & CHEESE CROISSANT 6.0

HOME-MADE GRANOLA [GF,VGO] 14.0
 HOUSE GRANOLA, WITH FRESH BERRIES, BANANA, COCONUT YOGHURT, HONEY AND YOUR CHOICE OF MILK

ACAI BOWL [GF,V] 16.5
 ACAI BERRY, COCONUT WATER, BERRIES, ORGANIC HONEY, GRANOLA AND BANANA

EGGS ON TOAST [V,GFO] 12.5
 EGGS FRIED OR POACHED W YOUR CHOICE OF TOAST
 SOURDOUGH | SOY AND LINSEED | WHOLEMEAL
 GLUTEN FREE 1.0

BACON AND EGG ROLL [GFO] 10.0
 FREE RANGE EGG, BACON AND SAUCE SPICY MAYO | TOMATO | BBQ | AIOLI TOMATO RELISH 1.0

BREKKY BOWL [VG] 17.0
 PUMPKIN, AVOCADO, FRESH BEETROOT, MIXED SEEDS, ROAST TOMATO, SPINACH, MUSHROOM AND TOMATO RELISH

SUBSTANTIAL

MUSHROOMS ON SOURDOUGH [V,GFO] 18.0
 SAUTÉED WILD MUSHROOMS, CONFIT GARLIC, FRESH HERBS AND PESTO FINISHED W RICOTTA SALATA

PANCAKES [V] 17.5
 3 PANCAKE STACK WITH STRAWBERRIES, BANANA, MAPLE SYRUP, W A CHOICE OF COCONUT YOGHURT AND PISTACHIOS OR HONEYCOMB BUTTER

ILUKA BIG BREKKY [GFO] 22.0
 2 BACON, 2 EGGS FRIED OR POACHED, ROAST TOMATO, MUSHROOMS, BEANS WAGYU KRANSKY AND CHOICE OF TOAST SOURDOUGH | SOY AND LINSEED | WHOLEMEAL
 GLUTEN FREE 1.0

SMASHED AVO ON SOURDOUGH [V,GFO] 20.0
 SOURDOUGH TOAST WITH AVOCADO, SNOW PEA TENDRILS, WHIPPED FETTA, ROAST CHERRY TOMATO AND POACHED EGGS

EGGS BENNY W BACON [GFO] 20.0
 SOURDOUGH BREAD BACON, SPINACH, POACHED EGGS, HOLLANDAISE

EGGS BENNY W SALMON [GFO] 22.0
 SOURDOUGH BREAD, SALMON, SPINACH, POACHED EGGS AND HOLLANDAISE

BREAKFAST PLATTER FOR 2 55.0
 2 BACON EGG ROLLS, 4 PANCAKE STACK W HONEYCOMB BUTTER, 2 ALMOND CROISSANTS AND GRANOLA W FRESH BERRIES AND YOGHURT

