# **Quality infographics for DfI inputters**

Private physiotherapy treatment for muscular dysfunction can be just as effective, regardless of age.

# PRIVATE PHYSIOTHERAPY TREATMENT FOR MUSCULAR DYSFUNCTION CAN BE JUST AS EFFECTIVE, REGARDLESS OF AGE

Physio First is the trade organisation for chartered physiotherapists working in private practice; with approximately 3,000 members. Physio First members have been collecting data on patient outcomes across the UK since 2014.



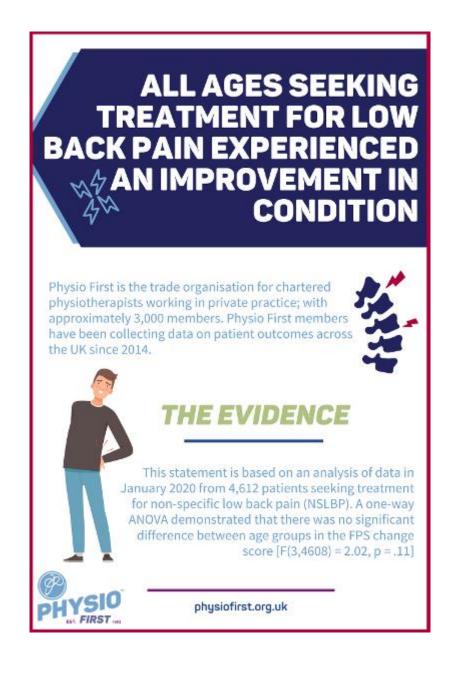
## THE EVIDENCE

This statement is based on an analysis of data in January 2020 from 3,251 patients seeking treatment for muscular tenderness /dysfunction. A one-way ANOVA demonstrated that there was no significant difference in FPS change scores between age groups [F(3,3247)=1.12, p=.34].

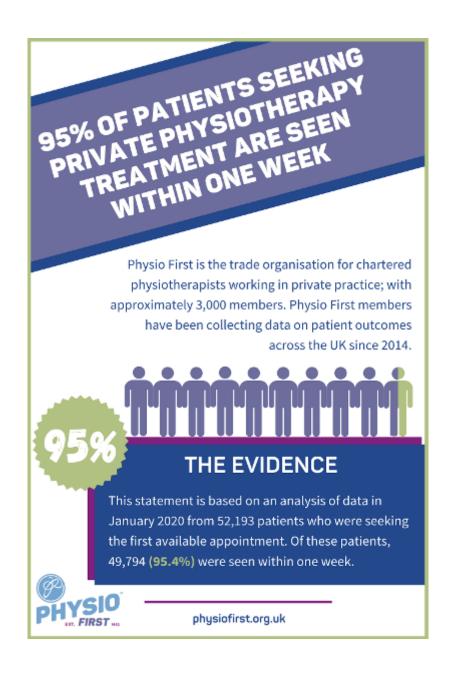


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 All ages seeking treatment for low back pain experienced an improvement in condition.



95% of patients seeking private physiotherapy treatment are seen within one week.



Treatment outcome is dependent on how quickly patients seek private physiotherapy, the sooner the better!

# TREATMENT OUTCOME IS DEPENDENT ON HOW QUICKLY PATIENTS SEEK PRIVATE PHYSIOTHERAPY, THE SOONER THE BETTER!

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### THE EVIDENCE

This statement is based on an analysis of data in January 2020 from 54,290 patients. The percentage of patients that were successfully discharged following treatment was significantly greater in those who experienced their symptoms for six weeks or less before commencing treatment (67.4%) compared with patients who had experienced their symptoms more than six weeks (57.7%) (X2 (1) = 543.3, p < 0.01).



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Being seen for treatment by a private physiotherapist within 6 weeks of pain or injury results in a better outcome.



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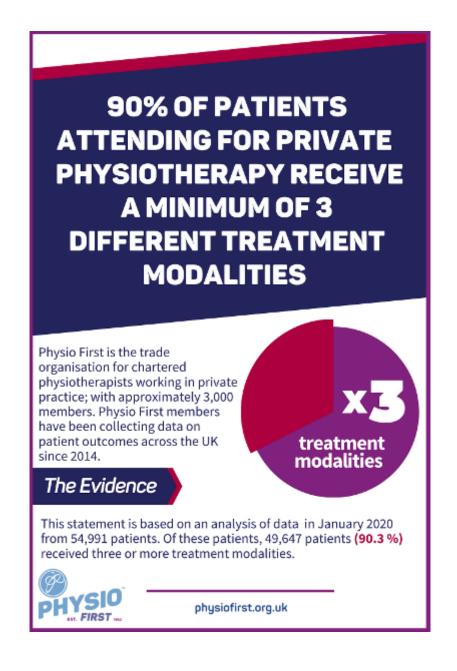
# THE EVIDENCE

This statement is based on an analysis of data in January 2020 from 51,975 patients. Patients who experienced their symptoms for 6 weeks or less experienced a greater FPS change score compared to patients who had experienced their symptoms for more than 6 weeks (t = 27.1, df = 51973, p < 0.1, D = .41).



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90% of patients attending for private physiotherapy receive a minimum of 3 different treatment modalities.



Over 80% of patients receiving private physiotherapy successfully achieve or exceed their agreed goals

