

Bloom Dance and Yoga Studio, LLC

Liability Waiver

Agreement and Release of Liability

Participants (and Parent/Guardian if Participant is under 18 or dependent adult):

In consideration of being allowed to participate in any way in the activities and services provided by Bloom Dance and Yoga Studio, LLC, I, the undersigned, acknowledge, understand, and agree to the following:

1. **Assumption of Risk:** I am aware that participation in activities at Bloom Dance and Yoga Studio, LLC, which may include, but are not limited to, using dance and/or yoga equipment, climbing or jumping structures such as mats, ladders, trampolines, etc., and engaging in supervised or unsupervised activity, involves inherent risks of injury, including falls, sprains, bruises, and more serious injuries. I voluntarily assume all risks, both known and unknown, of my or my child's participation in these activities. I represent and warrant that I am (or my child is) in good physical health and do not suffer from any medical condition which would limit my participation in the classes offered at Bloom Dance and Yoga Studio.
2. **Release of Liability:** I hereby release, waive, discharge, and covenant not to sue Bloom Dance and Yoga Studio, LLC, its owners, employees, agents, and all other persons or entities associated with it, from any and all claims, demands, losses, or damages on account of injury, including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of Bloom Dance and Yoga Studio, LLC or otherwise.
3. **Indemnification:** I agree to indemnify and hold harmless Bloom Dance and Yoga Studio from any loss, liability, damage, or cost, including attorney's fees, that may incur due to my or my child's participation in any of its activities, whether caused by the negligence of Bloom Dance and Yoga Studio or otherwise. I agree that Sofia Seliger owner and operator and instructor of Bloom Dance and Yoga Studio, LLC or any affiliate or employee will not be held liable for the safekeeping of my (or my child's) belongings when I (they/them) attend class.
4. **Medical Treatment and History Acknowledgement:** I authorize Bloom Dance and Yoga Studio to seek medical treatment for me or my child in the event of an emergency. I am responsible for any costs incurred in such medical treatment. I understand that it is my responsibility to consult with a physician prior to and regarding my (or my child's) participation in any of the yoga or dance classes, movement or somatic sessions, specialty groups, programs, camps, workshops or other activities at Bloom Dance and Yoga Studio.

5. **Rules and Regulations:** I agree to abide by all the policies and regulations of Bloom Dance and Yoga Studio and understand that failure to do so may result in my or my child's dismissal from classes, rehearsals, recitals, camps, workshops, or other activities and may be removed or banned from the premises without a refund of tuition, fees, or other expenses incurred. I understand the risks associated with the activities offered by Bloom Dance and Yoga Studio, and I (or my child) agree(s) to follow all instructions so that I may safely participate in classes, workshops, events, or other activities. I further understand that unless otherwise specified the individual sessions and/or group offerings I (or my child) partake in are not intended to diagnose and/or treat but rather are to serve as an adjunct support to my (their) wellness process.
6. **Confidentiality:** Bloom Dance and Yoga Studio's groups, unless otherwise specified, are open group formats which means we welcome new participants each week and that the group members may change each session. With that, you acknowledge that no matter how long you (or your child) attends classes, sessions, camps, or other activities each participant respects the nature and sensitivity of the information which may be shared by upholding and respecting the confidentiality of the other members' information.

I have read and fully understand this Waiver and Release of Liability. I voluntarily agree to its terms and conditions.

Participant Name

Signature (Parent/Guardian if under 18 or dependent adult)

Date of Participant

Date

I agree Bloom Dance and Yoga Studio, LLC may take and use photos of myself or my child/dependent adult in its marketing materials.

Signature (Parent/Guardian if under 18 or dependent adult)

Emergency Contact Name

Emergency Contact Phone Number