

Fruits of Joy

What a Fellowship, What a Joy Divine!

"We LOVE Because Jesus First Loved Us" ~ 1 John 4:19



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Birthday Recognitions

January

- 2 Janice Myles, HC
- 3 Bonita Ridley, BA
- 14 Lakeisha Pointer, UMA
- 29 F. Diane Robertson, BA



LOVE YOU

February

- 6 Linda Young, BA
- 9 Dale Brown, HC
- 18 Mary R. Wilson, BA

March

- 6 Michelle Pointer, UMA
- 21 Amy R. Alexander, BA
- 24 Dorothy Wells-Fowlkes, BA
- 27- Sally A. Ladson, BA



HOLY

April

- 3 Eunice T. Turner, BA
- 12 Monica Brown, HC
- 21 Vanessa D.J. Hilliard, BA
- 21 Deborah D. Taylor, BA
- 22- Loretta Pines, BA
- 24- Madlean S. Lewis, BA

Meet the New Queen for the District of Columbia Association

Lakeisha Monice Hayes was born in Prince George's Hospital Center, Cheverly, MD to her parents Lorraine Skinner Hayes (RIP) and Laurence JW Hayes, currently residing in Greensboro, NC. She has 5 sisters and 4 brothers. She was raised in several locations due to the fact that both her parents were military; including but not limited to Washington, DC, Portsmouth, Va, Landover, MD and many other areas on the East Coast. Even though she attended many different schools, she graduated high school at Roosevelt High in Northwest DC. She attended Howard University for one year and then started working in the healthcare field. She quickly figured out her love for seniors early in life and has worked with seniors for the past 20 plus years.

She owns her own event planning business called *Cocoa Creations, LLC.* She also loves scrapbooking, gardening and spending time with family. She currently works full time as the Director of Therapeutic Recreational Services in a nursing and rehab center for veterans in Adelphi, MD. She also volunteers on the Executive Board of Suitland High School as Secretary of PTSA.

In September 2018, she met Elder Carey Pointer, III on Facebook in a Christian group, fell in love, and two years later became Mrs. Lakeisha Hayes Pointer. They reside in District Heights, MD and have a blended family of seven ranging from ages 26 years old to 10 years old. Together they have a god daughter, Marley, who will be 2 years old in August. The Pointers are members of Greater Fellowship Full Gospel Baptist Church, located in SE Washington, DC and led by Pastor Carey Pointer Jr. and Co-Pastor Kathy Pointer.

Mrs. Pointer continues to draw encouragement and confidence through Philippians 4:13, "I can do all things through Christ who strengthen me."





We congratulate the 2022 Rainbow Tea Queen's Rally Winner and Representative for the District of Columbia, Mrs. Lakeisha Pointer, member of the United Metropolitan Alliance (UMA) of MWMW. Please show your love and support for the Queen with your monetary gifts. We want her to not only feel the love of her sisterhood, but to WIN the International Queen's Coronation in Seattle, Washington.

You may send your donations through "Zelle" at ladybrown633@verizon.net or to Sister Julia Williams, 1900 T Street SE, Washington, DC 20020, by Monday, June 20, 2022.

12th Annual Rainbow Tea

Lady Linda Strickland

New Beginnings - Acts 2:42-47

The District of Columbia Association welcomed guest speaker **Elder Linda Strickland (GA)** for another annual Rainbow Tea. This virtual event enabled the entire State time together for fellowship and to acknowledge a new Oueen representative headed to Seattle.

The festivities included winner(s) of a basket auctioned off to raise funds (\$120) for the State (Reverend Gail Johnson (IC)), Tea Setting Awards (Mrs. Willetta Graham (UMA) and Dr. Marie Bowe-Quick (BA)), and a "Hatabulous" Hat contest (Mrs. Doretha Pettus (UMA) and Reverend Dr. Agnes Venson (HC)).

Having Elder Strickland with us allowed for time to reflect and re-energize ourselves for the future of the organization. She did not mince her words; but with a loving and mentoring spirit, she asked those questions that allowed for reflection and self-examination. As an association, we should strive to unite ministers' wives and ministers' widows all over the world into one sisterhood, while keeping the "main thing" the main thing. What to consider:

- What have we been dreaming? Are we praying as we strategize? Are we intentional in making our organization the best it can be? How do we move from where we currently are to where God wants us to be?
- Do we want to grow stronger in the Word of God to become more effective ministry partners?
- Do we have a succession plan for the next leadership?
 How are we mentoring the newbies in the organization?
 Are we intentionally trying to meet their needs for a smooth transition?

We must remember that teamwork comes through fellowship, sharing, and commitment. Continue to build your team and seek out the best in others.





Health and Wellness in the Black Community

Black History Month Presentation Interdenominational Council of Ministers' Wives and Ministers' Widows of Washington, DC & Vicinity

Black History Month is a time to recognize the extra ordinary contributions of African Americans in every corner of our society from poets to artists, to educators, entrepreneurs, doctors, lawyers, teachers, scientists, frontline workers, and researchers protecting us during this pandemic. It is also a time to re-commit us to racial equality and justice. The 2022 theme for Black History Month is "Black Health and Wellness".

It focuses on the importance of Black Health and Wellness to acknowledge the legacy of not only Black scholars and medical practitioners in Western medicine, but also other ways of knowing (e.g., birthworkers, doulas, midwives, naturopaths, herbalists, etc.) throughout the African Diaspora. The 2022 theme considers activities, rituals and initiatives that Black communities have done to be well.

In order to foster good health and wellness black people have embarked on self-determination, mutual aid and social support initiatives to build hospitals, medical and nursing schools (i.e. Meharry Medical College, Howard University College of Medicine, Provident Hospital and Training School, Morehouse School of Medicine, etc.) and community clinics. Clinics were established by individuals, grassroots organizations, and mutual aid societies, such as the African Union Society, National Association of Colored Women and Black Panther Party, to provide spaces for black people to counter the economic and health disparities and discrimination that are found at mainstream institutions. These disparities and antiblack policies led to communities developing phrases such as "When white folks catch a cold, Black folks get pneumonia." Initiatives to help decrease disparities have centered several outcomes, including having more diverse practitioners and representation in all segments of the medical and health programs including such as the Ronald E. McNair Scholars. Even the impact of popular culture texts like Doc McStuffins cannot be dismissed.

The rise of fields, such as Public and Community Health and Health Informatics have led to a rise in preventive care and a focus on body positivity, physical exercise, nutrition, exploring other dietary options such as veganism and vegetarianism, and gardening. Black Health and Wellness not only include one's physical body, but also emotional and mental health. At this point in the 21st century, our understanding of Black health and wellness is broader and more nuanced than ever. Social media and podcasts, such as The Read, hosted by Crissle and Kid Fury have normalized talking about mental health and going to therapy as well as initiatives such as Therapy for Black Girls. More of us understand the need to hold down, lift up, center, and fight fiercely for our health and wellness for ourselves and family.



Minister Glenda Harden-Boston

Mindful of Sister Audre Lorde's words, we are doing more to move forward holistically for the betterment of ourselves, our bodies, our relationships, our communities, and our planet. We are determined to create a platform that shines a light on the multiple facets of black health and wellness through education and activism. There is much to uncover, amplify, question, and correct. Throughout the pandemic we have experienced severe health challenges that have caused us to redirect our focus on our health, family, and ministry. These concerns have been our #1 priority, because if we don't take time for our wellness - we will be forced to take time for our illness.

A major area of our health and wellness in which we do not like to discuss but can really impact our emotional state, social well-being, and resiliency in our ability to be socially engaged.

That is colorism

Col·or·ism is defined as the prejudice or discrimination against individuals with a dark skin tone, typically among people of the same ethnic or racial group. Colorism within the black community has been a serious emotional and psychological battle.



Discrimination based on skin shade, also known as shadeism, is a form of prejudice and/or discrimination in which people who share similar ethnicity traits or perceived race are treated differently based on the social implications that come with the cultural meanings that are attached to skin color.

We as a people must recognize that what we do against our own culture and our well being impacts our survival in coming together against a stereotypical world. We are seen in every part of our society today but are not strengthening and uplifting one another based on the color of individual skin tones. Let us carry forward the work to build an America of inclusiveness that is, in the beautiful words of the poet Amanda Gorman, "Bruised, but whole — benevolent, but bold, fierce, and free."

Here are six passages of Scripture to consider when talking with your church about racial equality and justice.

Genesis 1:27

"So God created mankind in his own image, in the image of God he created them; male and female he created them."

This truth is foundational. God created all human beings in His image. Gender, skin color, and other physical differences do not change that reality. (Also see Genesis 5:1)

Matthew 28:19

"Therefore go and make disciples of all nations."

Thankfully, the gospel is not just for one nationality, ethnicity or race. The gift of salvation is freely available to all. As Christ's followers, our job is to proclaim this good news to the world. (Also see Luke 24:47)

Romans 10:12

"For there is no difference between Jew and Gentile — the same Lord is Lord of all and richly blesses all who call on him." God acknowledges the diversity of His creation, while showing grace equally. The Bible is clear that believers are one in Christ. We should view one another as God views us. (Also see Galatians 3:28 and Colossians 3:11)

Acts 10:34-35

"God does not show favoritism but accepts from every nation the one who fears him and does what is right."

God does not favor one person or group over another. He acknowledges the diversity of His creation, while showing grace equally. Believers should follow this example. (Also see James 1:2)

Ephesians 2:14

"For he himself is our peace, who has made the two groups one and has destroyed the barrier, the dividing wall of hostility."

God wants to reconcile people to himself. He also wants to reconcile us to one another. The ministry of reconciliation does not stop at the forgiveness of sins. It destroys walls that divide, including race. (Also see 2 Corinthians 5:19)

Revelation 7:9

"There before me was a great multitude that no one could count, from every nation, tribe, people and language, standing before the throne and before the Lamb."

At the end of this age, all believers from all corners of the globe will stand before Jesus. They will represent every nationality and every color of skin. This is the true hope of reconciliation. (Also see Revelation 5:9)

The Word of God for the People of God. For our Health, Family, Ministry and Our Well being!

AMEN!!!



From left to right: Elder Patricia M. Brown, Reverend Gail Johnson, Lady Hattie Cotton, Minister Glenda Boston, Minister Yvette Tyree, Lady Elsie Larkin, Dr. Edna M. Owens, Lady Gloria J. Williams, Lady Andrea R. Logan. Missing: Mrs. Joyce Quarles and Evangelist Patricia J. Brown.





YOUR MENTAL HEALTH PRIORITY

Hinong Cource.

Mental Health and the Ministers' Wife and Widow Dr. Agnes R. Venson, LPC, LCPC, NCC Holiness Ministers' Wives and Widows Council

We started with an article written by Elisa Renae Ashley entitled "Thriving Holistically as a Woman Married to a Minister." It stated "While women married to ministers are blessed by God in many ways through their role as minister's wife, the role also presents many particular stressors. These stressors impact the systems of self, family, and church. A majority of clergy wives struggle to some degree with interpersonal loneliness, with finding confidants, and creating spiritual community wherein they can be authentically vulnerable. These struggles negatively impact the spiritual, physical, and psycho-emotional health of the women in this role."

We learned during the seminar that the wives should be careful of anxiety. Anxiety Disorder according to Diagnostic Statistical Manual of Disorders includes disorders that share features of excessive fear and anxiety and related behavioral disturbances. Fear is the emotional response to real or perceived imminent threat, whereas anxiety is anticipation of future threat. Typically lasts six months or more.

We also discussed that we should be careful of depression. Depressive Disorder According to Diagnostic Statistical Manual of Mental Disorders indicates that the person experience symptoms such as sad, empty, irritable mood, accompanied by somatic and cognitive changes that significantly affect the individual's capacity to function. If these symptoms last 2 weeks seek professional help.

The wives developed the following spiritual treatment plan that we will follow to stay emotionally healthy as we support our husbands and work in ministry.

Remind yourself of God's Promises

Psalm 46:1-3 - 1 God is our refuge and strength, a very present help in trouble.

2 Therefore will not we fear, though the earth be removed, and though the mountains be carried into the midst of the sea;

3 Though the waters thereof roar and be troubled, though the mountains shake with the swelling thereof. Selah.

Pray and trust God

I John 5:14-15 - 14 And this is the confidence that we have in him, that, if we ask any thing according to his will, he heareth us:

15 And if we know that he hear us, whatsoever we ask, we know that we have the petitions that we desired of him.

Ask others to pray with you and for you Matthew 18:19-20 - 19 Again I say unto you, That if two of you shall agree on earth as touching any thing that they shall ask, it shall be done for them of my Father which is in heaven.

20 For where two or three are gathered together in my name, there am I in the midst of them.

Keep the faith

Psalm 37:5 - Commit thy way unto the LORD; trust also in him; and he shall bring it to pass.

Seek Professional Help if Needed

Proverbs 11:14 - Where no counsel is, the people fall: but in the multitude of counsellors there is safety.

Give your testimony to strengthen your brother/sister and that God may be glorified Psalm 66:16 - Come and hear, all ye that fear God, and I will declare what he hath done for my soul.



38th Annual Northeast Regional Conference Highlights

Blended: In the Pulpit and the Pews Being and Ministering to Blended Families

By Presenters: Reverend Rodney & Reverend Monica Teal





Reverend Rodney and Reverend Monica Teal (UMA) gave a heartfelt and somewhat intimate account of their life together as a blended family. God had a ministry for them to live out together and who knew that it would be manifested through their family dynamic. In the beginning, the unforeseen turn of events in Reverend Monica's life as a newly divorced parent would eventually be a testimony that would help heal other families trying to navigate through their adjusted lives. But, that's the wonder of our God! He knows just how to make "beauty from ashes" in painful situations making all things fresh and new.

Did you know that Jesus himself was born into a blended family? "Jesus was raised in part by a stepfather. Joseph was not the biological father of Jesus (Luke 1:35 NKJV), but he willingly took on the responsibility of raising a child that was not his. He modeled for other stepparents the right attitude toward Mary's son - so much so that Jesus was known as 'the carpenter's son' (Matthew 13:35)."

Matthew 1:18-25 New International Version Joseph Accepts Jesus as His Son

18 This is how the birth of Jesus the Messiah came about: His mother Mary was pledged to be married to Joseph, but before they came together, she was found to be pregnant through the Holy Spirit. 19 Because Joseph her husband was faithful to the law, and yet did not want to expose her to public disgrace, he had in mind to divorce her quietly.

20 But after he had considered this, an angel of the Lord appeared to him in a dream and said, "Joseph son of David, do not be afraid to take Mary home as your wife, because what is conceived in her is from the Holy Spirit. 21 She will give birth to a son, and you are to give him the name Jesus, because he will save his people from their sins."

22 All this took place to fulfill what the Lord had said through the prophet: 23 "The virgin will conceive and give birth to a son, and they will call him Immanuel" (which means "God with us").

24 When Joseph woke up, he did what the angel of the Lord had commanded him and took Mary home as his wife. 25 But he did not consummate their marriage until she gave birth to a son. And he gave him the name Jesus.

Blended Families - cont.

Here are some take-aways from the presentation:

- A blended family is the combining of two distinct family units (at least one of each has children) in a (new) single family unit.
- Blended families come about as a result of marriage or re-marriage.
- Challenges faced by blended families: Grief, Stability, and Shame
- How to strengthen healthy relationships within the unit: Develop ministries targeted toward blended (step) families; Develop pre-marital counseling strategies that address the issues; Develop counseling ministries that help members address their grief issues.

This Is Us





Sources / Resources

"What About Blended Families"

https://preachitteachit.org/ask-roger/detail/what-about-blended-families/

"5 Ways the Church Can Be a Blessing to Blended Families"

https://blackandmarriedwithkids.com/5-ways-the-church-can-be-a-blessing-to-blended-families/

"Divorce in America"

https://thecitizen.com/2021/11/03/divorce-in-america/

"6 Important Truths About Blended Families and the Church"

https://research.lifeway.com/2019/04/30/6-important-truths-about-blended-families-and-the-church/

"Stepfamily Statistics"

https://www.stepfamily.org/stepfamily-statistics.html

"Building Love Together in Blended Families"

Chapman, G. D., & Deal, R. L. (2020). *Building love together in blended families: The 5 love languages and becoming stepfamily smart*. Northfield Publishing.





NORTHEAST REGIONAL VICE PRESIDENT - ELECT

Mrs. Andrea Robinson Logan, DC/MD

A native Virginian, Andrea was educated in the Hampton City Schools and also attended the old Hampton Institute (Hampton University). Later, she pursued a degree in Organizational Management from Trinity College (DC). She was married to the late Rev. Douglas M. Logan (retired) for 44 years and is the mother of five, a grandmother of eight and great grandmother of twin boys and one girl. After 36 years of serving with her husband in eight different United Methodist churches, she now holds duel memberships in the McKendree-Simms-Brookland (MSB) United Methodist Church, Washington, DC, and Zion Hill Baptist Church, Baltimore, MD, where her son, Bishop Douglas V. Logan is the Pastor.

Early employment included 10 years at the old C & P Telephone Company and 17 years at Gallaudet University for the Deaf, where she retired in 2002. In 1998, Andrea opened her own small business, Therapeutic Touch Ministries, offering massage services on various levels including to seven national insurance agencies; making her a licensed Maryland massage therapist for over 20 years.

Andrea is very competent with computer programs and fluent in American Sign Language, where she is a past member of Hands in Christian Service; interpreting church services for the deaf. In October 2012, she was commissioned by the Sick & Recovery Ministry of MSB to deliver communion. For one year she was employed by the Baltimore Washington Conference as a data entry and computer support secretary. In 2018 she became the church office administrator for the Colesville United Methodist Church, Silver Spring, MD. She is also a nationally certified Maryland State Notary Public for over 20 years.

Andrea's service to the ministers' wives and ministers' widows began with membership, and later as president of the local Interdenominational Council of DC; then on to DC State President. In 2010, Andrea coordinated the DC Help, With Hope Campaign for disaster relief to tornado victims in Missouri. On the International level, Andrea has served as Dept. of Ed. Assistant to Deans Ray, Wheeler, Payton and Coston, and Kinney and is currently the Education Department Office Manager. She has been Conference Coordinator and Presidential Assistant to Dr. Celeste Ashe Johnson; she also coordinated the design of the International Mace and the first International website.



After serving as Assistant Editor of *The Herald* with Mrs. Theora Austin, she is now Secretary-Treasurer of the publication and has been in the position since 2010. Many of her photos have been published in The Herald and on the NE Regional website. Andrea became a member of the Greater Baltimore Ministers' Wives & Ministers' Widows under the presidency of Rev. Sandra E. J. Coger. She was awarded the MAMWMW Beloved Sister Award in April 2014. She has served on the Maryland State Constitution Revision Committee, Parliamentarian, presented workshops and assisted in numerous other capacities at the request of the State President. Andrea was awarded the ICMWMW (DC) Wife of the Year in 2017 and was a member of the Task Force to compile the Johnson Administration Years for the 75th Anniversary Pictorial Account (2016).

Currently, Andrea is a Life Member of the International, District of Columbia, and Greater Baltimore Ministers' Wives and Widows Associations. In December 2012, she was inducted into the IAMWMW Gallery of Fame. For the Northeast Region, she has been awards coordinator, *A Bright Light* Awardee, workshop presenter and worship speaker. She has served on numerous committees on the local, state and international levels. She has been an amateur model, liturgical chorographer, poetry writer, photographer, and play director.

The one scripture she holds dear and uses in her business endeavors is I Thessalonians 4:11: "and that ye study to be quiet, and to do your own business, and to work with your own hands, as we commanded you."



What A Fellowship!



Christian Sisterhood



What a Joy Divine!



Baptist Ministers' Wives and Widows Association



Ministers Wives and M



IAMWMW Day of Service Project

The Baptist Ministers' Wives and Widows Association participated in this year's Day of Service with a donation to Paca Elementary School in a low impact school district so that the students will have snacks during the Spring Break. The project is named after their own, Dr. Marie Bowe-Quick, who brought the project to the local. They were not able to visit the school, but the snack packs were delivered by Community Liaison, Mrs. Bather.





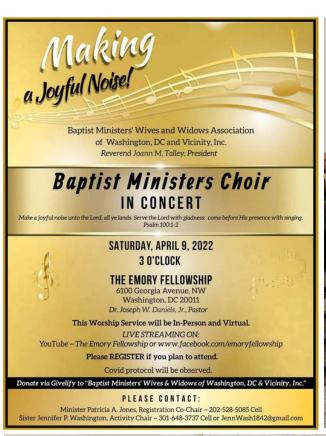
Mrs. Sherl Streeter, NER Dean of Education, received the Muriel Johnson Providence Distinguished Award at the Regional Luncheon.

The Youth Achievement Award was given to Ms. Renata Ashton, member of Mt. Pleasant Baptist Church, Washington, DC.





Spring Fundraiser: Ministers Unite







Celebrations / Recognitions





On Sunday, February 20, in celebration of Family and Friends Day, United Metropolitan Alliance (UMA) President, **Reverend Dr. Kathy Pointer** was honored for her 23 years in ministry and 18 years as Co-Pastor of Greater Fellowship Full Gospel Baptist Church. The theme was "Eshet Chayil" – Woman of Valor, Proverbs 31:10–31. State President, Minister Glenda Harden-Boston and Reverend Barbie Daughtry was able to share in the festivities.



DCA President Minister Glenda Harden-Boston made a visit to The Miracle Center of Faith Missionary Baptist Church, Capitol Heights, MD where she shared in the Birthday festivities for **Bishop Eunice Turner** (BMWWA) and also participated in IAMWMWs Day of Service by making a financial donation toward the Miracle City in Paynesville, Liberia (Buy a Brick at \$2) on behalf of DCAMWMW.





Please meet President-Elect **Reverend Monica Brown** of the Holiness Ministers' Wives and Widows Council (HMWWC)



Congratulations to **Reverend Sheila Ann Lee** of the Baptist
Ministers' Wives and Widows
Association (BMWWA) on her
recent Ordination.



Congratulations!! Our State President has a new grandbaby! Welcome to the world baby girl lvy Carolyn Jones!!



Cooking From The Heart With JOY! DCA's First Cookbook



"A recipe has no soul. You as the cook must bring soul to the recipe."

~ Thomas Keller

DCA is looking to create its First Cookbook! Do you have a recipe with a fun family memory attached to it? Are you planning to try out and/or perfect some new recipes over the summer?

The categories include breakfast, lunch, dinner, and dessert. Share your favorite holiday dishes and what makes them special. Start to submit your entries and help create a memorable fundraising opportunity for your State! The deadline for entries is **Wednesday**, **August 31**, **2022**.

If you know of any ministers' wives or ministers' widows within your church or civil organizations who would like to join any one of the four local chapters, please have them contact the State President at info@dcamwmw.org for more information.

If you are interested in submitting content for the newsletter, please contact the editor at willettak.graham@gmail.com.

It's An Election Year for IAMWMW!!! Preparing to Lead and Serve

The International will be electing officers in June 2022 at the Annual Conference. The elected officers that are vacant include: Regional Vice Presidents of the following Regions: Mid-Southwest, Northwest, Southeast, and Western; Recording Secretary; Assistant Recording Secretary; Corresponding Secretary; Assistant Corresponding Secretary; Financial Secretary; Assistant Financial Secretary; Treasurer and Assistant Treasurer. These officers shall serve two years (one term), except the Treasurer, Assistant Treasurer, Financial Secretary and Assistant Financial Secretary, who shall serve four (4) years (one term).

All persons seeking any elected position in the IAMWMW shall be an active member of the local, state/nation, and International associations. They must be fiscally responsible and equipped to serve in the position they are seeking and are encouraged to participate in the Association's Leadership Academy.

Please check out all the other requirements in the lastest edition of The Herald, First Quarter Winter 2022.

