



RESOURCE HUB

This list of resources, available to help the people of Tucson and South Tucson survive these difficult times, contains a number of different types of assistance including financial help, free food, and more. As the community struggles, many lists like this one have appeared, and it's our hope to provide a consolidated directory in one place, and moreover that no one needs them in the first place.

Para obtener información en español, visite Pima County Public Library

@ <https://www.library.pima.gov/blogs/post/recursos-regionales-tucson-y-el-condado-de-pima/>



FOOD & NUTRITION RESOURCES

Type of Service(s)	Program/ Organization	Website/ Address	Phone
Nutrition, Food	Casa Maria (Guadalupe Soup Kitchen)	http://www.casamariatucson.org/	(520) 624-0312
Emergency Food Boxes, Mobile Meals,	Interfaith Community Services (ICS)	https://www.icstucson.org/what-we-do	(520) 297-6049
Food	Caring Ministries	https://wearecaring.org/get-food/	(520) 882-2645
Food	Tucson Food Share	http://tucsonfoodshare.org/	(520) 222-9242
Reduced-Price Produce	The 3000 Club	http://the3000club.org/wordpress/marketonthemove/	(623) 374-2559
Nutrition, Food Boxes	Greater Littleton Food Bank	6465 S. Craycroft Rd. Tucson, Az 85756	(520) 574-2263
Food School Districts Free Lunches	List of resources provided by #This is Tucson	https://thisistucson.com/schools/a-huge-list-of-places-to-find-free-meals-for/article_a998ef24-67d3-11ea-9c06-b740ecd2d470.htm	
Food for Youth	Youth On Their Own	https://yoto.org/	(520) 293-1136

To find a food pantry near you: text FOOD or COMIDA to 877877 or visit <https://www.azfoodbanks.org/>

Meals for children under 18: call AZ Hunger Hotline (602) 528-3434 or (800) 445-1914



HOUSING & UTILITIES RESOURCES

Type of Service(s)	Program/ Organization	Website/ Address	Phone
Rent, Utilities	Project PPEP	www.ppep.org	(520) 622-3553
Rent, Utilities, Housing	Tucson Urban League	http://www.tucsonurbanleague.org/	(520) 884-7131
Rent, Utilities	Interfaith Community Services (ICS)	www.icstucson.org	(520) 297-6049
Housing	Tucson Metro Ministry	http://www.tmmfs.org/	(520) 623-1583
Utility	Arizona Self Help	http://www.arizonaselfhelp.org	(877) 860-6020
Rent, Mortgage	San Ignacio Yaqui Council		(520) 888-5418
Rent, Utilities	St Vincent De Paul	http://svdptucson.org/	(520) 628-7837
Rent, Utilities	The Salvation Army	http://www.salvationarmytucson.org/	(520) 795-9671
Rent, Utilities,	Tucson Indian Center	http://www.ticenter.org/assistance	(520) 628-7871
Utilities	Pima County Community Action Agency	https://webcms.pima.gov/cms/one.aspx?pageld=24795	(520) 724-2667
Mortgage	Family Housing Resources	https://www.fhrtucson.org/mortgage-assistance/	(520) 318-0993
Mortgage	AZ Housing Department - Mortgage	https://housing.az.gov/save-our-home	(602) 771-1000

Arizona Rental Eviction Prevention Assistance Program <https://saveourhomeaz.gov/ra> or call **211**



JOB SUPPOT RESOURCES

Type of Service(s)	Program/ Organization	Website/ Address	Phone
Computer assistance for job help assistance	Goodwill	https://www.goodwillsouthernaz.org/programs-and-services/job-connection-centers/	(520) 623-5174
Job Search assistance	Pima County	https://webcms.pima.gov/cms/one.aspx?portalId=169&pageId=959	(520) 724-5735
Free WIFI	Connect Arizona	https://sites.google.com/view/azlibtap/home	
Business resources, Employment Training	PC Community and Economic Development	www.pima.gov/ced	(520) 243-6700
Internet	Cox-Connex2Compete	https://www.cox.com/residential/internet/connect2compete.html	1(800) 234-3993
Resume, interviewing-assistance, basic job skills training	Interfaith Community Services (ICS)	www.icstucson.org	(520) 297-6049
Workforce Centers	Arizona @ Work	https://www.azjobconnection.gov/ada/r/contact	(520) 623-5111x113
Employment	Pipeline Az	https://covid19.pipelineaz.com/	



MEDICAL SERVICES

Type of Service(s)	Program/ Organization	Website/ Address	Phone
Counseling, Medical	Jewish Family and Children Services	https://jfcstucson.org/	(520) 795-0300
Healthcare for Uninsured	Pima County Access Program	http://mypcap.org/	(520) 694-0418
Mental Health Services list	List of resources provided by KGUN9	https://www.kgun9.com/news/local-news/list-of-mental-health-resources-in-tucson	
Medicare Part D	U.S. Government	www.medicare.gov	(800) 633-4227
AZ Long-term Care System	AHCCCS/Medicaid	https://www.azahcccs.gov/	(520) 205-8600
Uninsured Coverage	Get Covered AZ	https://coveraz.org/	(800) 377-3536
Aging Services, Disability, Basic Needs, Children and Family	Arizona Department of Economic Security	https://des.az.gov/services	(602) 542-4446
Developmental Disability Health Care	Arizona Department of Economic Security	https://des.az.gov/services/disabilities/developmental-child-and-adult/altcs-home	(800) 352-8401
Medical for Youth	Youth On Their Own	https://yoto.org/	(520) 293-1136
Counseling, Adult Day Services (Green Valley)	Casa Community Services	http://www.casagv.org/	(520) 625-2273



LEGAL RESOURCES

Type of Service(s)	Program/ Organization	Website/ Address	Phone
Legal Services	Arizona State Bar	www.azbar.org	(602) 252-4804
Low-Income Legal Assistance	Southern Arizona Legal Aid	https://www.sazlegalaid.org/services	(520) 623-9461
Legal & Financial Assistance	Tucson Tenants Union	www.tucsontenantsunion.org 738 N. 5th Ave, Suite 208, Tucson, Az.	
Free Civil Legal Center	Step Up to Justice	www.stepuptojustice.org/ 320 N. Commerce Park Loop, Suite 100 Tucson, AZ 85745	
Support for Immigrant Residents	Keep Tucson Together Aliento Arizona Tucson Community Rapid Response	https://www.keeptucsontogether.org https://www.alientoaz.org/c19 https://www.rapidresponsetucson.com	(520) 623-4084 (520) 221-4077
Eviction prevention	Pima County	https://www.pimaep.com/	
Q & A for COVID Related Legal Questions	AZ Law Help	https://covid19.azlawhelp.org/	(866) 611-6022



SMALL BUSINESS RESOURCES

Type of Service(s)	Program/ Organization	Website/ Address
Small Business Utility Assistance	YWCA & City of Tucson	https://ywcatucson.org/program/we-are-one-somos-uno-funding/small-business-utility-assistance/
Small Business Continuity Grant	YWCA & City of Tucson	https://ywcatucson.org/program/we-are-one-somos-uno-funding/small-business-continuity-grants/
Business Loans	Kiva Tucson	https://www.azcommerce.com/covid-19/financial-resources/
Rent/Mortgage Relief	List of resources provided by Local First Arizona	https://www.localfirstaz.com/azsmallbizrent



URGENT & SPECIALIZED RESOURCES

Type of Service(s)	Program/ Organization	Website/ Address	Phone
Diapers	Diaper Bank of Southern Arizona	www.diaperbank.org	(520) 325-1400
Safety, Finance, Health	Valley Assistance Services	https://valleyassistanceservices.org/programs/	(520) 625-5966
Children's clothing, Diapers, Counseling,	Pregnancy Reach Out Women's Center	http://reachoutwomenscenter.com/	(520) 321-4300
Sun Tran	Economy Pass Program Sun Tran	http://suntran.com/fares_reduced.php	(520) 791-4100
Resources for LBGTQIA	Our Family Services	www.ourfamilyservices.org	(520) 323-1708
Temporary Shelter for Adults over 60	ARC	https://arc-az/org/	(520) 623-9383
Assistance with HIV/AIDS	Southern Arizona Aids Foundation	www.saaf.org/care-services/housing-services/	(520) 628-7223
Avoid Homelessness Housing	Primavera Foundation	http://www.primavera.org/html/stability/projectaction.html	(520) 623-5111

Call 2-1-1 for the state hotline or 520-837-5364 for the City of Tucson hotline and they can provide additional resources and guidance!