

I'm not a robot   
reCAPTCHA

**I'm not a robot!**

## Aa step 4 fears list

## **Aa 4th step list of fears. Fears aa 4th step. Aa step 4 examples. Aa step 4 fear examples.**

Possible Step 4 Fear List Here is a list of fears that may be helpful with your fear inventory. These come directly from some of our members 4th Step Inventory on Fear. Fear of... God, Dying, Insanity, Rejection, Loneliness, Diseases, Drinking Again, Taking Drugs, Sex, Sexuality, The Opinion of Others, Looking at My Defects of Character, Relapse, Not Being Forgiven, Going to Hell, My Sin, Judgement, Church, Church People, Priests/Ministers/Rabbi's, Self-Expression, Reaping Heights, Unemployment, Employment, Parents, Losing Your Spouse, Losing your Children, Animals, Insects, Police, Jail, Authority Figures, Doctors, Stealing, Being Taken Advantage Of, Creditors, Being Shown to be a Fraud, Exposed, Failure, Success, Responsibility, Physical Pain, Drowning, The Unknown, Abandonment, Intimacy, Disapproval, Confrontation, Public Humiliation, Being Sober, Hospitals, Dentists, Feelings, Getting old, Hurting Others, Being Hurt by Others, Violence, Writing a 4th Step, Working the 12 Steps, Taking an AA Service Commitment, Government, Liberals, Conservatives, Dating, Gossip, Wealthy People, Guns, Change, Men, Women... fear-inventory-questions-and-answers.pdf File Size: 196kb File Type: pdf Download File Need Help Now? We're here for you 24/7 (888) 693-1872 Ask a Question We Offer Various Outpatient Services Ready to get started? Send Us Your Number and We'll Call You Now. Feeling Withdrawal Pain?

REVIEW OF FEARS				"SELF"			
				COLUMN 3		COLUMN 4	
				AFFECTS MY (Which part of self caused the fear)		What is the exact nature of my wrongs, faults, mistakes, defects, shortcomings	
Social Instinct	Security Instinct	Sex Instinct	Ambitions	Social	Sexual	Selfish	Disobedient
Self-Esteem	Personal Relationships	Material	Emotional	Acceptable Sex Relations	Hidden Sex Relations	Security	Self-seeking & Righteously Indiscreet
1							
2							
3							
4							
5							
6							
7							
8							

Drug & alcohol withdrawal can be agonizing — even life threatening.

## FEARS

We highly recommend you do not attempt to detox on your own.

A medical detox will help you safely and comfortably withdraw from drugs & alcohol. Detox is the vital first step in the journey toward lifelong recovery. Detox Now Questions About Treatment? Get Confidential Help 24/7. Call For Questions About: Our Program Insurance & Cost Our Simple Admissions Process (888) 693-1872 Get started on the road to recovery. Verify Your Insurance Health Insurance May Cover 100% of Treatment Costs\*. Free & No Obligation Verifications