



**6:25 therapy**



## CHRISTIAN THERAPY SMALL GROUP SUPPORT GROUP:

FOR MOMS OF ADULT CHILDREN  
WHO ARE STRUGGLING

\*Are you a mom of an adult child whose child is currently struggling (anxiety, depression, eating disorder, relationally, addiction, etc.)?

\*Do you find yourself questioning how to support your child who is now an adult and not a minor?

\*Do you feel like you are the only mom who is living with questions, regrets and pain?

**YOU ARE NOT ALONE!**

Session Rate  
**\$40**

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**Who:** Mothers of adult children who are in a hard season of their lives.

**What:** A small group (max 5 clients per group) of moms who gather to relate, support and encourage each other.

**When:** Every other week

**Where:** In-Person & Virtual options

**Why:** Because even though it feels like it, you are not alone.



**TO REGISTER OR REQUEST MORE INFORMATION:**

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