## 6:25 therapy

## CHRISTIAN THERAPY SMALL GROUP SUPPORT GROUP:

EATING DISORDER SUPPORT GROUP

Are you a female adult who has battled an eating disorder and who is looking for a Christian community for additional support?

Do you feel motivated to live a life in recovery but need some additional accountsbility?

Do you sometimes feel alone in your struggles and wish you had peers that could relate?

## YOU ARE NOT ALONE!

**Who:** Females (18 yrs+) who have or are battling an eating disorder.

**What**: A small group (max 5 clients per group) of women who gather to relate, support and encourage each other.

When: Every other week

Where: In-Person & Virtual options

**Why:** Because even though it may feel like it, you are not alone.

TO REGISTER OR REQUEST MORE INFORMATION:

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Session Rate