



A Clear Path
TO DIABETES CONTROL

D-PATH STUDY NEWSLETTER

DECEMBER, 2025



**WISHING YOU A WONDERFUL HOLIDAY SEASON AND A
HAPPY NEW YEAR!**

RECRUITMENT UPDATE

Thank you to all of our pharmacy teams that have joined the D-PATH study so far!! As of early December, we have 27 pharmacies that have joined and 13 patients enrolled!

FEEDBACK IS APPRECIATED

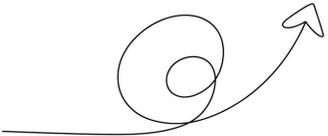
The feedback we have received from pharmacy teams has been invaluable to us. Please continue to let us know if you have any issues with the pathway, or if you think something could be done better.

GETTING STARTED

After signing in to the website, you will see that the pathway is very intuitive. However, if you have any questions, there is a button to access the step-by-step manual.

To start, please select your pharmacy below: [Open D-PATH Training Menu](#)

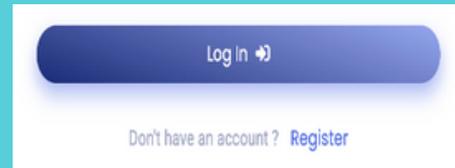
Just click on your pharmacy name to start, then click "+ Add New Patient". Each step will then be presented to you.



[+ Add New Patient](#)

DO I NEED TO CLICK ON “REGISTER” AT THE BOTTOM OF THE WEBSITE HOME PAGE TO GET AN ACCOUNT?

No, you do not need to click “Register” to “Don’t have an account?” at the bottom of the website home page. If you are receiving this newsletter, your site is registered and you can just log in with the email address you provided for your site.



DO I NEED TO KEEP THE ORIGINAL CONSENT FORMS IF I HAVE SCANNED THEM INTO MY COMPUTER?

The Alberta Research Ethics Boards requires us to keep the original ink signed consent form from each D-PATH study participant. Please kindly keep these safe in your pharmacies and we will collect them from you at the conclusion of the study.

DO I STILL NEED CURRENT LAB WORK IF THE PATIENT IS RANDOMIZED TO THE USUAL CARE GROUP?

Yes, you still do need to send the patient for lab work (if blood work on Netcare is >6 months old), even if the patient is randomized to the Usual Care group. The lab work from the beginning of the study will be compared with the lab work at the end of the study in both groups and is how we are calculating our primary and secondary objectives.

CAN I USE POINT OF CARE TESTING RESULTS FOR A₁C AND LIPIDS FOR INITIAL LAB WORK?

We need to ensure data from all study sites is standardized. As not all sites have access to POCT machines, we ask that all laboratory data entered in the study database is completed through regular laboratory assessment.

TIME SAVING TIPS



QUESTIONNAIRES

Printing out the “DTSQs” (standard) and “Patient Questionnaire” ahead of time will allow you to have those ready for the patient to fill out during the patient encounter and can be used while the patient is waiting.

Both forms can be found under “Questionnaires” in the “Resources” tab. NB: there are two versions of the DTSQ; “standard” is filled out at the beginning and end of the study, and “change” that is filled out at the end of the study.



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Welcome to the D-PATH Study!

[Resources](#) [D-PATH Poster](#) [D-PATH Website](#)

1. Questionnaires

[Patient Questionnaire \(Intake\)](#) [DTSQs \(Intake\)](#) [Smoking - Fagerström Test](#) [SDMQ9](#) [DTSQc](#)

LAB WORK

There is required lab work at the start of study for both the Intervention and Usual Care groups. This lab work must be recent (ie. within the last 6 months). Many patients will not have their albumin to creatinine ratio (ACR) measured, which is required. This is a very helpful (yet rarely completed) lab result to flag the development of chronic kidney disease prior to their glomerular filtration rate (eGFR) decline.

A1C	Required	Serum creatinine	Required
eGFR	Required	Urinary ACR	Required
Total cholesterol	Required	LDL	Required
HDL	Required	TGs	Required
ALT *		AST *	
Platelets *			

* Not mandatory for baseline but can be entered if available.

ONE-ON-ONE COACHING

Contact us and we can arrange a virtual call or in-person visit to go through the pathway one-on-one so you are confident before enrolling your first patient.

Email: dpathstudy@gmail.com

Phone: 825-735-9744