



A Clear Path
TO DIABETES CONTROL

D-PATH STUDY NEWSLETTER

FEBRUARY 2026

STUDY PROGRESS

Thank you to all of our pharmacy teams that have joined the D-PATH study so far!! As of mid-February we have 45 pharmacies that have joined and 35 patients recruited.

JANUARY RECRUITMENT BLITZ WINNER - SHOPPERS DRUG MART #362

We are thrilled to announce that **Shoppers Drug Mart #362 in Lethbridge** was the winning team of the **January D-PATH Recruitment Blitz**, successfully enrolling three participants!

Their proactive patient engagement, commitment to advancing pharmacist-led diabetes care, and enthusiasm for integrating D-PATH into workflow truly set them apart. This achievement reflects not only strong teamwork, but also a shared dedication to improving outcomes for patients living with type 2 diabetes.

Thank you to the entire Lethbridge team!

Let's keep the momentum going into February!



ONE-ON-ONE COACHING

Contact us and we can arrange a virtual call or in-person visit to go through the pathway one-on-one so you are confident before enrolling your first patient.

Email: dpathstudy@gmail.com

Phone: 825-735-9744



FEBRUARY CHALLENGE: ENROLL ONE

February's D-PATH Challenge is simple: Enroll One.

For those pharmacies that have not yet enrolled a first patient, this is your chance to get started. The goal is to overcome inertia and the "fear of the unknown" by enrolling just one patient (or more!) and completing the baseline visit.



Every pharmacy that enrolls their first patient this month will be entered into a draw to win Tim Hortons for your team.

RECRUITMENT STRATEGY

**Coming shortly to your inbox:
D-PATH Active Case-Finding &
Patient Recruitment Strategies**

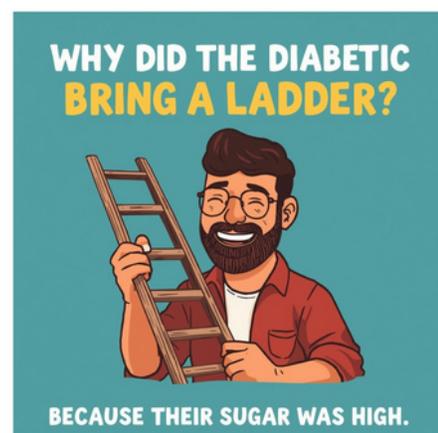
This is an excellent article to help with active recruitment of eligible patients for the D-PATH study, leveraging routine pharmacy encounters and dispensing data rather than passive recruitment via posters. It includes suggested phrasing to approach a patient, explain both study groups and review the consent form.



MARKETING MATERIALS

New Posters and Bag Stuffers!

New posters and bag stuffers have been sent out! Please email us if you didn't receive them or find them on the study website dpathstudy.ca.



Something that's no Dad joke is diabetes.

PATIENT QUESTIONNAIRES



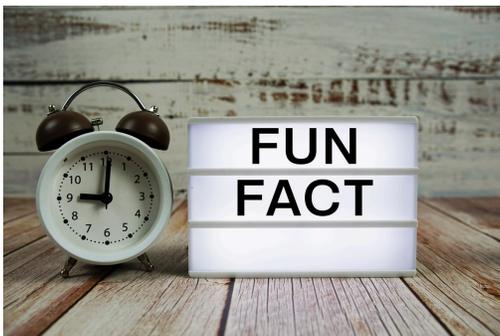
Tip for Pharmacists:

Some patients may notice that the D-PATH questionnaire is more detailed than other pathway studies, such as PRxOACT.

Before asking patients to complete the form, it can be helpful to briefly explain its purpose and let them know that a few questions explore topics such as food security and financial strain.

These factors are important because they are strongly associated with health outcomes and help us better understand patients' real-world challenges. Providing this context in advance can make patients feel more comfortable and prepared.

As always, patients may select "Prefer not to answer" for any question if they choose.



EGFR REPORTING CHANGE

Alberta Precision Laboratories has updated the equation used to calculate eGFR to the 2021 Chronic Kidney Disease Epidemiology Collaboration (CKD-EPI) equation. This new equation does not include a race coefficient (the 2009 equation assumed White race).

How this will impact you:

Overall, values of eGFR calculated with the new equation tend to be higher than those obtained from the previous equation. In Alberta, about 12% of patients are likely to shift to a less severe GFR category based on APL data.

A new field (eGFRcr) will denote eGFR results from the new equation when serum creatinine is ordered, and a comment will be added to eGFRcr results for 12 months denoting the equation change. There is no change to ordering or sample collection for serum creatinine and the included eGFR calculation.





IS A PATIENT ON INSULIN ELIGIBLE TO PARTICIPATE IN THE STUDY?

Patients are eligible provided they have a confirmed diagnosis of type 2 diabetes mellitus (T2DM). Individuals with type 1 diabetes, latent autoimmune diabetes in adults (LADA), or maturity-onset diabetes of the young (MODY) are not eligible to participate.

The Inclusion Criteria questions under “Assess Eligibility” during the Intake Visit are specifically designed to help determine diabetes type and ensure appropriate study enrollment.

HOW MUCH TIME DOES D-PATH ADD TO A TYPICAL PATIENT VISIT?

D-PATH is designed to integrate into routine clinical care rather than create a parallel workflow. The Intake Visit typically aligns with a standard medication review or diabetes assessment, with structured fields helping guide documentation you would already be completing.

Once enrolled, follow-up visits mirror usual diabetes care intervals and focus on optimizing therapy, reinforcing lifestyle strategies, and tracking key quality indicators. Most pharmacists report that after the first one or two enrollments, the process becomes streamlined and fits naturally into workflow.

