



A Clear Path
TO DIABETES CONTROL

D-PATH STUDY NEWSLETTER

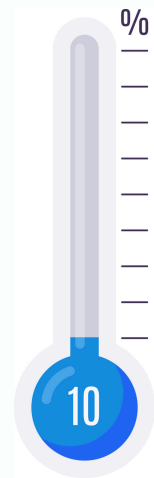
APRIL 2026

STUDY UPDATE

As of mid-April, there are 49 pharmacies enrolled in the D-PATH study, and 55 patients!

Thank you to the following pharmacies who enrolled patients in March:

- Shoppers Drug Mart #362 Lethbridge: 1
- Walmart #3657 Leduc: 3
- London Drugs #23 Edmonton: 2
- Shoppers Drug Mart #376 Calgary: 1
- Shoppers Drug Mart #2332 Canmore: 1
- Shoppers Drug Mart #2315 Edmonton: 3
- Shoppers Drug Mart #332 Edmonton: 2
- Shoppers Drug Mart #2305 Calgary: 1
- Shoppers Drug Mart #346 Edmonton: 1
- Mint Health + Drugs: Festival Place Sherwood Park: 1



We are approaching our initial enrolment milestone, having recruited 55 patients to date, which represents close to 10% of our overall target of 600 participants.

SITE VISITS

Thank you to all the pharmacists we met during our site visits! It is wonderful to be able to put names and faces together for so many of you, and we look forward to meeting more of you as we continue our visits. Thank you for embracing the challenge of promoting pharmacist-led diabetes care within your practice! Your efforts show that pharmacists can play an important role in advancing patient care and supporting clinical research.

Thank you

BEST PRACTICES FROM HIGH-RECRUITING SITES

- Generate **dispensing reports** to identify patients who have filled diabetes medications within the past 3–6 months, followed by **targeted chart review** for eligibility.
- **Integrate patient identification into routine dispensary workflow**, with prompt flagging and transfer of relevant labs to the clinical pharmacist
- Prioritize recruitment of unattached patients who already rely on the pharmacy for ongoing care
- Engage patients who frequently access **diabetes-related services** (e.g., CGM sensor changes, injectable therapies)
- Maintain **regular team communication** and reminders to ensure sustained awareness and engagement with the study
- Identify and approach **newly diagnosed patients** early in their care journey

RESOURCES

A Visit Checklist has been developed to provide clear visibility on activities required at each study visit, in response to multiple site requests. This resource is now available on the study website for reference and use.

Q&A

Q. Do patients need to be newly diagnosed with Type 2 diabetes to participate?

A. No. Patients do not need to be newly diagnosed.

Inclusion criteria:

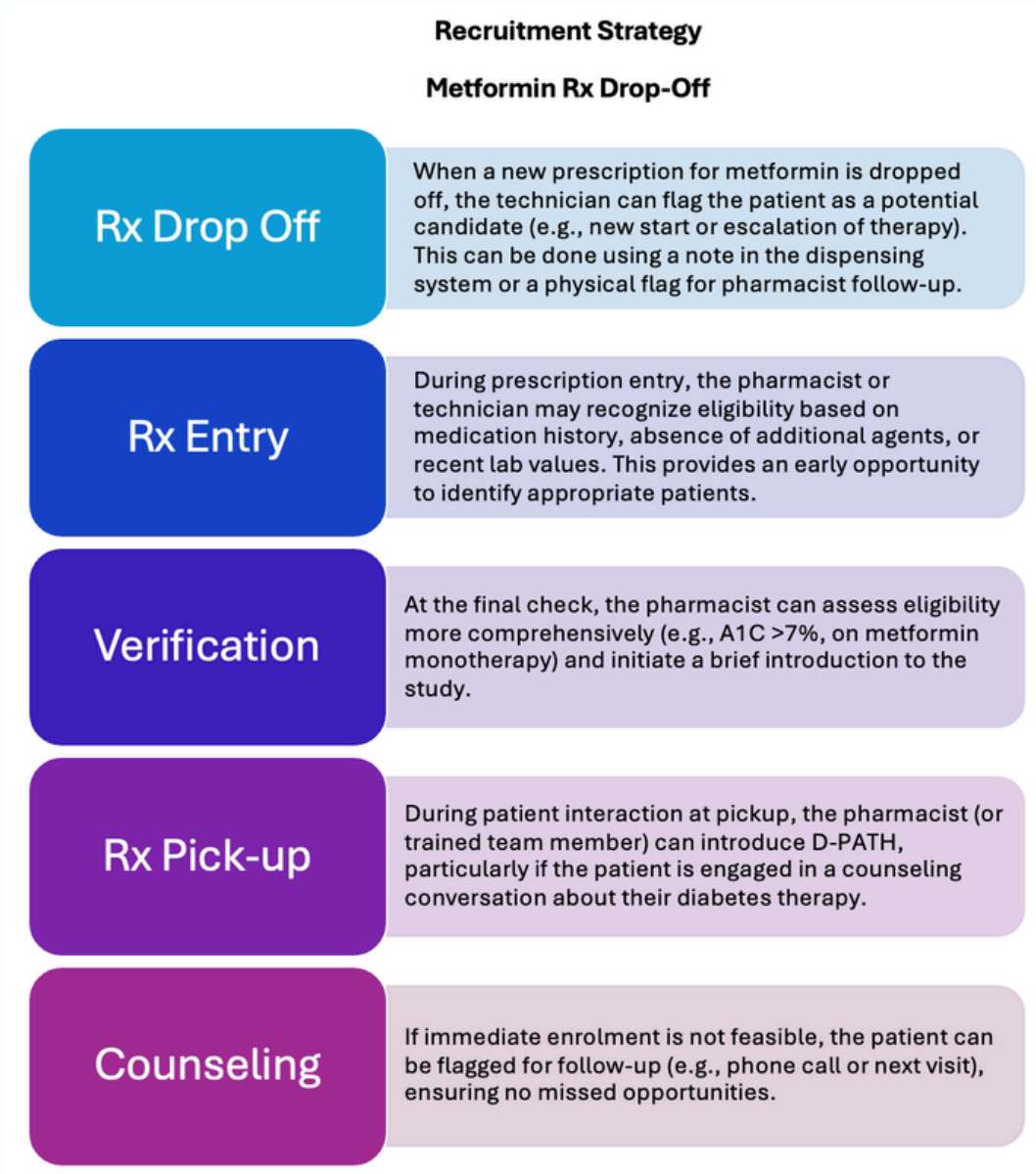
- Age \geq 18 years
- Type 2 diabetes
- A1C $>$ 7%

Duration of diabetes and current therapy do not affect eligibility. Patients may be on any diabetes medications, including insulin. (Type 1 diabetes is excluded.)

Q. The study has been ongoing for some time—does it still make sense to enroll patients?

A. Absolutely. Recruitment will continue until we reach our target of 600 patients. We are currently at 55 participants, so ongoing enrolment is strongly encouraged and remains critical to study success.

RECRUITMENT STRATEGY - METFORMIN RX DROP-OFF



D-PATH COACHING

In addition to offering virtual or in-person sessions to walk through the pathway together, we are also happy to support you when enrolling your first patient. A member of the D-PATH team can join by phone or video (and occasionally in person) while you complete the enrollment with your patient. This provides an opportunity to ask questions in real time and helps make the process straightforward and comfortable for everyone involved.

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