

Asian Noodles with Rotisserie Chicken and Vegetables



Ingredients

- 1-2 tablespoons sesame oil
- 12 ounces broccoli slaw mix or stir-fry veggie mix
- 2 packages chicken-flavored ramen noodles
- 1 rotisserie chicken, meat removed and coarsely chopped or 2 large chicken breasts, cooked and chopped
- 1/2 cup Thai peanut dipping sauce

Instructions

1. In a large skillet, stir-fry slaw mix in sesame oil.
2. Meanwhile, cook the noodles according to package instructions. When done, drain liquid from noodles.
3. Toss hot noodles with vegetables, chicken and peanut sauce.
4. Garnish with chopped green onion, cilantro and crushed peanuts, if desired.

Nutrition Facts (per serving-4): Calories – 252, Fat – 11.0g, Dietary Fiber –2.3g, Protein – 14.0g,