

### Chapter 3 Bonus Lesson: Learning How to Personalize and Declare God's Word Bridges Mentoring – Building a Legacy of Faith

Part of learning how to get your birthright right is learning how to personalize and declare the words God has given you about who you are as His child. Personalizing scripture helps you remember that God's Word applies to you always. Learning to declare His Word out loud will add a layer of learning to your heart that reading alone does not do.

Let's start with the scripture passage about God's blessings for His children in Ephesians 1:3-14. These are the family blessings found on page 33 of your book. Here is the full text from the New International Version.

<sup>3</sup> Praise be to the God and Father of our Lord Jesus Christ, who has blessed us in the heavenly realms with every spiritual blessing in Christ. <sup>4</sup> For he chose us in him before the creation of the world to be holy and blameless in his sight. In love <sup>5</sup> he predestined us for adoption to sonship through Jesus Christ, in accordance with his pleasure and will— <sup>6</sup> to the praise of his glorious grace, which he has freely given us in the One he loves. <sup>7</sup> In him we have redemption through his blood, the forgiveness of sins, in accordance with the riches of God's grace <sup>8</sup> that he lavished on us. With all wisdom and understanding, <sup>9</sup> he made known to us the mystery of his will according to his good pleasure, which he purposed in Christ, <sup>10</sup> to be put into effect when the times reach their fulfillment—to bring unity to all things in heaven and on earth under Christ.<sup>11</sup> In him we were also chosen, having been predestined according to the plan of him who works out everything in conformity with the purpose of his will, <sup>12</sup> in order that we, who were the first to put our hope in Christ, might be for the praise of his glory. <sup>13</sup> And you also were included in Christ when you heard the message of truth, the gospel of your salvation. When you believed, you were marked in him with a seal, the promised Holy Spirit, <sup>14</sup> who is a deposit guaranteeing our inheritance until the redemption of those who are God's possession—to the praise of his glory.

**First step: Find the important truths that stand out to you and underline (or circle) the phrases. We have done that below (they are circled and bolded): Hint: your truths may be different.**

<sup>3</sup> Praise be to the God and Father of our Lord Jesus Christ, who **has blessed us in the heavenly realms with every spiritual blessing in Christ.** <sup>4</sup> For **he chose us in him before the creation of the world to be holy and blameless** in his sight. In love <sup>5</sup> **he<sup>[a]</sup> predestined us for adoption to sonship<sup>[b]</sup>** through Jesus Christ, in accordance with his pleasure and will— <sup>6</sup> to the praise of his glorious grace, which he has freely given us in the One he loves. <sup>7</sup> **In him we have redemption through his blood, the forgiveness of sins, in accordance with the riches of God's grace** <sup>8</sup> **that he lavished on us.** With all wisdom and understanding, <sup>9</sup> **he<sup>[c]</sup> made known to us the mystery of his will** according to his good pleasure, which he purposed in Christ, <sup>10</sup> to be put into effect when the times reach their fulfillment—to bring unity to all things in heaven and on earth under Christ. <sup>11</sup> **In him we were also chosen,<sup>[d]</sup>** having been predestined according to the plan of him **who works out everything in conformity with the purpose of his will,** <sup>12</sup> in order

that we, who were the first to put our hope in Christ, might be for the praise of his glory. <sup>13</sup> And you also were included in Christ when you heard the message of truth, the gospel of your salvation. When you believed, **you were marked in him with a seal, the promised Holy Spirit,** <sup>14</sup> who is a deposit guaranteeing our inheritance until the redemption of those who are God's possession—to the praise of his glory.

**Next step: Write out your list of truths and personalize each one. You may change a word here and there so it makes sense, but preserve the meaning of each truth carefully. Notice the underline words: that is how to personalize each truth (make it a prayer/praise between you and God).**

- I am blessed in the heavenly realms with every spiritual blessing in Christ (v. 3)
- I am chosen to be holy and blameless in Your sight. You have forgiven my sins. (v. 4)
- I am Your adopted child (v. 5)
- You have redeemed me from death (v. 7)
- You have lavished Your grace on me (v.8)
- You have made known the mystery of your will to me (v. 9)
- I have been chosen and You have a plan for me (vv.11-12)
- I am marked with a seal guaranteeing my inheritance. I am Your possession. (vv.13-14)

**These are the family promises from page 33 in your book! This exercise will help you do step #4 on page 37 of your book.**

**Next, make a habit of repeating these truths out loud everyday. That is making a declaration. You can use this method on any scripture verse you like. It will help you hide the Word of God in your heart (Psalm 119:11).**