

Worksheet Three: Building Your Own Rule of Faith (chapters 1-6)

What kind of power has God given me to live my life?

Fighting Spiritual Battles

In Ephesians 1:19-20, Paul writes, "I also pray that you will understand the incredible greatness of God's power for us who believe Him. This is the same mighty power that raised Christ from the dead and seated Him at God's right hand in the heavenly realms."

The same power that raised Jesus from the dead lives in you. Through God's Holy Spirit, you have access to the armor of God to fight the battles of faith.

Step One: Read Ephesians 6: 10-18. Paul encourages us to remember two things about God's power in us:

1. Put on **all the armor** so you can stand firm against the devil's schemes. (Get familiar with the whole armor, 10-11)
2. We are **not fighting flesh and blood enemies** (in this world), we are fighting "evil rulers and authorities of the unseen world, against the mighty powers in this dark world, and against evil spirits in heavenly places. (12) The real battle is not in this earthly realm. The battle for your life is being fought in the heavenly realms. Remember that!!!

Reading through Ephesians 6:13-18, list each piece of armor and describe what each is used for. The first one is completed for your help:

1. The belt of truth (13). The belt of truth (God's Word- the Bible) will help you stand your ground, know the truth, and be protected by God's righteousness.
2. The shoes of peace (15):
3. The shield of faith (16):
4. The helmet of salvation (17) (hint: what does a helmet protect?):
5. Take up the sword of the Spirit (17):
6. Prayer (18): (hint: how often should we pray or be present with God?):

Commit time regularly each day to learning the pieces of God's armor and ask God to help you learn how to use the armor in your everyday life. Underline the ones you want to study more about.