

Del Norte Healthcare District
Board of Directors Meeting

Agendized
Board Packet

Tuesday, August 23, 2022

4a

July/August 2022
7/21/2022 – 8/17/2022

<u>Date</u>	<u>Name</u>	<u>Description</u>	<u>Ck#</u>	<u>Amount</u>
7/25	Pacific Power	6/9/22-7/11/22	10254	1966.15
7/25	CBH	Inv. 6585	10255	65.00
7/28	D/V/RX	Reimbursement	10256	2325.00
7/28	Frontier	Elevator line	10257	66.05
7/29	Doris Hendricks	July Payroll	10258	1270.04
8/1	Wen-Cor	Inv.20220487	10259	300.00
8/9	Tri Counties	Credit Card	10260	80.49
	Constant Contact	45.00		
	Ace Hardware	20.50		
	Adobe	14.99		
8/11	Charter	7/30/22-8/29/22	10261	169.97
8/11	McMillan	July Service	10262	1130.00
8/17	CCWD	7/8/22-8/8/22	10263	75.39
8/17	CCWD	7/8/22-8/8/22	10264	1559.05

4-b.

Del Norte Healthcare District
Financial Report
July 31, 2022

ACCOUNT	July 1, 2022	September 30, 2021	July 31, 2022
	Bk./Inv. Acct. Bal.	Note Payable	Bk./Inv. Acct. Bal.
LAIF (Investment Account)	2,279,654.08		2,283,592.96
Tri Counties- Bus. Cking. Acct.	44,409.56		72,265.44
Tri Counties - Money Mkt. (holding) Acct.	35,191.39		106,467.18
Tri Counties- W.C. USDA Auto Pay	20,044.34		20,044.50
TOTAL BK./INV. ACCT BALANCES	2,379,299.37	0.00	2,482,370.08

BUDGET CATEGORY	Anticipated Income	Income Received To Date	Remaining/(Surplus) Anticipated Income
INCOME			
Interest LAIF & bank Accts	9,600.00	3,938.88	5,661.12
Tax Receipts	655,000.00	0.00	655,000.00
Rent (Open Door \$ 10250.00)	123,000.00	10,250.00	112,750.00
DHHS Lease (\$6800.00)	81,600.00	6,800.00	74,800.00
Utility Reimbursement 80%	54,400.00	2,446.80	51,953.20
Insurance Reimbursement Pers-D/V/RX	19,000.00	4,207.38	14,792.62
Miscellaneous Income	1,000.00	0.00	1,000.00
Sub-Total	943,600.00	27,643.06	915,956.94
TOTAL AVAILABLE RESOURCES	943,600.00	27,643.06	915,956.94

EXPENDITURES	Annual Budget	Paid to Date	Budget Amt. Available
<i>Personnel Expenses</i>			
Payroll	17,000.00	1,270.04	15,729.96
General Benefits/SSI/EDD/WC	5,000.00	342.01	4,657.99
Cal Pers	60,000.00	2,958.78	57,041.22
Dental, Vision, RX	21,000.00	2,985.00	18,015.00
Past Board Health Benefits	22,400.00	2,344.81	20,055.19
TOTAL PERSONNEL EXPENSES	125,400.00	9,900.64	115,499.36
<i>Operating Expenses</i>			
Pacific Power	27,000.00	1,966.15	25,033.85
Blue Star Gas	27,000.00	0.00	27,000.00
Crescent City W & S	14,000.00	1,983.91	12,016.09
Telephone & Internet	4,000.00	236.02	3,763.98
Office Supplies and Expenses	2,000.00	245.39	1,754.61
Training & Education	2,500.00	0.00	2,500.00
TOTAL UTILITIES AND OFFICE EXPENSE	76,500.00	4,431.47	72,068.53

DEL NORTE HEALTHCARE DISTRICT
MONTHLY FINANCIAL REPORT, PAGE 2
July 31, 2022

Budget Category	Annual Budget	Paid to Date	Budget Amt. Available
<i>Professional Services Expense</i>			
Legal	10,000.00	0.00	10,000.00
Accounting	18,000.00	65.00	17,935.00
Election Expense	10,000.00	0.00	10,000.00
Mental Health Facilitator	20,000.00	0.00	20,000.00
Other Professional Expenses	0.00	0.00	0.00
Insurance	17,000.00	16,393.00	607.00
TOTAL PROFESSIONAL EXPENSE	75,000.00	16,458.00	58,542.00
<i>Building Maintenance</i>			
Materials & Supplies	10,000.00	0.00	10,000.00
Grounds Keeping	13,000.00	930.00	12,070.00
Land Clearing	15,000.00	0.00	15,000.00
Maintenance Services	15,000.00	75.00	14,925.00
TOTAL BUILDING MAINTENANCE	53,000.00	1,005.00	51,995.00
<i>Contributions</i>			
High School Scholarship (\$500.00 x 4)	2,000.00	0.00	2,000.00
Childcare Scholarship	5,000.00	0.00	5,000.00
CR Nursing Scholarship	10,000.00	0.00	10,000.00
Grad Night Safety Program	500.00	0.00	500.00
Sharps Containers	600.00	0.00	600.00
Swim Lessons	50,000.00	0.00	50,000.00
Food HUB Operations	16,400.00	0.00	16,400.00
Swim Camp	5,000.00	0.00	5,000.00
Non-Emergency Transport	25,000.00	0.00	25,000.00
Gateway Education	57,000.00	0.00	57,000.00
Senior Swim Passes	12,000.00	0.00	12,000.00
Public Swim Project	11,700.00	0.00	11,700.00
TOTAL CONTRIBUTIONS	195,200.00	0.00	195,200.00
TOTAL OPERATING EXPENSES	525,100.00	31,795.11	493,304.89
CAPITAL EXPENSES	Annual Budget	Paid to Date	Budget Amt. Available
Fixed Assets	0.00	0.00	0.00
Building Repairs (DHHS)	20,000.00	0.00	20,000.00
TOTAL CAPITAL EXPENSES	20,000.00	0.00	20,000.00
TOTAL OPERATING & CAPITAL EXPENSES	545,100.00	31,795.11	513,304.89
CONTINGENCY FUND	20,000.00	0.00	20,000.00
TOTAL OPERATING EXPENDITURES	565,100.00	31,795.11	533,304.89
TOTAL ANTICIPATED INCOME	943,600.00		
MINUS TOTAL OPERATING EXPENDITURES	565,100.00		
SURPLUS	378,500.00		

RESOLUTION NO. 2021-1

A RESOLUTION OF THE BOARD OF DIRECTORS OF THE DEL NORTE HEALTHCARE DISTRICT PROCLAIMING A LOCAL EMERGENCY, RATIFYING THE PROCLAMATION OF A STATE OF EMERGENCY BY THE GOVERNOR NEWSOM ON MARCH 4, 2020, AND AUTHORIZING REMOTE TELECONFERENCE MEETINGS OF THE LEGISLATIVE BODIES OF DEL NORTE HEALTHCARE DISTRICT FOR THE PERIOD SUCCESSIVE 30-DAY PERIODS PURSUANT TO BROWN ACT PROVISIONS

WHEREAS, the Del Norte Healthcare District is committed to preserving and nurturing public access and participation in meetings of the Board of Directors: and

WHEREAS, all meetings of the Del Norte Healthcare District's legislative bodies are open and public, as required by the Ralph M. Brown Act (Cal. Gov. Code 54950-54963), so that any member of the public may attend, participate, and watch the District's legislative bodies conduct their business; and

WHEREAS, the Brown Act, Government Code section 54953 (e), makes provisions for remote teleconferencing participation in meetings by members of a legislative body, without compliance with the requirements of Government Code section 54953 (b) (3), subject to the existence of certain conditions; and

WHEREAS, a required condition is that a state of emergency is declared by the Governor pursuant to Government Code section 8625, proclaiming the existence of conditions of disaster or of extreme peril to the safety of persons and property within the state caused by conditions as described in Government Code section 8558: and

WHEREAS, a proclamation is made when there is an actual incident, threat of disaster, or extreme peril to the safety of persons and property within the jurisdictions that are within the District's boundaries, caused by natural, technological, or human-caused disasters; and

WHEREAS, it is further required that state or local officials have imposed or recommended measures to promote social distancing, or the legislative body meeting in person would present imminent risks to the health and safety of attendees; and

WHEREAS, such conditions now exist in the District, specifically, in Executive Order N-29-20 the Governor of the State of California declared a state of emergency to exist as a result of the threat of COVID-19; and

WHEREAS, said order suspended provisions of certain provisions of the Brown Act relating to teleconference meetings and creating the ability for virtual meetings to keep the public and other public officials safer from exposure to the pandemic; and

WHEREAS, that suspension expires on September 30, 2021; and

WHEREAS, Assembly Bill 361 was passed into law permitting the extension of virtual meetings so long as the state of emergency exists and is reviewed every thirty days by the Board of Directors; and

WHEREAS, the delta variant of COVID-19 has resulted in Del Norte County being listed as one of the top thirty counties in the United States in prevalence of COVID-19 amongst the local population and, accordingly, social distancing and masking is required for attendees' health and safety to mitigate the imminent risk of COVID-19 being transmissible during public, in-person meetings of the Del Norte Healthcare District; and

WHEREAS, virtual meetings further mitigate the public's health and safety while still providing the opportunity for public input on the people's business; and

WHEREAS, the Board of Directors does hereby find that prevalence of COVID-19 amongst the local population and, accordingly, social distancing and masking is required for attendees health and safety to mitigate the imminent risk of COVID-19 being transmissible during public, in-person meetings of the Del Norte Healthcare District has caused, and will continue to cause, conditions of peril to the safety of persons within the District that are likely to be beyond the control of services, personnel, equipment, and facilities of the District, healthcare providers and local hospitals, and desires to proclaim a local emergency and ratify the proclamation of state of emergency by the Governor of the State of California as

well as the March 24, 2020 County Health Officers' Declaration of Emergency;
and

WHEREAS, as a consequence of the local emergency, the Board of Directors does hereby find that the governing body of the Del Norte Healthcare District shall conduct their meetings without compliance with paragraph (3) of subdivision (b) of Government Code section 54953, as authorized by subdivision (e) of section 54953, and that such legislative bodies shall comply with the requirement to provide the public with access to the meetings as prescribed in paragraph (2) of subdivision (e) of section 54953; and

WHEREAS, meetings are posted on the district's website providing the necessary information for the public to virtually provide input to the governing body on the people's business.

NOW, THEREFORE, THE BOARD OF DIRECTORS OF THE DEL NORTE HEALTHCARE DISTRICT DOES HEREBY RESOLVE AS FOLLOWS:

Section 1. Recitals. The Recitals set forth above are true and correct and are incorporated into this Resolution by this reference.

Section 2. Proclamation of Local Emergency. The Board hereby proclaims that a local emergency now exists throughout the District, and prevalence of COVID-19 amongst the local population and, and accordingly, social distancing and masking is required for attendees health and safety to mitigate the imminent risk of COVID-19 being transmissible during public, in-person meetings of the Del Norte Healthcare District has caused, and will continue to cause, conditions of peril to the safety of persons within the District that are likely to be beyond the control of services, personnel, equipment, and facilities of the District, healthcare providers and local hospitals.

Section 3. Ratification of Governor's Proclamation of a State of Emergency. The Board hereby ratifies the Governor of the State of California's Proclamation of State of Emergency, effective as of its issuance date of March 4, 2021.

Section 4. Remote Teleconference Meetings. The staff and legislative bodies of Del Norte Healthcare District are hereby authorized and directed to take all actions necessary to carry out the intent and purpose of this Resolution including,

conducting open and public meetings in accordance with Government Code section 54953 € and other applicable provisions of the Brown Act.

Section 5. Effective Date of Resolution. This Resolution shall take effect immediately upon its adoption and shall be effective until the earlier of (i) 30 days from adoption of resolution, and 30 days from each successive affirmation that the state of emergency continues to exist or such time the Board of Directors adopts a subsequent resolution in accordance with Government Code section 54953 (e)(3) to extend the time during which the governing body of the Del Norte Healthcare District may continue to teleconference without compliance with paragraph (3) of subdivision (b) of section 54953.


PASSED AND ADOPTED by the Board of Directors of the Del Norte Healthcare District, this 28th day of September, 2021, by the following vote:

AYES: 4

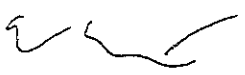
NOES: 0

ABSENT: 1

ABSTAIN:


Kevin Caldwell M.D., Chair of the Board

Attest:


Elizabeth Austen, Secretary

**Minutes of Regular Board Meeting
Del Norte Healthcare District
July 26, 2022, 6:30 PM**

1. **CALL TO ORDER:** Meeting commenced at 6:35 p.m. in person.
There were technical difficulties and we were unable to zoom the meeting.
2. **ROLL CALL:**
Present: Directors Santillan, Pearcey, Austen, Young and Chairman Caldwell.
Absent: 0
3. **PUBLIC COMMENT:** None
4. **CONSENT CALENDAR:**
 - a. Approval of bills paid.
 - b. Approval of financial report for June 2022.
 - c. Resolution 2021-1: Pursuant to AB 361 is hereby renewed, considered and that the pandemic remains, will be considered for an additional 30 days.

Director Pearcey made a motion to approve the consent calendar as submitted. Director Santillan seconded the motion.
Motion passed 5 - 0
5. **REVIEW/POSSIBLE REVISION AND APPROVAL OF THE MINUTES FROM THE JUNE 28, 2022, MEETING.**

Director Austen made a motion to approve the minutes as submitted.
Director Pearcey seconded the motion.
Motion passed 5 - 0
6. **COMMUNICATIONS:**
 - a. Open Door: Chairman Caldwell is going to reach out to Hilda from Open Door.

7. COMMITTEE REPORTS:

A. BUDGET/FINANCE COMMITTEE: (Director Young and Chair Caldwell).

Director Young did a brief wrap up of 2021-2022 year.

B. COMMUNITY OUTREACH COMMITTEE: (Directors Austen and Pearcey).

1. Avoiding Medical Debt (Director Austen)
2. Advocate for Yourself (Director Austen)
3. August Facebook Posts (Director Austen)
4. Eye Exam Month (Director Pearcey)
5. Spinal Muscular Atrophy Awareness Month (Director Pearcey)

Director Austen gave a brief summary of the updates done to the website. Director Austen made a motion to approve the newsletter and facebook items to be published in the newsletter and website. Director Santillan seconded the motion.
Motion passed 5 - 0.

6. Discussion/possible action on radio ad/TV commercial.

Further information is needed to proceed with this item. Agendize for the August meeting.

C. HEALTHCARE EXPANTION:

1. Mental Health Update: See attached email. (Director Austen)

Nothing to report at this time.

D. HEALTH PROMOTION:

1. Swimming Lessons: (Director Young)
 - a. Swim Passes for Seniors/Certification of income. (Director's Austen and Young).

Director Austen made a motion to approve 20 senior passes per month meeting the boards financial criteria of 300% of the poverty level or passport to services document. Also to amend the 2022-2023 budget for 12,000.00 for the program. Director Pearcey seconded the motion.

Roll Call:

Director Santillan - Yes

Director Pearcey - Yes

Director Austen - Yes

Director Young - Yes

Chairman Caldwell - Yes

Motion passed 5 - 0.

b. Public Swimming Program (Director Young)

Director Young made a motion to amend to 2022-2023 budget by 11,700.00 to cover the expense of 225.00 per week for 52 weeks for public swim on Saturdays.

Director Pearcey seconded the motion.

Roll Call:

Director Santillan - Yes

Director Pearcey - Yes

Director Austen - Yes

Director Young - Yes

Chairman Caldwell - Yes

Motion passed 5 - 0

2. Outdoor Activity update:(Director Santillan)

Nothing to report

8. **REPORT OF EXECUTIVE SECRETARY:** As Reported

9. **UNFINISHED BUSINESS:**

a. Discussion/Approval of Request for Proposals for accounting services (Director Young)

Chairman Caldwell appointed Directors Young and Pearcey to work as a committee and to approve the Request for Proposals to be sent out.

10. NEW BUSINESS:

- a. Discussion/Approval of letter to the Board of Supervisors regarding The Rationale for review of tax-exempt status of Sutter Health and Affiliated Corporations.

Director Austen made a motion to send the introduction letter along with the letter from Dr. Greg Duncan from 2016 to the Board of Supervisors. Director Pearcey seconded that motion.
Motion passed 5 - 0.

11. INDIVIDUAL DIRECTORS REPORT OF ACTIVITIES:

Director Young informed the board that he filed his papers for re-election.

Chairman Caldwell informed the board that he would not be present at the August 23, 2022 meeting.

12. PUBLIC COMMENT FOR ANY CLOSED SESSION ITEMS:

13. ADJOURNMENT TO CLOSED SESSION:

- 14. RETURN TO OPEN SESSION AND REPORT OF ANY ACTION:** Nothing to report currently.

15. ADJOURNMENT: Meeting Adjourned at 7:25 PM

Minutes prepared and submitted by:

Minutes approved by:

Doris Hendricks, Executive Secretary

Elizabeth Austen, Secretary

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Elizabeth Austen <austen.betty@gmail.com>

8/15/2022 1:26 PM

for agenda.

To Del Norte Healthcare District <dnhcd@delnortehealth.com>

I have no newsletters this month but here are facebook posts. Attached is an email I received that can go under Healthcare Expansion / Mental Health update.

Thanks,
Beth

SEPTEMBER FACEBOOK POSTS

[All newsletters to be posted as they are published.]
[with comments disabled]

Have you subscribed to our newsletter yet? This is a great way to stay informed with how we are responding to the needs of the community and ensuring that residents are enjoying optimal health through the delivery of wellness services. All you need to subscribe is an email address. We value your privacy and we will never give out your email address to anyone else.

<https://delnortehealthcare.com/subscribe-to-newsletter>

[with comments disabled]

Don't miss our board meeting tomorrow night at 6:30 PM. At this time, our meetings are held both virtually and at the District office on 550 E. Washington Blvd., Crescent City, CA. Go here to access the zoom link: (zoom link)

[with comments disabled]

We want to see you! Come to our board meeting tonight at 6:30 PM. At this time, our meetings are held both virtually and at the District office on 550 E. Washington Blvd., Crescent City, CA. Go here to access the zoom link: (zoom link)

[with comments disabled]

Points from Working with Your Doctor newsletter

[with comments disabled]

- Gmail - Healthcare District input.pdf (82 KB)



SEPTEMBER IS CHILDHOOD CANCER AWARENESS MONTH

SUPPORT • ADVOCATE • CURE

CHILDHOOD CANCER AWARENESS MONTH

September is National Childhood Cancer Awareness Month.

Throughout the month, campaigns, fundraisers, research initiatives and other special events shine a spotlight on the leading cause of death among children.

Childhood cancers take many forms, from blood disorders to various types of tumors and rare genetic diseases. Regardless of the condition, supporting cutting-edge research and promising treatments help to prepare a future where families won't face a diagnosis of childhood cancer.

CANCER

claims the lives of more children
than all other childhood diseases

COMBINED

Chances of your child getting cancer:

1 in 285

That's

43

children
everyday.

And although

83%

is the Average
5-Year Survival Rate
of Childhood Cancer

a shocking

1 out of every 5 children
diagnosed with childhood
cancer *will not survive*.
1 in every 3 will die young
because of the *actual*
cancer treatments they
received.

But...

For children who survive childhood
cancer, the battle is not yet over.
Because of treatments they had as
kids, by the time they're 45, more than
95% of survivors will have a chronic
health problem and 80% will have
severe or life-threatening conditions.

Yet,

All types of childhood
cancers combined
receive only 4% of U.S.
federal funding for
cancer research.

4%

In 6 YEARS,

77 new drugs for adult
cancers
have been developed

But in 77 YEARS,
only

3 new drugs for
childhood cancers
have been developed

The day before my child was diagnosed,
I wasn't a cancer parent either.

HOW TO OBSERVE

Commit to supporting families impacted by childhood cancer. Raise awareness in your community by organizing a remembrance walk, super survivor celebration, or fundraiser. Visit www.acco.org for more information. Use #ChildhoodCancerAwarenessMonth to share on social media.

HISTORY

October was initially proclaimed as National Awareness Month for Childhood Cancer in 1990 by President George H.W. Bush.

In 2012, President Barack Obama proclaimed September to be National Childhood Cancer Awareness Month.

SOURCES

<https://nationaldaycalendar.com/calendar-at-a-glance/>

<https://www.acco.org/childhood-cancer-awareness-month/>

<https://www.stjude.org/>

<https://kidshealth.org/en/parents/cancer.html>

<https://www.cancer.org/cancer/cancer-in-children/types-of-childhood-cancers.html>



National Childhood Obesity Awareness Month is in September, and it is dedicated to educating children and their families on how to prevent childhood obesity. It provides numerous opportunities for families, schools, and communities to share information about their plans and events aimed at educating children on how to deal with health issues such as obesity. This month is also an excellent opportunity for parents to learn more about how they can help their children's health. We are constantly challenged as parents, teachers, and caregivers of young children to find ways to prevent childhood obesity.

History of National Childhood Obesity Awareness Month

For good reason, childhood obesity has been dubbed “one of the most serious public health challenges of the twenty-first century.” Obesity puts a child at risk for a variety of medical issues later in life, including diabetes, high blood pressure, heart disease, stroke, cancer, and joint problems. The purpose of this holiday is to educate the nation on obesity and encourage people to join in efforts to help children overcome this disorder.

The Surgeon General's office in the United States was established in 1870, but it wasn't until the 1960s that childhood obesity became a priority. The Surgeon General issued a report in 1963 that linked smoking to lung cancer and heart disease. The report also identified obesity as a significant public health issue; however, it was overshadowed by smoking-related issues at the time.

It wasn't until recently that there was a heightened awareness of childhood obesity. The first case of type-two diabetes in a child was reported in 1980. This was concerning because type-two diabetes was thought to be an adult-only illness. The Surgeon General issued a warning to Americans about the rise in childhood obesity in 2000. By 2006, over 25 research studies on childhood obesity had been conducted in an attempt to better understand and combat it.

National Childhood Obesity Awareness Month timeline

1870 - The U.S. Surgeon General's Office: It is established to collect information about the causes of death and diseases in the U.S.

1960s - On the Radar: Childhood obesity is finally viewed as a serious issue.

1980 - Type-Two Diabetes in a Child: The first case in a child occurs and it's concerning because most people believe that this illness can only be contracted by adults.

2006 - Research Takes Place: Over 25 research studies are conducted on childhood obesity to find ways to better understand and combat it.

National Childhood Obesity Awareness Month FAQs

How does childhood obesity affect the economy?

The estimated costs of obesity-related illnesses in the United States, including childhood obesity, are \$190.2 billion or nearly 21% of annual medical spending.

What roles should schools play in addressing childhood obesity?

Schools can help prevent obesity among students by offering healthy choices in the lunchroom, limiting the marketing and availability of sugary drinks, and making water available to students throughout the day.

What is the cause of childhood obesity?

Sedentary lifestyles, unhealthy eating habits, and a lack of parental supervision are all factors that contribute to childhood obesity. There is also concern about the rise in popularity of video games among children and teenagers, which may be contributing to their obesity.

How to Observe National Childhood Obesity Awareness Month

1. Learn about childhood obesity

Observe Childhood Obesity Awareness Month by learning more about the disease and how to prevent it. Educate yourself, your family and friends, your school, and your community.

2. Organize a local event

Anyone can organize a local event to teach children the value of physical activity and healthy eating for their overall well-being. Many resources are available on the website to assist you in commemorating this month and educating children about obesity.

3. Donate to an organization

Donate to a charity that fights childhood obesity. There are great organizations out there doing wonderful things for our children. Consider donating to one of these wonderful organizations right now.

FIVE Important Facts About Childhood Obesity

1. One in six children are affected

More than 12.7 million American children have obesity — that's almost 20% of all children aged two to 19.

2. Overweight children become overweight adults

Obese children are much more likely to become obese adults, as well as develop life-threatening diseases such as diabetes and high blood pressure.

3. Your ethnicity affects your likelihood of obesity

Obesity affects approximately 48% of non-Hispanic Blacks, 42% of Hispanics, 36% of non-Hispanic Whites, and 12% of non-Hispanic Asians.

4. Childhood obesity can lead to depression

Children who are overweight are much more likely to be bullied than their normal-weight peers.

5. Snacking adds an additional 200 daily calories

Kids snack a lot, especially when they're watching T.V. or playing video games, and one study found that children consume about 200 extra calories per day.

Why National Childhood Obesity Awareness Month is Important

1. It promotes healthy eating habits

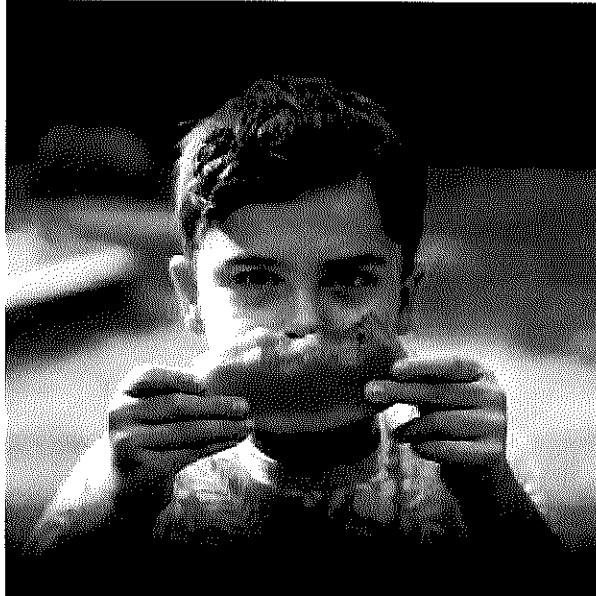
The holiday promotes healthy eating habits and an active lifestyle. This will help kids reach a healthy weight for their age, height, and gender.

2. It encourage parents

It encourages parents to be role models for their children by eating healthy foods, being physically active, and limiting screen time. Plus, it gives parents the information they need to make informed decisions on raising healthy kids.

3. It educates parents

This month educates parents about the importance of fruit and vegetables. It also teaches them how to eliminate sugary drinks from their children's diets.

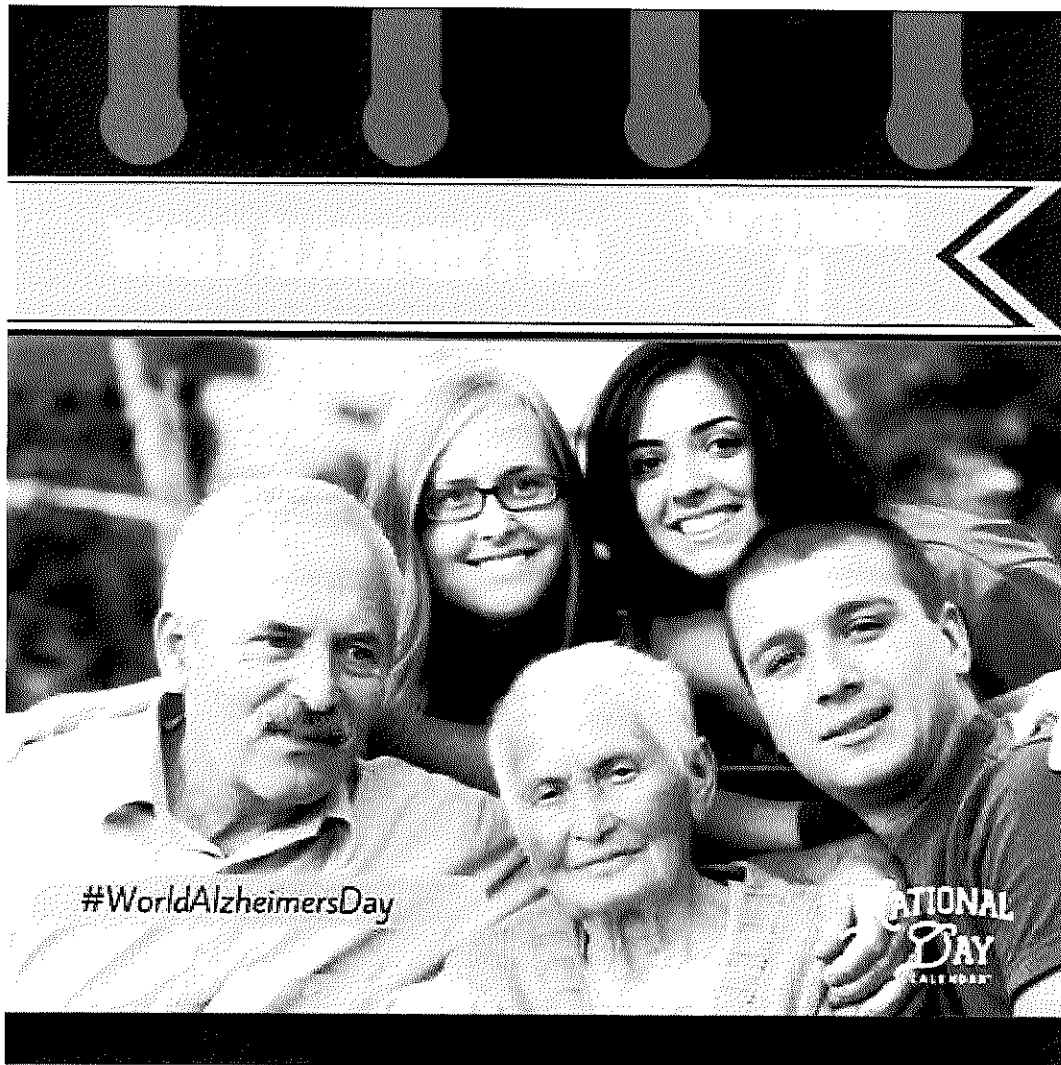


SOURCES

<https://nationaltoday.com/national-childhood-obesity-awareness-month/>

<https://www.cdc.gov/nccdphp/dnpao/features/childhood-obesity/index.html>

<https://wicworks.fns.usda.gov/resources/national-childhood-obesity-month>



WORLD ALZHEIMER'S DAY

World Alzheimer's Day on September 21st occurs during World Alzheimer's Month. On World Alzheimer's Day, health organizations across the globe focus their efforts on raising awareness about this disease.

The first diagnosis of Alzheimer's disease was in 1906. Alzheimer's is a progressive brain disorder. It slowly destroys memory and thinking skills. Eventually, when someone has Alzheimer's, they lose the ability to carry out simple tasks. Alzheimer's is the most common cause of dementia. At this time, science hasn't found a cure, nor is there a way to prevent the disease.

An estimated 44 million people in the world have Alzheimer's disease. Of all the places in the world, Alzheimer's disease is most common in Western Europe. North America is close behind. In the United States, 5.5 million people have the disease. Every 66 seconds, someone in the U.S. receives an Alzheimer's diagnosis.

As the population ages, a higher percentage will be affected by Alzheimer's. For example, beyond the age of 65, the prevalence of Alzheimer's doubles every five years. It's predicted that by the year 2050, 16 million people in the U.S. will have Alzheimer's.

Alzheimer's is the 6th leading cause of death in the country. Around the world, it's the 7th deadliest. Additionally, the condition causes more disability and poor health than any other disease. When someone receives an Alzheimer's diagnosis, their life expectancy is between 4 to 8 years.

Not only does the person with Alzheimer's suffer, but their caregivers and family members have a difficult time as well. Caregivers often experience emotional and financial difficulties. Their physical health also declines. The global cost of Alzheimer's disease is over \$6 billion. By 2050, the disease is expected to cost over \$1 trillion in the United States alone.

HOW TO OBSERVE #WorldAlzheimersDay

Many health organizations hold Alzheimer's walks on World Alzheimer's Day. Communities throughout the world hold seminars and public events to spread awareness about Alzheimer's. In the past, buildings like the CN Tower in Toronto and various downtown buildings in Chicago have been lit purple, the color of Alzheimer's awareness.

If you would like to observe World Alzheimer's Day, wear a purple bracelet or ribbon. Attend a walk or other activity in your community to help spread awareness. Donate to the Alzheimer's Association or Alzheimer's Disease International (ADI). If you know of a someone with Alzheimer's, offer to find a support group for them and their caregiver. Learn about ongoing research to find a vaccination or cure for Alzheimer's.

If you have been affected by Alzheimer's, share your story with others. Use #WorldAlzheimersDay when sharing on social media.

WORLD ALZHEIMER'S DAY HISTORY

Alzheimer's Disease International celebrated its 10th anniversary in 1994. As part of that celebration, the association founded World Alzheimer's Day to be observed each year on September 21.



WORLD SUICIDE PREVENTION DAY

Observed on September 10th each year, World Suicide Prevention Day aims to promote ways to prevent suicide. The International Association for Suicide Prevention (IASP) organizes the observance.

The numbers on suicide are grim. Each year, about 47,000 people die by suicide in the United States. That means, suicide is the 10th leading cause of death in the country. On average, 129 suicides occur in the United States per day. About 1.4 million people attempt suicide each year.

Suicide is a global phenomenon. Throughout the world, 800,000 people die each year by taking their own life. Among 15-29-year-olds, suicide is the leading cause of death. Multiple risk factors impact causes for suicide. The leading risk factors include mental illness, inability to cope with life stressors, and chronic pain and illness. Some of the most vulnerable groups for committing suicide include refugees, prisoners, and those in the LGBT community. Another vulnerable group – bullied kids.

The sad thing is suicide is entirely preventable. Reducing access to firearms and medications is one way to prevent it. Other methods include early care for the mentally ill, school-based interventions, and training health workers to assess and manage suicidal behavior. The strongest risk factor for committing suicide is a previous suicide attempt. Because of this, follow-up care and support for those who have attempted suicide are crucial.

Key collaborators for suicide prevention include faith community members, educators, parents, substance abuse services, social services, and mental health organizations.

HOW TO OBSERVE #WorldSuicidePreventionDay

Besides the IASP, the World Health Organization (WHO) plays a key role in promoting World Suicide Prevention Day. Some of the events held each year include:

- Launching government initiatives to prevent suicide
- Holding conferences, lectures, and educational seminars

- Holding memorial services for those who have died from suicide
- Organizing cultural or spiritual events
- Offering training courses to prevent suicide
- To take part in World Suicide Prevention Day, take a minute to educate yourself about suicide prevention. You can do this by reading the World Suicide Prevention Day document. You can also take part in the
- Light a Candle event. Simply light a candle near a window at 8 p.m. This candle shows support for suicide prevention. You can also light the candle to remember a lost loved one.

Show your support, remember a lost loved one, or spread awareness by using #WorldSuicidePreventionDay on social media.

7c



Elizabeth Austen <austen.betty@gmail.com>

Healthcare District input

1 message

Valerie Starkey <valerie.starkey@co.del-norte.ca.us>

Mon, Aug 15, 2022 at 11:05 AM

To: Elizabeth Austen <austen.betty@gmail.com>, Kevin Caldwell <kevincaldwell@redwoodmedical.com>

Hey there. I have referred the Indigo Project to Beth for a meeting. They are the consultants we hired to research the Mobile Crisis Unit. Beth, I wanted to let you know so when they reach out, you are not surprised.

I am trying to get you the information I get when it comes in. Sorry it's been so slow....I would have loved to have solved this YESTERDAY.

Hope you are both doing well.

Val

Elizabeth Austen <austen.betty@gmail.com>

8/16/2022 9:54 PM

Fwd: Crisis Care Mobile Unit - Stakeholder outreach

To Del Norte Healthcare District <dnhcd@delnortehealth.com>

Hi Doris. Is it too late to add this to the agenda packet under Healthcare expansion? I just got this email.

Thanks
Beth

----- Forwarded message -----

From: **Shiann Hogan** <shogan@co.del-norte.ca.us>

Date: Tue, Aug 16, 2022, 5:32 PM

Subject: Crisis Care Mobile Unit - Stakeholder outreach

To: <austen.betty@gmail.com>

Cc: kira Gunther <kira@indigoproject.net>, Ardavan Davaran <ardavan@indigoproject.net>, Roberta Chambers <roberta@indigoproject.net>

Hi Elizebeth and members of the Healthcare District,

The County of Del Norte has applied for and received a Round 2 Planning Grant through the Behavioral Health Community Infrastructure Program (BHCIP). The purpose of the Round 2 Planning Grant is to engage in a community needs assessment and develop a subsequent action plan in order to design and implement culturally responsive crisis response services that respond to the unique challenges of the County. The services to be designed are intended to serve transition age youth, support those with co-occurring disorders or instances where substance misuse may play a role in the crisis, and divert individuals from the criminal justice system into behavioral health services.

We have contracted with the Indigo Project to support this work, and we believe your experiences and perspectives would be invaluable. A member of the Indigo Project, cc'd here, is hoping to schedule time to

- Describe the current planning effort;*
- Hear about your experiences and perspectives regarding the County's current crisis response; and*
- Learn about your hopes and concerns about future implementation of a crisis system in Del Norte County.*

If it is ok, a member of the Indigo Project will follow-up with you directly to schedule time to speak with you.

--

Shiann Hogan

Program Manager
Department of Health and Human Services
Behavioral Health Branch
455 K Street
Crescent City, CA 95531
(707) 464-7224 ext 2853
Fax: (707) 465-4272
shogan@co.del-norte.ca.us

Our Mission..."is to respectfully promote the health, safety, self-sufficiency and well being of children, families and individuals creating hope for the future."

Electronic Privacy/Confidentiality Notice: This e-mail and any attachments contains information that is, or may be covered by, the Electronic Communication Privacy Act, Title 18 U.S.C 2510-2521, and may also be confidential and proprietary in nature and is for the sole use of the intended recipient(s). As the intended recipient(s), this disclosure may be protected by Federal confidentiality rules (42 CFR Part 2). The Federal rules prohibit you from making any further disclosure

Secretary ReportAugust, 2022

I have enclosed one more thank you note from a Del Norte High School scholarship recipient.

In our last board meeting there was some discussion regarding the weeds in front of the DHHS building. I discussed this with Joel and the problem has been resolved.

Chairman Caldwell and I had a very productive meeting with Dave Mason from DDR and he has submitted a quote to do the clean up work along the ravine. That amount fits within the scope of the budget that had been approved for the project. I am just waiting for a start date.

I have enclosed a letter from the county re: 2022 Conflict of Interest Code for you to review. I don't know if this is something that may need to be added to the agenda in the future. Thank you for your assistance on this.

In speaking with Dave Mason we discussed some of the issues we have on Tuesday's (shower days). He suggested that we have some form of guidelines in place for the group that is using the property for the showers. It should be their responsibility to take care of these problems, not the district or Open Door. I think this is a great suggestion.

AUG 15 2022

Thank you so much
for giving me this
scholarship. With your
help I am one step
closer to being a
psychologist. You are
changing lives with your
~~sch~~ scholarship.

Sincerely,

Alivia Silva

PROJECT ESTIMATE

Customer Information

Name: Del Norte Healthcare District
Address: 550 E Washington Ste 400 / PO Box 2034
City: Crescent City State: CA Zip Code: 95531
Day Phone: 707-464-9494 Email: dnhcd@delnortehealth.com
Directions: Corner of Northcrest and E Washington

DDR Lic # 623868
PO Box 489
Crescent City CA 95531
(707) 954-0504
ddrdelnorte@gmail.com

Project Information

Remove overgrowth and dispose of all waste, junk, trash, and debris
Time and materials. Amounts below are approximates. Total not to exceed \$10,000.
Cut, mow and prune to remove overgrowths at east side of property. Cuttings and
clippings to be mulched/chipped and left on site. Trash and debris to be hauled to
County Transfer Station. Weed trees/saplings to be removed. Established trees to
be skirted up to six feet from ground. Brush and shrubs to be cut down to six inches
Bare ground to be covered with chips/mulch from chipping cuttings on site.
Clear vacant lot North of parking lot to fence line, removing trees and bushes. Mow
weeds as needed. Grade level as required. Remove trash and debris.

Work Order Information

Customer ID: _____
Invoice No.: 220340
Date: 08/14/22
Project Mgr: Kevin Caldwell
Start Date: _____
End Date: _____

Labor

ID	Description	Date	Quantity	Unit Price	Subtotal
	12" tree chipper, daily rate		3.00	500.00	\$1,500.00
	Midsize John Deere loader/mower, daily rate		3.00	200.00	\$600.00
	Hauling, Hourly rate		24.00	85.00	\$2,040.00
	CAT Skidsteer Track Loader hourly rate		8.00	125.00	\$1,000.00
	Hand Crew daily rate		3.00	1,000.00	\$3,000.00
					\$0.00
					\$0.00
					\$0.00
					\$0.00
Labor Subtotal:					\$8,140.00
Estimated Labor Total:					\$8,140.00

Materials and Extras

Description of extra costs/Disposal fees	Date	Quantity	Unit Price	Subtotal
Solid waste disposal is at the County Transfer Station				
Estimated dump fees per ton		8.00	\$175.00	\$1,400.00
				\$0.00
				\$0.00
				\$0.00
				\$0.00
				\$0.00
				\$0.00
				\$0.00
				\$0.00
				\$0.00
				\$0.00
Materials Subtotal:				\$1,400.00
Estimated Materials Total:				\$1,400.00

Estimated Costs & Acceptance

Customer Acceptance / Authorization:

I agree to have DDR perform the work as described above.
Furthermore, I understand that this is only an estimate and in most cases will not
reflect the actual costs involved in completing this project.

Customer Signature: _____

Subtotal: \$9,540.00

Total Estimated Costs: \$9,540.00

(This estimate does not include state or local taxes)

Thank You!

Note: The above estimate is based solely upon the project description and initial inspection of the project work site. Estimate could change upon discovery of the need for additional work and or materials once the project has started. Any alterations or deviation from the above specifications involving extra costs will be executed only upon written consent by customer and will become an extra charge over and above the estimate. All agreements, contingent upon strikes, accidents, or delays are beyond our control.

Except to the extent paid in settlement from any applicable insurance policies, and to the extent permitted by applicable law, each Party agrees to indemnify and hold harmless the other Party, and its respective affiliates, officers, agents, employees, and permitted successors and assigns against any and all claims, losses, damages, liabilities, penalties, punitive damages, expenses, reasonable legal fees and costs of any kind or amount whatsoever, which result from or arise out of any act or omission of either party, its respective, affiliates, officers, agents, employees, and permitted successors and assigns that occurs in connection with this Agreement. This indemnification will survive the termination of this Agreement.

PROJECT ESTIMATE

Customer Information

Name: Del Norte Healthcare District
Address: 550 E Washington Ste 400 / PO Box 2034
City: Crescent City State: CA Zip Code: 95531
Day Phone: 707-464-9494 Email: dnhcd@delnortehealth.com

DDR Lic # 623868
PO Box 489
Crescent City CA 95531
(707) 954-0504
ddrdeinorte@gmail.com

Directions: Corner of Northcrest and E Washington

Project Information

Repair chainlink fence and install no parking signs
Time and materials. Amounts below are approximates. Total not to exceed \$8,000.00
Install 1,100 linear feet of top rail on existing fence. Repair damage by restitching
chain link as needed. Install tamper resistant locks on gates. Straighten/replace fence
posts as necessary.
Install signage as requested.

Work Order Information

Customer ID: _____
Invoice No.: 220341
Date: 08/14/22
Project Mgr. Kevin Caldwell

Start Date: _____

End Date: _____

Labor

ID	Description	Date	Quantity	Unit Price	Subtotal
	Labor for crew, hourly		12.00	255.00	\$3,060.00
					\$0.00
					\$0.00
					\$0.00
					\$0.00
					\$0.00
					\$0.00
					\$0.00
					\$0.00

Labor Subtotal: \$3,060.00

Estimated Labor Total: \$3,060.00

Materials and Extras

Description of extra costs/Disposal fees	Date	Quantity	Unit Price	Subtotal
Top rail, 10 foot sections		110.00	\$20.00	\$2,200.00
Top caps		150.00	\$2.25	\$337.50
Misc hardware		1.00	\$250.00	\$250.00
Magnet padlock		2.00	\$85.00	\$170.00
				\$0.00
				\$0.00
				\$0.00
				\$0.00
				\$0.00

Materials Subtotal: \$2,957.50

Estimated Materials Total: \$2,957.50

Estimated Costs & Acceptance

Customer Acceptance / Authorization:

I agree to have DDR perform the work as described above.

Furthermore, I understand that this is only an estimate and in most cases will not reflect the actual costs involved in completing this project.

Subtotal: \$6,017.50

Total Estimated Costs: \$6,017.50

(This estimate does not include state or local taxes)

Customer Signature: 

Thank You!

Note: The above estimate is based solely upon the project description and initial inspection of the project work site. Estimate could change upon discovery of the need for additional work and or materials once the project has started. Any alterations or deviation from the above specifications involving extra costs will be executed only upon written consent by customer and will become an extra charge over and above the estimate. All agreements, contingent upon strikes, accidents, or delays are beyond our control.

Except to the extent paid in settlement from any applicable insurance policies, and to the extent permitted by applicable law, each Party agrees to indemnify and hold harmless the other Party, and its respective affiliates, officers, agents, employees, and permitted successors and assigns against any and all claims, losses, damages, liabilities, penalties, punitive damages, expenses, reasonable legal fees and costs of any kind or amount whatsoever, which result from or arise out of any act or omission of either party, its respective, affiliates, officers, agents, employees, and permitted successors and assigns that occurs in connection with this Agreement. This indemnification will survive the termination of this Agreement.



COUNTY OF DEL NORTE

BOARD OF SUPERVISORS
981 "H" Street, Suite 200
Crescent City, CA 95531
Phone: 707-464-7214

Date: May 31, 2022

Re: 2022 Conflict of Interest Code

Dear Sir/Madam:

The Political Reform Act requires that every local government agency must review their conflict of interest code biennially, that is every two (2) years – on even numbered years. A conflict of interest code informs public officials, governmental employees, and consultants what financial interests they must disclose on their Form 700, the Statement of Economic Interests Form.

To help you better understand what this entails please refer to the following two enclosures:

1. 2022 Conflict of Interest Code Biennial Notice Instructions for Local Agencies
2. 2022 Local Agency Biennial Notice

The Board of Supervisors is your "code reviewing body" so if you need to amend your conflict of interest code, the amended code must be forwarded to the Board of Supervisors for approval within ninety (90) days. Your amended code is not effective until it has been approved.

Please read the instructions, complete and return the Notice as instructed. **If you have further questions, or if you're not sure whether or not your conflict of interest code needs to be amended, please contact the Fair Political Practices Commission (FPPC).**

Sincerely,

Kylie Goughnour
Clerk of the Board
Del Norte County Board of Supervisors

2022 Conflict of Interest Code Biennial Notice Instructions for Local Agencies

The Political Reform Act requires every local government agency to review its conflict of interest code biennially. A conflict of interest code tells public officials, governmental employees, and consultants what financial interests they must disclose on their Statement of Economic Interests (Form 700).

By **July 1, 2022**: The code reviewing body must notify agencies and special districts within its jurisdiction to review their conflict of interest codes.

By **October 3, 2022**: The biennial notice must be filed with the agency's code reviewing body.

The FPPC has prepared a 2022 Local Agency Biennial Notice form for local agencies to complete or send to agencies within its jurisdiction to complete before submitting to the code reviewing body. The City Council is the code reviewing body for city agencies. The County Board of Supervisors is the code reviewing body for county agencies and any other local government agency whose jurisdiction is determined to be solely within the county (e.g., school districts, including certain charter schools). The FPPC is the code reviewing body for any agency with jurisdiction in **more than one county** and will contact them.

The Local Agency Biennial Notice is not forwarded to the FPPC.

If amendments to an agency's conflict of interest code are necessary, the amended code must be forwarded to the code reviewing body for approval within 90 days. An agency's amended code is not effective until it has been approved by the code reviewing body.

If you answer yes, to any of the questions below, your agency's code probably needs to be amended.

- Is the current code more than five years old?
- Have there been any substantial changes to the agency's organizational structure since the last code was approved?
- Have any positions been eliminated or re-named since the last code was approved?
- Have any new positions been added since the last code was approved?
- Have there been any substantial changes in duties or responsibilities for any positions since the last code was approved?

If you have any questions or are still not sure if you should amend your agency's conflict of interest code, please contact the FPPC. Additional information including an online webinar regarding how to amend a conflict of interest code is available on [FPPC's website](https://www.fppc.ca.gov).

2022 Local Agency Biennial Notice

Name of Agency: _____

Mailing Address: _____

Contact Person: _____ Phone No. _____

Email: _____ Alternate Email: _____

Accurate disclosure is essential to monitor whether officials have conflicts of interest and to help ensure public trust in government. The biennial review examines current programs to ensure that the agency's code includes disclosure by those agency officials who make or participate in making governmental decisions.

This agency has reviewed its conflict of interest code and has determined that (*check one BOX*):

☐ **An amendment is required. The following amendments are necessary:**

(*Check all that apply.*)

- ☐ Include new positions
- ☐ Revise disclosure categories
- ☐ Revise the titles of existing positions
- ☐ Delete titles of positions that have been abolished and/or positions that no longer make or participate in making governmental decisions
- ☐ Other (*describe*) _____

☐ **The code is currently under review by the code reviewing body.**

☐ **No amendment is required.** (If your code is over five years old, amendments may be necessary.)

Verification (to be completed if no amendment is required)

This agency's code accurately designates all positions that make or participate in the making of governmental decisions. The disclosure assigned to those positions accurately requires that all investments, business positions, interests in real property, and sources of income that may foreseeably be affected materially by the decisions made by those holding designated positions are reported. The code includes all other provisions required by Government Code Section 87302.

Signature of Chief Executive Officer

Date

All agencies must complete and return this notice regardless of how recently your code was approved or amended. Please return this notice no later than **October 3, 2022**, or by the date specified by your agency, if earlier, to:

(*PLACE RETURN ADDRESS OF CODE REVIEWING BODY HERE*)

PLEASE DO NOT RETURN THIS FORM TO THE FPPC.