

Guacamole

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Prep Time: 15m | Cook Time: 15m | Servings: 4

Ingredients

- 3 avocados - peeled, pitted, and mashed
- 1 lime, juiced
- 1 teaspoon salt
- 2 Roma (plum) tomatoes, diced
- ½ cup diced onion
- 3 tablespoon chopped fresh cilantro
- 1 teaspoon minced garlic
- 1 pinch ground cayenne pepper (Optional)

Instructions

1. Mash avocados, lime juice, and salt together in a medium bowl; mix in tomatoes, onion, cilantro, and garlic. Stir in cayenne pepper.
2. Serve immediately or cover and refrigerate for one hour for improved flavor.

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