

ESL Lesson Plan: One-Hour One-on-One Online Tutoring Session

General English Skills

Lesson Objectives

By the end of this one-hour session, the student will confidently practice speaking, listening, reading, and writing about daily routines. They will expand their vocabulary, improve comprehension, and learn to express ideas clearly in English.

Activities & Timing

- Warm-up and Introduction (10 minutes): Greet the student, build rapport, and discuss favorite daily activities.
- Reading Practice (10 minutes): Read a short passage about a typical day aloud, then discuss its main ideas.
- Vocabulary Building (10 minutes): Introduce and practice ten essential action verbs, focusing on pronunciation and usage.
- Listening Exercise (10 minutes): Play an audio clip about daily life; ask comprehension questions and discuss key points.
- Speaking Practice (10 minutes): Guide the student in describing their own routines and incorporating new vocabulary.
- Writing Activity (10 minutes): Have the student write a short paragraph about their typical day, then review and discuss together.

Assessment

Monitor fluency and understanding during each activity, provide personalized feedback, and encourage student questions throughout the session.