

belong in a place having experienced uprooting within your family heritage.

"I've noticed that those who have undergone this uprooting often don't discuss it. My parents didn't talk a lot about their migration, and this seems to be quite a common theme within many families. I think this is due to the pain surrounding these experiences, although talking about them can be quite cathartic.

"One of the real values in the oral history

"By focussing on the day-to-day fabric of ordinary people, oral history gives a voice to people who are generally left out of the historical record. From the limited amount! know about South Asian history, it seems to be relatively neglected as a subject.

"Oral history can also help cement a feeling of community for a group of people, and think this will be an outcome for the participants of this project."