Meet Antonio - Oct 3

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SPEAKERS

Tracee, Carrie, Antonio

T **Tracee** 00:00

So Antonio, I just want to welcome you and of course, Carrie to the show today. I'm super excited for my own self. But I'm sure that so many people are curious about you, who you are, how you came to be where you are today and all the juicy details in between. Right? Okay. So for the people that, like, can you just give us like a starting point of a high level overview of where you are right now, what you what you're doing, what your purpose here is, right? Now,

C **Carrie** 00:38

let's start with how did you first connect with Q? Because that's what brought us all together. All right.

A **Antonio** 00:47

Okay, sorry, I was stuck to point. All right. So, three years ago, when the COVID started I had a big push, there was something pushing me right. There was telling me that to speak to the public was telling me that to just pick out everything can you learn, you know, for about 20 years and so on. So I started Italian channels, and so on. So I was getting quite famous down inside. And then every day I was watching, you know, the American side with Charlie Wu. Simon parts, you know, Mary Kay and so on. And I ended up watching TED mon where Charlie would show and then yeah, it was the first time I heard you know, Q and I was well finally someone that is speaking and make sense worries, you know, expressing and says there was like, wow, I need to speak to this guy. While I was waiting to get an appointment hours, just you know, listening the same interview on and every time I will listen to the same interview, I will get a sample from it. And this voice was getting more familiar. And then yeah, I managed to get an appointment with AdMob. And I was first time of an hour I was speaking to Q and then the day after we spoken out. And then they you know, as though if you want we can work together to me. And then this you know, this is my inner verse. You can watch anytime I will not reply to you, but I will read your email, like okay, and then yeah, we will do the live shows together.

lunches together. Okay. And then therefore free to wistful to think was January. We started working together in May. So for about five months, he just went silent. But yeah, I kept on writing to him. There was never an answer. I didn't give up. That was how I came across.

T Tracee 03:29

So did he ever tell you why he chose you?

A Antonio 03:36

Well, I mean, we spoke we had the live show on the 17th of May we express you know, to the public, our relationship. Myself and Q it's not just a was my Father is my Father forever. My surfing cue we traveled from planet to planet. It's like it's not just one of you life's life lives times that we're together. We always did. I miss expression and the expression of myself. So it's not just now this time we went you know, you went to the States this mission or whatever you want to call experience. We split we split it this time. Other times we we stayed stayed as a family even when we came to plan a tariff. But when we go back home, we are always the same place. Same things. Sometimes he goes for mission I wait for him to come back from Mission sometimes I go with him. Sometimes we go ma'am that the name just depends.

T Tracee 04:42

Okay, so So my question was though is when he first you met him in January, and then you came to May? Did he tell you before or after why he chose you to deliver the message? No, no Just came perishing programmatically is not someone that tells you things. It makes you to realize things he never puts believes in your head, he never expects you to do anything for him or for others, he always leaves your choice. He always never pressurize you never influence you. It just leaves you to make your own decision. So but obviously, because we are one, myself in my mom, obviously, there is something different from others. That's why I'm doing the work that I'm doing. Again. It's not just a coincidence or our chosen. We just came together. When we came, we said, Okay, we're gonna meet again, anyway. Okay, so you go there, we just split, as I said, and then you know, we were meant to meet and do what we do. So I'm gonna guess that he chose you, because he knew who you were even though at the moment, or before you didn't quite remember. But he knew. And then how did you finally How did you come to remember all of these lifetimes together? Tracee, I repeat myself. Before we jumped into this reality. Imagine that we own our plant and circuit, so we're going to monitor for that and yes, should be together again. Yes, because there is a big shift, right? Okay. So we're going to, alright, so this time we do this, listen, this, alright. So it's going to be very hard. So you really have to go, you know, work your way up to get where we are now. So that was the thing. You understand where I'm coming from? So

C Carrie 06:43

can I jump in for a second? Last night, I really listened to maybe one of my favorite podcasts. It was the one where you guys were talking about the rock fish, and brussel sprout dinner and he put cheese on the fish. Remember, that was so much fun. So in that podcast, you described the

process that you went through recognizing who he was for you? Would you share that with us? Because that's a good story for all of us.

A Antonio 07:15

What do you mean by that?

C Carrie 07:17

The process you went through as you started recognizing His voice more and who he was and what you said, and what he said that story is wonderful. So can you tell us that story here?

A Antonio 07:32

Yeah. So yeah, basically, we, when we started in May, or June, as I said, we will start working together. But then obviously, we were doing other things, you know, offline, so. And there was, you know, some attention on me buy from him and the trigger the curiosity, you know, I mean, I was like, How come this guy cares so much about me so much attention on me and so much love, etc. So, there was one point where was during Christmas, I wasn't feeling well. So I managed to speak to him a free in the morning. And this is or if I have millions of people, you know, they're waiting for me to be the first one on my list. So there was like, okay, okay, I got it. And then what happened? Then another morning, I woke up and there was something like, Well, what about your father's like, nine? I can't. And so the first time I told him, I wasn't, I wasn't sure to be honest. And I was like, you know, I was thinking I was feeling maybe I didn't know how to say it. You know, my father was like, Well, if you think about the will one, yeah, maybe I can be your father. Okay, he's not my father, then you know, another and then after two, three, I can remember the time anyway, months later, years later. He said, Oh, I'm still waiting for you. I say, okay, my father. That's how we ended up opening each other and there was like, a year and a half later. But during that time, we're not just doing the live shows, you know, I will come upon in bed every night, you will be with me, you know, every morning, I will be doing things and so on. So really, there was no one day that we are not doing.

C Carrie 09:38

So can I dovetail off of that because I had a question for you about you just recently mentioned that you know how to buy locate. And that's what you're just describing right when he's with you in the night and in the morning. It wasn't it wasn't in physical it was from by locating So could you tell Could you tell us about how that works? And did you have to learn the technique of by locating? Or did it simply open up for you as you got more of your light?

A Antonio 10:11

Obviously? Our legacy, it's a little bit not we are we don't have more of you, we are not bear witness. Right? Obviously, we are probably, let's say a little bit, probably older, we are ancient spirits that will go this you know, for a long time, we are time travelers basically. And so, yeah,

the bifurcation works, you know, that when you start gaining, gaining more of you, obviously, the knowledge that you already knew, so it really comes naturally. You know,

C Carrie 10:48

so you didn't have to learn it, it just opened up for you.

A Antonio 10:52

I funny enough, when I met him the first interview, I mean, the first interaction that we had together there was one point that was like, I want to start traveling, like you know, time travel and things. And he was laughing there was something in me that I knew there was you know, there was my natural right, so yeah, and then we did an exercise together the first time that we had the session and we were basically traveling through to within just a few minutes and yeah, there was just a recall you know, for my natural visit, thanks.

T Tracee 11:31

So when you by locate, if like if you were to come into my space right now, would you be able to see my room and everything

A Antonio 11:43

before I want to Yes, but obviously, it's more about energy when we forget about forget about you know, the physical level we have to just work really stopping us to do certain things it's because we are conditioned by time by space and this dense dense reality and that's why it's stopping us. But obviously when I sleep or when I put intention before asleep certain things they come more easily they're easier obviously when I'm in this state yes I can come straight away into your space and I can see things but obviously not at certain level yet. But because I'm in this body but as I said if I live no devices around me if I will live you know, probably the environment around me that will be probably will be even better. But don't forget when you go so many devices you go the neighbor and the sound effects. But yes, I can be there anytime. When filming. I can come

T Tracee 12:57

see me do it now.

A Antonio 12:58

Yeah. Where are you? Where are you?

T Tracee 13:02

T Tracee 13:02
California

A Antonio 13:11
come in workspace and finish it's currently at the convention I think the workspace

T Tracee 13:22
so what do you see?

A Antonio 13:25
That what can a female I feel shivers all over that's me. That's me.

T Tracee 13:32
And I got emotional. Like what's my

A Antonio 13:35
emotional it's when you receive a little bit more light. I'm sending you waves now.

T Tracee 13:47
Oh, I'm feeling something. That's me. I didn't know how my gosh, you're gonna make me send you more waves that's me thank you, Antonio. What a gift. No,

A Antonio 14:10
no comes in waves. So yeah, that's how it works.

T Tracee 14:17
Holy cow. That is super power. Thank you. That was unbelievable. Okay, I'm Mike.

C Carrie 14:29
Door. Okay. So, um, help us all. Learn a little bit more about the commands. And tell us about your experience using the commands. And for instance, how long did it take before you started now we know that you came in way ahead because of who you are. So the commands for you

how we know that you came in way ahead because of who you are. So the commands for you. Tell me if I'm right. wrong about this? You probably did you have a really strong connection with them right away? Did you build up to something by using them? How did it go for you?

A **Antonio** 15:12

All my life I was, I was in and out, like, let's say, I could be heart center and mind center, like, you know, I was always say shifting in between the two energies. But when I started with the commands, I understood the aim is to be neutral, neutral state, with your mind. So basically, when you are in the neutral state of being right, that's you. So to me, the aim was achieving the neutral state the all day long. So when I started, that was the only one command that was you know, dropping your thoughts from your mind into your heart. Right. So I did that for about three, four months. Seven, I was working already with that. Because as I said, once again, when you're in that state, you're in good energy, basically. And yeah, and then following as I added, the other commands and things. But yeah, that's how I started.

C **Carrie** 16:23

So what I just heard you say is it took you three or four months before using that one command? You felt was successful? You had made that transition? John? Energy? Sorry, sorry, carry on. Please, please. Sorry. Okay, I'm gonna not because basically I forgot what I was gonna say. I forgot. Okay, we're talking about using the command of dropping your thoughts from your head to your heart. Minds?

A **Antonio** 16:57

Yes, I did that. Because what I started observing how I could be neutral, and how I could actually shift into foods, I started observing how certain foods were not mine would find to come into my mind. So I started playing with it. So that became like, you know, a little game during the day. Okay, so, to me, while I'm walking, I go neutral. And then I see shifting, I was like, no, no, no, no. So I would, again, again, you know, the neutral state. So it became just in and out, in and out just playing with it, when you get confident playing with it. So basically, I'm choosing my state of being, I want to be neutral. So I've got the energy, or do I want to mess about with timelines and so on. And so yeah, that was, you know, something that I started playing with it. That's why I probably went for three, four months.

C **Carrie** 17:57

So at the end of those three or four months, did you feel like you had made that shift? So that you were in that neutral peace state basically all day?

A **Antonio** 18:11

Yet, by choice? Yes, I could. But obviously, I was also understanding that leaving, you know, in a very low frequency reality, sometimes, you know, I will be fine if I will stay by myself in my flight, but then, you know, dealing with other sorts of circumstances in your life, I realize that

was harder to keep, you know, the state, but to me, the transition is ongoing, it never stops, to be honest, until you experience this human experience. My opinion, my opinion,

C Carrie 18:55

well, in your experience, excuse me, in your experience that yes, because I think more than your opinion, it's your experience,

A Antonio 19:04

yeah, because I believe I mean, I believe I I think that we never stopped there is no limit where you can achieve you know, so, you can be in transitional time all the time because there is no fifth dimension there is no sixth dimension, there is no limit. So, to me, I know that I can get higher and higher higher higher. So think about your restrict it comes with constant transition to me, I see it

C Carrie 19:35

so are you still using the commands?

A Antonio 19:39

When I feel like I need to clear probably the environment where I am when I know that there are people around me the posts on the connection affect me because you know you can be friends, Mother Father, whatever. You know if they are all in mind, energy and so on. You know they can affect your life because As you're leaving the same environment, so you know, yes, I'm gonna use the commands once in a while and yeah. Okay.

C Carrie 20:06

So any any guidance you could give our members who may be feeling like, they're not doing it right or they're not getting the results they want or

A Antonio 20:19

are, once suggest more work, I can suggest that people have to stop looking at what he's doing, you know, the person next to him, I think, you know, comparing Yes, comparing yourself with others you have to just observe or compare yourself with yourself from where you were and where you are. You know, so see, appreciate also the leader stepping stone that you're doing. Because not everyone is at the same point, not everyone, you know, as the same awareness and not everyone, you know, everyone has their own stuff. So really, take your time, no rush, don't get, you know, influenced by the time or pressurized by the time and so on. And then yeah, don't do the commands just for the sake of it, do it if you fail to do it. Otherwise,

there is no point. Do the commands on the slot. Slow down when you do them. Really listen to yourself, feel yourself? Don't just repeat them for in your mind. Otherwise, that's not gonna work. Great.

C Carrie 21:40

Tracee, you're back with us?

T Tracee 21:43

Well, I didn't go anywhere.

C Carrie 21:46

Easy. You

T Tracee 21:47

know, I have some questions about what you said with when you're in your head. That when you are up in your mind energy that that's when you can be hijacked? Is that the right word. So if you're out and about and you catch yourself up here, you know, I find that I get up here when I'm being more judgy. Like when I see somebody driving with a mask on or I got really upset because my mom got the fourth shot. And I just get I get frustrated. So I feel like I need to pivot again and get back here, because I spend most of my time here. But do you have a trick on how you can get back here quickly?

A Antonio 22:41

All right, I used to be very judgmental, the beginning of the COVID. And you know, there was a stage of the what I'm experiencing. You need to accept them. And everyone, they make their own choices. Now they've been tricked or not. First of all, I am learning to accept you know, who doesn't understand or doesn't say it or you know, the one that you know, no one is treating or anyone is Antonia no one is caring. So like we need to accept, you know the difference between each other and the choices they make. And that's one of the first thing that you can do. If you look if you try to apply accepting others with through your mind, it will last an hour or two hours. But if you go into your heart, it comes very organically. You don't even have to force yourself to acceptors probably will not even notice you know those things or the body. The trick, basically, when you learn how to be neutral, you know how to go back to that state. So basically, what I'm trying to tell you, it's always your choice. Do I want to go into drama, or I can be just pay my staff.

T Tracee 24:05

Christine said that she learned from one of you guys to say something like delete, delete,

delete, which gets the thought like deleted, so then she can settle back here. So I wasn't sure if you kind of trick like that.

A Antonio 24:23

I do play with with the commands, right? There is one I do. It's a command from creation to remove anything from my mind. That smart frantically from source, for instance. Or many times, I remove a command from creation to remove anything from around me that it's not authentically from source so freely. You can really play with it. Really well. You never get wrong It's with the intention. You know, it's your intention that never gets Fung transform coming from beside the intention.

T Tracee 25:13

Yeah, I with my mom, I just was worried because she has Alzheimer's or some sort of dementia, I'm not sure exactly because, and then I read an article out how, you know, these shots are, are really bad for the brain. And so I just worried that she's just going to get worse now. And so I think that's what that comes from. So okay, so I like those other commands about especially removing things that are around me, because those can come in, right?

A Antonio 25:51

Yeah, think about, you know, we go on these devices, right, and so many other things surrounding us that so many things that we cannot see it. But they really affect our energy field. Right. So really, when I remove anything that it's not authentically from source, Sarandon, I really feel the difference. It really works.

T Tracee 26:17

So how would you describe Antonio here? Before when he started listening to the TED Marr Show, to the Antonio today

A Antonio 26:34

I was ready to die. When I turned on the camera, the first time, when COVID started. I was like, no matter, I have to talk, and I have to tell the world, everything can be in you know, searching, digging in all these years. So there was no fear or anything. So really, the one when you start that's a very good one, you know. Let's say that now, I have things a little bit more clear about, you know, my peripherals. Those are those questions that you have for all entire life, you know, what am I why am I here and so on. So those big questions that everyone as you know, they will own you know, answer. So really? Yeah. And obviously, not only my days in peace, energy that it's like, yeah, obviously, I have some days where you know, other things can affect me. But my days are smooth. I do things, they are in danger. I don't give a damn about anything. I

don't watch anything. I don't listen, I don't read anything. I take my time for things. I work hard. But at the same time, you know, I try to just do what I love to do. And if I'm doing something that I don't love to do, I tried to take the best product. That's fine. And it's

T Tracee 28:23

cool. Carrie, do you want to chime in? Yeah, well,

C Carrie 28:28

I was thinking about your work. And one of the things I discovered delightfully was that the questions that you asked during the podcasts are really very insightful and thoughtful. And I actually took some time at one point to just listen more to you than to Q and over the course of a podcast to really pay attention to how you built your questions and how they how each question built on another. So I would love to know how you come up with those great questions.

A Antonio 29:06

There are mine and other No, just come. They just come. Yeah. Yeah, that was a gift actually. To me a question is already an answer. And also they would come sometimes, you know, when I wake up in the morning sometimes during the day I'm walking I'm listening to music question a question come comes and write it down. You know, lose it. But then yeah, the funny thing is that sometimes they were kind of open to other questions that make sense following it. And I don't know. Yeah, it just came very organically and I'm glad because I know the those questions a lot of people and sometimes even even not, even though I know things. I still play the part like I don't know. Because I know I know. All the those questions if I ask, once again, even though I know that I know that can help a lot of people so many times, you know, I was asking things down already. That is not the point is not by me. So that's why you know,

C Carrie 30:16

yeah. Well, I love it. Thank you for the work you do to however you come up with those questions.

A Antonio 30:23

I don't know.

C Carrie 30:25

Well, I love listening to you just as much as I love listening to Q because your questions, your questions lead to so much expansion, and, and information coming forward. So thank you. Thank you.

T Tracee 30:43

Yeah. When are you guys going to like you were doing the Tuesdays on Facebook? Did you stop doing those because I haven't seen one for a while,

A Antonio 30:51

at the moment is very busy. I think, you know, during this year, and something that we've been playing the live shows, I feel like, Sunday, I'm like that we said everything we had to say. So we're gonna be doing live shows, we're gonna say the same thing over and over and over. So I'm like, Okay, let's wait, there will be more, you know, inspired by assumption. And then we'll do it. By if we feel you know, that we want to go live. I don't want to get, you know, to repeat a lot, myself with the same things. Because I think, you know, there is enough information for people to achieve.

C Carrie 31:36

Just for some feedback on that I have listened to every one of the podcasts that you guys have done with each other. And there's very little repeating, honestly.

A Antonio 31:47

And that was my aim. Yeah, that was one of my repeat myself.

C Carrie 31:51

Yeah. So that goes back to how brilliantly you handle coming up with questions whether or not they come from your heart or your mind or wherever. Because I've been very impressed by the fact that it's, it's always feels new. And I think, also, what you said is I've listened to quite a number of them more than one time. And just as you said, I get more, I hear more, I feel more every time I listen to one. So it's not a static thing. It's an it's kind of always expanding my awareness and my perception. So I really encourage people to listen again. And I listened last night to that one I just mentioned to you with the rock fish, and I was laughing my ass off, listening to the two of you banter and tease each other. You're like, you're like, guys at a football game just egging each other on. And, you know, it's so much fun. And I A lot of times, I will. I said I told you this one time ago, very platonically. I take you guys when I go to bed and I put my earbuds in. And I feel like I'm a que Antonia love sandwich. I've got you both in my head. And I'm laughing out loud all by myself. So I love how you express your love for each other. And that was one of the that was one of the things that really drew me in the very first time I listened to you guys together was it was May last May. And it was this one with the rockfish and I felt so much love between the two of you that I just wanted to get in the middle of it. And you know, be part of it and it comes through. Especially if you listen with earbuds. So I so I so appreciate I love laughing with you guys. And I love how you express your love for each other and how cute expresses his love. For all of us. That's the big gift for me. So,

T Tracee 34:06

the funniest was when when Q said to you, Antonio, when did you realize that you were firstly in the front of the house? The back of the house? Now is

A Antonio 34:20

malarious there was this enormous mess.

T Tracee 34:24

Okay, so I have another question. I really want to focus now on your wisdom and your passion. Okay, so if we could start with some wisdom so earlier today you said something about how they can see what is it the skipping the timelines or something in your in your head hijack the timeline. Can you explain that more

A Antonio 34:53

depressing episode time?

T Tracee 34:55

Yeah, when you're in your head that's when they can get you but when you're to heart they can't

A Antonio 34:59

you Yeah, so Alright, so from where do I start? That's a difficult one. All right. So imagine, right, my mom was one. And so my mom can be a really good place where they can mess about, right. And so, it was probably three years ago, I will see mom that wasn't feeling well. Maybe I would cry, maybe, you know, I will just join the drama. I saw Mom, you know, not feeling well, that she wrote her, and even even levity. And I'm stopping her every time that she fights with the drama, I just cancelled. I don't need space. So what I'm trying to say, the through the people that you love, if they know, if they cannot catch you, they will try to catch you through the people that you care about. So if I joined mama with the drama, obviously, I went on timelines, you know, on the drama, I'm participating, I mean. So but when you recognize it, and you know that you like me. And you know, the emotion comes from when you know the game right? Now, it's all up to you, if you really want to be in the game, and being drama and so on. Is the unlock to it. I absurd. You just got to deal with it. What can I do? Okay. So that is an example. I don't know if he makes sense. But yeah, just go use something that probably makes sense. I don't know if it makes sense.

T Tracee 36:50

So what I'm hearing you say is instead of getting sucked into somebody else's drama, and participating in their emotional experience, you just are more of an observer, so that they can't get you through that. That's correct. Now, I've heard your father say that he lets them come in, so he can destroy them? Yeah. Do you do that as well?

A Antonio 37:16

Yeah, you're talking to someone that never protects himself? Never. I've been protecting myself never.

T Tracee 37:24

So how do you do that? How do you see them that they're coming in to get Yeah.

A Antonio 37:30

Come on, man. Just let's play. I mean, you know, you know, when they trying to, like sometimes, when we had the last live show, myself and Q, there was an August, the first 45 minutes I was under attack, I couldn't put the words together and so on. I knew it, we increase the light while I was talking. And you know, we were cleaning around. And don't forget that there is always one part of you that you cannot perceive that so much work around you. Right that you cannot perceive

T Tracee 38:06

one part of you as an individual that you cannot see

A Antonio 38:09

your multi dimensional, right? Forget about the physical level, your multi dimensional being right. Now in new in this Basu, there is just a little bit of you. But maybe there is other parts of you or the fragments of you right? In the universe, you can have another life as well. You can be here and part of your light body can be 24 hours a day on the light ship, for instance, I'm just giving some examples, right. So really, there is an another part of you that probably you know, is doing other things, or you are not aware of it. Because you're in this body full of limitation. So what I'm trying to say, there, it's not just where you touch, what you hear, and what you say. But there is more. There is more of you in the universe.

T Tracee 39:10

So what have Okay, so that just brought me to two more questions. I want to talk about what the Lightship is, but also what if you just said that there's more parts of you so what if so what if like your normal self that the way you are most of the time is lives a certain way, but every

once in a while, like you're doing something that you're like, gosh, when I'm that way, that's not me? You know what I mean? Like maybe like if you get angry all of a sudden and you're never angry, like I never get mad. But every once in a while I get really mad about something, but then I'm like, Oh my gosh, that's so outside of my character. Could that be because I'm being timeline hijacked or Something like that,

A **Antonio** 40:01

and everyone gets tired, everyone will get hijacked. It's just saying, what I can tell you sometimes we can end things in a better way, when we have more of you into you why the command, you know, the one common spirit to bring more of me into me now. Because all those fragments that I was talking about, or even other life life lifestyle that you have is where you can bring more of you into, but obviously, because we have the genetic manipulation in this body, so we can no receive so much of us into us because obviously, this bone is the beam, you know, created that we cannot receive so much light. All right, that's why we're struggling. So that's why we have to try to remove this restriction. That's why we're removing all the restriction from the DNA and so on. Try to bring more of us in to us. Because where we really struggling is to add more light into that belongs to you, honestly. So yeah, the Commedia ascension time is reducing mind energy and expanding hearts energy. Whereby requires a lot of work. And everyone is experiencing right because we've been so used to be mind energy and not for one day comes to this guy. Okay. Okay. Yeah. Switching this energy. So yeah, but you're going to your point where to your question. You see the you deal with life too much talk to my opinion, when you go more of you into. And so when you don't have enough, like, probably you struggle, and you follow them on? Emotion.

T **Tracee** 41:51

Okay, so it goes like a wave, like sometimes. It's low light.

A **Antonio** 41:56

That's what we do. Okay, Amy, sustaining the high frequency. That's what we have to aim.

C **Carrie** 42:04

So, as we're doing the command, as we're doing the command to bring more of us into us, when we do the command, we're bringing it in, how do we keep it? How do we keep what we're bringing? You know, is it? Is it what Tracee saying? It's kind of always waxing and waning? Or do we have the capacity actually to start increasing it permanently?

A **Antonio** 42:28

All right, I can talk to my by, you know, the experience that I'm experiencing. Alright, so first of all, to my, to my opinion, you got to remove, always things that are not belonging to so. So in the morning, in the evening for myself, to my opinion, you wake up, I command my spirit to

remove anything from me that it's not authentically me now, or it's an authentically from source. Why? You know, already, because while we're sleeping, maybe you know, your spirit goes and travel and so on. So you can get things in you. Alright, so if you don't remove that, that's the first thing they you are struggling to do additions to my opinion, right? So you start with that. Then yeah, you hug people, you shake people's hands. You blow these devices, you got satellites, you got so much, right. So if you don't keep up, you know, with being neutral, your spirit goes because there is another energy they suppressing the god energy, which is the mind energy suppressant, right? Because if you imagine, okay, so I wake up, I don't do the removal, right? So I go to entities and maybe because I was sleeping, or something came into my brain. So I wake up, as that we will mind the energy associated with the social nanananana you start doing good. Okay, so what happens? Your spirit goes is an energy field, don't forget, right? You know, it goes away the experience elsewhere, or jumps on other timelines, because probably the bad guys elsewhere in the universe, they're using your fragments everywhere you know, and using your new spirit on timelines that you are not aware of it by affecting your life. So the work is very simple, straightforward. Just you know, be consistent, removing things from your search, then bring more of you into you. When it's more of you into you. I command my spirit to expand my light duty. To me, they are just for just for on a daily basis to myself, Hey,

C Carrie 44:37

can you can you say what those four are? Of course,

A Antonio 44:40

I can say. So. I command my spirit to remove anything for me that it's not authentically me now. You say 234 times you just do your certfied then I command prime creation to remove anything From around me, that's not authentically from source now. All right, I command my spirit, to drop my thoughts to remove my thoughts from my mind and drop them into my heart now, or you can say I command my spirit to remove anything, from my mind that smell authentically from source, I do say to so it's up to you, if you want to say it. Then I command my spirit to bring all of me into me now. I command my spirit to bring more of My Spirit into me now. Alright, when you're done those, then ego I command my spirit to expand my light body now. Beautiful to me. Makes sense. Because first you remove everything that doesn't belong to you. Right? And then you bring more of you into you. And then when is more of you into you, you expanded to me. Makes sense? Right?

C Carrie 46:03

Yeah. Thank you. That's perfect.

T Tracee 46:06

Yeah, well, I have to share that one. Yeah, yeah.

A Antonio 46:09

So please, sorry, I'm sorry, Tracee before you can say, once again, there is no number to say like, you know, to a one. So free. Just feel it. Right. You get what I mean? Feel it yourself. If you need more, just say, but yeah. Thank you.

C Carrie 46:31

No, thank you. That's perfect. I love that. very succinct.

T Tracee 46:38

So then the Lightship, you mentioned the Lightship a little bit ago. Can you explain that when you're asleep? Sometimes you or even I think you said when you're here president you can be part of you can be up in a Lightship. Can you talk about that a little bit more also, like when you're sleeping, and you're outside traveling? You just said that too? Can you talk about both of those, please?

A Antonio 47:00

mean Yeah, before you go to sleep, you can put intention to be on the right ship and that is your intention. You fall asleep as your command prank creation, particularly to the Lightship command. I mean, prank creation. That's me and my spirits, right? You clean yourself, you clean yourself before you fall asleep. You put the intention and the Buddha.

T Tracee 47:24

The first time when we did the q&a, I asked about how I don't usually remember my dreams. And he says, Well, do you remember them last night? And I said no. And he goes, Well, that's too bad. And I started laughing because he had been talking to me prior to that about going up. Okay, so I assumed that's what he meant, but I haven't spoken to him since. So I have no clue. So can you tell me a little bit about that? Do you know anything about that?

A Antonio 47:53

When you can remember things?

T Tracee 47:56

While Were you there when I went up? And

A Antonio 48:02

look, let me tell you the good guys and the bad guys. They both looks like they have some intention. Do not take too much from what we experienced there, too. Hey, that's my opinion

intention. Do not take too much from what we experienced there, too. Hey, that's my opinion. The good the bad guys for sure. They the one year. So what do they do? They wipe they wipe your memories. As soon as you wake up. You don't remember anything. To me? Yeah, they go very aggressive because obviously they don't want you to realize what you're capable of. To say, you know, they watch they watch your mind. Look up see my mannequin.

C Carrie 48:45

Yeah, I don't remember anything. So, Tonio. Do you remember from your Lightship experiences now with all the work you've done?

A Antonio 48:56

I remember some beautiful moments. Then all the rest, I will keep private. Yes. Do you remember? The second for the fourth time? There was fun. It was great. There was my niece. I asked him every mammals.

C Carrie 49:16

I asked to go every night pretty much and like I said to Cuba at one point, he's anyway I said, I want to go all the time. He said Be careful what you wish for you may not come back. But But I got I asked to go every night. I do commands to remember when I come back. I do commands to you know, figure out how I want to experience being there. I remember nothing about being there. So is there something we can do to increase our ability to remember when we come back?

A Antonio 49:58

Yes. So you can try. But like this is, once again, my opinion. I think we are right in the middle of, you know, very important stuff. Right. And I think it's for our own safety, do not get back, what are we experiencing over there? That's my opinion. Maybe I'm wrong. Maybe I'm wrong. But it is a very busy place right now up there. A lot of things going on. So probably no is better if we don't remember. That's what I can say. But, yeah, if I wanted to know if you would come correct me on that. But that's, as I said, once again, my opinion, then

T Tracee 50:50

I'm gonna trust you.

C Carrie 50:53

So we're having experiences there. And they're good experiences. We're just, it's just not time for us maybe to be remembering all of it?

A Antonio 51:04

No, no. As I said, once again, there are a lot of things going on. And probably, you know, obviously, if you work within yourself being more of you into you, and the more new to probably what we really get from there, it's the knowledge because that place, you know, is a very good spot, you know, to get your knowledge back. Because obviously, you can go to the Learning Center, obviously, it's a high frequency reality, it's a high frequency universe, you deal with, like beings and so on. So really is the right place, you know, to get more of you. So, yeah, rather than the memories, I will focus more on getting our knowledge back from these experiences. Okay.

T Tracee 51:51

You posted recently, though, about the memories. I've read that. So I got confused. Because I remember maybe a few weeks ago, you said, Stop worrying about remembering all the matters is now and then all of a sudden you're posting about the memories. And so then I'm a little

A Antonio 52:09

confused. Woman's Well, memories. Well, memories, I didn't share anything. Probably the knowledge? Yes, she's the knowledge Yes. But does it really matter if two dozen years ago I was x a y x x Mr. X. So y Zed word that's really met. But what I want is the knowledge you know, all my lives. Obviously, I go my knowledge when I'm outside of this body, but what I'm really aiming is the knowledge. Okay, got it. This body? Yes, the memory is my knowledge, but not the memory of that served me to know I was Mr. X novel.

T Tracee 52:57

Okay, that makes sense. So that way, if you could accumulate knowledge instead of having to relearn to remember everything over and over and over,

A Antonio 53:05

when you asked me how do you buy loci? It's a knowledge I have.

C Carrie 53:11

It's not, it's not accumulating knowledge, it's getting access to the knowledge we already have.

A Antonio 53:17

Because we've got those restrictions there. You know, we just need to get rid of it. Right?

T Tracee 53:21

Cool. I love that. So I wanted to kind of segue a little bit into your purpose you you said a minute ago or a little bit ago about how you know you are wondering what is my purpose what am I here for and all of that so what what do you find purpose and passion in right now? And what do you feel like you're going to be doing like I've heard you say about his play areas for children of all ages, you know, like because amusement parks or recreation and all of that were no cell phone just lots of fun, what do you see for your future? Like your future passionate purpose and then I know you must be getting a lot now. So can you talk about both of those

A Antonio 54:16

helping the cause supporting you know, the process I always I was always a person that I will fight for the one next to me that was my big fight or you know how defend always the weak one I will never chase the money my life was always you know, the one that so yeah, I was getting always upset you know, when I will see. The one they couldn't defend themselves, you know, in any any any part of society. So, yeah, really, my purpose now is just that the helping hairpin spreading fire spreading the fire. That's what I asked to others. Anything that you experience in our understanding about yourself or learning about yourself, just spread the fire. This is the time where we wanted to, you know, go on the field and playing their own part. This is time for action not for waiting, or expecting others to do things for you doesn't matter if he's Q is Antonio curry person, everyone has to work to play the part. And yeah, you know,

T Tracee 55:36

yeah, you're doing a great job. It's hard to get in with you. Every time I click on the calendar, I get people requesting your calendar links all the time via email, and I send them the link and I just say good luck. Yeah,

A Antonio 55:52

I mean, I really enjoyed to do that. Yeah, I really enjoyed my sessions, when I do them by myself, I really like to focus on more than the practical side of you know, how to work with the commands. And because at the end of the day, we really I see as important that you learn to work within yourself. So it's very easy solution. It's easy. So yeah.

T Tracee 56:25

Well, you'll be happy to know that when we answer an email, and even when Ron does his q&a, we are always referring to that, like, somebody will ask me a question that I won't want to answer because it's their thing, right? And I just say, go look in the mirror, and go into your heart and ask the question, and when you have your answer, come back and let me know.

A Antonio 56:52

You wash your hands.

T Tracee 57:01

But But then that way, also, I feel well, number one, I'm a good student. So I do listen. And number two, I feel like people, when they come up with their own answers, they they buy into it more than if I just tell them what to do.

A Antonio 57:18

Yeah, that's correct. Yes. Yes. Yes.

T Tracee 57:22

So Carrie, I feel like I've watched you ask some questions. I know you have more questions, because I've been monopolizing.

C Carrie 57:29

No, no, we're all in this together. The other thing, if we give somebody an answer, it's just as meaningless for them. Because it, it has to come from outside inside, it has to come from self discovery, or it's just words, it's just more noise. Right. So I love I just want to share with you how impactful your podcasts have been. And for so many members, I mean, they're posting so much appreciation, and I want to pass that on to you. Because you're the one you know, we know who Q is and we know he's you know, got a lot of information for us. But the way that you work with him the way that you are with him just draws out so much incredible information and we could just get so much appreciation so I want to pass that appreciation on to you because I know you don't see it, you don't hear it because you're not hanging out you've got more things to do than hang out in our rooms. So for the people who are really working, because there's a lot of them that are really working now. And one here's one of the cool things that happened is you know, we did our first session with Q and that we posted and there were millions and millions of questions and all these concerns and everything that we did the second one and it was just appreciation no more you know, it had shifted so beautifully to wrapping themselves around the information and the gift and that's really where I'm my greatest experience is being gifted it's like you guys give so much love and the information is fabulous. The love is incredible. Just incredible. So yeah appreciation from I'm offering that to you from everybody in in our community

A Antonio 59:41

you know guys can I tell you something guys? This is non Tonio judging. The all of you guys they you know, you've been so much trying to achieve something right When I started, go to my experience, and then why I'm relating this to your experience of what I could just perceive not from you to but from the group. Right, right. As I told you, at the beginning of this conversation, three years ago, I turned on the camera, I was ready to die. I was talking about,

you know, child trafficking and things. You know, in Italy, where people never heard about this stuff. I really, I expose so much myself, you know, those days. But what really was pushing me to do that was my passion was my desire for the truth, and whatever. So that took me where I am now. You know, I found my father, I got resources, and helping so many people, I love the show, you know, with you, and so on. But when I started, I didn't even think about, you know, I want to do so one of the house just doing it for the love for the passion that was expressing it. And then everything just came into place. So many times I hear, but I'm waiting for the money to start. I'm waiting for the line to start. I'm waiting for the minute to start. Why don't you start anything that you're passionate about, you want to help? You can even start helping your maybe you can even I don't know, do you want to be in the village, just being a man the ground facility in the middle of the forest, with just natural, natural, whatever you find in the forest, but there is almost a starting point, if you really are passionate you really are. If the passion is not money, that's gonna make your passion to grow. Because it doesn't work like that. So yeah, this is a message for all of you know, the member, or members of the no one society. Obviously, that's me, and no one you know, think like me, think like me or do what I do. But that's just an advice, just start doing anything that you really love. And don't wait for the money to come. Because it's not time time for waiting, waiting, waiting. This is time for actions.

C Carrie 1:02:32

Yeah, then the waiting, you know, because we were part of one of the sessions I did, well, a three week period of time where I was struggling with purpose. Because it was because I was fully focused on doing this not on being and it was such a beautiful process that you both took me through getting to reconnect with the purpose of my being who and what's my purpose, my essence what makes me smile, what makes me happy what what makes me give and it's not about doing and it's not about the money and there's so many of us I think had it backwards which is what Q said to me, you know, if you are living out of your passion out of your heart then the resources come behind that it can't be the other way around. And that was such an incredible lesson for me and and transformation was transformational

A Antonio 1:03:34

by Thank you for giving this space to say that because yeah, it's just something I noticed and wanted to highlight

T Tracee 1:03:45

what other pieces of wisdom do you feel like you want to share with our members?

A Antonio 1:03:54

I don't know. You know, really I don't know because as I said everyone needs to feel worthy really passionate about I can't you know say you know do this do that. I'm not want to tell you what to

T Tracee 1:04:13

do. It's not really about telling what to do. It's a maybe about sharing how you live on to your highest enjoyment. Like I love going to the beach. I love going to the gym. I love hiking. I love waking

A Antonio 1:04:31

love to do yes. Yeah,

T Tracee 1:04:35

I look forward to it. Like I just love looking forward to getting up and having a cup of coffee.

A Antonio 1:04:40

What I would like to remind everyone that this is an experience that we're having, and we're dreaming. So really, if you think about the everything is temporary we just have an experience. We just you know try, not we we create, we create universes, we just create It's in our own reality. I mean, there is no time for drama, if you think about it, cause this is just a fucking experience. Now just make the best of it. That's what I can say.

T Tracee 1:05:13

So right here, you say, this is a dream that this right here is a dream. I've heard you say that right? Yeah.

A Antonio 1:05:19

Yeah. We you, you both in when you're sleeping, when you're saying away, you buffs you both time, you're dreaming.

C Carrie 1:05:36

So on that dovetailing off of that, Kuhn said, this was something took me a while to wrap my brain around. He said, there's nothing behind you until you turn around, kind of fits into what we're talking about here. So so we are creating it, you just said it, we're creating universes, we're creating our universe. So

T Tracee 1:05:58

how, how do we

C Carrie 1:06:01

better wrap our head around that concept that there's nothing behind us until we turn around?

A Antonio 1:06:09

It's so funny, because I was just thinking about two days ago. And I was actually extending this question. But I came to a conclusion. So I am now in this room. Right? Right. So now I am in this room, and I can start thinking about magnesium. Well, that is owed. ago, the other the other the other? No, you can start thinking about all of that. So what I'm doing in this reality, I'm including all those things in this room. Oh, man. So to me, I'm creating the reality. That's my opinion. That's what I could come with. This is what I could come with. Because okay, I already got environment. Now in this environment, what do I want to pull in this environment? Drama, or I want to listen to music, I want to dance, I want to scream, I want to cook, I want to work out. So you have the environment. But then what do you want to put in the environment? It's up to you. Now, the energy that you want to fill the environment is mine the energy, it will come with low frequency environment? I do. I do use my heart center. I create this room with high frequency environment. That's the explanation I can give to that. Okay.

T Tracee 1:07:43

Just like your dad, it's so esoteric. It's just like, Ah

A Antonio 1:07:52

well, to be honest with you, I just keep because I was thinking about that. It's like, okay, but next room is already made by someone else, right? So I thought the environment of the, alright, I already got an environment, solid environment, right. And it's the wallet there is everything. So it wasn't me to make it. But when I go over there, that's my individual reality that I'm creating it in there. Because then as I said, I will include the things that want to pull in the reality. This is RSA by Will Mr. Q to tell me more about the work because

T Tracee 1:08:24

when you look in here, you know, you can see what's behind you like I'm looking in there, and I can see this. Right. Yeah, yeah. So I know it's there. So how, you know that just that's a hard concept. For me. It is hard,

A Antonio 1:08:39

but you know, because Mr. Q. So basically easily with this experience, there is more on the other side of the fence. So sometimes I have to remember remind him. Look, you are more on that side. We are more on this side. Some of us right. So don't forget the things for you that

make sense over there. On this side, sometimes they don't make sense. So yeah, we have this conflict all the time. That's fine. But yeah, by the way, I will extend this question.

T **Tracee** 1:09:16

Okay, that's awesome. Um, I was just going to ask some personal questions next. Carrie, do you have questions that you wanted to jump in with or do you want me to do? Yeah, go ahead. We'll see where you going. Okay, Antonio, this is kind of just like a fun little section that I used to do all the time. What's your favorite food?

A **Antonio** 1:09:44

That's a very tough one. But obviously Italian. Maybe spaghetti with lobster.

C **Carrie** 1:09:55

Oh,

T **Tracee** 1:09:57

that's good. never had that before. What's your favorite beverage?

C **Carrie** 1:10:05

Wine? What guide? Red White?

A **Antonio** 1:10:09

Depends. Maybe go for a prefer white. But also it just depends.

C **Carrie** 1:10:19

Depends on your meal. Yeah,

A **Antonio** 1:10:22

my mood. My mood what time today

T **Tracee** 1:10:29

if it's cold out I'm like if it's cold out I want a heavy read. If it's warm out I want like, chill dread

or a white.

A Antonio 1:10:39
Even though two glasses so wine a good Trump

T Tracee 1:10:46
crowd Yes.

C Carrie 1:10:47
We'll have to remember that.

T Tracee 1:10:52
Yeah. What's your favorite color? White? Your favorite book?

A Antonio 1:11:00
I never read the book in my life.

T Tracee 1:11:02
I sent you a book. Did you not read it?

A Antonio 1:11:05
I didn't have time. You know, you know why I didn't have time, right? You can't imagine.

T Tracee 1:11:08
You're only supposed to read one page a day. So

A Antonio 1:11:12
trust me, I started and then you know, everything is just

T Tracee 1:11:16

T Tracee 1:11:16
yeah, in blue pie now. What is your favorite way to spend free time?

A Antonio 1:11:22
Sleeping?

T Tracee 1:11:26
You know, get enough sleep. It's like a love in there, right?

A Antonio 1:11:30
No, no, I love sleeping alone. Listen to music going to Jane.

C Carrie 1:11:35
What's your favorite music?

A Antonio 1:11:37
As music afro. Afro beat. Tech cause I'm a musician. So to me the music is good is good. So what do you play? Drums since I was a little kid I can play. Now I'm not playing anymore because otherwise they kicked me out of my flat in London. I can have you know the key to my flat so yeah. One day, I will again. I also like to DJ so Yeah,

C Carrie 1:12:11
fun,

A Antonio 1:12:13
huh? Yeah, I love it.

T Tracee 1:12:15
So what's your favorite workout at the gym?

A Antonio 1:12:19
Hmm. What parts of my body? Do you mean? Oh x

Hmmm. What parts of my body? Do you mean? Oh x

T Tracee 1:12:23

is a strength so strength training. Or cardio.

A Antonio 1:12:27

He means boring. No cardio is boring. By once in a while you have to do it by like to work on the chest on the shoulder.

T Tracee 1:12:35

Typical guy I like deadlifts. That's my favorite move. But I

A Antonio 1:12:42

also like to go to swim you know when the weather is good when it's not too cold. Oh, yeah. But you know, it takes too long you know, in the pool, you know, you have to go you have to change yourself and then it's too much. It's way

T Tracee 1:12:55

too much. And when you get my age, you get goggle imprints that last four hours worth it it's awful. I just said forget. I've done three triathlons and the first one was a long one. The second one was a medium one and the third one was a short one. I realize it doesn't matter the overall distance it's that first five or 10 minutes and that water kills me every time. Oh my god. hyperventilate, awful. Okay, so you like strength training? What is your favorite movie? Oh. Or genre?

A Antonio 1:13:46

There is no the one.

C Carrie 1:13:50

One, top three. Top three.

A Antonio 1:13:55

Top three. All right. Yeah. The one with Denzel Washington when he used to be a boxer back I remember that. He added a hurricane something like that. Atticus advocate hurricane, something like that. I can't remember the name of it

something like that. I can't remember the name of it.

T Tracee 1:14:14

Oh, I know when you're talking about he

A Antonio 1:14:16

goes to prison the basically has not committed the crime. He does 25 years of prison for nothing. That one is a good one. Then obviously Forrest Gump even though the right filming so yeah, he did a very good one. I can't I have to say it Catch Me If You Can.

C Carrie 1:14:42

Like that's fun. Yeah. I like that one. That's fun.

A Antonio 1:14:47

There are many the those three years

T Tracee 1:14:52

what brings you the most happiness like what do you look forward to doing more than anything? I cannot see.

C Carrie 1:15:00

Oh you said no right there

T Tracee 1:15:14

that is hilarious All right. That's a wrap. Besides that, what's your second favorite thing?

A Antonio 1:15:36

Traveling? Yeah, no, I really, I love to be by the same. Yeah, you know, I can be for hours and hours and hours. listening, listening to music can just, you know, see in front of the see something that can be doing, you know, forever. And I really enjoy it. Yeah.

T Tracee 1:15:56

Yeah, I go to the beach Christian came with me a couple of weeks ago. And I go on like a three mile walk. And then I come back and I sit and I just stare at the ocean for like an hour.

A Antonio 1:16:08

Yeah, yeah, I can be doing that for for gave me some years you can that can be.

T Tracee 1:16:15

Yeah, the oceans my music. Yeah was around. Yeah, I agree. I just love it. carry anything else for you? It's getting late for him. It's like 1115 I think, isn't it?

A Antonio 1:16:27

No, it's 1015. No, this one is the English one. Yes, yeah. I had to buy a watch, right? Because otherwise I get confused. You learn 15 Because I got the English one on my computer. And then I got the Italian one on my watch. Confused.

T Tracee 1:16:51

Julie, are you in?

A Antonio 1:16:53

self? Self.

T Tracee 1:16:58

So my husband said that I've been I went to Italy once a long time ago. My grandma, my grandma is from Sicily. So I am dying to go back and he said, Okay, we can go next year.

C Carrie 1:17:11

All right. Well, you know, I was thinking we all want to meet there. How about that? Let's have a party.

T Tracee 1:17:19

Oh, that brings me to another question. When I first first had my first appointment with you. It was July 7 ish, somewhere around there. Uh huh. And I was told that someday soon. He won't have to hide behind a camera, but we'll actually be able to meet in person. So like we can I

have group hugs and all that. Yeah. Do you remember that? Yeah. So are we getting close?

A Antonio 1:17:49

To handsome yes to hide? To a girlfriend and mom. Okay.

T Tracee 1:17:56

Well, I'm married. So it doesn't include count for me. But I just am wondering. Because, you know, like, Carrie is the first one who said, and I know, you know the story. But she's like, you know, when you guys I guess wanted to work with Lavon society, she came to me. And I was just like, yeah, right. Like, it seemed too good to be true. Like, I was in disbelief. And she's like, No, no, you got to just listen to this video. And instantly, I was like, Where have I heard that voice before? Like, it was so intense. And I was like, I mean, I did research on like, I know this voice. It was so intense. So I said yes, immediately. And I told Ron, we've got it. We've got to figure this out. So So I told Ron, listen to this video, you know, and here we are today. But yeah, so what do you think? Are we getting close to that moment?

A Antonio 1:19:04

One moment today, everyone,

T Tracee 1:19:06

we can be together for reals.

A Antonio 1:19:08

Stop visualizing it. We're laughing.

C Carrie 1:19:12

I visualize it all the time. Of course. You're already there. You're creating it. You know what I'm creating. You've been there. You've heard already time, folks. It's the you know what? I'm gonna say this out loud here. You guys are the best party in this universe. Hands down. My favorite place to be my favorite people to hang out with it. And it's only gonna get better for all of us. It's so incredible. Back to such a gift, such a gift so

A Antonio 1:19:59

you're All law you all are. Everyone is everyone, everyone, everyone?

T Tracee 1:20:05

Well, it's gonna be wonderful. I can't wait to we actually have our live directors training academy and we have that going to be popping over all over the place. So we can visit everyone across the world. That's going to be fabulous.

A Antonio 1:20:19

That'd be nice. Yes. Can't wait.

T Tracee 1:20:23

Do you have a project after all this is said and done.

A Antonio 1:20:27

Yeah, turning off the internet. Other one. I speak 21 anymore. I just wanted to be in peace. I want my three hours. I don't want to hear from no one. I want to have my 56789 girls around me. That's when I'll be spending all of the rest of my days like this. I don't disturb the please.

T Tracee 1:20:47

A harem. He wants a harem.

A Antonio 1:20:52

No, but you know, they have to be tried to not. Yeah, projects. Just keep happening. Just keep keep hoping. I know. I know that there are some good things coming up. When how. But things will get better. And very nice. So we have a lot of fun.

T Tracee 1:21:15

I'm so excited every day I drive around and I'm like, Oh, I'm gonna do this. And this whole dry road areas gonna be planted with flowers and fruit trees.

A Antonio 1:21:26

Good visualize. Yes. That's Yes. Oh, I

T Tracee 1:21:29

always visualize We live near a mountain and it's like dry like because of course, California's

always visualize We live near a mountain and it's like dry like because of course, California's worst droughts, you know? And I'm like, oh, it's gonna be good. And I want to plant fruit trees everywhere. You know,

A Antonio 1:21:44

to have a better internet connection on your in your? Yeah. Oh, I'm so sorry. So don't forget.

T Tracee 1:21:55

We have lots of internet around here. You can't believe it's really bad. I have stickers on everything to kill the wire.

A Antonio 1:22:04

That's bad.

T Tracee 1:22:06

But we live out in the country. We have no hardwired internet. So we have the Starlink. You know Elon Musk. We have. We have multiple things but still doesn't

A Antonio 1:22:18

help. It's very hard to find a place right.

T Tracee 1:22:22

Yeah, you can't get a and we're never going to move. I mean, so we have what to bring here. Now. My husband will not move. No way. Okay. He I've

A Antonio 1:22:33

said Would you would you move or would you stay there?

T Tracee 1:22:37

I love my home, because we raised our children here. But I would like to live at the beach. So what

C Carrie 1:22:47

Carrie 1:22:47
else? Yeah, you have to

T Tracee 1:22:49
if I had $4 million, I mean, beach house was very well

A Antonio 1:22:53
you can live in one house and your husband can live in another house.

T Tracee 1:22:59
I love my husband. I love my Oh, let me tell you a story. So he went in for eye surgery. Yeah. And two doctors said you have the extensive testing. Okay, both doctors. You have a partially detached retina. I was doing commands on him to heal and restore his body increases lifeforce energy. He goes in for surgery a week ago. No detach right now. Well, I think it's the the commands.

A Antonio 1:23:36
Did you ask permission to do that?

T Tracee 1:23:39
Oh, he lets me do energy healing on him because I do Reiki and

A Antonio 1:23:44
so yeah, yeah.

T Tracee 1:23:46
I'm on it. I have I had this, like a big mole on my side here on the side of my ribcage. And I always do the remove everything in me that's on authentic me. And that's almost gone. Wow.

C Carrie 1:24:05
Yeah. So they work. Yep. And I had on my hand that I got rid of with the commands. Yeah. Wow. That was the first thing that really got my attention. Wow. Almost a year ago, because I it just kind of came up out of nowhere. And I when I did the research online, came back, it's

incurable. And even if you remove it with surgery, it's going to grow back and I was like, Well, what? So I just started doing the commands and it's gone. Wow. Yeah. So they work. Yeah, absolutely. And the kicker is, we need to know that there. It's going to work.

A Antonio 1:24:49

We can't so that's the thing. If you Sorry to cut you off, is if if you got I don't know a person that you want to pay. And let's Say that you did the thing, right? Trying to find the person. And if that person has the doubt that was sealed, it's not going to work. Right? Yeah. So really, it's the same thing for the man made bed right there. Hear about all that, but, but once again, it's only my opinion, I got the feeling that if you go into med bed and you're doubting that the med bed can heal you, it's not going to work, because it's in between you and the med but your consciousness or whatever. So really, once again, we go back, you know, it's, it's almost up to you.

T Tracee 1:25:41

It's like the opposite of the placebo. Right? The placebo effects, they believe that these stupid sugar pills are actually going to help them. Right. And then they get help with the placebo effect. But it's the opposite. Right? So if you don't think it's going to help you, then it won't help you.

C Carrie 1:26:00

Yeah, there's, there's actually a name for that. It's called the nose. Really? No. SIBO plus, yeah. Yeah, there's really a name for it. And I, I read a study where a gut and this is a classic example. Doctor told the guy he had cancer, and he was, you know, had X amount of time to live.

A Antonio 1:26:20

The movie. That's a movie, right? Well,

C Carrie 1:26:23

I'm sure there's a documentary about it, which, which I saw, and the guy died and they did Topsy on him. And there was not one cancer cell in his entire body. He believed himself. That's

A Antonio 1:26:37

correct. Yes, yes. Yes. I was watching a movie. I actually watched the movie there was. There was there were two guys. One was one had the cancer one didn't have the cancer anyway, it shows that they mix up the Yeah. So at the end of the movie shows the one that didn't have

anything. Go the cancer died. The one that had the cancer at the end of the movie. He was still alive and because in the West,

C Carrie 1:27:06

he didn't buy into it. Exactly. Yeah.

T Tracee 1:27:09

Yeah, I know somebody who went for a pap smear. And they said, Oh, wow, that's crazy. Your cancers gone. She's like, what cancer? Well, last year, the two years before, whatever last time you were here, you had cancer. And she's like, nobody told me that

A Antonio 1:27:32

right? Yes. You see?

T Tracee 1:27:35

Yeah. Yeah, that's, that's funny. That actually works. It even worse for surgery. There was a study with knee surgery, this doctor wanted to figure out what procedure actually had better results for his patients. So he did a no surgery group where you just open them up and you know, stitch them back together. And then what procedure and procedure B and all three groups had the same results, even following up 15 years later. Yeah. So you're it's like with the your mind. What you believe

A Antonio 1:28:10

it? Yeah. Well, you believe it? Well, you know, it's different. But yeah, it's once again, you know, you create you create creates

C Carrie 1:28:19

every second every second, we're creating it.

T Tracee 1:28:24

Yeah, that's for sure. All right, Antonio, I just want you to know how much I appreciate you. Thank you so so, so much for honoring Carrie and I and the rest of the members of loved one society. I love that you help all of our members with the appointments and that you took time out of your insane schedule to spend time with us today.

A Antonio 1:28:48

was my pleasure. I really enjoyed it. Thank you