

Q and A with Q - August 22nd

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SPEAKERS

Ron Giles, Q, Tracee, Tracee Gluhaich

R

Ron Giles 00:00

I would just like to say some ideas, because I've had people, not a lot. In fact, very few who have problems with Q is the one that we know and have invited to this call. There's, there's a way that you can understand who it is and where the higher realms have certain ways of behavior. And in those ways of behavior, you can identify people who, who know the neighborhood, I don't know, no, the hood, whatever you want to call it. And there are certain universal laws that they will not break. And one of those is the fact that if I was to ask you, like, I asked my guidance systems from the Alliance, what about this person? Well, I'll say what my guidance system says First, they say, What do you think about it? Well, the idea is what and so I get to start talking about it and kind of expressing my thoughts and my feelings. And in doing so they're assessing my understanding of who that is. And then if it's correct, and they'll say, Well, I like the way you're talking, I like the way you're thinking. Well, one of the reasons that I know that Q is legitimate, is because in our personal times, he's done that with me. I talk about certain people. And you know, I asked him about an individual talking about what I perceive to be military deception. And so I explained my understanding about that. And he's not a bad person, he's just doing what he's, it's part of the game. And military deception is a very effective way for the military, or for as we are in war. That's the way that they, they do thing, military deception, which way you're going to turn, I'm going to turn left. Well, now you've just told the enemy that your boat or ship out in the ocean is turning left. And they'll line up their submarine sort of thing to get to get a good shot here. So we don't talk about things, except for in a military deception. And that's why I've always said, when the alliance is ready to do the redemption appointments, you're not going to be told anything about it, it's going to be a surprise. And anybody who said was going to come in 800 numbers and emails, they don't know that. That's what they have heard from other people. And so what they have heard from other people, did it come from the lions? Well, if you asked me, I'll say no, that's not because they've said they don't. So that's what that's the way that I saw that military deception. It's a very effective tool. And we do not need to know why what's going on with the war. So they give us military deceptions. And we, it's our responsibility to know, to hear and feel what's going on. And so if you have the ability to talk to offworlders or higher beings, then you say, Well, this guy does has to say something that's to confirm something that I'm feeling military deception, and we have to take that into consideration. We're at war, Jeopardy. Anything we say, can be used by the lot by the bad guys to get a leg up on our military. And so they don't give us

anything that's really, really going to be true. And thank you so much for your patience this morning. I know this is very pressure, this kind of pressure is hard to deal with. We're going to be fine. We're going to be fine so everything's okay. Following up what I was saying, and then I'll introduce Q has treated me and my question and answers and so forth. Just the way that my spiritual guidance through the Alliance treats me it's the same Protocol, do you mind if I do this, I like your way of thinking. Those are the kinds of things that we can understand from coming from the higher realms, individuals from the higher realms, it's a good way for us to understand. And the worst part about it is we are in war and things have to be different. Otherwise, you could come in here, and there'd be no problems, that he can talk to us and so forth. And he's going to do that today. And there's been no problems. But you'll notice certain things about the questions, if you ask a question about an individual, as a good or bad post a very difficult question for him to answer because he needs to know how you think about it. And see if there's some commonality or something, they're always looking for the good, they're not looking for the bad in people. So we have to understand there's a different way of communicating. And in doing so, if we tune into the right way that the communications are coming through to us, then our perception of what's going on will be so much greater. And our understanding of what he was saying is going to be that much greater for us on a personal basis. And there's a over 800, or whatever number of people on this call. So I would like to welcome Q into our conversation into this question and answer period. And extend my love and appreciation to Him for who He is. And what he's trying to accomplish of what public side on level one society is meant to be as far as the alliance is concerned. And as far as the heavenly realms are concerned, love won, society is a major factor in what's going to take place in bringing forward through the golden age of mankind. And that's why queue I believe, is here with us. I believe that this is why we are tuning into him so effectively, so lovingly, and accepting who he is, and welcome him and to be a part of our journey towards human kind of terian work and towards love won society and towards the golden age of mankind. And so cute, I just love and so appreciate you. And I'd like to turn the time over to Carrie, and Tracy for the questions and the answers and who's going to come but then I'd like to turn the time over to you Q to go ahead and answer the questions. Thank you for coming.

Q

Q 08:01

Thank you for having me. It's such an honor. Thank you, thank you, thank you. It's, it's such an incredible introduction. And thank you, Brian, I just cherish every moment I get with you and Tracee and everybody else and love won society. And I again, I consider you all peers and experts at many things that I continue to learn about here. And again, I just cherish this connection with all of us. It is unbelievable how sustaining this energy is. And the tremendous momentum that we have is so exciting to me. My endless love to you all, please proceed how you'd like,

T


Tracee 08:50

the way it's gonna work is this and we're testing this out to see if it works well or not, because we're not really sure. Right? So I'm gonna read a question with a person's first name and country just to make sure that you know, it's you if you want to add something to your question, then please let me know. Bye, guys going to where it says reactions and then changing your what is the word? Changing your status to raising your hand. So at the bottom of your zoom it says reactance raise your hand after I started reading your question. If you want

to add something on, then we will be able to see your hand raised in the top but don't put your hand up if I haven't read your question. Yep, please. I have over 300 questions. So there's no way we're going to be able to get through all of this. Okay, can you guys hear me somebody's like no audio hear you. Cool, thank you, Carrie. I'm gonna go ahead and turn moderation over to you. So if you can continue to let people in and make sure people are muted if necessary. Okay, my dear. Yeah, I just can't I can't do all the jobs at once. Yeah, obviously killing me. Okay, so I'm making you the host. Thank you for your patience, you guys that I've never done something like this before. It's a little crazy. And I appreciate all of you who asked short questions, and you will learn why later today. Okay, from Daniel in Australia, could you comment on the role that plant medicines spirits, such as Ayahuasca, cacti, mushrooms, psychedelics, how? What do they have to play in the awakening of humanity and the healing of humanity's collective trauma?

 Q 10:54


Hmm, that is a really fun question. I don't get that one very often. I'm delighted to talk about that as we're all we're all relearning. Again, if I was to summarize, summarize, our re education process of when we when we grow something, and we love it, when it grows, and then we, we digest it, it actually gives you that love right back. And so a lot of gardeners already know that. In regards to raising their own vegetables, compared to when they buy vegetables from the grocery store. That is the natural synergy. Living beings give to each other. So whether it's Ayahuasca or mushrooms, yes, though, those are modalities that can heal you and take you into other frequencies as well. And or help you get to other frequencies. So it's a very large question. But to summarize, if I eat a high vibrational tomato versus tomato that was tortured, it's going to be completely different. So if we look at Ayahuasca, cacti, and mushrooms, they have different levels of components that can help us go to different frequencies if we choose depending on what kind of nutrient it is. So certainly, I'm not going to endorse any one substance there. But yes, notice that your your planet is a living library of all sorts of abundance for all sorts of services and resources. I hope that helps.

 Tracee 12:40

Okay, so next question from Andrea from the US I want to serve and save as many people as possible. How should I prepare for my mission in the coming months?

 Q 12:53

Well, I just get out of bed. is I get this question a lot. I feel like I should be doing more is typically the question I get, and I love it. Because you are thirsty, you're just so excited. And that's all you need to be is just excited. And literally breathing in the morning is all you need to worry about is get excited. And that's that's that is how you help others just participating in your own own dementia. It's your own frequency. It's very exciting to see us in individuality. Just getting up and going. You're excited direction is all you need to do.

 Tracee 13:38

Okay, that sounds fun and easy, right? How do we go within Jude from the UK

Okay, that sounds fun and easy, right? Now do we go with Jade from the UK.

Q

Q 13:47

That is so awesome. I talked about it for 12 hours yesterday about going within I do my best to work with let's say a linguistical challenge. The English language does a very good job of doing its best not to describe what you are and how you participate in this, this vessel. And so again, I'll do my best. There's a time during your day, your week, your month, your life where you were so excited. You couldn't stop yourself from whatever it was you chose to do. And it is my great, great passion to remind everyone that that's how we are typically at in our state of being when we're not in these bodies. And if we can all remember how to rekindle going within this place would be unbelievable. Going within is truly this simple. Spirit being and that is you For myself a transition specialist, and my job is to remind you of what it's like to be a light being versus a human being. And I do my best and going within here is my best definition. All the wildest excitement you have all the great joy you have is all you need to follow to be in spirits. I can't wait fill in the gaps. From your heart, from your heart is your knowledge center, the entire universe is knowledge is in your heart right now. And the more you work with it, the more you're going to get it is that simple. Only choose passionate things that you just love to do. That's going within, please take my information or discard it however you want. I assure you if you make choices that are exciting synchronicity, all the resources and all the people will show up right on time. I hope that helps.

T

Tracee 15:58

Remember, you guys can raise your hands if you want to, like comment on cues response to your question. Or if you want to, you know add a little bit more. So but I'm not seeing any of that yet. So Okay, next question from David in the US. I heard an arcturion update five days ago that the solar blast that Ron often refers to has begun. Is this true? Or can you speak to this?

Q

Q 16:29

So the words might be a little bit difficult for me, because I don't call things the same description as maybe the audience does. But you can I can assure you since 2012, the volume has been turned up consistently, with the volume of light that's increasing coming around your university coming around your planet. And yes, the sun is a component of that. That's correct. Blast, I would disregard as I would say, the volumes continually getting turned up. And the frequency if you will, is always increasing. And we're getting as much as we're ready for this is a tricky body we're in these are tricky humans. It's a long story, but I assure you if I'm here, the ascension cycle is well underway.

T

Tracee 17:31

Okay, awesome. Some of these are written in a foreign language and I have not translated them so I apologize for that. Okay. Leslie, from the UK What is the easiest way to clear the influence of my past life connections?

Q

Q 17:48

I don't think I really don't want to be flip about that, that question. But one of the one of my passions is to be martyred. So that I can explain that if you martyr someone, you call them a name you, you worry about things. I'm not sure I can do it kind of stuff. anybody tells you what you are, where you are, how you are, is truly living in the past, because you can't. When you are in peace, energy, you're neutral. Everything I said is already gone. So I am curious why people want to learn about their past lives when your present life is your creativity. And this is not to be disingenuous. It doesn't serve your creativity to know how many billions and billions and billions of lives you've had, I assure you, because all your knowledge is still right there in your heart center. Sorry, the question may come across as incomplete. But that's how I see it. We are creators, we are God. And let's go make something. Hope that helps.

T

Tracee 19:03

Okay, guys, remember you can comment if, if I read your question, then you can comment and raise your hand. Okay, don't forget that please. Okay, Amy from the US a dreams what are they?

Q

Q 19:18

Again, another really fun question. So all your dreams are real. And depending on what your capabilities are of remembering and participating in your dreams is is is really fun. Because if you get a logbook notebook, what have you and you started recording them. Since you were a child, you'd actually see the story would all come into place but at different sequences of events. So if you can record your dreams, you'd actually get the entire story throughout your whole life. And by the way, you're participating in multiple stories. So it is really fun to record them. Some have more capable least some have less in their opportunities to play in the multiverse. hyperspace, the beyond out doesn't really matter to me what word you want to use, but is infinite what you're able to do. So, to do my best to answer the question, your dreams are up to you and where you want to go, and where you want to play. It's all real. Hope that helps.

T

Tracee 20:27

Yeah, that's crazy. What if you don't remember your dreams? Do you remember last night? Can I see? No. Too bad. I guess there's more to that story later. I got a good I got a good score on my aura ring, though. You know, I totally forgot because it was so hectic getting this started. But I had numerous suggestions that maybe we should open this session with a really powerful command. Because you've mentioned that if we all do commands at the same time, then it compounds the effect. Do you want to do something like that for everybody?

Q

Q 21:12

I would love that. So as I learn about everybody's desires can you teach me what might be a common desire for the group and I will do a command on my own and it's up to everybody else

common desire for the group and I will do a command on my own and it's up to everybody else. I assume to do them while I do it.

T Tracee 21:31

Oh, goodness, I have to pick it why don't you just feel into the situation? And I can

Q 21:36

I can of course. Dear ones, here we go. You don't need to do a big fancy dance. It's really this easy. Just say it with me and have fun every time we ready I command prime creation

T Tracee 21:57

I command prime creation

Q 22:00

to give us all of us now

T Tracee 22:03

to give us now,

Q 22:06

I command prime creation to give us all of us now give us all of us now I command prime creation.

T Tracee 22:22

I command prime creation to give us all of us now give us all of us now I command prime creation.

Q 22:56

So all of us now when we do a collective direction of spirit, you're actually just talking to God, you're talking to yourself in singularity or collective. So just to remind everyone, when you we talk to prime creation, you're talking to the universe. And so we we basically carry energy from source into the direction we want. So Tracee a little sneaky. She knows she knows how this works. And so she she baited me Of course, love, Tracee. And all of us received that energy that we commanded. So as they, as a collective, we are very powerful now, and we are learning

to get our abilities back. And if we have to take great care, there's a lot of responsibility with what we're capable of doing now. And that's my that's why it's so exciting to be with love won society, because there's a tremendous amount of integrity. And so I hope that that helped everyone. Have fun with it. Go ahead trace.

T Tracee 24:04

Jane from the UK when is the Alliance going to help remove the lower levels of criminal types in the UK?

Q 24:13

So most of most of what you hear about counterintelligence with me or intelligence will be it will only be about items that have already been completed. And I'm a big fan of not talking about the past, but I know everyone's very curious because you don't get a lot of inflammation. But essentially, America was first Britain was probably fifth or sixth on the cleanup program. So the the individuals that are still lingering or languished would be ones you can't really pin a crime to because they've done a good job of putting layers on them. But you can assume all the key players and in a Have the royal system have been arrested or are part of the cleanup crew? Hope that helps.

T Tracee 25:07

That's exciting. Okay, you guys, I'm kind of breaking apart your questions if they're really long just given you notice, Catherine from Australia, what happens to people's souls if they die as a result of suicide?

Q 25:23

Yes, and I'm not going to get real popular with this one. And it's so amazing that these conversations are, are blending into future conversations, I love it. We're all we're all co relating to each other, even though we've never met, it's amazing. So essentially, you can do the ascension cycle whenever you want. You can you could do it by self extermination if you wanted to. It's very tricky to do because there is still a strong net around the planet. So you'd have to be very creative if you wanted to construct a spirit leaving a physical body when you can actually do it through your heart. So everyone can leave the planet right now without committing suicide is what I'm doing my best to explain. Do you want to what would be the purpose of doing that when you dedicate yourself to being here anyway? So your your higher self would probably for lack of a better definition would be laughing at you for doing that. Because you'd end up coming right back here anyway. So No is the answer and Yes is the answer. Hope that helps.

T Tracee 26:45

Okay, that was vague, as usual. Yeah, carries the host. Alright. So, you know, we tried doing that for about a half an hour. And that never worked. It just it only allowed one host. And so I

that for about a half an hour. And that never worked. It just it only allowed one host. And so I gave it to Carrie. So I could focus on reading questions. But thank you guys. I mean, this is an experiment first time so. But I think I unmuted Catherine. Well, I didn't. I saw Catherine had her hand up earlier. So I think maybe she had the question about suicide, I'm gonna go ahead and go on. But if you want to come back and ask maybe Carrie will be able to see. But your question, okay, so I guess Simon Parkes said that he doesn't believe in the redemption centers. But he recommends people to join love won society. So why do you think that he says he doesn't believe in it?

Q

Q 27:38

Um, I, it's gonna be pretty tough for me to talk about anybody specifically. When you're talking about that gentleman, you're talking about someone with a lot of integrity. And so it's probably taken out of context. But certainly, you all are very savvy on how we're going to help each other with our, our purpose in that is to find purpose. And so I'll leave it at that. It's not to be vague. It's focus on the end in mind, and everything will be fine.

T

Tracee 28:14

Hmm. Yes, yes, yes. And that was Teresa from the USA. If your hand is up, please make sure that you're commenting on your question that I already asked. Okay. Because we're going to maybe do another one of these so we can always come back to something Okay, Elizabeth, or else path from Scotland. How does love won society that has religious multi faith members, and also spiritual non religious people overcome their faith and dogma differences to keep vibrations high?

Q

Q 28:51

Wow, that's a nice that's an easy one, huh? The, regardless of, of, of the installation, and indoctrination, of any belief, belief would be a word I would describe as chasing something. Knowledge is your knowledge. It is truly yours. Do your best. All you can do is do your best. And my suggestion as you make this transition from mind energy to spirit energy, your rudder, your compass will always always support you. And that is your highest excitement, your highest joy. And no book. No book can be written to show you your highest excitement or your highest joy. Your wildest inspiration is directed by you, Mr. And Mrs. God. And that's all I can say about them.

T

Tracee 29:55

Thank you. Okay, you guys, please mute yourselves. I'm hearing horn honking and all that kind of stuff. Okay, trying to get through these. How can we as humanitarians and myself use our full potential source creative energy having a clear visual to expand this beautiful project for this golden era of mankind, and that is better leave a lot are from New York.

Q

Q 30:26

For me, again, Tracee, a little confusing for me, forgive me. Again, the question, the question doesn't quite, I can't I don't quite understand it. Maybe you could summarize in a way that I would understand it.

T

Tracee 30:39

Okay, I'm gonna move on. And I'll try to summarize it and come back to that one. Okay. So Alicia from South Africa, I want to know, why is it that 1077 NESARA and GESARA is a scam?

Q

Q 30:52

Well, again, I believe Ron start did our our communications a day correctly for me, and you must realize that great care is taken in this war. And just know, it's very, very well planned out. And it's been planned for a very long time. And just no great care has been been given too many pieces of information you're you're seeing come through. Yes. is confusing. That's part of part of how it works. It needs it needs to fall apart for to fall apart would be my general summarization.

T

Tracee 31:38

Okay, I like what you said to me the other day, may I repeat it?

Q

Q 31:45

You can record keep any words I have. Thank you so much, Tracee for asking.

T

Tracee 31:49

Well, I'm just gonna say what you said that if we're in a war, and so and the military or the good guy say go, we're gonna go right. Where's the bad guy gonna go? Right? That was a good one. Yeah.

Q

Q 32:04

Yeah, I just, I do my best. Explaining that the real value I believe I bring here as a transition specialist is I have my memories back from the tax on me. And the the just the espionage that was came back to this planet that I would have to take on Aliens every day. And if so, you may see an intrinsic war, but I see a multi dimensional war and or multifrequency war, I see an agenda that is far, far removed from our eyes. And unfortunately, this is a very alien war. We're fighting, unfortunately. Hope that helps.

T

Tracee 32:50

Yeah, that's crazy. So I think that this question earlier from Ben Lee, from that lives in New York, is just that how can we best expand our vision to prepare for projects?

Q

Q 33:08

Great, great question. And it's why I'm so excited to why I'm so excited to reach out to you all in Iran is the true excitement that you have in your heart, right underneath your ribcage is all you need to focus on. It will literally guide you to what your next step might be. Doesn't matter. If you didn't take the fifth step. Just focus on one step at a time. I'm excited, fill in the gaps. Take that step. That's my suggestion. I hope that helps.

T

Tracee 33:42

I like it, because that just gives me permission to do all the things that I love to do anyway. Okay, if most everything we've been told or taught has been a lie, then are we being misled and believing that the RV and Asara are going to happen? That is Jackie, from the USA?

Q

Q 34:04

Great question. I'm surprised it wasn't the first one. The the excitement that I have watching is to be able to buy locate, you'll be able to do this too. So I can assure you that I've been to 2150 years here. I know what it looks like, and I know where you're going. And I do a good job of not installing knowledge that you don't get for yourself. I'll never install timelines, like there is an attempt by many aliens to do that to guide you and what they want you to do instead of what you're excited to do. The opportunity that we have now, to look and observe means of exchange is being personally scrutinized every moment of every day, because your purpose doesn't Need a means of exchange, you don't need a middleman to go be excited now do you, you're going to be excited about whatever you're excited about, you don't need a green piece of paper with a pyramid on it. And so this is just a very short stepping stone to your evolution here. Because you're so powerful. Now, if you focus on the end in mind, your purpose as the root cause analysis of that question, if the purpose is inspired by inspiration, literally, it will all show up right on time. And so their means of exchange is really just going to be gratitude for the means that your purpose drove. I recognize that my words are always understood, overstated, whatever words you liked there, because you're you've never lived without money. You've always had money if you're under 100 years old. And so that day is ending, because your inspiration your creativity is going to overwhelm you in what resources you're going to get to make your new means of exchange. I hope that helps.

T

Tracee 36:19

Yes, that is going to be good times. Are you working with the Ark Angel? Actually? Wait, hold on a second. Ron, you're finally unmuted. Do you want to ask a question your hands up? Okay. Well, again, when you're ready, just jump in. Okay, boss. Oops, my dog just exploded. Okay, so next question. Are you working with Archangel Michael, that's from Tony in Spain?

Q

Q 36:51

So my definitions may not be consistent, but no, and yes, is the answer. When we live at higher frequency, that means all of you. We don't go by titles or names? Yes, there have been many angels that come and visit us. We would say there's no such thing as an identifying Angel per se, but it's comforting for you to identify with it with a name. So high frequency beings come and visit and help support and assist maybe like myself, we do not have names whatsoever. So to answer the question, yes, light beings are all helping supporting and assisting here right now. And always have hope that helps.

T

Tracee 37:42

Cool. So with that, can I just add on angel cards? Are those positive or negative.

Q

Q 37:50

So your your clue should always be if there's time associated with your, your, your, your installation of information, or there's identity. Both are usually alien technologies. Karma is alien technology, Dharma, etc. So just take great care of timelines being installed when you do your Taros and so forth. Because they're just a reference. Nothing more, nothing less. Hope that helps.

T

Tracee 38:23

Yeah, thank you, then I can go back to doing them. What's the deal 111, or 555?

Q

Q 38:31

Yeah, so all of those are alien abductions. And what they're doing is they're cutting and pasting time and you can't see the delineation of the cutting and pasting. So 1111 is their favorite. Because, you know, there's been a lot of installation of propaganda around meditating at 1111, the date of 11 love anything with date and time the aliens really love. They like sequential numbers. They invented your clock by the way. So the reason you have 12 hours is because aliens want the abduction to be committed six an hour is what they're going for. And you can't see him. And they they put thoughts in your head that aren't yours. And that's the timelines are trying to install. I'm sorry to be the bearer of bad news. But that's typically how numerology is installed into our lives, calendars, time, unnecessary urgency, things you have to do because it's almost on time. It's going to be late. I need stress. I need stress. I need stress. What time is it? Hope that helps.

T

Tracee Gluhaich 39:41

Yeah, it's fine to wear a watch anymore. I'm okay. I'm trying to see if you guys if you ask a question, please raise your hand if you haven't asked. If your question hasn't come up, then I'm, I'm sorry, I'm not going to call on you. Okay, this one is from France. Rasul Ofo. And they

said is Madagascar one of the countries that have signed the QFS?

T Tracee 40:09

I'm wondering if they are referring to just Psara. So can you address the whole deal with like countries that are just are compliant, not compliant, kind of where we are with all of that?

Q 40:20

Yeah, you can actually if you if you really want to do some good research for yourself, and truly, obviously, you can't trust any information on the internet. But there is you can, you can dig really richly when you start looking at the rate of exchange for any given country's currency versus the US dollar. So right now, I haven't looked at it months, but the team that I sat on, once Russia went to go back security is all over with. So everyone's everyone's gonna jump on board, or you're all going, you're all going under. So the minute Russia, rest of the gang went to the gold back security, that's how you can validate the value of the US dollar. So I would assume the ruble in the US dollar, or probably even Dallas example. So the goal is to get the dollar as obviously the most corrupt system on the planet. The goal is to watch it all evened out, so there's not that big a shock when you make the transition. So that helps. So as an example, we want we want all the currency if possible, to be equal before the switch is flipped. So that's that's what I can say about that.

T Tracee 41:39

And didn't the BRICS nation just go I'll go to gold back.

Q 41:44

Right. So it's all it's all it's all dominoes. Now you're just watching the dominoes fall? Yes, I know. You're not going to get the news about it. But it will soon as one big player went to go back security, it's all over. And that's that you're watching happen right before your very eyes.

T Tracee 42:01

Okay. Thank you. I'm Jude from the UK asked how can we get rid of any implants? And the best ways to go within and to cultivate love without harm?

Q 42:18

When you read that question, Tracee, can you define an implant as you understand it, so I can make sure I am cure I take great care when I answered,

T Tracee 42:30

 Tracee 42:28

well, I'm thinking of the command to remove everything in me that is not authentic in me. So perhaps the implant would be something that's not authentic in you.

 Q 42:40

Right, so I can talk about, we can use me as an example. There's several implants that I had in me that were rejected from my body because I was able to bring more light into my physical body and it couldn't live with me anymore. So you've got it right Tracee for me. If you command your spirit to heal and balance you or bring in more of your light or increase your life force energy, absolutely, it's going to happen. Frequency wise, may be incomplete vaccination, things of that nature will be rejected from your body because the light recalibrates and reconfigures and kills you continuously all day long. Hope that helps.

 Tracee 43:29

Okay, yeah, just keep practicing those. That makes sense. Okay, so then we have, so I'm going to ask if you want to comment on other truthers, this one is another, quote unquote truther. And they want to know if she's on. There, just get those.

 Q 43:51

I'm fine to do that. But I want it to, I will take great care. And please, whatever, whatever you'd like to talk about. Again, you know, where I'm gonna go every time and that is the only truth there is, is yours. And your knowledge centers right in between your lungs, called your heart center, and you will know the truth. Every time you ask these questions to yourself, go look in the mirror, ask yourself a question and you will get the answer.

 Tracee 44:23

Okay, I love that one. This is from Francis in Australia, who wants to know if Kim go Gwen is on the line.

 Q 44:34

So we have fun with a lot of individuals that follow. Follow our process. And I'll leave it at that.

 Tracee 44:45

Okay, well that didn't I have no idea if that's a positive or negative.

 Q 44:49

We must have fun learning how to get our discernment our capabilities. So you don't even have to ask me this question. You don't need me to answer this question. It smells like a fire. Is it a fire? Probably a fire, huh?

T

Tracee 45:04

If it walks like a duck. Okay, so I guess that there is your answer, Francis, I got it now. Okay. So they say this is from Elena and Russian or Russia, they say that not everyone will be selected as a humanitarian. So what is the priority of choosing the people who get to be the humanitarians?

Q

Q 45:27

From my point of view, is the rudder indicator, the compass of your highest faith in yourself is the answer I would give for that question. These individuals will never never doubt themselves. That's the priority in which creativity works. Inspiration is the rudder angle indicator. It never fails, never fails. And that's how the priority is going to work. Because you're literally creating your own dimensions. Now, you're creating your own frequencies without any hindrances. I hope that helps.

T

Tracee 46:13

Yeah, focus on what you want, not on the absence of it. Okay, there is an opinion that in the past, there was only one language on the planet, is this true? And will it be restored?

Q

Q 46:25

Right, and there was at one time, and at one time all of us walked in one body, by the way. So we've extrapolated so many times now in singularity is quite exciting. So not only did you have one language, all of us were in one vessel at one time. Quite interesting. Hope that helps.

T

Tracee 46:46

Yeah, that's crazy to imagine that was from Natalia. And I'm guessing it's Russia? I can't tell it's not in normal letters I'm used to. Okay. So from cat, is it true that we will meet with a higher dimensional being for the RV appointment?

Q

Q 47:05

I wonder what we'll find you. That's a good one. That's what we're doing. Here we are everyone. So this is this is natural. And so I I want everyone to get real comfortable with how ascension works and why there's a relationship with the RV and so forth is your year entitled to everything on the planet you're born to. And please get comfortable with who and what you are in that is your life being your you're a fraction of source of God. And we are here now as a

collective, raising our frequency. That's all we're doing. And the only value I bring to you is I don't have as much restrictions of DNA. So you can use that. And that's what I'll say about that. Unless you want to go deeper in that question. Thank you.

T Tracee 48:08

And just so you guys, now Carrie's moderating, and so I can't even see the zoom thing. So I'm hoping that if anybody needs to expand on their questions that Carrie will just mute you. Okay.

Q 48:21

There's, there's only 5000 questions in there. So that I did see a question there that said they wanted someone wants to know more about DNA. So essentially, do you mind if I ask that?

T Tracee 48:32

No, that's okay. But I'm working off of a spreadsheet. Just FYI.

Q 48:36

I will stand down Go ahead,

T Tracee 48:38

you can go ahead and answer that you you open the can.

Q 48:42

Okay. This version of humans, this is the seventh version on this planet, mammal, and if you like, was designed to was has a great restriction device known as DNA that we're all growing out from around right now. And so this is part of the ascension cycle, you can only suppress spirit in a physical body for so long, and you're basically outgrowing the filter, which I'm calling DNA. And so what is what what the geneticists did that has failed them is they didn't expect us to grow out of it, and or extend the ascension cycle. So you'll notice that the great attacks on humanity and all happened in the last 10 years for the most part, plus or minus. So they missed the mark. And this is the farthest we've ever made it. And the reason we've made it this far is because we're far more powerful than the restrictions of a physical body and or the DNA. I hope that helps.

T Tracee 49:51

That's interesting. You guys, I'm going to recommend everybody listen to this recording because we're going to pick up so much more than the first time around So, okay, from Francis

in Australia, why would Galactics need our money and money systems? Like in the QFS and SKR? Wouldn't they have their own system already?



50:12

Galactics chasi define Galactics for me.



Tracee 50:16

Well, so when Ron talks about the SKR, and that we need to release the digital gold certificates by means of exchange that we can donate to things happening off off Earth. So for me, Galactics would be like people who are not here now. They're away out there in there.



Q 50:42

Okay. Okay, so a little tricky. So, first of all, I consider every human being on this planet, a walk in spirit. So everyone's are galactic and are walking. They all walked in here somewhere else some ways some time ago. Did they leave, unfortunately, you missed the cycle 2000 years ago, and you're still here. So galactically when I sit in those meetings, it looks like this. This is a rescue mission. That's what it looks like to the Galactics, if you will. And by the way, if you have a better way of doing it, I'm all ears. But in order to participate here, you have to participate. So the Galactics have no desire to help you whatsoever. Unless they choose to participate with you X with the exception. They know that you are overqualified so the energy and source of our energy is now filling us so dramatically that this the question actually should be Hey, you galactic people, how come you're not more galactic? So it's it's funny question for me because I consider everybody so overqualified God goddesses. And you're all receiving more of your light now. That's how the galactic is are helping and supporting you. And yes, there's many individuals here who are galactic, so to speak, who are doing their best to support and assist. Hello, here I am.



Tracee 52:18

That's awesome. Okay, from Czech, from the USA, is the earth flat?



Q 52:26

This is this is a comedy show, right?



Tracee 52:35

I think that's a relevant question. There's so much flip flopping around about that.



Q 52:40

Q 52:40

Okay, so what you can do to first of all, when I talk, you should be it. So it's impossible for me to lie to you. Because primarily because you can feel the information from me, because I don't reside here in individuality. So I forgot to explain that further. If that, based on our other calls, I wasn't sure if that was clear. So you can you can feel the information I give you instead of hear it. So that's my encouragement to you. The best way to validate that question and or validate my answer is go talk to an airline pilot, or go talk to a merchant mariner. And so let's use a merchant mariners example, they use a compass, magnetic, they use a magnetic compass, and they have to North compass and they have a deviation of probably, it's probably up to 21 degrees, so a magnetic so magnetic north and true north are completely different numbers now. Well, if I was to sail around the planet, you could actually watch them both swing and contradict each other. So no, the planet is not flat.

T Tracee 53:57

Said a ball, like a is a sphere like a perfect.

Q 54:02

So this planet looks like a big piece of Swiss cheese, it's completely hollow, there is another dimensional reality inside your planet. But for the most part, the outer crust is just complete honeycomb. And so you do have a central sun inside your planet. The electromagnetic etheric field that is supported from your sun is also within your planet too. So if you went to the top of the North Pole notice your little mapping systems don't show you Antarctica or the North Pole it's because there's there's holes on both sides. And that's that's another nother frequency you can get to inside the middle planet. That's why this planet is so a coveted because there's another dimension in your dimension. It's quite quite fascinating. I hope that helps.

T Tracee 54:56

Interesting. I just don't really care. I mean, it is what it is. Okay. Michelle from the USA. Are you a state national?

Q 55:11

What would be a state national forgive me?

T Tracee 55:13

Well, you have David Strait on your website. So perhaps that's why they asked.

Q 55:17

You just know that great care has been taken to assemble that webpage. Feel the information if

it's for you, or it's not. That's what I'll say about the webpage. Okay.

T Tracee 55:33

Well, I'm a state national and I will help anybody who wants to become one. Just throwing that out there. Are you picking up what I'm putting down? Okay, I'll have to come back to that one's very long and I can't read it all. Do the dark beings target the Lightworkers and cause a lack mentality or reduced resources to cause us to be less capable of living freely and abundantly?

Q 56:04

Can you try again with that? And Tracee? Forgive me? That one's a little tricky for me to understand.

T Tracee 56:08

I know it's kind of long. So you guys there's a reason why I asked you for short questions, just FYI. Do the dark target the lightworkers let's just break it up to that.

Q 56:19

Okay, so when I when I look at the dark it has so many facets to it so I'm very careful not to give identity to it because it really loves identity and that's how it Perry's in in dodges us in ways that are quite vast. Most individuals who raise their frequency to a certain level there is an agenda as you get say your awakening process it's very coveted to to whack a mole us as we get more of our light in us so to speak. So as you get more scientifically capable more aware that your light being you're bringing in more of your light, most cases people get a lot of attention. That is correct. I hope that helps.

T Tracee 57:13

Okay, which is the true infinite Flower of Life, sacred geometry? Is it the daisy or the lotus and why that's from Abby?

Q 57:25

Again, the symbolism isn't as important as the first part of that question. Everything is geometric in your universe. Look, look at Oh, look at water. Look at any plant I would not give an identity to the sacred source, and or source but know that every only true mathematics if there is any, is geometry. It's it's the only real process that hasn't been manipulated by for at least measuring and observing the universe. That's the only mathematical system that didn't come from mathematics numbers have been added to it. So it's represented in numerology, but geometry does not have numerology? Is this what I'll say about that? I hope it helps.

T Tracee 58:18

Interesting. Okay, so I'm going to add to this one, because did you see the video that I put out from our recording that we did Friday?

Q 58:27

I don't believe so. No, thank you.

T Tracee 58:29

Because Ron told me to put up this certain graphic. And then some people said, well, that's that's a dark flower or whatever. And I'm like, Well, maybe because one or two people said that, but Ron's intentions clearly isn't dark. So there was talk about,

Q 58:47

again, symbolism is is up to each and every one of us. And if that's what representation, you want to explain our sacredness, you're just a merkaba, which is a geometric pattern. You're America by the came into physicality. If you want to observe a Merkava coming into a flower and give it symbolism, you can. But again, at the end of the day, all of us are a fragment of source. We are light beings. If you want to symbolize it, you can hope that hope.

T Tracee 59:19

Okay. Well, that's, that wasn't my answer, because yours was more perfect, but that's basically what I said. So okay, from Julie from the USA, why does a person's genetic memory turn off at birth? I think that basically means that they keep having to start over and learn everything.

Q 59:41

Yes. So I can assure you that I've died in this physical body several times here, and got to examine how they do it. And so the recycling centers I call Earth right now. See is is this karmic wheel that is epigenetically attached to our genetics. So whether you like it or not, every one of your ancestors is in your epigenetic historian right now in physicality. And with that the recycling systems recycling center that the aliens are created when you leave your body and come back in here, they've done, they've done a great job of making sure your genetic mind wiping will occur each time. So not only do you have the restrictions of DNA, you have them also mind controlling us during our birth. And they there's many ways they do it. I'll leave that for maybe another time. But essentially, you're living with beings that never lose their memory. And they're also some of the culprits controlling your money system. So imagine if you were running around this planet, and there's very few of you and you had 1000 1000 years of

memories. What could you do to a race of beings? And so I'm not so concerned about us losing our memory. I'm more concerned why the people who have all their memories don't help us a little bit. Hope that helps.

T Tracee 1:01:17

That's well said. Very well said. We'll September 3, this is from Hector and Mexico. Will September 3 be a pivotal date for humanity?

Q 1:01:31

You want to answer that one, Tracee? No. All right. If there's time associated with it, it's bogus. Okay, because we're all able to create everything right now. Right now. I said right now? Then how can we don't do it? Yeah, that's my question to you all.

T Tracee 1:02:01

I don't know. Maybe we don't believe we can.

Q 1:02:08

I want to do my best to destroy the English language. I just, it's, it's, it is so awesome to be using the English language to swear every word I say. The whole English language is a swear word. It's unbelievable. So I want us to keep focusing. My great excitement is for us to keep focusing on our natural Knowledge Center that comes from our heart center. It will never fail you. If we believe something that means we're chasing something. I believe this when you I know you know it. I hope that helps.

T Tracee 1:02:44

Yeah, I hear you say that. You have to know it. Because then it's real natural. So well. This is another question that kind of tails onto that from Rene.

Q 1:02:56


This is so fun. Tracee This is so fun. I love it. Because I just the the volume of questions are just nourishing for me. And to feel the energy is just amazing. Because they all have their own personality and character with them. And, and that's it. You all will get back soon too, as you can feel the people who are asking these questions, even though it's come from Tracee, thank you. Thank you, thank

T Tracee 1:03:25

you. Well, you know, it might be fun for you to do is while you're answering there's 35 screens of people here. 35. So you can scroll through, because I encourage them that you'd get energy from seeing their faces. And since people are being shy to talk, at least then you can kind of scroll through and see them while you're talking.

 Q 1:03:51

Thank you. Let's do it at the end if you don't mind.

 Tracee 1:03:53

Oh, you do it yourself. I don't have to do it. There you go. Okay, so how much of the population must be leave in the hidden technologies before we can demand that level of medical care?

 Q 1:04:10

Hmm. Not sure I understand the question. But let me let me know if I'm close to your Tracee. What is it going to take for us to get healing beds and or an instant healing? Is that is that correct? Okay. When I do healing on people, I'll tell you how it works. And why you don't need any technologies. You're natch. So if you have an ailment, I don't care what it is. From now on. I want you to call it How come I'm not healing ailment. And the reason I want people to get more comfortable with that is because if your spirit is not recalibrating, reconfiguring it The light through you, rebalancing and re reconfiguring your physical body. It's because there's a hindrance. So you don't need anything outside yourself to heal, is what I'm saying. But certainly, there are tremendous technologies on the planet to help. And they all come from recalibrating, configuring your spirit. So a healing bed is based on light and frequency. There are technologies in outer space. Many people don't realize that the space stations are really hospitals, you can heal very quickly out of space, because there's no gravity. So in my opinion, the question would maybe look more like this, forgive me for displacing the question if I am. And that is, we all have the ability to instantly heal right now. And no technology can trump How unbelievable capable a light being is at healing and helping people heal. Hope that helps.

 Tracee 1:06:01

Hmm, interesting. Okay, you said you were here 2000 years ago, what was happening on the earth at that time for your visit?

 Q 1:06:12

No, done this 7899 times I've done this here. And what was interesting about 2000 years ago, is that there was less people with more capability. So when I would spend time with someone, in just a few days, they would get all the same abilities I have even today. So they were today they're called disciples. Well, that's not true. Everybody just gets more of their light in them, because we go through the ascension cycle. So right now you're getting a dramatic amount of light in you right now, you just may not recognize it. In fact, 1000 years ago, your ancestors

could not see you right now, because you're such high frequency. So we've grown out of this density more and more and more and more. Well, 2000 years ago, we were very light. And we had much more capacity to let's say we didn't have the genetic restrictions we do now. We had them but they were in a different way. So that's what I'll say about that.

T Tracee 1:07:20

Okay, and you guys, there's a lot of information on his website for the people that space lots and lots of good stuff there. I don't understand that question. Is Ishmael Perez or Elena to non controlled by the bad guys?

Q 1:07:38

Think I'll pass on that one if you don't mind.

T Tracee 1:07:40

Okay. Are we under a firmament?

Q 1:07:46

To find someone, please?

T Tracee 1:07:48

So firmament is actually in the Bible? And it's like, from my understanding, it's almost like a half dome over the planet.

Q 1:08:00

Again, the question for me is a little incomplete. Forgive me, because there's layers to your dimensional reality on your planet. If I understand firmament, I would favor the way the netting system goes around your planet. So spirits can't get out of here. So yes, is the answer. But it's breaking apart very quickly.

T Tracee 1:08:27

Hmm. Interesting. So keeping spirits in is that good or bad?

Q 1:08:34

Right. So this is a this is a technology and this is The Great Race here. There's so many light

beings here. Now. They're running out of physical humans to get back in here. So they've done a good job in a bad jump. At the same time. They don't have enough humans for all the volume of life that's here. And that's going to be their detriment, of course. So the the format you're talking about for me, because there's several, but the alien agenda here is to make sure you don't leave and keep coming back and keep coming back and keep coming back and miss the ascension cycle. This is a recycling center. Most This was why I consider this a rescue mission. Most of your lives look like this. You go to a planet. You go and participate as whatever it is you want to participate as you have one life and you move on. It's very rare. You would stay at one planet for eons and eons and eons. Over and over and over. In multiple human beings. It's a it's very rare, because in most versions of humans, mammal ins and many other animals, you can live a very long time. In fact, everybody on this planet is usually somewhere between two and 300 years old, but they can't tell because you're measuring time on authentically. So what's what which should be the curious question is why do they keep us re incarnating here because they don't have a place to play unless we create it for them. Hope that helps.

T

Tracee 1:10:11

So disgusting. Okay, is just Saara and Thisara actually going to take place on this planet? And that's from Jones and Australia.

Q

Q 1:10:23

And you already know the answer.

T

Tracee 1:10:28

I'm just reading everybody's questions,

Q

Q 1:10:31

I get to have fun to write. So again, I'll start again, the RV is the first sequence of events, you're recalibrating your means of exchange right now to manage and marry your means of exchange identically around the globe. So yes, is the answer.

T

Tracee 1:10:49

Okay, thank you. I think everybody wanted to hear that. And will there be an EBS to help others become aware of what's really going on?

Q

Q 1:10:59

Define EBS, please,



Tracee 1:11:01

the electronic broadcast system, we've heard that they're gonna, like play the truth tapes with people doing confessions, and, you know, helping the normies wake up.



Q 1:11:12

Yeah, the first thing we're going to do is we're going to start a love won society, and then we're going to get a guy without a name to come on there and talk to everybody and that is the first DBS and Okay, and we're gonna do much radio shows. And okay, so over the course of years, you've actually been competing against multiple EBS 's that are that are did their best to be mainstream and not mainstream. Don't you find it entry interesting that the History Channel would have ancient aliens show for years? why would why would they do that? All of a sudden, just overnight, the History Channel and half an ancient aliens.



Tracee 1:11:58

Anybody seen it?



Q 1:11:59

So you've been getting disclosed for years and years and hoodwinked at the same time? Very fun show. Hope that helps.



Tracee 1:12:08

Ancient Aliens. I have to tell my hubby about that one. Okay, if the this is from Kathy from the USA, if the black hats are still controlling the moon, how is it that we are so close to everything coming out? Because I've heard the med beds are being produced on the moon



Q 1:12:26

All right. I missed the first part. The dark control the moon. Is that what I heard?



Tracee 1:12:32

That's what she said if the black hats are still controlling the moon.



Q 1:12:37

Okay. How come the moon doesn't spin everyone? Oh, because it's Oh, it's it's, it's in A? It's in a? It's in a polar lock? Yeah. Right. The moon is the machine. And? And no, there's I've seen nothing positive about your moon yet. But there that is changing. I'll leave it at that.



Tracee 1:13:00

Okay, do you know if the med beds are being produced there?



Q 1:13:02

It's an incorrect statement.



Tracee 1:13:04

So they're not okay. Is Elon Musk a white hat?



Q 1:13:09

I'm gonna stay away from that one because there's a bigger story coming. So you can use your heart center to ask yourself.



Tracee 1:13:17

Okay. Is this is from Kathy from the US is all witchcraft. Bad. I've heard that white magic is good for healing.



Q 1:13:26

Um, yeah, so that's, that's a fun one. People who have done healing with me know that I do transfer my light over into their physical body and then leave. And that might be confused with magic. But again, we're light beings. I'm not a fan of any magic. I have yet to see anything positive with magic yet. Although, if someone has great purpose, I believe that could be positive. All I've seen as negative out of magic, unfortunately, and so I encourage everybody to use their heart if they're using magics because it is possible to use magic. Hope that helps.



Tracee 1:14:10

That's interesting. Okay, this is a great question from Gail from the USA. Since we are all here part of love won society growing and descending, how is it that the alliance chose us to disperse our gold resources throughout the multiverse?



Q 1:14:31

So when you say Alliance, I only see us you all are the Alliance. So now can we ask now could we ask the question again?

we ask the question again.

T Tracee 1:14:50
Okay,

Q 1:14:51
we have the ability to create the resources including higher frequency beings to help and support us and We are living proof right now.

T Tracee 1:15:04
Okay. I don't feel the answer for that one, but that's okay. Donna from the USA says, Where can I hear more of your talks

Q 1:15:21
would do a series of shows. And Tony has done a good job of making some podcasts the for the, for the people that space there are some recordings there. But the most recent sustainable recordings, most of them wiped off of, of YouTube and the others but you should be able to find them on Don and Doug's BBs radio show there. And it'll be under Jane and Billy's Hollow Earth section. And so I would start with the beginning ones. I think it's called the shock factor and then go forward from there. Hope that helps.

T Tracee 1:16:03
Well, isn't Q and Antonio on bitchute?

Q 1:16:06
Yes. Forgive me. I, I don't do a good job of working the the nuts and bolts here. So I apologize. So yeah, we need any reference. You can. You can give. I'm happy to hear that.

T Tracee 1:16:21
Yeah, it's called Q and Antonio show. And Antonio said for me to start from December of 2021. and work my way forward. And I did that and it's phenomenal. So I highly recommend doing the same. Okay, where's my spreadsheet? I lost it looking for the name of the show. Okay. Are all so how much time do you have? We've been going a little bit over an hour. I just want to honor your time. So we have three over 300 questions, and we're only at number 48.

—



Q 1:16:54

why don't why don't we just keep going? This is so much fun for me. And I just I enjoy it tremendously. Please keep going.



Tracee 1:17:01

Okay, are all people in the world reincarnated? This is from a Umi in Japan?



Q 1:17:15

99% Yes. Correct.



Tracee 1:17:19

Oh, interesting. Okay. Let's see her. How does the Alliance or what does the Alliance plan to do with the large amount of funds that will be redeemed from the millions in bonds? That's a good one.



Q 1:17:36

Okay, again, alliance would be us. And some of the alliance is going to be newly introduced to us. And or rekindled? And so the question about redemption is confusing to me. Because I don't see redemption as a means of where we're going. It's a stepping stone for where we're actually going. Maybe ask it again in a different way. So I might understand it.



Tracee 1:18:11

I could scroll down. Okay, so Ron is giving me SKR which I know you told me six weeks ago that you actually got something for your projects. But he has said that because there's so many zeros that there's a very strong chance that we won't be using all of them for our own projects, and that we will be donating them to the Alliance's projects. So maybe that's what they mean.



Q 1:18:39

Absolutely. Absolutely true. Because you only have so much bandwidth in opportunities and purpose that you can't cover the entire swath of opportunities there are so the more the merrier to distributes purpose, not money purpose. Yes, his correct answer.



Tracee 1:19:00

Okay. So but I think the question was, well, what are they going to do with them?



Q 1:19:06

Everything that you're going to do with them? Absolutely. unlimited possibilities for everyone. It's going to be endless possibilities. What can you dream up? That's what they're gonna do with them.



Tracee 1:19:21

But it's going out there like everywhere, not just here, right?



Q 1:19:24

That's right. That's right. That is exactly correct.



Tracee 1:19:29

Cool. Okay. Drag from Australia says asks, I read somewhere to receive funds one has to return to their country of origin. Does this hold true if one wants to be a humanitarian? That's not true. Okay, good. So you can stay put. I have been using this is from Monica and Alison and watching together. I have been using a bio resonance device is to hold resonance for people to help them heal themselves. I've noticed that people's DNA is changing, and there are unidentified fragments in their DNA and growing. Is this from recent jobs? Or is our DNA DNA growing to enable us to grow into the Golden Age? I'm sorry, I know. That's long.



Q 1:20:22

That's sorry. That's it's a great question. Someone's really working hard there, by the way, and very knowledgeable obviously. The the way I would summarize the restrictions of DNA to our spirit, are that not only is it a genetic epigenetic race against spirit, it's the spirit is so more powerful than the restrictions of DNA. And so the the question or is correct, that DNA is competing against us in most cases, and your environment is is also competing against the growth of spirit. So I believe the questioner has it right for me, yes, your environment whether they're shots or anything outside yourself can hinder the spirits ability to grow and or beef be filtered in this case by DNA? Hope that helps.



Tracee 1:21:29

Oh, cool. Somebody answered. Okay. brave soul here. All right. Do you see from Kelly in the USA, do you foresee the Managing Directors of love won society financially, taking over health insurance industry to provide free health care worldwide?



Q 1:21:50

Uh, Narrow it down for me, Tracee, forgive me

hum. narrow it down for me, Tracee, forgive me.

T

Tracee 1:21:56

So do you think that we're gonna get rid of traditional health insurance and then we health are humanitarians and love won society can replace it. That's what I'm hearing.

Q

Q 1:22:10

1000s of callers I've talked to over the years, and the one common theme that everyone asks me is, how do I start a healing center? And collaboration center and so forth? Yes. As the answer would assume that we we realize these hospitals aren't healing anybody. They're full of great, great people, but they're not healing anybody? Yes, is the answer.

T

Tracee 1:22:37

Okay, I love it. This is from Mary from the USA curious to know, after hearing you speak of creating another spirit out of us, Ron Albatron, stated that spirits are created on the creation light ship, Is this statement true or false? She just said energy cannot be created or destroyed.

Q

Q 1:23:00

I agree with that statement. Your last statement, we obviously can't die. We're source where God. Ron is very dear to me. And he is another light being that was here, there was five of us originally. And when I got activated, he did he did his best to shoulder my time here until he was basically tuckered out at this place. It was pretty tough for Ron, and it is for a lot of us light beings. But as I assure you that we use the light to grow more light and or more universes. And we use the definition of creation Lightship, because it's easier for us to look at the way source comes around a dimension. And then, for lack of better terms, squeezes in continuously more light. And so we call it a light ship. Because it's difficult in a linear sense to describe that source has focused its attention on a region of source. And so yes, as the answer, when you go and create a universe, you come from the light, and the light prefers that's us, we prefer to go in sections of universes in which we go create. That's the best I can do an English language I hope that helps. I understand. The what's common for us is our wildest excitement is to go experience and explore and play with the knowledge we already have. So to take your life now and look at it as individuals is not really a representation of how collective you could be. So as I stated, when I when I started this show, we we have the ability to Have individuality with multiple light columns within one physicality, best I can to explain that. So when you look out, you separate yourself and spread out across the multiverse. That would be all of us. We're all from source. We, we silo ourselves, in that experience, what an incredible experience it is to be an elephant. What an incredible experience it is to be a tree. To do that, you have more or less light, and or certain volume of light might be a better way to put it. But I hope that helps.

T

Tracee 1:25:41

Okay, thank you for coming on. I love when you guys talk. Okay, so are you me from Japan

asks, I have devoted my life as a Christian. And I'm shocked that the Bible that we know today is not the real Bible. Will the actual true Bible be coming out?

Q

Q 1:26:04

Yeah, so I'm gonna write it for you guys right now. And you wrote it too. And it has one page on it. And it says one sentence go with it. There. We just wrote the Bible. You know what I mean? I get to be smarty pants.

T

Tracee 1:26:19

Yes, I'll be right back. Yeah, so the one like it's all the Dead Sea Scrolls. And

Q

Q 1:26:26

I have a lot of fun with all the books. And boy, there's Sir, here's a lot of good information scrambled with bad information makes it tricky. My favorite, my favorite book of deception is called probably the Course of Miracles. I'm going to make everyone upset who reads that book. But that's probably the best deception book I've seen as Course in Miracles. And that was written by the CIA, of course. It pains me to criticize any, any piece of literature. Even Even I have a tricky time with it. But I must say I the bad guys, I just have to give them an attaboy on how well they've installed propaganda holistically into our our tenure here. And so just take great care as my suggestion with questions like that to look within yourself. Ask the question is this truth for me or not? Take what you want, including my words today. To throw away the rest of you don't hope that helps.

T

Tracee 1:27:30

Thankfully, I haven't read that book. Okay. From Wataru in Japan, I understand the fifth dimensions, but are there more and what other dimensions are there?

Q

Q 1:27:44

So, again, that is a really tough word dimensions. Because I consider frequency unlimited to what you want to do and how you want to be where you want to be what you are. So when you're high, if you would look at yourself as a drop of water. If I yield swear words, at the drop of water, you're going to have low frequency. If I love and sing with the drop of water, I'm going to be at a high frequency. So I believe it's fun to play with numbers of dimensions, but it is not accurate enough for me. The it's unlimited the volume of frequency you can go to I hope that helps.

T

Tracee 1:28:32

Yeah, that's good. Okay, this is an interesting question. I have trouble believing that Jesus died

to save us from our sins. What's the real story here? Was Jesus even crucified?

Q

Q 1:28:44

Yeah, so what happened back then, again, there was three of us here. And we we spread out for purpose of redundancy. And this is this should not this should be a very normal story for you very quickly, because you're gonna get all your memories back. But all all we're doing here is a light being that doesn't have DNA restrictions, you are all going to have your DNA restrictions removed as you go through the ascension cycle. We just come here to help support and boost more light here. We're just like a conduit. That's all we're doing. So the minute I got all my implants out as an example, the more light came in to the planets. So we work in my case we worked as same as 2000 years ago. One is a transmitter, one's a receiver and one's a ground and that that anchors believe or not the volume of light that will come through the ascension process. So back then, in educating people about ascension was different than it is now was very easy, because you had more of your capabilities you you felt information in a way that jumpstarted your Natural discerning Knowledge Center was very easy to do 2000 years ago. So the bad guys to combat that decided to kill people on crosses, stating it was this individual Yeshua in this case, so that people would stop following the teachings and that scared townspeople because they didn't want to get hung from the cross. Didn't know who it was on the cross. It was installed belief system. Yes, we've killed him. He's gone. Never follow those teachings ever again, was is a gross summary. This time, what they did to me is they tortured me for the last 50 years. And they did it in a way in which is very nefarious. And so they did that to me. Last time I was here to, to the point where no one would believe anything I had to say. This is why I keep my identity the way it is now. Because the propaganda is what they want. They want you to see my face so that they can discredit me. When I'm really just someone with information. That's all I am. Hope that helps.

T

Tracee 1:31:13

That was Jan. No, that was Riva. Thanks, Reba. Okay, please explain this is from Rosemarie from the USA, please explain the fine line between thought created from mind or given by source and how to know the difference.

Q

Q 1:31:29

Hmm, can you try again, forgive me?

T

Tracee 1:31:33

So I've heard you say before with Antonio, about what how do we know if we make up a thought or if we are given a thought by source, you know, like, they call it downloads and things like that.

Q

Q 1:31:49

I've just I've just understood now. Thank you. This is what's so exciting to me compared to

I'm just I'm just understand now. Thank you. This is what's so exciting to me compared to several years ago, maybe 10 years ago. So doing this work is so fulfilling for me. And I thank you so much for doing this Tracee. Essentially, what what is happening to you and physicality to it, depending on who you are, you're starting to install your natural knowledge from your heart, and translating it to the mind instead of the other way around. So you've been taught your whole life to think be thinking, man, look at thinking man, process history, doubt, fear, emotions, whatever it is, you have a tremendously huge memory bank on your head with a tremendously large transmitter and receiver as it sounds like the the caller is aware of what what the ascension cycle helps you do is it brings in more of that natural Knowledge Center through your heart. And now you're actually processing information. The other way, you're observing your knowledge system, come into your head, not the other way around, trying to get to your heart center from your head. And so that's what I'm doing my best to explain. We're all we're all going to be able to recognize that was not my thought, that is my thought. Did I create a thought from my heart? Or did I receive a call from a transient messenger of that helps?

T

Tracee 1:33:22

Yeah, that's kind of creepy when you think that they can do that. I mean, I had no idea.

Q

Q 1:33:28

Yeah, and so I encourage everybody to just once a day, just for fun, try and stop thinking, remove your phone, put your phone in the car, whatever, unplugged the WiFi, the WiFi, as I call it in your house, and just sit there and see if you can stop thinking. And if you can't, that should be your clue.

T

Tracee 1:33:45

Can you put a bubble of protection over your daily? I've heard you say cloaking? Can you do something to keep them out?

Q

Q 1:33:53

Yeah, so I like I like to definitely run was probably the best. Healing and protection is not my greatest passion. I can I love doing it when it's spontaneous, of course, but shrink wrapping your aura is usually the most effective, because we've gotten comfortable with spreading our aura out. And that's when we get in a lot of trouble. So you go to the grocery store, and you're yay, hello, everybody. Well, you get all there. You get everybody's stuff. And I know it's tough because there's a lot of exciting people like Tracee who like to go and be in the middle of the party. It's cool. Do high fives whenever but the shrink wrapping is really what I suggest you do. Bring your aura and when you go out with a lot, a lot of odd relationships take great care and and that usually works out. Hope that helps.

T

Tracee 1:34:47

Okay, so I just visualize, like, shield of faith like I just like a bubble. Would that be similar?

Q

Q 1:34:56

Yeah, I I've seen many modalities. A lot of people like to use mirrors. Lead, you can do it all. At the end of the day, you're going to find that your spirit really likes to stay in tight to you. And is the ultimate suggestion I have. And just the more you're acknowledging that that's what you really are in your Envisionment with what you're saying bring in that bubble if you will. I'm all yours I think that's fine.

T

Tracee 1:35:24

Okay, cool. Thank you. Okay dal from the USA if religions are all bad, why did Jesus teach repentance forgiveness baptize others, and set the example of baptized baptism by being baptized himself?

Q

Q 1:35:41

Is that what he's taught?

T

Tracee 1:35:43

Well, according to the Gospels, who wrote the book well, John and Matthew and oh, man, oh, okay.

Q

Q 1:35:56

There's only one teaching we taught back then it's the same as today go within That's it.

T

Tracee 1:36:02

Okay. If praying outside this is also from della period outside ourselves, or to anyone but within is bad and making us pray P R, E y, according to Ron Avataan. Why did Jesus pray to his father? Same answer or something different?

Q

Q 1:36:19

I got the same answer. Sorry.

T

Tracee 1:36:22

I figured okay if our reality mirrored the following four fantasy trilogies what percentage

I figured, okay, if our reality mirrored the following four fantasy analogies, what percentage would each one be? This is great Jonah from Canada, and I'm gonna say something really quick before I read this. Spielberg did not do Star Wars. It was George Lucas. Cool. So Star Wars Star Trek, Lord of the Rings, inherent otter,

Q

Q 1:36:46

the so I sat down with these guys one time, oh, I can't say the name. They're there. But they're great buddy. Very famous TV show writer. I'll leave it at that one of the oldest running TV shows. I really don't have mentioned his name. But we went round and round about this. And the these guys are our truth. Speakers. That's what they are. And they're competing against the dark truth speakers. So so I'll leave it at that. I want to be careful which movie we talk about here. But you you you can see for yourself which ones are disclosure and which ones are misdirection, I assume. Again, when you work with your knowledge center, you should be able to answer these questions. No problem. Go ahead. Tracee. What's What's your thoughts there?

T

Tracee 1:37:42

What are my thoughts? Well, I've listened to all your videos. So I'm thinking that Star Wars is disclosure. Started track is disclosure. Harry Potter has magic. So that might be bad, and Lord of the Rings is just kind of out there.

Q

Q 1:38:02

Very good. So I'll take great care here. You'll notice that if we look at the families here that have let's say more knowledge and are controlling the planet, you'll find in their mansions and in their libraries. Every one of them will have a Lord of the Rings book. And that is their Bible. Yes, Mr. Lucas has it right for the most part as he did his best to tell the truth about many things. Primarily use the force Luke, that is the light use your face center use the inset did a very good job without being murdered. He did his best and maybe maybe not followed all the perfect paths in life but certainly we can't judge someone for walking in their own shoes. For me, those movies are very good. And all the technology you see in those movies is actually here right now. Hmm

T

Tracee 1:39:13

Why can't we see it? Why can't we use it?

Q

Q 1:39:19

Because you have had it hidden from you.

T

Tracee 1:39:26

Okay, you bring it out, do something to get it out to us.

Q 1:39:30

And part of it is your if we were to summarize planet Earth, you're probably not ready for it either. And working within yourself is your primary objectives now to be a spirit be. Next thing we would do is go to the moon and have a CAGR with our monster trucks and I wouldn't wait. We're not doing a very good job here yet are we? So that There's a hint to some of the individuals opinion of us. Not that I agree with it, but that is part of the reason.

T Tracee 1:40:09

Okay. So besides staying Depeche Mode, and the others that you've mentioned, well, most people probably don't even know this, who are the best truther musicians?

Q 1:40:21

Hmm. Wow, that's, that's a big one. Isn't it amazing that a band could create a name to prove identity was false. And that would be the band who they literally showed you. They don't believe in identity by calling them the who. They're making fun of identity. So anyone that makes fun of identity is really number one for me. And certainly, Prince was definitely one of those people who figured it out. I don't know if many people know that the prince spent time with David Icke and spoke concurrently the way he does Hope that helps. And David Bowie is correct. I saw that one flash up. There's just so many Jimi Hendrix. Janis Joplin, they are doing their best. And, you know, obviously Jim Morrison, on and on it goes Chris Cornell. Obviously poor Nirvana, Nirvana and so forth. Quite a few. Yeah, Mr. Marley as well.

T Tracee 1:41:29

Yeah, he has good frequency music. Okay, is it true that the young Jesus after age of 14 traveled to many places around the world and live the remainder of his life in Japan where he was buried? That's from rich in the

Q 1:41:46

that's warm again, remember, there's three of us. The numbers don't add up for me. They're not quite right. But yes, that is fairly close. Not 100% accurate? Because again, there was three of us. Hope that helps.

T Tracee 1:42:00

Okay, I think this question has already been answered. Margaret asks if this is a prison planet? And could this also be called the rescue mission?



Q 1:42:10

Yes. And so that's my opinion, is just a canary in the coal mine doing my best to wave the hand and remind you what you already know. That is correct. Answer.



Tracee 1:42:21

Cool. And Jonah from Canada, is the T on the end of a plane also part of their mind control? I get it on T on the end of planet maybe



Q 1:42:37

yet? Correct. I agree with that statement.



Tracee 1:42:41

Interesting. Okay, I'm a chiropractor. How does the adjustment bring the person closer to their true connection to God within that is from Marianne?



Q 1:42:55

So I'm not sure I understand the orientation the question. And I'll tell you why is because I consider all of us in touch with source and God. So it's a little confusing the way that question is given. But I will say that being a healer is the most dangerous job on the planet. And I be I get a little outspoken regarding this, because we have so many great modalities here. The diversity of healing capabilities with a brain is is endless to brain. The brain is a very good healer, believe it or not, because we're an eccentric brain body. But all healers need to take great care when they do their healing to work from the heart center exclusively. Because every time you touch someone, be with someone around someone say something to someone, they're getting your stuff, and you're already getting their stuff. So if we would work with our heart center, as the questioner, I believe is asking, that is how you work with source and everything will heal perfectly when you work exclusive source. Hope that helps.



Tracee 1:44:16

Okay, so I'm gonna skip to this question since you said that. So, Sylvia, I'm gonna summary summarize her question. She's an energy healing and she's heard you say that remote healing is not advisable. And she's just wondering, what do I need to know about doing this? Because she does remote healing?



Q 1:44:36

Yes, great question. And I'm very impressed. Whoever that questioner is, you should commend yourself and that you're able to transfer in by locate to do your healing. That's what you're

doing your bio. Okay. Maybe my statement was taken out of context. I just encourage people to take great care when they do it and not saying to do it or not do it. I'm saying take great care. As I started this conversation with you, Tracee, we're all getting our abilities back. And we need to be really careful because we're so powerful now. Need to play with our money. I don't want to put fear in anybody's reality, but have so much fun with it through your heart center, you'll never go wrong. Hope that helps.

T Tracee 1:45:29

So Margaret, from the USA asks, How do you help people that are good hearted? Realize about the dark controlling the world?

Q 1:45:44

Yeah, that is a common question these days. How do I how do we wake up my little brother? Right? He just bought another new Corvette and he thinks he's on top of the world. Right. So just by walking the talk living an inspired life. That's it. Hope that helps.

T Tracee 1:46:05

Yeah, I think people are slowly waking up. Okay, Larry, from the USA asks, Could you please explain the events leading up to and following the RV, specifically President Trump's return to zarges, our EBS, GCR, and any other events that you can share

Q 1:46:21

of this 20 questions you just asked me can you pick one?

T Tracee 1:46:25

Okay, so what are the events leading up to the RV?

Q 1:46:31

So you should have seen forgive me, but I'm not I don't have a television I don't participate because of the role that they've put me in for a lot of different reasons. But you should have seen by now it should be fairly easy for you to see that the US military, I'll talk about the US exclusively US military is running what is presumed to be your country right now. So you're already in the middle of the the flipping of the the tablecloth right now. So it's confusing for me that how people aren't aware of the sequence of events that have already happened, when you do actually get some pretty good information. You don't obviously have a president in your country, you don't have an organizational alignment in your country, either. You don't have anybody running your country at all right now. You have a lot of white hats that are assembling. Right now through the US military running your country. Notice no one's running out of food.

That was not happening. The goal was to take your power system down and all your food, that was the goal. Notice you still have food. Anybody without food? Everybody seems to be doing pretty good, aren't they? So anyway, those are some clues. I'll answer more progressively, if you think we need to Tracee but the question was a little long.

T Tracee 1:48:04

Okay, so I'm going to expand this same question because I think everybody loves to notice President Trump need to return first

Q 1:48:12

So Don was always going to be a transition specialist like me, but on the intrinsic level. So when you look at the nuts and bolts of operations, project management, construction, he's a perfect fit. He's a construction manager. That's what's going on right now. He's running a construction company, and he's rebuilding all of your systems with incredible vast amount of people. massive amount of people. He's the best delegator, probably on the planet. he surrounds himself with killer people. And he wants them to get the attaboys. He wants them to be the heroes, because they are. Hope that helps.

T Tracee 1:48:56

Okay, so he doesn't need to come back. Do you think that EBS is going to come before or after the RV?

Q 1:49:02

won't comment on the EBS. Because it's installing timelines. I want to be I want to be very careful that I will not give you predictions. I will talk about things that have already happened in most cases, you can feel the sequence of events occurring, I would assume. You can see you're right in the middle of it right now.

T Tracee 1:49:22

Okay, well, if we can't trust the news, how do we get these sources? Like you said, you should be able to see that there's really no precedent, if we're not watching the TV, which I'm assuming most of us aren't. How are we to find out that?

Q 1:49:37

Okay, so, this is this will be my understanding and purpose of this call today. It always takes a little bit of time, but you're gonna see that we're now understand why we're on this call today. Go in the mirror, and ask yourself any question in your heart will tell you the truth. You have all the knowledge in the universe I guarantee you.



Tracee 1:50:05

Okay, they were wasting your time today or No,



Q 1:50:08

no, this is incredibly awesome. We're all getting we all can try light ourselves now but it's not going to work we can literally we're now so powerful. Our collective consciousness. Very limited word Forgive me is all self organizing, regulating, talking, communicating, we're all feeling each other right now. You can feel me talk to you. Instead of hear me? We're all capable of that. No. Oh, that helps. Huh?



Tracee 1:50:42

Yep, yep, yep. Okay. We'll all humanitarians automatically get Q phones and cute computers. Really? Ask Angeline that's her question. I'm just reading.



Q 1:50:57

Okay, so again, anything outside yourself is outside yourself will be my answer. I hope that helps.



Tracee 1:51:03

I guess we're gonna be able to call each other telepathically and I'll be fine. Okay, from Debbie from USA is redundancy, a universal gyro meter? Or tried and true starter foundation? Does that make sense to you?



Q 1:51:19

It does not. Me either.



Tracee 1:51:23

Does it? Okay. I mean, really the second half? Does it augment or impede slash hinder our ability to create anything truly new in the multiverse? Huh? No.



Q 1:51:38

Struggling? Okay.

T Tracee 1:51:39
So next question.

Q 1:51:41
I don't always do a good job of articulating the information, it's easily to get the information it's not always easy to get me to talk correctly without using a swear word. The the description you gave me is accurate for me in in what we've all created in the universe, the multiverse is a way to it. Everything is peace, energy, everything is neutral until you go and play in an in the experience and expression of yourself whether as a collective or as an individual. So the redundancy I do my best to explain is every 2000 years. Again, it's tough to put time to it because we didn't always measure time the same way we do now. In any event, we'll just use that number for the ease of conversation every 2000 years, the universe regardless of which universe recalibrates reconfigured rates, to its natural state of being which is light. And almost always you reorientate back to the first planet that you were incarnated to in that specific universe. So the redundancy i doing my best to explain is essential. And it's always the same amount of time, and it's always driven by us. So if not everyone can get to a high frequency, you're not going to have ascension cycle at the same time as if some if a race of beings was more progressive or less progressive. So I hope that helps. And that is exactly right. We have ascension is our redundancy system to recalibrate and reconfigure.

T Tracee 1:53:26
All right so then we have Martha from the USA so you say your cube at the drops did such a great job at reiterating no outside calm. So how do we know for sure?

Q 1:53:38
Well, you can just call me somebody, you can just call me. Just call me dingdong, I don't care what you call me. So a lot of that. I really don't care what you call me. And it's one of my favorite questions. I'll just be it. Okay, call me it. The cue posts are designed to get you positive propaganda. They're a gateway from source and our consciousness your entire consciousness on your planet is being bounced back to you, which you're calling the cube post. And some very special people in the military are extrapolating and sorting the information so that it might be more digestible. And they're doing a fair job of that. But I would I would say that there is an opportunity to expand on it. I think we're ready for a lot more information would be my opinion. Hope that helps.

T Tracee 1:54:41
Yep. So the game plan is working but what percentage is left?

Q 1:54:49

Q 1:54:49

Can you can you maybe sort that for me like what in politics or what's what do you feel like the questions?

T Tracee 1:54:57

Point? Fingers? I think that's like for the whole All

Q 1:55:01

I can, I can show you what I can show you what consciousness looks like on the planet. And I did discuss this, Ron, if we were to measure how many people were awake for lack of a better term, and the volume in which people are using their light body instead of their brain, it would look like about 65% of the planet is using high spiritual decision making process. And the reason that is, is we're many of us are staying at a very high level of frequency, but not sustaining it. So we're kind of are we're going up and down the roller coaster. Whereas if we could just stay on the very top of the hill, a lot of things would go a lot differently here. So to do my best to answer the question is, we are 65% on our way, because we're not sustaining the 100%. So that's my encouragement for everybody to work with it or heart center, and that will change. Hope that helps.

T Tracee 1:56:03

Okay, so then Pam asks, What happens at Ascension, I heard Ron Avataan say the Earth would be destroyed. So what happens to the human spirits that don't complete the ascension this time?

Q 1:56:19

Again, you got to be careful, some of these statements are taken out of context, the dark, the dark planets will almost always be destroyed, the Light Planet stays. So this was a planet remember? Everything behind that door? isn't there yet till you create it? So if you're creating your own universe, each and every moment of every day, why would you have a planet that is dark because you don't live on dark planets if you didn't choose? So of course, it's going to disappear. I hope that helps.

T Tracee 1:56:50

Okay. And then I have a question that you mentioned with that tone with Antonio that some people were paid with the RV. Already, was that like a test? Or do they just have more light within them?

Q 1:57:10

So my definition is of our Mission reevaluation. So already, you're seeing many countries are

so my definition is of our v is reevaluation. So already, you're seeing many countries are already reevaluating their currency. That was what I meant by that. What's fascinating to me is everybody wondered why everyone in the United Emirates has a mansion and 100 foot yacht? Well, that's because all the revenue of that country was given to the people. And then they go to the mall and can't buy a Gucci purse because nobody's working there. Because everybody's a multimillionaire. So in that respect, reevaluation has happened many, many times on this planet. Not everyone's sharing, though, is are they hope that helps.

T

Tracee 1:57:55

That's a good one. Okay, then Clifford from Canada says can explain the trembling and the heaviness during meditation.

Q

Q 1:58:08

That is great question very advanced. So depending on how you meditate, I'm encouraging people to stop meditating to their brain and meditate to their hearts. So in I'm not real popular with the metaphysical community when I talk about meditation, I know. But we should all live in peace, energy 100% of the day, why do we need to go meditate? That's, that's, that's my opinion, that we're all in a meditative state if we choose to. But certainly what I've heard that question to be is the spirit leaving the body and coming back in? That's how it works. Maybe you would experience that when you're falling asleep. Feels like you just fell off a building. That's your Spirit coming in and out of the body. I hope that helps.

T

Tracee 1:58:57

Okay, can you say when you don't do times, nevermind. Will Trump come back as the 19th president of our republic, I reworded it for you.

Q

Q 1:59:12

The symbolism will be to be a transition specialist. The goal is to make the chaos so prevalent that you claim this these processes and methodologies up Yes, is the answer the same capacity? No.

T

Tracee 1:59:29

Okay. We've heard that before too. And oh, goodness, I'm trying to get to a shorter question so many people. Is it still part? You've already kind of answered that one. How can we heal and detox our body mind, pineal gland?

Q

Q 1:59:51

For me? I want to continuously continuously remind everyone to do water charging and Spring Water. water has memory. And I'm sure that people get tired of me saying the same thing over

water, water has memory. And I'm sure that people get tired of me saying the same thing over and over again you are water, that's all you really are. Other than the minerals that participate with you take most sides take take a glass of water and and in install the outcomes you want the water to give you. And then we as you drink it, make it go counterclockwise down into your body for the effect you want. So whether it's healing, balancing, more knowledge, it doesn't matter, the water will assist you hope that helps.

T

Tracee 2:00:38

Like can you give an example so I have this water right? So it's Oh, big water? What do I do exactly. To charge it?

Q

Q 2:00:45

The advanced way would be to envision the electromagnetic etheric field of your planet that loves you call them of light coming from the middle of your planet, up your leg out your hand. And without touching the glass, direct it towards the glass and the other one to the opposing side of the glass. And shake your hands lightly while directing the light coming from the middle of your planet. Pure leg out your hand into the water, you can do it with both hands or one doesn't matter. And then make a command must be verbal. I command the water to help and heal and balance me or ask it nicely. It doesn't matter. Water, he'll unbalanced me now. Water gives me great joy and love right now as an example, and it will work.

T

Tracee 2:01:38

That's lovely. Okay, what are your this is from wisdom us in the UK? I have heard you talk about going back to nature and the hindrance of AI on humanity. So what are your thoughts on med beds? Maybe we'll

Q

Q 2:01:56

you know let's maybe we'll have a couple more and call today's out. All right.

T

Tracee 2:02:01

Yeah, you tell me your timeline. I'm okay.

Q

Q 2:02:04

Okay, so I'm a huge fan of med beds. Depending on which ones we are? Well, I'll give you one of the reasons why you're not seeing med beds more proactively is because the deception from the bad guys can be just as equally as powerful with their own med beds. So imagine if med beds are brought out to everybody and med beds start killing people. That isn't agenda the bad guys house. So now you would never use a med bed because you can't trust which one's good

and which one's bad. Certainly, harmonics and light can naturally be installed in us whenever we want. And you don't need a med bed. But yes, to get us educated, re educated to our natural abilities. It is a shortcut. I assure you there are rooms, from the white hats that you can raise people's frequencies. And it is part of the big transition that's happening right now. There are many individuals in the military who are going through frequency and incrementation implementation programs, what you might call a med bed I call a healing room. And so they're all growing their light bodies and their physical body. And it's quite an experience to go from A to Z in five minutes. I hope that helps.

T Tracee 2:03:26

Is that the same things that they took the kids that were in the dumps to?

Q 2:03:30

Correct. And it's it is part of my job here is to be a counselor for the counselors. And so they they do have me in several meetings, how do we how do we get more, you know, it's quite shocking when you don't even know it. You don't even know the sun's cold to go from A to Z. And now you're you're 100% sonically capable, so it's quite it's quite a shock. So you have to go real slow for most people, so they don't don't get overstimulated so to speak. But certainly that is ongoing right now and there is a priority you know, certainly paralyzed people things with their easily treated in these systems. Going to get to want to get to the people that really need the help first. So hope that helps.

T Tracee 2:04:16

Yeah, for sure. Okay, so how about one more this is a really and and then after I asked him after we finish this one, maybe we can figure out what the game plan moving forward is because I've only hit add some questions and we have like over 350 Okay, so the last question is from CL from the USA. Have you been behind the scenes of LW s all along? Or are you just now joining?

Q 2:04:47

You want to answer Tracee? What's it feel like?

T Tracee 2:04:51

I feel like I'll bet your closet right now

Q 2:04:57

A lot of attention is on you guys. And you know the answer



Tracee 2:05:02

but they don't all know. So would you say that that's a good assessment?



Q 2:05:07

Yeah, waiting my turn for sure. It's not always easy to find out who's who in the zoo. And so it's been very fun to watch. And I just cherish everything you all have done. You've given me a great place to play and love you all. And Ron is couldn't couldn't pick a better, better captain for you. And yes, of course.



Tracee 2:05:34

That's nice confirmation. And so do you think that first I want to say thank you. And I'm sure Ron will close us out. Hopefully, he'll figure out how to talk again. He's unmuted. I've been called on him a few times. But what do you think we can have you back? So we can I feel bad for anybody who asked a question, you guys, I literally was just going down a spreadsheet. So we would love to have you back. If you can find some time in your crazy schedule for that.



Q 2:06:08

Yes. And so why don't why don't you direct me how you feel would be the best help and support. I just, I'm just thrilled to be able to participate with you. And so any proposals you have, I'm all ears if we want to do this once a month or otherwise, I would cherish that, just know that things are moving very fast for you even sometimes you might not see it, it is your environment is changing very quickly. So I want to give that that encouragement to you all, work within your heart center. And you will, you will have so much fun in your life day in and day out. I guarantee you, I hope that helps.



Tracee 2:06:53

Yes, indeed, thank you so much, once a month, or even more, if you can do it, but we would love to have you but I just want to thank you Q for honoring us with your presence and all of the answers to the questions, we have so many people that want to, you know, ask and we will send this recording out to all of those who missed it. And I also want to thank all of you who participated talk



Ron Giles 2:07:19

your summaries, and I've made muted myself out without my microphone. So I apologize for that perfect time. However, I just want to want to, to know how much we appreciate you. And there's a certain amount of expectations that people came to, here to with the experience that they were going to have. And I believe that most of us all have the same kind of experience being fulfilled with with who you are. And the messages that you gave to us. I think it's

profound. You know, I like the idea that love won society has been on the, on the radar of the alliance and at UQ. And everybody for a long time, as I'm aware of that, because I speak with the Alliance. So when I'm speaking with the Alliance, and I know that they're, they're certainly aware of us. However, it's nice now to have you show up and in a verbal way. Give us the acuties or the kudos or whatever, that we're in process in a really good process. And that this is a blessing for us to know that and to know that we're what we're doing and where we're going is really in harmony with with all that we expected it is in harmony with and that's basically the alliance that I understand is the Ascended Masters and so forth. And the ETs and the boots on the ground and there are all part of it. But we are aligning with you and it is our desire 100% To be totally in alliance, excuse me in alignment, and in harmony with the Alliance. And and now we can we can include a name that you use, it doesn't matter to us either. We just love you and appreciate you so much for your willingness to share your assets with us in such a loving way. And what a gratitude grateful situation for all of us. And I say thank you from love won society. And I'd also like to mention a thank you to to Tracy, I can't close without saying how wonderful she is and how much she is appreciated by all of us. For the, for what she brings to our love won society, when we're doing Q and A's and other things. So, it's, God has assembling the right people to do the work for us. And so I called them all gifts from God that are participating with us and doing such a fine job and test as for carry and, and, um, and, and the others as well. My name is coming right now, but I'm grateful for that. Thank you so much. Thank you.

Q

Q 2:10:51

Blessings, Blessings, Blessings, all of my love to you all. And I can't wait to do it again. With great, great grace to all of you. Thank you for allowing me to be in your time and your space and your day. Thank you. Thank you. Thank you.

T

Tracee 2:11:10

Okay, thank you all have a blessed day. Bye now. Hi. Hi. Thank you. Bye. Thank you. Thank you Oh hi. Hi, thank you everyone. Thank you wrong. Thank you. Thank you. Thank you, Tracee. Thank you, Ron. Love you all up. I did a really great job. Tracee. Thank you. Thank you.