

Q joins with Love Won Society

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SPEAKERS

Q, Ron Giles, Tracee

T Tracee 00:00

Hey, good morning, guys. I have been so excited for this for about six weeks, and love won society members. Today we announced that cue are joining forces with Ron and love won society. And yes, I mean, the real cue from the keyboards. So let me introduce Q, would you like to say hello to the members?

Q 00:23

Tracee, thank you so much. It's just such a great honor to get to co create and participate with you. And it's so exciting, the energy you all bring for your highest purpose. Thank you. Thank you. Thank you. Hello to all

T Tracee 00:40

drawn, will you please welcome your members to the call and share why you are so excited about this? Yeah. This is a monumental experience. This is, can we say the next step for love won society. If this will, I'm calling the golden age of mankind, where God is helping us to catch up to where we are supposed to be, or would be had we not been shut down. God is becoming more and more involved in everything that we're doing. And so the idea that Q is here, and Q is representative of Divine Consciousness Divine, the divine. And so when we start interfacing with him, there's going to be some really, really phenomenal things that come to place for us come to play. And so I'm really excited because we have somebody that is very authoritative. Well, I shouldn't say it that way. Because that sounds like he's the boss or something like this. And he's the most humble and wonderful individual. And we're going to learn to love him just like we love each other. He's part of us, and has been part of us for a long time. So it's now our my privilege, and Tracee privilege to introduce to you this tremendous queue. That is going to be such a great help for us. We'll see how that works out. Oh, awesome. Q, why are you excited about this? And why did you want to join forces?

Q

Q 02:43

Broke up a little bit there. But I believe he said to me, why, what were when, basically? Hey, yeah. So why this is so exciting to me, is the acceleration, as Ron said, of ours, self self driven implementation process. At this time, in the history of this version of humans, we're able to receive more of our composition or comprehensive light body into our physical body. And with that, the one of the primary reasons I'm here is to remind you of the knowledge you already have, as you walk this incredible journey. And the in, one of the great opportunities we have if we want to look at love won society is recognition of our purpose is is our excitement, our joy, our inspiration. And our creativity is all that that drives us. And this means of exchange that we're going to quickly transfer through the identity of titles and ownership is going to change very quickly. And so that's why I love one site is so exciting to me, because you're already starting the process organically. Outstanding job.

T

Tracee 04:13

Awesome, thank you for that. So can you do a little background about who you really are? Why you're here at this time, just for the people who don't yet know.

Q

Q 04:28

Okay, so it's gonna be a little long winded. So forgive me there's there's a lot of information now that we're able to publish. Because it's been a very long road. But again, I encourage people to go to for the people that space and get good history likes and from my publications, and I'll do the cliffnotes version today, if you don't mind. What what is some of the knowledge that you're getting back now that's going to come to your heart center more and more. Now, as you can actually validate everything I say through your heart, we can use Tracee as an example, her BS meter is very strong. And well, everybody is going to get that way very quickly. And being able to disseminate information from source God, whatever word you like, is going to be very normal for you very soon. But essentially, what is normal in the universe, the multiverse is every 2000 years, there is an ascension cycle. And that word has been abducted on this planet. And so is this linguistical system, our language, but in any event, this is how we communicate. And essentially, we are able to, that means all of us were able to recalibrate and reconfigure back to our home source planet, in most cases that we all go back to our home planet. Or we just recalibrate, reconfigure for another adventure, we'd like to go experience. When that cycle happens, light beings like myself, come down and help support and assist, re educate any way we can to support and it shouldn't be fantastic. Everyone on this planet is unlikely. The only difference with us, when we come here is we have little or no restrictions from DNA, recognizing our our history, our understanding of the metrics of the multiverse, and we just are pumping up the tires, we're just like you, you're here in individuality. I'm here from a collective. So this is very common. You anyone who's here now, most likely missed the last ascension cycle 2000 years ago, the last time I was here, and it's a great number. And the reason and by the way, you can go through the ascension cycle, any moment of any time of any day. But you're guaranteed a better opportunity when we go through, let's say the recalibration reconfiguration of your universe handle your solar system. So primarily, I'm here to be someone that works in the garage, helps plump up the tires. As I say, I'm just like you, I just have all of my memories back. And don't reside here 100% of the time, like you do. So I'm only here about 150 times a second, which seems like a lot, but it's not. So I'm, I'm literally

more than one place at one time on your planet. And I have the same abilities you do you have these abilities as well. I'm able to by locate continuously to and from source. And so now that that helps me be a resource for you. And I help get you rekindled to your light bodies. And you'll be exactly like me eventually. And that's why I'm here. And that's the that's the cliff note version. Thank you, Tracee

T Tracee 08:11

Yeah, that is a cliff note version. And I love your website. It's very informative. And I have shared the the interviews that you and Antonio have done, which I absolutely love. And there's a lot of information you guys that you can study. And I think that we've set up some stuff that we can send to you. So can you also explain how the harmonics of your voice? How that can help us?

Q 08:41

Alright, so yes. So one of one of the opportunities we have is to recognize our normal communication is through light and sound. And as you as you marry, your experience here with your light body is going to be your primary source for processing information through your heart instead of your head. And so when you ask me a question, and I give you an answer, you'll know it's impossible to be lied to, from me as an example, and anybody else in your in your life. Well, the reason it's important for the harmonics to get recognized will use me as an example is through your heart center right now, you can feel that I am directly from source because I don't reside here. So my my frequency is a little say a little cleaner because it doesn't have as much distortion. Because I don't reside in duality. Not to say I'm not an individuality like you, but I'm primarily in source and now you can feel that resonance and just just by listening to source as an example, you're going to get more source in you and this is the natural calibration process. So organically, if Ron is a higher frequency than me as an example, I'm gonna get more of his frequency. And so that's how we've naturally recalibrated. Our our experiences in the multiverse is to make sure we have a growth spurt, so to speak in receiving our light body. And that's how it works.

T Tracee 10:20

So would that be so similar to entrainment? Like within atom and the vibration of an atom?

Q 10:28

Little of it'll be a little careful that word. Oh, in train, men and curse, that's another black word. So I'm going to train men, T is a T is how the black magic is installed, govern men. So anything with a T on it, most cases is is magic, dark magic and or has a salutation to implement finalization. So notice people that have names that don't have a constant have more flow in their life as the example? Or or when when you give, when you give love and appreciation for someone many of those words have been hijacked to and and so I would be careful of that one. That's always been a good clue for people who aren't aware of how to use their core to discern information. So you're close. But it that one's been hijacked to as you as I'm stating.

T Tracee 11:38

So the meaning is still there with the whole vibration that you elevate to the highest vibration. But it's just the word that they hijacked.

Q 11:48

Right? I do my best to communicate as clean as possible. There's only one book. And you all wrote it has one page and one sentence go with it. And that's, that's, that's that's how it works.

T Tracee 12:02

I'm so glad you said that. So there's two questions I have based on what you've previously said. And I'm going to start there, since that's the latest that you brought up. But what does that mean exactly? How do we go with it? I've heard you say that meditation is not the right way.

Q 12:17

Yeah. And so you'll notice the more we communicate, this is another value to the harmonics. So I have no idea what Tracee has written down other than a few minutes before, she mentioned a couple of things. But so naturally, as we merge our frequencies together, as I communicate today, with Tracee, we're actually going to get more synchronistic. In what we're going to talk about what she wants to talk about what you all want to hear it's in this is the natural course of the universe, as it pertains to harmonics. And light is synchronicity shows up right on time perfectly when you work from your highest excitement. So that's, that's what I meant by that. Forgive me.

T Tracee 13:01

The question again, is directed towards going within like, how do you go within?

Q 13:11

so the best I can do with the English language so far, is every choice you make. If it is absolutely exciting, passionate, unbelievably inspiring. I can't wait to do it. That is coming from your heart, not your mind. That is where you are used to living. Before you got in these bodies that have a massive amount of filters restrictions through DNA, you only lived your highest excitement each and every day. And when you work, you're always imperfect peace. So you, you're Your Peace Center, you should always be neutral. If you're not, then how come is always been my question, how can we can't stop thinking? And or why don't you only live an excited life instead of a life of duality. And so anyway, a lot of words for if it's not exciting. If it's not inspirational than what that is the faith I wish for everyone to find.

T

Tracee 14:23

Indeed. I really concur because I feel like like even my own husband, he is in that space where he lives in like he always has to be working. And it's heartbreaking. I don't I don't get it, but I just have to love let him live on his journey. So you just mentioned again duality and singularity. So can you explain the difference between those please?

Q

Q 14:47

Right. And so you can actually look at meditation as an as an example. Hold me at duality and singularity. Very fun one when we observe of meditation through the brain. Some of this is really exciting going outside our body and traveling in hyperspace. But I assure you, if you go outside yourself, you're going outside yourself. So if you are in peace, energy spirit, there's the it takes one second, and you don't need a mountaintop, or 1000 beads of crystals, you're actually choosing to be in your state of being and the circumstances shouldn't matter. So you should always be neutral is your normal state of being, as an example, the commands I've taught you in the past, if you're not neutral, are you choosing to be in your highest excitement? Or are you processing information from the brain as an example. And this is why singularity is so interesting here as it relates to duality. This version of humans was designed to have a tremendously large telephone on its head. I know some of this information redundant for people have heard me talk. But essentially, everyone is super psychic. And whether they can extrapolate the data is another question. But everyone has a tremendous transmitter on their head, and a tremendously large receiver with a historical storage unit memory. And the duality Well, what's unique about this version of humans is they've sorted so much, excuse me, we've come here in such a refined way we've we split from another light body from another light body from a we come into, a lot of times we do come in as groups from an originating silo of light. And now this version of humans is able to take a very minut portion of light, and, and have life in it. So essentially, your light being a subset of another light subset of another light another light billions of billions of times ago. And now, you've been put in a body, we regardless of what bus ticket you took here, that only can receive a very small portion of, of source and our God. And that's roughly most people are living in around 20% a day, give or take depending on who you are. And once a month, you have almost all of your light in you. And it's only for about three hours a day would be my measurement today. And it's changing though. Because we're all stepping up and feeling the impacts of the way we're changing in our universe. And in the recalibration process here, which you're calling ascension. And how that marries with duality is we are constantly living in our past, because of what happened to us last week, last month, last year, mom yelled at me, etc, etc. So that historian that lives in your brain, with an incredible receiver is being courted continuously. And so when I what's not been explained to most people is when I have a thought for you, Tracee, you actually receive it. And that's how big your transmitters now how much of that you receive and and can and and congratulate you sort it would have is really up to the individual. But if I say I love you, Tracee, you actually receive that energy. Now most of the world does the opposite. There's a lot of drama here. And so we are actually living in that drama, that field on our planet when there's drama. So that's why there's so many duality here. There are some bad guys that know how this works. So blew up a couple buildings, start a couple wars, yell at people on the knee news, call people names. idolize destroy. All of that is good. As long as there's more of it. The bad guys don't care. That's how it works here. I hope that helps.

T

Tracee 19:11

Yeah, so let me see if I hear what you said. So when you said that you are here in singularity is because when you're not here, and you're out there, it's more of a collective. And then the duality component is like light and dark. Good and Evil. Is that what I'm hearing?

Q

Q 19:29

Yeah. And, and so, you know, a lot of times, you know, taking questions over the years, and one common theme is okay, so why can't you clean this up? And I say, Okay, well, first of all, no one has the right to I don't care what direction you come in here. You don't know what it's like to walk in another man's shoes until you actually do it. So just to sit on your mountaintop and say I wish they would do it this way. Doesn't doesn't compute at all because we're All experiencing what we want to experience that is the natural course of things. So to do it in singularity is a great honor, unbelievable honor to have your own body to have your own experience, to be able to remember it, it is quite a feat. So don't ever let me dismiss that. Now, the only the only subset here would be, we're not able to find everybody. We're all in our own states or own countries or languages. If we would all have one common language, even this play this this place would be utopia. Hope that helps.

T

Tracee 20:37

What do you mean find everybody? Well.

Q

Q 20:41

we're we're naturally, for lack of a better term, we're naturally D high traded, we're used to having a lot higher level of intimacy in our relationships, and our legacy relationships are here. And they may not be in the same country, the same state, but our legacy relationships, our light bodies, and we recognize each other and so many people recognize my voice, because we used to be able to find our people, our village, if you will, because we come we extrapolate from light, and we've had other lives together. And we we remember them through our harmonics, and they have a signature, and it would go so there was a great goal in the industrial revolution to make sure you got 50 states as example. How about a couple more counties, a lot of cities, a lot of municipality, your entire hierarchical system was created for maritime law. So you wouldn't collaborate, you couldn't find your own village. Imagine what would happen if we all had collaboration centers? Well, you create your own government, because you wouldn't, you wouldn't need the government. The great goal to get rid of the Native Americans, because the entire North American body of land all the way to South America was already there. So don't ever doubt for a minute that the greatest culture in the last 500 years is going to be the North American and Native Americans. Because they had their own language. They had their own trade routes. They had a barter system, a very efficient, and that was an example of why that was shut down. Hope that helps.

T

Tracee 22:22

Oh, yeah, that totally makes sense. It's I think I heard maybe you're saying something about

even the aboriginals, the same type of thing. I would like to know, is also you. So you are about 20% light, and I'm assuming you're about 100 How can we increase that light.

Q

22:46

So even I saw when I got in here, that don't definitely don't want light beings in here. And we can talk about them in another time period and get people feel the shows. But basically, that's not necessarily true, I still have some restrictions, as I come into this body every every second. And really was, was was really tortured my first part of my life with implants and military overview because they know, they know they can't stop us. And that goes for you to notice that we're all still alive. So so this is quite interesting story is, is okay, so why would that be? Well, they can't figure out how we do it. This is a really important time for the bad guys. Because they can't they can't figure out how we go back and grab more of our light continuously grow out of the restrictions of DNA and go through the ascension cycle, they can't figure it out. And they want multi dimensional capabilities. And we're the only ones that happen. So when you work directly with your Spirit, through harmonics, and or lights, you're going to grow outside the hindrances of DNA. And so DNA is your culprit. And your helper at the same time has many physical, beautiful attributes to make us what we are. But essentially, when the light body comes into physicality, that is what you're calling the seeding of light and or what you're calling soul. So the soul, the soul trap, if you will, for me will always be DNA depending on who you are. And by the way, there's a few families here that don't have many restrictions. Guess who has all the money, by the way? So there's a genetic bloodline here that has done a good job of staying in their bloodline as they evolved. And they have all the resources and a lot of intelligence. And so my suggestion as your is you're coaching us towards it sounds like Tracee is grow your light body each and every day. And you are going to get your natural knowledge center back through these exercises we've discussed far, I hope that helps.

R

Ron Giles 25:02

Yeah, totally. I've been doing that

T

Tracee 25:05

Tracee I have a question just short one Please.

R

Ron Giles 25:09

It could be long.

T

Tracee 25:12

Okay. There's, when we're talking about that little light and coming into our body and becoming more light centered in our light body. My question is, when we're not, is there value for the light, almost like an experience, value? Or not having the fullness of who we are to us all the time? And, and the reason I'm asking that kind of question, because that's where we stay.

That's where oftentimes we have our nonprofit coal, if you want to call it there, we're not really is there some value in that? And I'm going to put it in a third dimensional realm. So that when we take a look at it, we don't have? Well, there's a judgment value and the judgment value is lights a better way to be, but is there some value to the dark side? And if it's not a value to us, and why did we create it for us to kind of live there? If that's that makes sense?

Q

Q 26:36

So key few questions there. Why don't we start with the value of recognizing. So for me, Ron is already finding separation between the emotions that come to the head and the thoughts content versus his, what he's calling consciousness and our source and God. The light has all the intelligence in the universe. So I'm going to remind everyone who will listen again, take what you want from me dismiss what you don't, that this is, this is essentially what it was like before you got in this body. There is not one thing you didn't know. There's not one thing in the universe, you did not you are God, you are a portion of God, and or goddess, whatever you'd like. And the all the knowledge in the multiverse, everything is in you right now, through your light body. The only thing you don't have is the experience of all the knowledge you have to go play out in the multiverse creating the multiverse in singularity, or in collectiveness and or, as rod has pointed out in duality. So essentially, this is the comedy if there is one here, I've never seen God fight with itself so much. And because it's self imposed, soul trap, in my opinion, spirit cage, whatever you'd like, has been abducted by geneticists who've made a brain that only lives in thoughts that are not theirs, because of the cording, because of the heavy emotions, because the heavy history, historical capabilities of memory. And so if we would remind ourselves how synchronicity in the universe works, it works through our highest excitement, because that is what we really are. When we think we have to get that square peg in the round hole over and over again, and it's just not working. And I keep paddling up river and it just doesn't work. I'm going to do it harder and harder as mind energy as an example. And so that's how duality is created. And yes, there is great value to Ron's point. How can I keep thinking this? How can I have fear? How can I have doubt? Where is doubt and fear come from? If I have any truth in what I'm saying? It comes from the mind comes from someone else courting me. It comes from even abductions your cell phone can abduct you carrier waves into your head, your your television, the community you live in. That's how supple and soft and sensitive you are. And that's how the the bad guys have used duality, to suspend our creativity. I hope that helps.

T

Tracee 29:33

Yeah, that does. So what I'm getting from what you just said there's there is a an experience value in the dark side because we don't want that. So we're looking for the light. So if we're not living in the light, then there's ways that we can change our thoughts and that will change our mind that will get us more alive. Ain't with the lie. Now. That to me, that would be the secret. Now, Tracee says, How do you go with him? Well, we hear we hear things like, well, you should love yourself. Or don't I love myself anyway? You know, what is it that I'm, I'm supposed to love myself more? How do you do that? There's those kinds of instructions that kind of beat up against a brick wall, because we have no knowledge of, of how to do that in an effective sort of way. Now, some people will talk about the meditations, and how wonderful and great that is, and, and that's going to be their their key. And now you've said that that's not really the key, because that keeps you outside, when you want to draw the light inside. And and I don't know how to address that. Somebody asked me, How do you gain more light? Or how do you gain

vibrations? Have you like, well, you you do things that are enjoyable and don't don't think about things that are not, and that what you reflect upon, or focus upon, is what you're creating. So there's a lot of things out there that are true. And yet, we haven't been able to assimilate all of the good stuff and put it over here and say, Oh, this is what is a good stuff. And this is things that these are things that are kind of different, but we don't really learn. And these are the dark stuff. Well, the dark and the light are very visibly different. And how do you get from one to the other as is perhaps maybe the dilemma that mankind has now? Yeah,

Q

Q 31:56

I'm in agreement with what you said there, Ron, I might use different words. But that's about it, I think we'd come to the same meeting. Again, huge fan of meditation and finding your Peace Center. But I'm encouraging everyone to do it to their heart. So it's, it is there are some very qualified people to teach meditation to the head. It's very tricky business, though. And that that's the information that's been held from you, in my opinion. And it's a swinging door, the door goes both ways you can receive and transmit the hand, you're leaving your body at the same time. So I would encourage people, as Ron said, you the more you use the muscle of being in peace, energy, and your highest excitement, if you will, the more it grows, you don't have a choice in it, you're at a place. This is the farthest this version of humans has ever made it. This is about the seventh, arguably the eighth version of humans on planet Earth. And this version is a little too good for this round of the ascension cycle. So we're growing out of those hindrances. And so we're naturally feeling everyone's changing whether they like it or not, it's some will, some will, will grow intentionally, some are going to grow organically. It doesn't matter if your light is going to come into your physicality more and more all the time now. And that's one of the primary purposes I'm here it gets a little confusing. Because you're getting more of your capacities, you're feeling stronger. You're you're loving more expressively more expansively. And it can be tricky to have so much your capabilities back overnight. And so in any event, Ron has arrived for me. As you grow your light. It just grows even faster. It's like going to the gym, and I'm just the gym coach is an example. Hope that helps.

R

Ron Giles 33:58

Yeah. This is good. Thank you. Awesome. Do you have any more questions that you want to ask at this moment, Ron?

T

Tracee 34:09

No, that's good. For now. It was it was just a thought that like, is there a value in the darkness? And I'm not sure other than just the bad example of contrast? Contrast? Yes. Good word. I think that the dark actually helps you appreciate the light because you go well, I don't want that. I want this. That's just my opinion. So do LEDs for so that we can see the contrast? Yeah, and then make a choice for the light. So I want to talk about two more primary topics. One would be like the boards and the political space. And then the other one would be if we could do some commands and kind of like how we're going to help each other. As this You know, joining forces. So which one? Do you want to start with? Q?



Q 35:05

Yeah, let's get my favorite topic. Low Frequency politics, I like it,



Tracee 35:11

then we can end with a bang. Well, we don't have to go there more like, how can we speed this up, we've all been waiting so long for us to be able to be all boots on the ground, and, you know, start rebuilding. So



Q 35:29

let's, let's talk about the board's real quick, because it's fun. And this was an audience I don't usually get, I rarely got an opportunity to talk to this direction. So it's really fun. Let's let's do it. Ask me a question if you like.



Tracee 35:43

Okay, so were you the one who actually posted everything on? I don't remember, it's 4chan or whatever that was? Were you the one who wrote those posts? Or how did that work?



Q 35:55

No. So we got to, we got to look how the this, just know that this is very well thought out very well. And the planning for this is very vast. And the redundancy of this process throughout the universe is vast as well. Redundancy being the key word. So you can assume that many decades ago, a technology was brought here. It's a gateway. And it's a quantifiable gateway, where you can receive a geography or a planet's consciousness to and from source, it's very, very easy, should be very easy to understand this technology. If you've ever seen how satellite works. A crystal works doesn't really matter what foreign technology, it is just, it's almost identical to a quantum gateway. That technology was brought here. Not that the arcturion region is my favorite. But it was a technology brought from the Aquarian region many decades ago, and it was given to had redundancies given to several families and individuals who had a relationship with the military. Some of those individuals had a light being present and or were representation of the light. Those some of those people are very famous, and some of those people have been murdered to give you a clue. So having all this information, in order for a gateway to work comprehensively, there has to be a conduit from into source. So you don't have enough light beings here for a gateway to work comprehensively, unless you have a transmitter receiver and a ground from source, I am one of those. And until my final implants removed by Special Forces, in 2017. As an example, the gateway did not work 100% Because only two of the other individuals had all their light in them. So in order for a gateway, from source to work, you have to have the three of us here, we started with five, and immediately three of us got abducted now we've false for a full scale, now we have three, and one we're trying to get back, the other has left the planet, let's run animatronics leave people now. In any event, what's been given to these special people and these military is the way to sort and extrapolate the consciousness of an entire planet. And these team, these teams of people that had access over the decades, had to be very careful that they fall into the wrong hands

because actually the bad guys have one similar, but it's doesn't have the comprehensiveness of going to and from source collectively around the planet they had what you've probably heard, they did have a way to measure consciousness in locations and, and Coach timelines and what they wanted, but for the most part, they were very incomplete compared to what you're seeing on the Cube cause. So I'm a huge fan of the cube post and I'm not a huge fan for a couple of different reasons. One, it's obviously people have seen now it's an attack, against propaganda, with propaganda. That's all it's made for. And to remind you that if you don't get off your butt, you're gonna get the same story got over again yesterday, because you're watching a movie and you keep watching the movie and you keep watching the movie, enjoy the show, etc. Some of that is supposed to be a little bit of help. But essentially, if you live in the past, you're gonna get the future from the past. Okay, so with that tool, these individuals, very special and very intelligent, have decided to extrapolate constants and planet enough specific direction. And now you can see the Discloser direction they went. For me, I wish they would make it a little broader because I think we're ready. But essentially, you're reading your consciousness on the cue post sorted. That's all it is. And the way it works is because three of us from source are here. Now, this is very, very normal. If if all of us had more of our light in us, we wouldn't need a quantitative computing system, we would need a gateway. But we're not all quite up to speed yet. We're getting there, we would be able to read the collective consciousness if we had a little more of our tools back. So anyway, that's it in a nutshell. Hope that helps.

T

Tracee 40:45

Absolutely. So are you so you know, a lot of those posts are signed queue? Is that because of you? Or is that because of the military because I know you're the transmitter.

Q

Q 40:56

Right? So you can already guess which one I am. And, and when we first identify when they were, when we first identified, the groups were the most viable, there is some Galactic Federation component to it, that's a longer story. But essentially, they needed an identification, because there, you gotta remember, 50 years ago, they don't know where these transmissions are coming from. So they needed an identifier. And that's why we use my originating name from my very first life in the multiverse. And we use the first letter, essentially, we don't like names or titles, I don't carry a name or title at the higher frequencies, because our expression of ourselves is a clear identifier to who you are when you communicate in higher frequencies. But down here, we needed to give him something so they knew what direction the information was coming from. So it's not, you know, it's not it's not a vague direction, they could always see it's from Q. And then that education process grew from there. And the identifier, wasn't as important because they got educated on the history of the universe through quantifiable gateways. So I hope that helps.

T

Tracee 42:13

Okay. And have I heard you say that when it says, Trust the plan, or watch the show, that there is no plan? I feel like I heard you say that.

Q 42:27

The How about this? Who's got it? I don't know. Do we all have our own? There we go. Thank you. Course. So if if we would just follow our highest excitement. So this day, you gotta remember, when you have a gateway like this, you can see everything. And all of us are going to have access to these quantifiable computing systems very quickly. That will teach us about consciousness. But we don't want everyone to have it because they can also control consciousness if you're participating in a heavy duality scenario. So the bad guys obviously would use it for negative services. answering your question is a little tough, because I'm not the one always. You're some of the some of the communications on the key posts are directly from me. I can go get all the information that has been submitted, but it's way too granular. For me to get excited about. It's just a lot of work. I'd rather work for the future. Because I believe it's real necessary to walk the talk. And we live our highest excitement and highest joy. It's not real exciting to look at the past for me, and I encourage everybody to create forward. So is it as a short version, your cue post, you're just reading your own experiences on the planet, sorted in a geography and many times and sorted by topic? Hope that helps.

T Tracee 44:06

Interesting. Ron, do you want to add any questions in that topic? No, I'm just sitting here enjoying it? Yeah. Okay. Cool. All right. So

Q 44:17

what's interesting about the one area I do get involved in. So they do have the ability to talk to me in real time, because I can by locate all these families can talk to me in real time. column families, because they're well picked in the military. And they have a show they shoulder the public world. Soon, people can start to figure out who those families might be. In any event where I am excited is measuring and helping raising the consciousness of the planet. So using America's example, we do measure it specifically to measure where we're at as a collective and You can, you can assume that any given day, the whole planet is roughly at 65% of their, their their conscious capability at any given day. The issue for me is, we're not sustaining that 65%. So some days were at 20%. Some days were at 80%. And some of it has to do with some manipulation here. Time loops, the bad guys do have time stamping capability, that means they can slow down time and they can speed it up, they can cut and paste, they still have control the moon, and things like that. But essentially, we can we can all win this game real quick, if we work with our heart center, and it all goes away. So I hope that helps a little bit.

T Tracee 45:47

You know, I'm glad you said that. Because when I read some of the rooms on Telegram, I read people bickering back and forth about who to listen to, who to not listen to, and all of that, and I'm just like, this is just such low vibration energy, it is not accomplishing what we really want to accomplish. Would you agree with that?

Q 46:00

Q 40:00

Yeah, so what's the great opportunity here is your highest excitement has nothing to do with the past, it instantly goes away. And so if there's so if there was any salutation, I can attach the stick to the plan, it's because there's a there's a model, and a metrics that is going to be achieved here. Regarding the volume of light, you're gonna get in your body, whether you like it or not. So in some respects, stick the plan can be, can be, let's say described as you are going to grow God in you, no matter what. Just and if you want to, if you want to hide it, you can try and hide to be your good, everyone's getting the truth, whether they like it or not. And that is you are becoming more of a light being. And now how much how much you play with it and health. It is up to you now. And that's that's why I'm here.

T Tracee 47:05

Perfect. So how do we speed it up and get the show on the road?

Q 47:10

It's almost like I'm wasting my is it? Am I just wasting my time?

T Tracee 47:14

No, no, Mary when I was you

Q 47:21

It is it is I get to have fun to write. Okay, so the, the Sure, efficient way to work with yourself is to work with yourself, forgive the redundancy, go within, through you verbally first, and have fun with it. It must be verbal, talk to yourself continuously God source whatever word you like, You are God, never forget it. I'm so sorry for all the beautiful people in churches, you've been duped I'm sorry, with books that have a lot of great information. Confused, informational, call it Forgive me. You're all beautiful people. But at the end of the day, you are God. All of us are a portion of God. And now to bring in more of our light is the beautiful thing that's happening here. And go within is all you can do. And super fast. Super fast.

T Tracee 48:21

Cool. Okay. It's my observation from, from the religious aspect of life. There are many, many different Christian churches as well as obtain many other religions. And it seems to me that what they tried to do is stop us from knowing who we are. So we don't even allow ourselves to be God. Religion has taught us that we have to have somebody between us and God. And it's usually a priest or Reverend or somebody like this, with the intent that those kinds of interim intermediaries of color are trained so that they don't allow the people to really understand who they are. And when I say understand, which one of the religions so the world is teaching us that we are God. You know, I have that belief have had it for, you know, 30 years. And yet there's nothing in this life that supports that concept. We have created a deity where there is no deity

to create. And that's because of the way that we have been conditioned to live Because we'd have, and so I look at Prime Creator. And you know, there's a, there's a certain awe and respect that just automatically comes.

R

Ron Giles 50:16

And then I say, He doesn't need to be, he doesn't want to be whatever.

T

Tracee 50:35

I apologize for that there was some I had music playing, and they decided they wanted to talk. So what I'm getting at is your, we're gonna get into some commands. And we're gonna kind of we're going to Command Prime Creator. And most of us would never try and tell God what to do through a command, none of us. And yet, is that not just a natural way? Now, you you mentioned this the other day to me, it was in our conversation. And I was saying that I have a hard time commanding God, well, who do you think you are? Why don't you accept the fact that you're a son of that person? Why do you would you did do make your dad a deity. You You've got, we've got to learn that. As a son of God, I can approach God in ways that I never thought possible. I was never taught to do things this way. And yet, now I am through the commands, I'm commanding God to do things. And you came up with the idea, well, actually, you are your Prime Creator, or something different from you than you then it is from your dad, or mother, whatever. And so this is a whole different way of thinking, a different way of believing and a different way of allowing us to move forward. Because I do, I do have that feeling of being a son, and that's my dad over there. There's nothing that I can do to make him not like me. There's nothing I can do to fail. In, in his side, because I am perfect. And I'm here to do things on my own. And there's nothing that I do that is wrong. It's just I have consequences. But there's no judgment. There's no, I don't have to be something or do something or whatever, to to get back to the presence. That's my home. Why do you have to do something to be able to go home? Those are the kinds of things that I believe, are a fallacy of our religious upbringing. And I don't mean to, to demean people who are still there, and, but there's a brand new way that's coming. And this is the newness of what we're about. And that's why it's coming. And so you can find it, and you can find it, and you can find it. And then when you're finished, it's like doing a powder on the ground that Charles poutine on the ground, because don't get his own way and all that. But as soon as you're finished then then God just says, okay, when you're finished, let's come on back, we'll talk. There's no punishment, there's no problems. We're here, I batch my father over there, over there. It has my father in here as who I am. And I can't get away from that. That's been the hardest thing that I have to share with my love won society people. You got to come to learn, learn to come from your heart. And when you do them, the whole new life will be opened up to you. But if you steep still keep going in your head and your head is where the fear and the doubts and all that come from and the mind set. And if you can let that stuff go and not recreated into the future, then that's where our, our real joy and happiness is going to come from. Okay.

Q

Q 54:56

Yeah, I don't think you need me Tracee and Karen's got this

T

Tracee 55:00

Oh no, it's a team is bringing the band back together. Yeah.

Q

Q 55:08

Yeah, I think Jim Belushi got it right. I'm on a mission from God. Yeah. So

T

Tracee 55:15

since Ron led about the commands, do you want to segue and do some commands? Ron, do you want to do the repetition? Or do you want me to do it? Or what do you want to do next? Well, I'd like you to do that. I'm having an emotional experience right now. So I thought I heard that. I thought I heard that. I love you just got zapped with a whole bunch of love. So before we start this Q, can I ask you a question? So I thought I've heard you say that when you do a command, and you ask my spirit, or I command my spirit, or I command Prime Creator, or Command prime creation? Are those three the same?

Q

Q 56:02

Okay, so really, the goal with commanding your spirit is to be a spirit communication starter kit. Okay, so getting comfortable talking. So, you know, 10 years ago, people didn't even know what meditation is now. Now. Now we're talking to God really? Sure. Pass me the pipe, by the way. Okay. So really, when we we talk about talking to source ourselves, we're just talking to ourselves, and we're directing the health we want, primarily, because as people like, to us, we're in a lower frequency, like 3d. So this is a great privilege, by the way to have so much density. This is this is quite an experience, I assume people have realized that by now, to have so much restrictions yet have so much capabilities. At the same time, it's quite an amazing place to be in 3d, and have so much capabilities, but essentially, the genetics here are are slowing, have done their best to hinder getting all of the volume of light of its potential. And as I've said, we're growing out of it. So when you command, your spirit is mostly the individuality that Ben has been take that has been taken away from you and to grow it. And that's a whole nother subject. But it's also to complement your desire to be as an individual. And so you're when you we say Prime Creator, we're talking to all of us, the entire universe is all of us. When we're talking with a command my spirit, we're talking to the individual column of light that decided it wanted to be an individuality. So there really no difference, but they can be, they can suit you, depending on the needs and goals you have. So when I usually like to encourage people, especially in groups to command Prime Creator for outcomes they desire so as an example, I command Prime Creator to raise everyone's frequency on the planet right now. The entire universe is now helping that right now.

T

Tracee 58:30

Right? And what is the purpose of the countdown and the snap?

Q 58:35

Okay, so when I help people do it, I don't want them to do anything. I do it to get them engaged with me. Because in most cases, I share space when you do it with me when I do sessions. And I want you to get comfortable with it coming into you. And the numbers seem to help here because we've been indoctrinated so heavily with numbers and titles. And so it's really to give you a runway to it actually happening. Eventually people get so accustomed to working with themselves. They'll just do it like I did, and it's going to happen. So if you're working with your spirit, I command my spirit to increase my life force energy. Now, that's all you need to do if you're used to using your light body and or your muscle and had separation from the brain. So the numbers are fun, because they really get you to get in the cockpit and know you're taking off. That's the only purpose for the numbers. I can do it without even saying anything with somebody. Let's try with you, Tracee. You're again in Sacramento?

T Tracee 59:50

Gosh, no, San Martin

Q 59:54

San Martin. So this is another example of what will happen to people. I can't win Remember anything we talked about today. And, and so I can't remember anything about Tracee either. So, as you can see, and it's it is a compliment, because I'm only now I can go get memories, but they're not my primary focus. Okay, so I'll show you how this works. If Tracee wants to bring in more of her light and doesn't say a thing, and I'm going to help her today let me know when you can feel me okay. Okay, ready? It's okay to come in your space. Okay, ready? One. Just breathe please, two

T Tracee 1:00:55

I feel some buzziness.

Q 1:00:58

Very good. That's me. And that's because your light accepted me in. And you should be favoring one side. I won't tell you which one.

T Tracee 1:01:10

I feel my right side.

Q 1:01:13

Good job. All right. Now you want to grow it?

T Tracee 1:01:20
I wanna grow everything.

Q 1:01:25
All right, here we go. Okay, so now we're connected. And so this make little stripe. So just because I'm a jumper cable free today doesn't mean you can't do this on your own. Hopefully this has video so people can see. Now watch everyone watch how she physically changes when she works with me. And be real fun. And this is what she's capable of every moment of every day. Here we go. So okay, if I start with you, Tracee, please. Okay. Repeat after me. I command my spirit.

T Tracee 1:01:58
I command my spirit

Q 1:02:00
to increase my lifeforce energy now

T Tracee 1:02:04
to increase my lifeforce energy now

Q 1:02:06
I command my spirit.

T Tracee 1:02:08
I command my spirit

Q 1:02:09
to increase my lifeforce energy now

T Tracee 1:02:12
to increase my lifeforce energy now

Q 1:02:15
I command my spirit.

T Tracee 1:02:17
I command my spirit

Q 1:02:18
to increase my lifeforce energy now

T Tracee 1:02:21
to increase my lifeforce energy

Q 1:02:23
now, count after me 10

T Tracee 1:02:25
10


Q 1:02:26
9


T Tracee 1:02:27
9


Q 1:02:28
8


T Tracee 1:02:28
-

8


 Q 1:02:29
7


 Tracee 1:02:30
7


 Q 1:02:31
6

 Tracee 1:02:32
6


 Q 1:02:33
5

 Tracee 1:02:34
5

 Q 1:02:34
4

 Tracee 1:02:35
4

 Q 1:02:36
3

 Tracee 1:02:37



3



Q 1:02:38

2



Tracee 1:02:39

2



Q 1:02:40

1



Tracee 1:02:40

1



Q 1:02:47

That's pretty good.



Tracee 1:02:53

Just felt really heavy, like my hands feel? Really heavy.



Q 1:03:01

Okay, now try and think that's a great answer. Okay, so this is your normal state of being. And so this is a for the crowd that listens to this. This is the muscle I'm encouraging everybody to use is to get once you get back there, you should be feeling really? You got a second way you should be feeling really good. No.



Tracee 1:03:27

I feel great. I've been feeling good for the last hour.



Q 1:03:33

Okay, cool. Okay, so So what what she just did is she just brought more of her light in her. And

now it will only accelerate from the first time she did it or this time, it's actually getting more mature as she does it. I haven't coached on it. I've never asked her that. But I assume she's noticing it's actually getting stronger each time or at least has a different color. Is that a fair statement?

T Tracee 1:03:58

It's a different feeling for me. Yeah.

Q 1:04:00

Yeah. And so now my encouragement for Tracee and anybody else doing this now? How do you stay there when you go and interact with people who are not doing the work and or maybe living more in duality than us? And this is this is a this is a constant goal for me too. Because it now it gets tricky. I can stay right here. Because that's my choice circumstances don't matter. My state of being is my choice. How are you feeling?

T Tracee 1:04:32

Peace.

Q 1:04:33

So it can be a little tricky now. Even for Tracee to chit chat and put together sentences the rest of the show now because that's primarily from mind energy. Thank God she has it written down so she can stay focused with us but now you're kind of airy fairy on top of aren't yet

T Tracee 1:04:53

I just feel floaty.

Q 1:04:56

Yeah, there you go. And so that's more of you coming in you If anyone can, if anyone can trace you can do it. Anyone do it right.

R Ron Giles 1:05:06

Tracee has been practicing.

Q 1:05:08

Good deal. Okay, what else do you want to play with today?

T Tracee 1:05:12

What I would love to finish up with is what can we do to help you and to help this process? Like I said earlier, like, what is your ultimate goal here.

Q 1:05:27

So this is this has been going on. So once we got the implants out of me, we've been going full speed ahead and getting around. So nothing's really changed since the last time I was here. 2000 years ago, the same goal, same same players, for the most part, just completely different color. We need everyone to get up to speed just like you. And you used to call them disciples, that's not true, what the truth has been hidden from you last time we were here, as a collective. As the light being side would look at it in that we, we would get with people, they would get around us, they would get all the same capabilities we had. And that's the real goal here. So when Tracee's at a 10 instead of a five, or whatever the number is, she's actually going to spur someone else on that doesn't even know they're doing their work. So higher frequency beings just by walking down the mall, affect other frequencies in the mall, don't even have to talk to him don't even have to touch him. This is the natural organic way in which ascension works. So the more Tracee we get, the more people it's just like a bonfire right now. It's a complete forest fire right now. And it is spreading fast, fast, fast. So that's the goal is to to make more spiritual viruses.

T Tracee 1:06:58

Spread that and instead of the other bullshit. That's funny, I like that.

Q 1:07:05

And no doubt that is one of the reasons the timing is what it is. There, they do have supercomputers and they think they got it right. But they missed the mark. So ascension is up to all of us is what I'm explaining. And we'll all get there on our own time. But it sure you a lot of energies coming in. A lot of attention is on this planet and many others around you. And this is going to be no problem. Based on the direction we're going right now.

T Tracee 1:07:34

Do you feel like we're close?

Q 1:07:37

Well, you can actually, this is part of part of our opportunity to learn today is when you feel it through your heart center. This is your natural ability, all your knowledge is in your heart. What

does it feel like? Tracee when you ask yourself this question? I feel like Yes. Okay, how come? So if in your heart, it says something's changing, I can't quite put my finger on it. But something's changing. Right

T Tracee 1:08:07

Like, it's just that excitement you mentioned, I'm just every day, I'm so excited. And I just feel like there's a shift in energy.

Q 1:08:19

That that's just me. Yeah, I really want to encourage everybody to be accountable for themselves, not to go with go go outside themselves, we still have lots of work to do. And it's really fun to see where we're going, I assure you, but we really got to, we got to keep our hands on the steering wheel, and find ourselves individually, and nurture the ones that we might want to help. And that's all we do in our in our expression of our highest joy and highest excitement, that doesn't excite you, you're not going to you're not going to be healthy. Try and go to the mirror now, and your bathroom and try and lie to yourself, Tracee and you can't do it anymore. As an example, we're not able to lie to ourselves anymore. And we can also find the truth to our heart center with mirrors. It's really fun if you're just beginning so I hope that helps. Oh, yeah,

T Tracee 1:09:15

I think that's good night. I've heard that like looking at yourself in a mirror in your eyes is help. It's a bonding. So we've you love yourself more by doing that practice. And have you heard that or did I just make that up?

Q 1:09:36

I don't I don't mind some of those definitions. I just want people to get comfortable looking at themselves in the eye because there is a time there is a time when you probably weren't able to look yourself in the eye because there wasn't that much of you in it. It kind of scares people sometimes, you know. And, and so once you're able to do that, you know you're well on your way

T Tracee 1:10:00

yCool. So what did he What do you feel like? Is the plan moving forward for us as a, like a Power team or however you want to, say the four of us together? What can we do collectively? Well,

Q 1:10:23

it's real simple for me. As I look at love won society, I know that many others that are not on the planet are observing this too. And this is many things that have nothing to do with a club

the planet are observing this too. And this is many things that have nothing to do with a club called love won But then maturation of spirit as it comes into an association like one button society is a stepping stone to the mass evolution of source here on this planet. So when I look at the expression of us in love wone society, I'm seeing the most incredible common denominator in that is, people are tuckered out by not living their higher purpose. And so that's what's so amazing about this group is, there is a constant, even the title of, of the society's love one is consistent with purpose has nothing to do with a means of exchange. And we all recognize that a means of exchange and or this abundance is a stepping stone for for others to help find their purpose. So my great excitement is to, to get excited about our next steps each and every day. And the natural maturation of our ultimate purpose is going to materialize very, very quickly. So as an example, if there was 10 of us commanding our spirits to increase our life force energy, it would go 10 times faster. So if a group of 10 and love won society said, I command Prime Creator to heal and balance our planet, now, it would actually work. Pick Pick, pick a direction you want it to go. If every love won society, got in the same room and said, I command Prime Creator, to give us all we need now, et cetera, et cetera, it will actually work in synchronicity. But instead, everybody's going a different direction, in most cases in business to love won says business, they don't have a common purpose. So I really it to answer your question. I really am encouraging everybody to have a very similar purpose of excitement, excitement being the key word, passion, joy. If you do, and it's more common throughout, it's actually going to happen faster and faster. And that's how the universe works. And this is how I've done it on other planets too. And I hope that helps.

T

Tracee 1:12:51

So that's interesting that you just said that, because last Monday, I did a meditation. And I invited all of love won society. Little did I know that. And it was a breathwork. Meditation. And little did I know that we could only fit 100 People in our room, because I it's a paid for Zoom Room, and it filled up and we began. This is not the full version, I just put it in the chat. That's not the full version. That's the edited version, I have to find the full one. But, and we began by doing the the three commands. So we did have 100 people. And now we have to expand the Zoom Room for Monday. And so we'll even have more on Monday night. I told them, I would do it every Monday because they just got so much from it. One girl, actually, actually two people said they had a massive release, that they like, had to go run to the bathroom, and one of them just had a very emotional release. So I believe that that worked.

Q

Q 1:13:57

Yeah, and so one of the things I'm real careful here is not to because I don't, again, everyone is a peer of mine. And just because you don't have all the abilities I have, doesn't mean you're not going to you're going to. And so I'm very careful not to use my abilities only because I have less restrictions of DNA to guide and or direct the outcome of humanity. And I know it sounds fantastic, but you all can do that on your own. And I can support that if we all have the same purpose, which even puts more conductivity, more juice, more energy, whatever you like, into it. That is a way you can use my extra horsepower, so to speak, is when we command prime creation. And so because you have you're working with a light being will always have a little more horsepower. And I want everyone to recognize light being means just an individual who has less restrictions of DNA. That's all that is. So I hope that blopps

T

Tracee 1:15:01

Well, I would love to get your feedback on if you think that this meditation, which is mostly a Soma, breath work, meditation that we began with commands, if you think something like that would be helpful for them. They seem to really enjoy it. So I just don't want to do the wrong thing. You know what I mean?

Q

Q 1:15:18

So if it works for you to do it is as exciting for you to do it. I'm never going to be able to judge a modality. I'm just really excited about everyone working with their heart center. If it's exciting for you do it. If it's not, don't do it. That's the definition that's been hijacked from us. It's called faith. I'm not going to do anything that I don't prefer.

T

Tracee 1:15:42

Exactly. I wish people would realize that it's not helping. Okay, so last thing that I would like for me, I would like to close with and then I'll have Ron actually close everything out is can you tell them about Monday? Monday

Q

Q 1:15:59

is Monday, fun day. Monday is fun day? Monday is fun day? Yeah, it's 64 Funny cars? No. Yes, I want to join you all Monday, if you'll have me and learn more about the needs of individuals in loved won society, and how it relates to common common. So I learned just as much as you this, this version of humans is very unique to me. And so one, the really the only value I bring to hear other than maybe my presence is I have all my memories back. So if it if that I don't have the experience of being this version of human, it's very tricky for me. So when I hear about people having accomplishments, and so forth, and goals and other teachings, maybe that have been taught to them? No, I want to hear about that. But more importantly, I want to help and support and assist. But I really, really want to join you Monday, if you'll have me. So I can learn more about individuals, processes, and any questions they want to field me. I'm happy to do that. Perfect. Thank

T

Tracee 1:17:11


you. Yeah, that'll be fun. I'll have the description in the email of exactly how it's going to work based on our conversation the other day Ron, what would you like to say?

R

Ron Giles 1:17:23

Well, I'd like to give a big thanks and appreciation and send my love to you. You know, it's already there. But and especially what a joy you are, what a pleasure. It is to have you with love won society, you're so competent, and so pretty. And such is such a charm to you that it's it's very infectious. And, and we are blessed to have you and Q we're looking forward to


Monday. And for all those who want to join with us. Who is going to or truly there are big questions that Tracee has set we'll put down and then the group of people that join with us, if they're the ones that asked the question, then they can put their hand up and then you can talk to them specifically. And if they have a follow up question, then they can do that. Not to take up a lot of time, but So the format of the meeting will be just beautiful. And we enjoy we hope everybody who wants to be a part of us can do so. You're certainly welcome to join us. And, and with that, you know, I've just full of love and full of gratitude. And you know, I'd say it's divine gratitude. My heart is just singing. So thank you for your presence and, and Tracee and, and Antonio. Oh, we see you moving around a little bit that we think appreciate you for being here too. So with that I'm complete. Fishy so we can go ahead and close.

 Tracee 1:19:08

Thanks, you guys. Q Do you want to finish with anything?

 Q 1:19:12

My great love to you all. God bless and I commend our participation and our love for each other to be successful. Thank you. Thank you. Thank you.

 Tracee 1:19:24

Thank you