SENIORS PROJECTS

ELDERLY Project E#101

1. Complete Overhaul of Assisted Living/Nursing Home Facilities for the aged

- a. All facilities renovated to high end accommodations like a 5-star resort.
- b. Starting with the 2200 facilities in New Jersey and spread globally.
- c. Partner up with other Humanitarians for fostering ideas and happiness.
- d. Use the CAC for employment contracts.
- e. Gather local builders in each town/county for the upgrades needed.
- f. Contract with hotels to temporarily house the seniors while the facilities are either being remodeled, or completely new ones built.
- g. Purchasing the universities and colleges and overhaul for communities for seniors reintegrating into society, live/learn environment.
- h. Housing for the Elderly if not in a Home and do not wish to live in an Assisted Living Facility, will use the National Real Estate Listing Service.

2. <u>Create and/or Fund Mobile Healing Center/MedBed to use for Seniors at their home or facility</u>

- a. Develop a multi-faceted healing center that can be brought to senior facilities in the event the seniors are unable to travel to a brick-and-mortar healing center with MedBeds or at least locate a Healing Center within each county.
- b. Use the CAC for employment contracts.
- c. Start with NJ with the goal to be global.
- d. Provide a fleet of autos to transport properly.

3. <u>Senior Centers for the Blind and Hearing Impaired in every county depending on size</u>

- a. Use the CAC for employment contracts.
- b. These centers will be important additions during the transition and arrival of Healing Technologies.

Care Facilities E#102

Problem.

In my area there are a lot of problems with drug misuse and dependencies, often obtained through questionable sources. When the Quantum Financial System is

introduced, it will prove difficult for addicts and dependents to access illegal narcotics, and they will require specialist care to recover from their addictions. Likewise, care homes for elderly patients are woefully inadequate and often charge extortionate prices. Distressed patients and families are often forced to sell their parent's homes to pay for their loved-ones' care.

Solution.

When the Quantum Financial System is implemented, I plan to fund Care Facilities for the elderly, people with drug and alcohol problems, the homeless and any other issues that arise because of the revaluation. Staff/medical professionals can be trained in these facilities to provide a level of care that people deserve and have access to the latest in medical healing technologies, such as med beds and others.

Outcome.

When the project is a success in my local area, I would like to implement it across the region, perhaps on a national level. In addition, it is my hope that these centers will conduct research into new methods of treatment for people with drug and alcohol abuse. This research could be freely shared with other medical professionals, perhaps revolutionizing the way we care for vulnerable people.

Seniors: Health and Wellness project E#103

The purpose is to help people the way they need to be helped and to maximize wellness through holistic and naturopathic medical care, medbeds and the latest healing technologies and methods, preventative care, social activities, needed equipment and diets going beyond what health insurance provides. This care will include, and not be limited to, spiritual enhancement, physical therapy, occupational therapy on-site medbeds and the latest technology advances for healing, assistance and preventative care. The goal is for people to thrive and live joyful lives. To help them discover, live and experience their purpose on earth.

Employment contracts will be created with locally owned area nursing homes, assisted living facilities, independent living and home care communities to ensure the highest quality of care to include nutritious and healthy meals, spiritual and social activities for the elderly, senior citizens and disabled residents.

Initially the income of the current employees with humanitarian hearts will be doubled from the highest going rates in the marketplace. Additional skilled and unskilled employees with humanitarian hearts will be hired and paid double the highest going rate

in the marketplace. Pay increases will be scheduled quarterly based on performance and attendance history. The increased amount will be based on anonymous feedback from both the employer and the clients.

Groceries and/or chef prepared organic,nutritious and healthy foods that promote wellness will be provided without limitation. These meals and groceries can be delivered to an individual's home, residential space within a residential community or in an on-site residential community restaurant style setting.

My CAC will provide all of the necessary funds via care and employment contracts with qualified providers. A Director with a humanitarian heart, experience with geriatric care and managing related facilities will be hired under a CAC employment contract to visit employers, educate them about the CAC and offer them employment contracts so that their business, employees and clients can have stability, thrive and live joyful lives. This director will have the authority to hire the necessary employees to assist him/her with those responsibilities and everyone will be extended invitations to join the LWC RSS.

The first CAC already included on the CAC map using a general address will be called the CGS Community Assistance Center or CGS CAC (in honor of my dad). It will be located in the Fairport, New York area. It will be one story with the walls painted in white accented by flora, greenery and a waterfall. There will be plenty of natural light and an abundance of windows. There will be a refreshment area with healthy foods and drinks for all who wish to visit and hang out. A TV type monitor will be on the wall with welcoming information and soothing music that shows information about the CAC and its purpose. There will be five offices for private conversations and also a conference room for group meetings. One of the offices will be for the Director. This part of the layout is still in the conceptual phase.

The furnishings will include sofas and chairs placed throughout the building decorated with cotton fabric in shades of blues, greens and pinks in floral, plaid, striped patterns and solid colors. I want visitors to feel like they are in a beautiful garden-like setting to promote peace and harmony.

Special Project One E#104

Senior citizens and after school child care as well as regular day care for babies.

I would like to set up a combined program of bringing our older population and our younger population under one roof. Both need supervision and help so why not combine both. I would like to set up several prototypes in our Oklahoma communities. (Senior/Child Care Director)

Establish a business plan including a HUGE upgrade for Senior Living arrangements and Child Care Facilities.

My idea would be to allow the seniors to stay in their respective apartments (condo); if not wanting a home. Establish a baby care room in a part of the senior facility. Create a central meeting room where the seniors and after-school children could gather.

Benefits: Children have help with homework. Seniors have life value and perspective. Parents know children are safe.

WINDOWS FOR WIDOWS OR WIDOWERS E#105

PROBLEM:

Many elderly have lost spouses and have mild medical concerns but battle loneliness. In this era, the family does not always live nearby. Mild medical problems can vary from diabetes, falling, or poor eyesight; otherwise, the senior is still self-sufficient. Senior Living Facilities and Nursing Homes are in the business of racketeering. After absorbing all assets of an older person, the government, insurance companies, and care facilities place them in high-class prisons facing neglect and abuse. Most high-functioning seniors are without affordable options other than independent living facilities but get saddled with hidden fees, excessive food prices, and unnecessary services. They have experienced more life and have accumulated more experience than most. They are wiser and deserve respect and care. Most self-sufficient seniors need eyes on them and companionship.

SOLUTION:

Create living spaces with common areas (as seen in college dorms). The common area would have a kitchen and living room. The first problem solved is loneliness. Socializing is a choice. When a brittle diabetic's sugar drops, they often don't know, which can be too late. The behavior change is noticeable, and housemates can be there to remind the person with diabetes. Cooking for one is no fun, and often seniors neglect diet. Cooking together (simple tasking) is beneficial with little work. These homes would have a small gardening area with an option to participate in that activity or can opt for landscape maintenance (simple contracts regarding independence will be necessary). As we age, we must strategize to compensate. Seniors can be better together.

RESULT:

Rent-free housing for those who paid over decades in numerous ways deserves quality of life: empowerment, family visitation, family involvement, and fellowship will develop varying contracts depending on the needs per house.

Buddies for Elderly Project E#105

My heart goes out to the elderly who have very few visitors come to see them at the nursing homes. Letters like the one here propel me to want to make a difference in their lives. Hopefully med beds or other healing techniques will reverse the aging process as well as heal them of all the illnesses.

But until this time comes, I want to use the LWS Employment Contracts to employ compassionate caring individuals to spend time with an elderly man or woman every day, every other day or as often as necessary.

These individuals will engage their elderly man or woman in different activities, such as conversation, taking a walk outside in nature, playing board games or cards. Other activities could include reading or sharing a meal together, etc.

The goal is to form a friendship or bond that the elderly can look forward to and not feel abandoned or lonely.