September 21st - Q Conversation

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SPEAKERS

Ron Giles, Q, Tracee, Kristin, Carrie

Ron Giles 00:00

Good morning humanitarians. This is Ron Giles. I'm here with Kristin, and Tracee. And we're going to do a synopsis of the first half hour of Q's q&a with us, just so that we can kind of get a little bit more insight. So Tracee, do you want to tell us how we're gonna do this?

Tracee 00:24

Yes. So what we're gonna do is break down every question on the q&a with Q, and discuss it to see if we have any further insight or interpretation of the meaning. And first off, we want to give Carrie great props, she did a really good job, editing down the questions, asking them reinterpreting things. So thank you so much, Carrie, for covering for me, I appreciate you so much. So let's listen to the first question.

Carrie 00:53

And we have the first question from Kristin in the US. On Jane's show of 9/11/22, you were explaining that if we had a birth certificate, we were a slave being traded globally, and that the death of the Queen symbolizes the end of this slave trade. You then added the following. I encourage everyone to pay attention. Let's see who else wants to re enslave us. So could you please expand on that?

Q 01:30

Thank you so much. And as always, it's just a privilege to get to connect with you all. And I'll remind everyone to to, as I give the information, Please dismiss what you don't accept as your truth and everything as possible. Keep what you want. Thank you. Thank you so much for that question. The modern Western world was given barcodes when they're born your birth certificate, you got your feet. Foot printed when you were birthed from the dock. This is all maritime law. So the dock created, the doctor created a manifest I'm sure this is redundant for

many people. The doc created manifest that would be you and the Catholic Church. Have many this is a very large group in some respects the dark, they created a bond system where that the manifest would be bartered and traded globally. And the the reason I'm calling up Catholic Church, Catholicism is because they created a system to do the the warehousing of the barns and and so there is a great agenda to backfill, some kind of means of exchange, bartering and management system, not with our bonds, per se, but maybe monetary. So you'll notice that a lot of electronic currencies showed up the last few years. That is the part of the opportunity for the bad guys to try and own one, one monopoly are one means of exchange system. And that's and that's why we as slaves here were traded and bartered is to manage the true currency of mankind. And that's that was the point of my statement on Jane and Billy show there. I hope that helps.

Tracee 03:55

So Kristin, did that answer your question exactly?

Kristin 03:58

Yeah, yeah. Did I, when he mentioned that on Jain show, at first, I thought, Wait, is there another super nefarious agenda out there that we haven't been briefed on? But he clarified that now, it's just I think what we've all heard, which is that there's, you know, two resets in play, kind of and the digital currency. And I think this this aligns with what Ron has explained about some of the agendas with a digital currency. So now he clarified it, it's, it's one of the ones we already know about.

- Tracee 04:29
 Okay, I want to elaborate on his answer, not the question. But first, I'd like to hear from Ron
- Ron Giles 04:35

there's a lot in this answer for us to contemplate especially having to do with very large organizations who have participated in in the both the religious aspect of life as well as the control us and using a the caretaking the and this isn't it Kristin idea, the current, their currency, human currency, and as an exchange, and then they parallel that to the banking system and the central banking system that also has been the various as far as taking control over us. So I think this is a major revelation for us to understand that some people will be offended with the using of the term of the Catholic Church, let's just not be judged and stuff like that, when the notorious stuff that has happened, is now going to be revealed. And if it's offensive to you then get used to it, because it's going to get a lot worse.

Tracee 05:51

Indeed, so what I would like to explain, in case people aren't aware of this, is essentially there's two of everything. There's the flesh and blood human, you and your name is spelled with a

capital letter, and all lowercase. But when you were porn, they come up with the lictional EU, which is the corporate fiction all cap name, which, and then what happens is, so they come up with this birth certificate. And there's a whole bunch of stuff that you can learn about the maritime law and all of the, the words that are having to do with this see, as it relates to us being born, okay, lots of lots of stuff, I can actually find dig up a video and share it with y'all if you want. But essentially, what is happening here is now you're becoming a commodity. And when you become this commodity, with this birth certificate, they assign you a number. And now you have this thing called assessed qv. Trust. And I don't remember the exact numbers for modern day like babies when they're born, but it's well over \$2 million, you have like a bond and then an insurance policy. So you have two different amounts of money. And then those monies are traded. Okay, that's why you're this commodity that he referred to, because you're traded. So essentially, the US a, I'm gonna say, well, that we have the US, which is the corporate United States, and we have USA, which is the Republic, United States, okay, that's a huge thing to differentiate, and some people aren't aware of that. So anyways, what happens is, is that we're in debt, okay, our country's in debt. And so what they did was they take care of us, like, or treat us like chattel that, oh, this human will earn about this much money in their lifetime. So they're gonna give you about this much value, hence the bond on us, okay. And then there's a whole back thing where they trade it and it's revalued. It goes up and up and up, because they know how to do what they're doing. And they get like a, I don't know, 40 or 50%, rate of return. And now, okay, I'm 56. We have multiple sets of TV trusts, one on your birth certificate one on your social security card, every time you're assigned a number, you get another one of these trusts. And that is based on you your value that you bring plus all of the investments that they've done with our money, okay, which is completely unlawful. Apparently, when we turned 18, we were supposed to have access to this to help us live. But then the dark forces said, Oh, no, why would we give them access to this money? Let's just keep it all. So and we can go on and on and on. And on and on about that. But that's what the birth certificate is. It's essentially and you can rescind. If you have little children, you can rescind your birth certificate, because essentially, you're handing over power to the state for your babies. Okay, that is part of that you're basically relinquishing so that that's how come Child Protective Services can just take them away, and I'm going down a rabbit trail, and I'm gonna stop right now. But I just wanted you guys to understand what this birth certificate process is for and why they do it. Or what's for? Well, they're still doing it. We're just gonna break it. Right.

Ron Giles 09:30

Christine, at just a side note. When a person as a baby, you don't make money, but as you start burning money, you have a social security number. And you start earning money that makes you more valuable, and that's why that's what they trade. They trade the present value for a future value that they can sell again and make more money. That is the way that this work you can find,

Tracee 10:06

you can find out what amount your your birth certificate number is valued at now you can find out what your social security card is valued at right now like that number, what the present value is. But that's for another conversation when you say. Yeah, so you guys want to go the next question? So we

Carrie 10:29

have two questions that keep showing back up in our chat rooms about the commands. One of them is can we do commands for others?

Q 10:42

Yeah, great question. So I would my favorite conversation in some respects, because we get to talk about how we're abducting each other with thoughts that aren't, aren't ours, or negative thoughts, thoughts. And so I am a huge fan, you're a healer? Or you really want to direct yourself, you have to ask permission. Dealing with way of watching the aliens over these years, they're they're doing their best to abduct our emotions or thoughts. And so I don't see that we're any better if we randomly go controlling the planet. And by the way, that's, that's exactly what's happening is we can take great care of our incredible super powers. Planet Earth might be a bit more passive would be my opinion. But yeah, so I'm a huge fan of helping each other, and just love that people are working with themselves any way they can. But yes, it's, it'd be my opinion that we need to take great care of one another and ask permission if we're going to work with each other.

K Kristin 12:04

Okay, fine, you want to start this time?

Ron Giles 12:08

Yes, this is a favorite topic of mine. In our humanitarian activities, some of us feel like, we're going to do this, and those people are going to get help from this. And it has no, it does not take into consideration their opinion and what they want. And so I have kind of, without going into a lot of detail, when we design things for people, but the people have to have the their final say on what happens to them. So you can't just overcome their desires. A person might be homeless, because they don't want to stick around in a particular city or buy the pay the money to buy a house, whatever it might be, it's their choice. And they may choose to be homeless. And yet, we're going to put them in a house, regardless of what they want. That's the idea that we have, because we have the money. And so Money makes us more powerful. And yet, in the use of that money, we can override other people's desires and ideas that they want to have for themselves. And this is totally inappropriate. And if we pursue those kinds of things, without the reality that we have to ask permission, or they have to agree with it, in order for us to do what we're trying to accomplish. It's my way of looking at it. I love how he said,

Kristin 13:55

Kristin? Yeah, I agree it. It's almost like you, you really have to respect that other people's choices, then it becomes paramount, especially when you do have the power to make changes, you know that that saying great power comes great responsibility. And you got to respect other people and their the situations that they're choosing. But it was actually, you know, something

that he said, I think it was like a year ago. It's almost almost like the inverse of what he was explaining impacted me more when he talked about I forget what show, let's say was Jane show, he talks about how all of our thoughts similar to here, were courting each other, you know, we're all courting each other energetically our simple thoughts because both positively and negatively are courting each other. And I thought, oh, you know, I hadn't looked at it that way. And when he explained it like that, I that made a change in my behavior because I immediately even if you know, even if it's your worst enemy, I don't want to be responsible for sending those negatives out into the airwaves. You know? So I really took greater care of my thoughts when thinking of other people once I heard it that way that you can negatively, you know, if you're, you know, even if you're worried about somebody that you know, you be very careful about how you think about it, because you're sending that out to them. So that's the biggest impact those words had on me. And that was about eight months ago, I think.

Tracee 15:23

What do you mean by courting each other?

Kristin 15:27

The way that it visually comes to me is that you're, you know, your thoughts are literally sending out energetic so you are, you're sending your energetics out into and piercing somebody else's universe. So you know, I feel like it means that you can you can send currency over there, whether negatively or positively. And it's, it's so you could you can you can hurt people, like you said, you know, we're all sitting here recording each other. And I can't imagine that. Like I said, I that's, that's not something I feel qualified to be doing, you know what I mean? So it made me really watch my thoughts when I think about other people that respect boundaries. Yeah,

Tracee 16:07

that makes sense. And I've heard him say that we could do commands for like the whole family or the whole community, like I command prime creation to increase all of our lifeforce energy now, so I haven't checked in with all my kids or my husband, if it's okay to do that, my husband, I'm sure we'd be fine. But, but my point is, is I'm wondering if that would matter or not. Or if I could just go ahead and do something like that. You know,

Ron Giles 16:40

let me make a clarification here. When you send something to somebody, like a gift, they have the chance to receive it, the gift is there in their location, but they have the choice of receiving it or not. And so the idea is that you can send out specific, non specific, nonspecific energy to the whole world, or whatever, and you can do your commands for the whole world. But when you get down to the specifics of an individual, you have to be very careful, you can send the love and the energy out there. And their essence will probably accept that. But it couldn't be a

problem for them if you're doing something that's a little different. On a specific basis, and so we have to be careful that we're not trespassing over on somebody else's property or essence or domain by doing so specific, as opposed to general.

Kristin 17:51

Interesting, I thought of an example that would better answer the question you asked me. It's like, when you walk into a room and you feel eyes on you, you know, and maybe you feel like you're getting a lot of judgment, you know, people you know, people looking at you from top to bottom or whatever, that judgment is like them courting you is my I think that was an example I've heard somebody say. So you know, when you walk around, and you're judging everybody, you're literally sending them My understanding is sending them kind of you're courting them with negative energy judgment. Hopefully, that's fine.

Tracee 18:18

Yeah. And you can feel that you can feel that that makes sense. Now I get it. That's cool. And I want to say to add to what Ron said is, I had a conversation, somebody sent me a message on how to transmute or transmit the energy via the commands to somebody remember, like, I was talking about my dogs. And so I taught this woman how to do that. And she wanted to do it for her dad, but her dad didn't want any of this, you know, he didn't believe in any of the stuff she said. And I said, Well, you must be careful because everybody has their own life's purpose and journey, and you know, what they're supposed to experience. And so we don't even know our own goals, or I mean, I always call it the contract the soul contract. But we don't know what our own soul contract is. Let alone somebody else's. So we have to be careful that, you know, we don't do something that they don't want us to do. Yeah, like who are we to judge? Yeah, exactly. Okay. Ready to go the next one?

- Ron Giles 19:20 Yep. Okay.
- Carrie 19:23

Thank you. So not on our own start doing commands that somebody else changes in some way. Correct. Did you hear me Q?

Q Q 19:39

It's a really valuable question. It's just so exciting that we're watching all these results, at least. From my point of view, we're talking to source we're talking to God. And so we were talking to ourselves and done, you can certainly help others instantly. But I'm a huge advocate for just taking great care and asking permission how you're going to intertwine with another being.

Carrie 20:13

Thanks. Also, we get repeating questions about what is the countdown and the snap for at the end of us doing our commands?

Q 20:26

Well, when we first start off started off here, when the patient Lightship webpage is made, so forth, it was really the level and where we have grown is really exciting. But it really affirm that something was actually happening and to get to get you to pay attention to so whether it was me or Ron Albatron, when we did make an exchange help you make an exchange, we wanted you to see that something actually happened and when it happens, so both Ron and I have the ability to to heal instantly, and or engage more light into your physicality for you. But you may not recognize that. So it just helps the recognition system. And it makes you more powerful when you do it until you get more practice, per se, and work with yourself more and more pretty soon. My opinion is most people will do the commands for series of months, maybe a year and probably won't need it anymore. They'll be in peace energy consistently. So that's that's why we do it. Great. Thank you.

Kristin 21:38

Okay, Kristin. Thoughts. I just think that, you know, when you when you for me, I still have to do the countdown, I still have to do the countdown. And it's almost like it's an and I still feel the disk difference. When I say a command and I do the countdown, it's almost like it does do a disengaging of the mind energy. So I'm still in the position where I'm, I find it to be useful. It's almost like it's a formal acknowledgement or conscious acknowledgement of That's what I'm asking to be done. So it helps me, that's what I see 10 Or 10 Or five? that's great. I've shortened it to five. On the day, I shortened it. Ron?

Ron Giles 22:24

I think that the countdown is like a closed parenthesis on the concept that you're presenting to yourself. In other words, I make my command. And now I count down and snap, then that is completed. So it's a little package is completed, then I start thinking about my next command and what I want to do without that you just kind of ramble it on. And so to me, I like the sections, separate and so that I have dealt with it. I've made the command. And now it's close. And now either done or now means that we want it done now, we want it done. And we want it done now. And I think that those are valid reasons for doing it. I'm open to the reality that as we get more and more involved in this, then we are becoming more and more part of the essence of of who we really are. It's a spiritual aspect to us that's becoming is waking up and becoming alive and responding to something that is within us. But our minds think it's out there. I think it brings it closer to us so that we really understand what we're talking about. And I'm getting much closer to myself and my spirit. Because I'm commanding them to do things and when it happens and I oh I am in such great gratitude for that tape having taken place. So it's all part and parcel to that it's our maturing process in the spirit world, in the spiritual aspect of us.

- Kristin 24:22 Cool. Okay, shall we?
- Carrie 24:28

 Yes, this question is from Tracee. Why did you decide to use the name cue when you reveal to yourself?
- So we're we're doing our best to make fun of identity. And this is part of the bond. The reason the slave slave bond system so successful is because we do have identity most almost higher dimensional. societies do not use titles and names. Because your, your the expression of yourself and singularity is very easily identified. And so we're making fun of my very my very first name in this universe does start with the queue. And we also needed this so that when we gave you the portal technology, for the quantum quantification of consciousness gateways, they needed a name. Roughly 50 years ago, they didn't know where the communications were coming from. So we we gave them direction, and or name because that's they needed to see how is consciousness being downloaded back gateway? Well, it came from Q. And so that's how we ended up with today. Thank you.
- Kristin 25:56 Okay, Ron.
- Ron Giles 26:00

interesting concepts here. In the spirit world, let's, let's take where light, and let's take the light coming from the sun, there's protons in the line, each one of those protons is part of the light. And it's not separated. It's not individuated. That's what he's talking about. When he calls it singular. The entity has not had its own existence, knowingly, it's just part of the, it's just part of the light that's coming from the sun, the proton is, is not being identified, and it doesn't have a name. Once you identify it, then you can once it's separated from the rest, then you can give it a name. Well, that's where the Cabal comes in, and they take over the name and start using that for for their purposes. And so I believe he, there's really great wisdom in that in singularity. We are identified we can we cannot be to say that we can be identified. We are identified in singularity. But if we go back into the oneness, then we're not. And that's where he's making this separation here in physicality as opposed to spiritual beings in the higher dimensions. That's my way of looking at it.

Kristin 27:38

Okay, Kristin? Well, it's funny because it goes along with something that I think it was on Antonio cues, last show where, excuse me if I botched this, but Antonio said like, what, if you

could tell us something to leave behind right now that would help humanity advance as quick as we could? What would it be? And he said, I'd probably say title and identity. Those are things that are imposed time, title and identity been imposed. Here. He says that often, but title and identity are major mechanisms for control here, and it doesn't exist in the higher higher frequencies. So I look forward to walking away from that here, hopefully, very soon. So

Tracee 28:20

I was asking primarily because Well, number one, there's the gospel of q in the Bible, or that's a separate book, and it's about the teachings of Jesus. And the second reason is because of the boards, you know, the keyboards and the controversy of him being the the intrinsic side, and then the military being this other side, and how people like, Oh, no Hughes, military operation, blah, blah. And then there's the John F. Kennedy, like when he started the cue group. And so there's just all these different pieces of this puzzle. And so that's why I asked this question and I, I didn't realize his surname starts with a cue to

Kristin 29:13

further muddy. I don't know if this is good information, but I've heard somebody else say that. The word for sources, it's Q U E L L E. And so I don't know if Q is driven or drawn off of that, as well. I'm not sure but I've heard I've heard that a couple times. So

Tracee 29:29
quelle? Q U E L L E I think, I think. Interesting. Okay. Well, well. Okay, that's really interesting. Okay. All right. Let's move on. And here we go.

Carrie 29:46

All right. This question is from Nina in Canada, after ascension. Do we still need to reincarnate? Or can we simply travel to other worlds at work? No.

Q 30:01

Great question. Love it. Yeah. So what is if I was to standardize what a light being does, that's all of us usually have proximately one life on one planet, and you go wherever you want most, most individuals go back to their home planet, not that it's necessary. But that's it's, it's a way to recalibrate, reconfigure, and decide what you want to do next, of course, all your friends and family are there and so forth. But yeah, you can go anywhere you want through the ascension cycle. Okay, thank you.

Kristin 30:40

Okay, Kristin's turn. The only thing that comes to mind on this one is, again, I don't remember

now long ago it was, maybe it was a year ago. But ne said something about this exact moment. And he said, for me, I'm gonna take two weeks off, or I suggest we take two weeks off and come back and clean the place up. And I thought, Oh, I think I'm gonna do that. Which I think is what we're here to do. But I think that's my plan post. During through ascension.

Tracee 31:06

I think you said something about that yesterday.

Kristin 31:10

Yeah, I there's a lot that's still cloudy for me about the process, and then how this exactly works. But I believe that's where I'll end up is back here. On some way, hopefully.

Tracee 31:23

Yeah, that's well, hopefully, that's what all of us are here for. We're doing all this hard work and training for something. Okay, Ron,

Ron Giles 31:32

it's interesting how most of us have an idea that something is being done to us or for us, rather than us as the individual planning our own and doing what is our highest degree or our highest joy. And so we put restrictions on the spirit, on the essence of who we are, there are no restrictions, we are the ones in charge of that. We choose where we're coming to or choose a parent. So we have all of those kinds of things. We think somebody else is in charge of, but no, we are in charge of it. And so that's how we so what he's saying here is, is in complete harmony with what I understand and believe the spirit is you can go where you want to go. And if there's opportunities to reincarnate in certain locations, then you're given that permission to do that. When I say permission, there's others that are involved in the decision making. So it's kind of a unanimous decision for things like that to take place.

- Kristin 32:46 Yeah, it's up to us.
- Tracee 32:48

 Okay. I think the comment I want to make is sent me says later on this topic, so we'll move on.
- Carrie 32:54

 This is from Kristin, in the US. You mentioned that you were installed with a soul overlay? Are

Q Q 33:11

Very good? Yeah, so the three primary implants I had were, they all work together, so they put a microchip in me. And then they had an organic a implants, it looked a little bit like, like a small worm. And then the overlay worked in coordination with it, literally, it works a lot like scalar. So and or a triangulated, radar, hyperbolic rater. They are hard for balik radio, excuse me. Literally, they can take a radio signal and put it into your head continuously. And, and they did that for a lot of different reasons. But yeah, that's that's what how it works and the microchip and so forth. A lot of the people coming. Military that were in the super soldier programs, they all have them, we all got them. They track this right, the right births. And that's that was the purpose of it.

Tracee 34:21

That was your question, Miss Kristin.

Kristin 34:24

Yeah, I was hoping he was gonna give like a checklist, like if you're left handed and you like apples and your blue is something a little bit more definitive, but the gist of the answer is and is that you know, they can hack us and she I think she goes on and asked, you know, is everybody have this vulnerability, and he explains that, yes, everybody has this vulnerability. But that if you can, if you can put your you know, thoughts from your head into your heart and you can maintain that peace energy, you could kind of stay under the radar of that, and I you know, further on in this it's like spine that you know. And furthermore, as you get your frequency up and your light body and these things kind of just fall away. So as much as I want to more detail on it, the gist is Stay in Peace energy, they can't get you and it'll go away naturally as you curl your light body. So I got I got the answer. Excellent. Ron?

Ron Giles 35:22

I've never heard of the overlay before, and he's presenting something new to me. So I'm learning along with everybody else on this one. Good job, Christian.

Kristin 35:34 That's trippy, thank

R Ron Giles 35:35 thank you for your help.

Tracee 35:37

It's super trippy. And I'm doing that barcode elimination healing thing on Brian Amazon's website. I mean, this stuff is just mind bending. Like really? You know, it's hard to say. So let's just move on. Okay,

Carrie 35:58

so do the rest of us have those? Or is that something specially saved for somebody like? Well,

Q 36:07

they have the ability to do. I'm gonna keep it real clean here. But they have the ability to tap into almost everyone's school if they wanted to, because we all have barcodes from birth. And this is a genetic technology. And so everyone has an IP address. So the, for me the reason the implants were there is because they're able to tough time with me. So as an example, you may be familiar with the 20 years and back space program. Well, they couldn't get me to stick in there because I keep bouncing out. So they had to get aggressive I suppose with me, but no, is the answer. But it's fair to say you can have any this version of humans, you can have any brain on this planet.

Kristin 37:03

Which if, if I can add it just furthers the point stay out of you know, stay out of the mind. And I can't

- Ron Giles 37:11 keep out for sure.
- Carrie 37:14

This is from secret door in Iceland. We have names like Project Odin for the new quantum internet. Are these just Codenames? Or is there any hidden connection to the Norse? Mythology? In other words, Nordic gods.

Q Q 37:34

I think I'm gonna pass on that one. Thank you very much. Okay.

Tracee 37:39

Mann field and the body man interpretation. Which man in the time, and the field in an arrange that he manufe

Now I thought that was interesting. What was in that question? That is top secret that he can't comment on.

Kristin 37:51

You passed on the mask? Okay. Well, something to chew on.

- Ron Giles 38:00 What did you say?
- Kristin 38:03

If I recall correctly, on the last q&a, somebody asked him about musk and he, Elon Musk, whether he was a good guy or a bad guy, and he passed on that one, too. So I don't know if that dovetails into that.

- R Ron Giles 38:15
 Yeah, there's stuff that he doesn't want to get involved with.
- Kristin 38:19
 Okay, let's see what's next.
- Carrie 38:22

This is from Tanya in Mexico. I read there is a pure blood type, which is a big negative, without peptides tightened to the molecule. How is it that all other blood types have these peptides? Is it because some people are alien descendants? Thank you.

Q 38:46

Yes, no. Originally, all the blood types were one. And I'll assume all the path ologists are jumping off their chairs now. But the the goal originally when they started sorting, sorting our blood type was to get a type of individual they prefer. And so we can talk about I'm sure we've talked about they enough that essentially, you get more control over the manipulation of DNA, if you can start sorting the blood and get what what type of mammal you wanted, what type of reptilian you wanted, et cetera, et cetera. And that that's not very popular anymore. But this is what's left over because they got what they wanted. And that is get us isolated with multiple chakras, and then could in invents a type of disease or bacterial infection for a specific type of

blood. So the blood type for me isn't for me, isn't it? Anything more than trying to sort and manage the herd? And so I wouldn't get too caught up on whether yours is offworld or not, because the the genetics here are been manipulated, very abundantly so yes, would be the

Kristin 40:23

comments from either of you. I'm staying out of that one.

Ron Giles 40:28

It's just fascinating to see and to hear stuff like that. I don't have a comment on it just fascinating.

Tracee 40:35

Yeah, you know, they had they had the Jesus strand. Did you guys see all that I'm not sure if it's accurate or not. But I thought that the girls that did the Jesus strand series did an excellent job. I wasn't sure about all the numerology because I don't really get it all that much. But the history and that they were saying that there were certain blood types that were part of the Jesus's bloodline, the camera has Clooney or something, but that's what they wanted to. They wanted to destroy them. So I don't know. Let's continue.

Carrie 41:18

This one is from Maria in Italy. I wonder if the feeling of connection with angelic beings that I've received some messages from telepathically in the waking state, or upon waking up in the morning is connected to my higher self in a higher dimension?

Q Q 41:41

Great question was definitely one of my favorites. So once we get our abilities back, it's going to be easier and easier to do hyperspace travel and or via locate time traveling like I do, and so forth. We all have these abilities. And so we start channeling another being, please get the identification. That's a funny hearing. Okay, and I'll tell you why. So higher frequency beings, always ask permission if they can participate with you. So if you're channeling something, someone, and they're very good, trust me, they're very good at being very angelic, and very good at making you feel warm and fuzzy. And it's your best friend, Bugs Bunny and all this. And so I assure you higher frequency beings don't come barging in your lies in your sleep, and so forth. I know it looks authentic. But ask yourself why you would go to your neighbor's house and barge into his bedroom. It's really that simple. And by the way, some of the information that you're channeling is really good. And that's what makes it confusing. And so just take great care when you're working with with the other realms. Most cases, they're aliens hiding from you. Hope that helps.

Tracee 43:15

Okay, Ron, what do you got to say about that one?

R Ron Giles 43:18

Well, I think that's right on. I have a not affirm but a affirming conviction. As time goes on, that when you receive revelations from the heavens is specifically for you. You're asking for it is coming specifically for you. Now, if you share something that was specifically for you to work with other people, then they're assuming that that was meant for them as well. And the end that assumption is the is the outlay of what happens when you share inappropriately. Now when I say sharing appropriately, if you know, okay, well, what about Ron's receiving from the Alliance? I have a specific reason for receiving what I'm getting. And the loved one society is the specific reason that I am capable or get what I get. I mean, I can do things personally. But loved ones society is open. And I can receive anything from that. If you sign up on the dotted line on qf s 2020. Then there is a Howard, I say that you're giving permission for me to help you with what you're doing to try I get you to help help you learn how to use the programs. So I'm not crossing over boundaries, I'm not trespassing. Because these are the people who came here for what I can offer them. And so I don't, I don't can win. Under those circumstances, I'm within the universal love of not crossing domains. And I'm stretching people a little bit. And I feel that that's okay. Because that's what we're Trump, that's what we're doing. But when somebody comes in, ask me, Can you inquire about this? I have a feeling of I really don't want to do that. Because I don't know if I'm trespassing at all. So I often to I've done that before. And it's turned out really, really bad for me. And, and caused some problems in people's lives. So I just, I'm sensitive to the reality that there's something that I have to be very careful with. And receiving from the the Alliance specifically for loved one society. And if I share with other people, they've signed up, and that's why I can do that. But if, you know, we're sending out all this and is that appropriate? Well, everybody gets a chance to make the decisions. Oh, we're not. We're sending it out there. And what they do with it is their choice. So that's the way I look at it.

Kristin 46:43

Christian, I don't know, that reminds me, I'm new to this. A lot of this information is fairly new. But it reminds me what he said reminds me of something on Rania mirtrons site where he said the dark can mimic the light 99.5% Just, it's pretty close. And light, you know, like you said, you know, they can sound very, very loving. And I don't know I struggle because I hear these you know, a lot of people that have been in this space for so long, and they can channel they can do all this stuff. astral travel, you know, and I'm thinking to myself, you can barely maintain peace energy at the grocery store, and you're think you're qualified to go cosmic, you know, and so I, I am personally gun shy. So I am just trying to stay in the now and out of out of any, any sort of other realm I don't belong in until more information is given because things like that do scare me. I think they get enough mileage out of us anyway, I, I'm not testing those waters yet.

Tracee 47:41

Yeah, I was actually I took this angel Academy. And then I, they wanted me to do this medium

ship Academy and stuff. And I declined. I was like, it just didn't feel good to me. I'm like, Yeah, I don't think so. And I didn't do it.

Kristin 47:59

And I gotta qualify that to that doesn't mean that I'm not trying to practice going into my heart space and receiving from there that I'm trying that just that alone. I'm trying to distinguish that and discern that. And so I'm sticking with that first and then go play around in those areas.

Tracee 48:19

Yeah, well said. And then the book he told me to read when I've heard him say about know, the channeling and all of that. What I heard him say just now is that you want them to identify themselves. And in the book, I'm reading that he told me to read that ebook. That's all channeling and, but they've identified themselves, you know, Pleiadians Arcturians. Like, there's all these other entities that identified themselves and he told me Ria, so I have to trust him, but but at first I had that controversy. Like I'm like, Well, wait a minute, which way is it supposed to be? But he just clarified that for me, so. Okay,

Kristin 48:58

let's sorry, one more thing on that. I don't know if it helps. But on Jane and Jane show, he has also said that. Now there's portal technology, you know, how Billy deals with Zora and Surya he calls that portal technology not necessarily channeling so they're again it's it's it's a large scope that I don't know how to walk through, you know, there's exceptions. And it's it seems like a big game

- Ron Giles 49:20 point, you know, point Christian.
- Tracee 49:24
 Yeah. Do you understand that whole thing was Zora Zarya, Billy, all that stuff on
- Ron Giles 49:33

as much as I want to. I don't I there's personalities and I, I have problems with Zora as a personality. Whatever he is, that's fine. I have no problems with that. But I just don't resonate with him on some of the stuff that he says. And I call that personality, and we all have personalities. You don't divorce yourself from your person. ally for trying to talk to other people. So I just let them be. This is one of the reasons why I just don't listen to a lot of videos. When people send me videos, well, what do you think about that? I don't listen to videos to give you information that you should have yourself. And if I give you that, then is that accurate? And so I

stay away from that. A lot of people, there's Michelle fielding a really sweet lady. Sometimes I don't agree with her. And is that means that she's not brilliant? Well, those are the kinds of things in my opinion, you should keep to yourself instead of trying to tell it for everybody else who doesn't have the ability to do that. There is a certain amount of pride in that and the heavens do not appreciate people with pride. Okay.

Tracee 51:02

Yep. All right. Well, you know what I just thought of pride. So pride would be your inner ego, right? And my girlfriend, I we were on a hike today, we were talking about how come more women and men are waking up. And I said, I think it's because their ego, their pride, doesn't want to admit that they've been tricked for all these years. So they're having a harder time because perhaps their ego is a little bit bigger than a woman's ego. And I'm just making that up. I have no idea. But that's what we've talked about.

Ron Giles 51:34

Well, there's, there's a male macho, bullcrap that men have to be a certain way. And it's very difficult to get rid of that, until you really actually confront it. And it I call it bullcrap, because the ball thinks he's the boss. And, and society has made that and, of course, you have the systems that are in place. Because I'm trying to say there's a word that I'm missing out on that makes men better than women. Do you mean patriarchy, patriarchal order? patriarchal order. Yeah, the, the Jews have a patriarchal order. And they, they turned down the women. And that's the bail project. The male macho stuff that I'm talking about. And patriarchal order is one of the most devious ways to control people. And the men have bought into that hook, line and sinker, and are now sunk. Until they realize that women, Jesus thought that women are equal with men. That's the main reason why the Jews, crucify them. Because when they go home, and their wives say, Well, you can't tell me that. Oh, boy, that causes problems right there and how at home and so we're getting rid of this guy. That's what happened, in my opinion.

- Kristin 53:11
 Interesting. All right, let's go.
- Carrie 53:14
 So the going within and listening to our own heart centers rather than message messages from outside of ourselves with the
- Q 53:25

 US. Thanks, Lancer, I appreciate that. Because all the knowledge in the universe is sitting right in your heart center. Right? It literally, once you get once you get used to asking talking through your heart center, there's there's not one piece of information that will not be authentic. It will tell you every time thank you, Carrie.

Carrie 53:49

I love this next question from Judy in the US, who you have guided us loved us and endured many things for us. What can we do for you?

Q 54:05

Thank you so much. I get this question from time to time and it just moves me. Endless Love to all of you. And it's real simple for me. Just choose what you prefer. Really, really know your truth. Don't believe anything? Don't chase anything. Know your truth through your highest excitement, your passion, your inspiration. And that's that's the real loss. I consider this a rescue mission. We've been tricked into using our heads instead of our hearts. So that's my answer. Thank you very much.

Carrie 54:52
All right, the next one is from

Tracee 54:55
I love that rescue mission. Oh

Ron Giles 54:59
yeah. I got a bit interesting. What do you think about that Kristin?

Kristin 55:05

Every time he talks about following inspiration, he does it in a tone that reminds me and I mean this with, you know, utmost respect. It reminds me of like a puppy. You know, like, that excitement that a puppy has, you know, and it's kind of moving in different directions. And when he talks about mine energy, it reminds me of like, you know, the way I tell myself is, it's like, you know, Kristin, go from my clone mode to puppy mode, clone mode to puppy mode. If I find myself too much in clone mode or mind energy, it's like, Now wait a second, is this really what I want to be doing? And for some reason, that visualization helps me switch gears into something? Have you observed this clone mode? Or puppy moto? No, this is clone mode. Let's get out of this side. How? It helps me. He's right.

R Ron Giles 55:50
That's cool. I like that.

- Tracee 55:54

 Do you want to add anything to that one? Run?
- R Ron Giles 55:57
- Tracee 55:58

that's good. Okay, I just to add on to the puppy comment. Did you know that the Labrador brain is actually like a, something that people call a part of our brain? I think it's our limbic brain, our like, brain? It's just like, you know, let's go play. Yeah, like, I can't remember what it is. But it's like that they call it the Labrador brain. That was funny that you said that. Okay, let's see what he says next see

- Carrie 56:26
 in the US, is speaking in tongues, the language of your star nation by chance? Or is it something else? And is speaking in tongues? The language of your star nation by chance or something else?
- Yeah, great question. If we, if we look at the closest in generation, through our natural linguistics, really, I call it would be the, the native and North Americans. Most of us in the other realms, other planets. Other dimensions we use, we use seem per se as our natural communication. So I would remove the title, the the identifiers, tongs, and kind of observed it's one branch of many languages. As an example, when you listen to two or three year olds, they

realms, other planets. Other dimensions we use, we use seem per se as our natural communication. So I would remove the title, the the identifiers, tongs, and kind of observed it's one branch of many languages. As an example, when you listen to two or three year olds, they remember most of those, their legacy languages. So we would use a expression through emotion, through sounds with out consonants. So whenever you see a consonant, you can see that that's alien. That's, that's magic. So you want to be careful, though. So I don't want to label a language. But most legacy, higher frequency languages are a lot like the whales, like animals, it sounds so you'll feel the information through your heart, instead of identifying the word sounds a lot like this firewall, rule, er, D. O, E. And notice that you can feel the emotions through the heart more authentically, and still very authentic communication. Hope that helps. Okay.

- Tracee 58:32
 Okay, what have you want to comment on that?
- Ron Giles 58:36

.....

I've had a lot of experience with tongues with the group I was with, and they spoke in tongues quite often. And there's also the interpretation of tongues for those who don't understand those languages, that language. And it was my observation that it sounds like the American Indians. And it was even to the point where it sounded like, well, just the American Indians, or their language is coming through. And nobody else because it had a flavor to it, it had a uniqueness to it. And when he said something like this, that you know, it's like the Native American tongue, or language, war that hit home to me. I've never spoken in tongues myself, but I've often times interpreted tongues in our group, and then had some really quite interesting things take place as a result of that. So there's value in it. It's a communications way that you have to have one that gives it a one that receives it, or interprets it. So it's a viable thing. That's about all I have to say.

Tracee 1:00:02

Cool. I have nothing, nothing to add. Okay, great. Let's just move on then

Carrie 1:00:09

go to a question from Rhonda. And this is also in the US, what can be done to help children. So they grow up feeling loved, valued and protected.

Q 0 1:00:25

Okay, so that might be a question for everybody, not me. But I'm a huge fan of just embracing embracing everyone's highest excitement, just like adults, like, my favorite children are 85 years old. So

Tracee 1:00:44

do you want to add anything to your mom, Kristin,

Kristin 1:00:47

know that it's funny, because when the question was asked, there was somebody that answered it just like that in the chat. And I thought now that what did what did she say? She said, value love and protect them. That's what you do, if you want to know how to raise them, you know, and I thought that that's appropriate. But I thought his answer was,

Ron Giles 1:01:05

yeah, it's a question for everybody, rather than for just him. But I agree with what he's saying. The children need to know that their loved Yeah, how is the best way to love them without overcoming them as you're training them for life. We shall our children down with some of the

punishments in the way we do things. And you can kill a child by saying, I had a dream last just stupid, you know, you're gonna have to learn how to get over that sort of stuff. Well, you just destroyed that child's essence of who that child really is. And so we have to be very careful when we're working with children. discipline, discipline, that, you know, being socially acceptable, we discipline for socially acceptable things. But oftentimes, we overcome because we think that other people and their opinions is more important to me than my child. And so there's a there's a distortion there that can be that needs to be worked down. In Age parents live and we don't come with a manual. As parents, we do the best we can. We come from love. We'll just be perfect in our parenting. Yeah,

Kristin 1:02:38

I take it back. I like that answer. was beautifully put wrong.

- Tracee 1:02:44

 Yeah. I love being a mom. It's breezy, my greatest joy. Okay, let's keep going.
- Carrie 1:02:52
 What is the importance or significance of saying the commands three times
- Q 1:03:18

The rhythm of three seems to really help people. And, and it makes for, again, most of the command work we're promoting is to get us to talk and your spirit. And three is just a fun, rhythmic number. When I do it with one on one section, sometimes I only do one, it really is to connect with the other individual have some camaraderie, nothing more, nothing less.

- Kristin 1:03:51
 Any comments?
- Ron Giles 1:03:55

Interesting comment about the numerology? I think that it has, for me it has more to do with the repetition means more to my mind. You know, I don't say the words exactly every time I do a command. So there's some variations, but the concept of doing it three times means that you're it's drawing more focus on what you're accomplishing or trying to accomplish. And I think that there's real value in that even beyond what he has said it's like every other element that I throw in Yeah.

Iracee 1:04:39

And you know, it's interesting you guys is that so when you do different things in the process with David straight like when you when you go to court perhaps and you ask a question or you tell them something. I don't really understand all this yet, but you do it three times. And so there's got to be something else with like some universal law, I bet you that has to do with the power of three,

- Kristin 1:05:06 the energetics of it.
- Carrie 1:05:09

theory in the US, as our spirits regaining more of our light, while practicing the commands, often in daily will be unseen implants and negative entities in all of our bodies being disabled and die.

Q 1:05:27

Made me sort of question for me a little bit more here. Forgive me. If you have to go back. I feel like it is what happens the implants when we die is that

Carrie 1:05:40

I think the question is, do the implant it do the commands help get rid of the implants?

Q 1:05:46

Right, very good. As I'll talk about the importance of me, I have worked with couples bass soldiers and had upwards of 14 in them. So they're all a little different. And the reason some people had so many is because they, they grew out of them. So they wouldn't stick to a higher frequency me. And so of course, they dissolve or break down whatever. The three for me they, that's what happened to me. Basically, I have little or no restrictions of the DNA and the spirit and or the body. Reject them. So yes, is the answer.

Carrie 1:06:29

Okay, so we do the commands eventually get rid of

Q 1:06:33

the group, the more you grow your frequency, the more your spirit will not accept it in your, your, your physicality? That's correct. Wonderful. Okay.

Tracee 1:06:44

I loved that explanation. It was so visual for me. What about you guys?

Kristin 1:06:53

Yeah, and it piles on to what we said last time is just trying to stay in peace energy. And as you as you grow your light body, your frequency will rise, and they'll drop away. So or that's the way I I don't focus on like Dubai, or Tata? Is it gone? Is there how many, you know, it's, they're gonna naturally fall away if they are there.

Ron Giles 1:07:14

Ryou know, for me, if they're there, I can say to my spirit, I command my spirit not to tolerate any of this negative stuff that's creeped into my existence. You know, and I'm trying to address things that you know, what is not authentically me? Yeah, well, that's a command that we do. But what is not authentically me. And I go back to all of the preconditioning that we've gone through all of our life experience. And I say, that is not my authentic self. So I want you to take care of all of that stuff and not tolerate it in my life anymore. Just dissolve it. Then spread the ashes throughout the world, I don't care what you do with them, but I don't want them in my, in my body and in my mind, and especially in my heart, if something's labor in there to cause problems for me.

Kristin 1:08:21

I had something that Antonio did that I think helped me with that, too, is I read one word, because he gave me a list of commands, but on one of them somewhere it was his channel or something. He said, I command my spirit to remove and destroy anything in me that is not authentic. And for some reason, when I say that command with the destroy instructions, it seems to have a lot more. So I don't know if that helps anybody out there who's concerned about that, but when I added that one word, I felt like there was more power to it.

Ron Giles 1:08:55

Interesting, you know, and I think about this, when you talk about oath. You know, usually if I need some oath that I use to profanity, and I wonder if that's appropriate. When we're talking about can we get rid of that damn shit, I don't want it in my body anymore. I don't know if that's appropriate, but it

Kristin 1:09:17

has nothing to lose. You might as well try it.

Tracee 1:09:22

And who gets to judge what's appropriate and not other than you? For you? Right nobody knows what's better for you than you.

Kristin 1:09:33

Yep, I call it clearing my your wide chakra I call it clearing my throat chakra

Tracee 1:09:44

so I also add I love to remove and destroy I just wrote that down Christian but I also added and keep them out forever. Yeah, so that one of those buggers isn't just tried to come back in like the shield of faith. You know, the Have the armor of God like, that's what comes to mind. So, okay, we have five more minutes to finish the first 30. So let's try to power through it because I only have 10 more minutes and I have a hard stop.

Carrie 1:10:13

Okay. All right, this is from Katherine. Really? Yeah. Are we operating at 20% of our DNA? And what will it take to unlock all 12 strands?

Q Q 1:10:27

Okay, so the fun question. The percentage of light in us, as I've generalized is all over the place, depending on where you are individually. So as an example, if you command your Saturday increase your lifeforce energy probably can get all your light body and you know, we sustain it. That's, that's the real question here. Can I stay at a high free, can I be a high, high frequency being 100% of the day, when you go play in duality world, a lot of work for sure. Go hang out with the IRS office and you'll you'll figure it out real quick. The DNA, this this version of humans, the DNA is extremely valuable. So many, many races. If you have multiple strands of DNA, you are incredible power of knowledge, strength, many things, you but you're still limited to the DNA. So what you what you don't want and or you do want is 12 strands of DNA, what you don't want is 12 strands of DNA. It's tricky little game here. So some of the beings that are running this planet have multiple strands of DNA, they're very dark, and they're very intelligent. And by the way, they live 1000 years. And all you have to do is look at the green pieces of paper with pyramids on them to prove it. So no, on the DNA, yes, on the drawing your frequency and or your light body and the team will not be as restrictive. I hope that helps.

Tracee 1:12:19

Okay, Ron, what do you think about that?

R Ron Giles 1:12:25

Well, I I'm still thinking about it. Maybe Kristin can help me with my thoughts.

Kristin 1:12:34

The The only thing that I would, that comes to mind is when he speaks about, you know, 2000 years ago, the reason he had so many powers is because His DNA was stripped so and I understand if I am interpreting Antonio correctly, he said that, to get her to expand the light around the DNA or just kind of bypass it is a more ideal, ideal, I say that carefully, situation. And when you say, expand all of me into me now or expand my light into me now, that is effectively according to him accomplishing that. So it's almost like the DNA is more of a restriction or a hindrance to the light body was is my interpretation.

Ron Giles 1:13:15

And that was, it sounds like it sounds like it is the correct interpretation of what he's saying. It's a brand new idea, I thought that we came with 12 strands, and that makes us if they're all functioning properly, then we have, we're reacting to the commands that are not commands, but the energy that's coming from source so that we get the fullness of becoming a god. I also understand that in physicality, the 12 strands of DNA are are a restriction to what the DNA will or can produce. So it is limited, because the fullness of what we want is our is our God source. And and if we can re anchor that back into us, and we're overcoming the restrictions of the DNA. And I liked that whole idea. And so when I asked for the the greater lifeforce energies to come and the greater bring all of me now that's, that's coming from my source that's coming from my, my soul through source through my soul, who's in charge of this body down here. And so if I asked her all of it, that this body can consist, can have and sustain, then I'm moving forward, you know, in a much greater fashion than I would if I was depending just simply on the DNA. So I like that idea. It's brand new to me.

Tracee 1:15:04

Yeah. Interesting based on member Ron when we took that class maybe a year ago, and it was all about DNA, and I never got my question answered about how do you fix it? You know, that basically the teacher who I'm not going to name names presented all these problems. But my question that got an answer to that question that class was, well, how do you fix it? What are you supposed to do? And you just answered the question, that it's not about the DNA. It's about the light body and that is the always the same answer. Live to your highest joy, practice your commands, so you can actually take charge of your spirit and have that relationship and go within. It's always the same. Simple, we always want to overcomplicate things.

Ron Giles 1:15:55
We're gonna need that, don't we?

Tracee 1:15:57

So can we wrap this up for today? And then we'll come back and finish I timed marked where we are, and we'll do the second part next week.

- Ron Giles 1:16:08

 Cool. That sounds really good. Thanks. I enjoyed it myself. Thank you.
- Tracee 1:16:16

 Do you want to close this out officially?
- Ron Giles 1:16:19

 No, we could just say we're finished now. So
- Tracee 1:16:26 thanks, you guys. This was fun playing with you today.
- Kristin 1:16:29 You too. Bye bye.
- Ron Giles 1:16:30
 Thank you. Bye bye for now.