

*“Building Resilient Communities, One Mind At A Time”*



# THE NATIONAL DIVERSION PROJECT

**REDIRECTION    REHABILITATION    RESTORATION**

DIVERSION THROUGH MENTAL HEALTH CARE - THE RESILIENT COMMUNITIES INITIATIVE

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*M.S. CMHC, B.S. Education*

# ABOUT US

The Resilient Communities Initiative is a subsidiary of **The National Diversion Project** geared towards providing psychotherapy and other mental health services to address unresolved trauma and cognitive dysfunction in children and adolescence with the objective of mitigating crime and other social inequalities while building healthier, more resilient communities.

By prioritizing accessibility and quality, we aim to create a supportive environment where young people can thrive emotionally, socially, and academically.



# THE NATIONAL DIVERSION PROJECT

- The NDP is dedicated to fostering a compassionate and effective approach to justice that will mitigate crime, poverty, social inequality, and discrimination.
- Our mission is to promote fairness, rehabilitation, and public safety, and enhance individual well-being through collaboration, education, innovation, and the provision of comprehensive services.
- Through the use of evidence-based practices, we will assess and address the root causes of “at risk” behavior while prioritizing diversion, reducing recidivism, and building resilient individuals, healthier families, and stronger communities.



MISSION



### **INDIVIDUAL COUNSELING**

Confidential one-on-one therapy sessions tailored to meet the unique needs of each child or adolescent.

### **GROUP THERAPY PROGRAMS**

Facilitated discussions that foster peer support and social skill development.

### **WORKSHOPS AND TRAINING**

Educational programs for parents, educators, and communities to identify, support, and address mental health challenges.

### **CRISIS INTERVENTION**

Immediate support and resources for children and families in acute distress.

### **OUTREACH AND COMMUNITY ENGAGEMENT**

Partnering with schools, community centers, and local organizations to reach underserved populations.



RESILIENT COMMUNITIES INITIATIVE  
**SERVICES**

# THE PROBLEM

## CHALLENGE

COVID-19, Hurricane Dorian and other major events in recent years have triggered an unprecedented **MENTAL HEALTH CRISIS** across our nation.

## CHALLENGE

The closure of schools, loss of jobs, social isolation, and the ever-present fear of illness and death have exacerbated pre-existing mental health conditions while also triggering new ones. **Without immediate intervention, this mental health crisis threatens to have long-lasting consequences** for individuals, families, and THE BAHAMAS

## CHALLENGE

Unfortunately, many families face barriers such as financial limitations, stigma, and a lack of resources, preventing young people from accessing the care they desperately need.



# SOLUTIONS



A comprehensive, well-funded, and coordinated national strategy is needed to strengthen the mental health infrastructure and ensure that all BAHAMIANS can access the care they deserve.



The Resilient Communities Initiative is dedicated to bridging this gap by offering free mental health services to children and adolescents.



## KEY PROGRAMS

- Individual Counseling
- Group Therapy Programs
- Workshops and Training
- Crisis Intervention
- Outreach Programs

# IMPACT GOALS

## PROGRAM DELIVERY GOALS

- Provide a minimum of 1,000 free counseling sessions annually to children and adolescents.
- Conduct 50 group therapy sessions annually, focusing on peer support and skill-building.
- Partner with at least 20 schools and community organizations annually to expand service access.

## SUSTAINABILITY GOALS

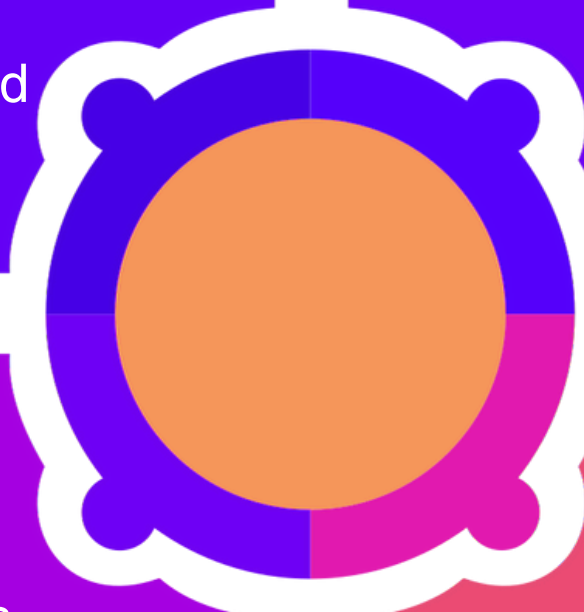
- Recruit and retain at least 50 qualified volunteers or pro-bono therapists each year.
- Raise \$500,000 annually to sustain and expand programs, with at least 30% from recurring donors.

## COMMUNITY AWARENESS GOALS

- Host 12 mental health awareness workshops annually, reaching at least 500 parents, teachers, and community members.
- Increase online engagement by 25% annually to spread awareness and reduce stigma.

## INCLUSIVITY GOALS

- Ensure at least 50% of beneficiaries come from underserved or low-income families.
- Train 100% of therapists and staff in cultural sensitivity and trauma-informed care.



# FINANCIAL MODEL

## Grants

- Target health, education, and child welfare programs.
- Seek funding from foundations focused on youth mental health and community development.
- Pursue partnerships with entities supporting mental health initiatives in underserved regions.

## Donations

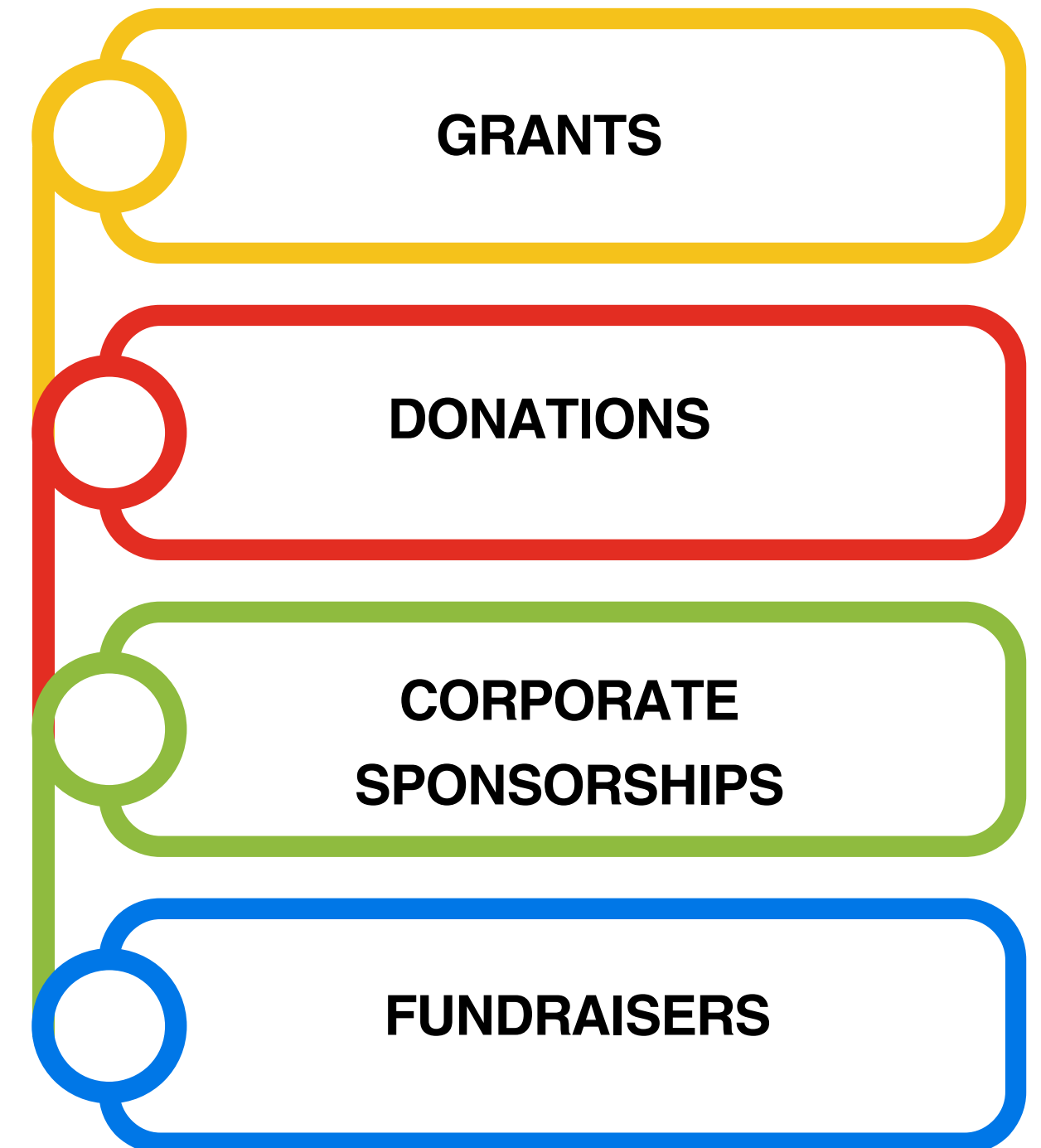
- Engage donors through campaigns highlighting the impact of mental health services on children’s lives.
- Encourage monthly giving programs with tiered contribution levels.

## Corporate Sponsorships

- Partner with local businesses and corporations that align with mental health and youth support causes.
- Offer sponsorship opportunities for events, materials, and counseling sessions.

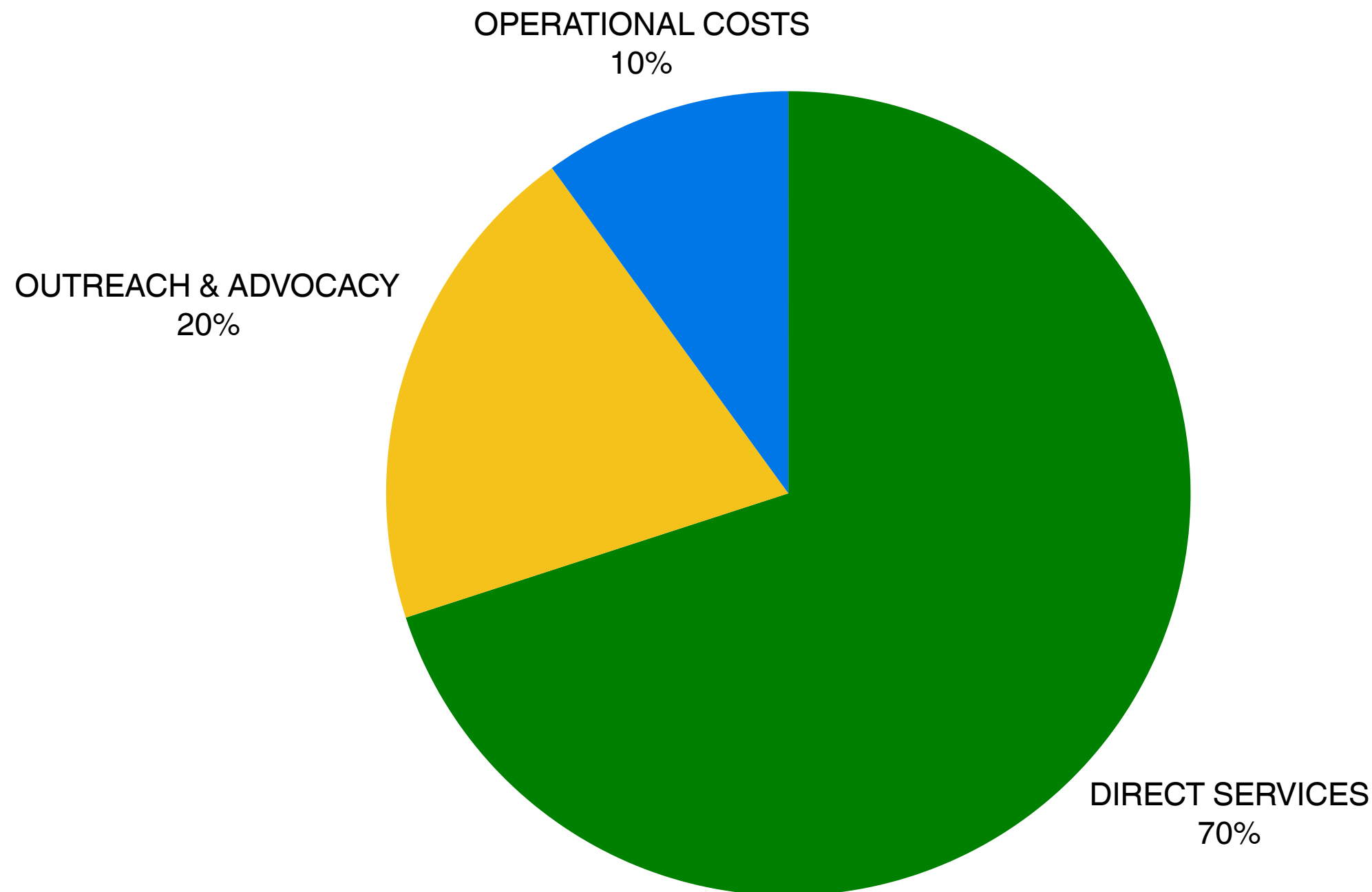
## Fundraisers

- Organize events such as charity runs, benefit concerts, and silent auctions.
- Use crowdfunding platforms for specific campaigns (e.g., “Sponsor a Child’s Counseling”).





# FINANCIAL MODEL



## **Direct Services (70%)**

- Hiring qualified mental health professionals (therapists, counselors, social workers).
- Operating counseling centers, including rent, utilities, and equipment.
- Providing therapy materials and resources (e.g., workbooks, art supplies).

## **Outreach and Advocacy (20%)**

- Community education programs to reduce stigma around mental health.
- Outreach to schools and community organizations for referrals.
- Awareness campaigns through social media, radio, and community events.

## **Operational Costs (10%)**

- Administrative staff salaries and technology support.
- Compliance and reporting requirements for grants and donations.
- General operational costs, including website hosting and donor management software.

# OUR VISIONARY TEAM



**Cherishe Hollingsworth**  
Founder & Clinical Director  
M.S. CMHC; B.S.Ed

More than 20 years of combined experience in Education, Curriculum and Psychotherapy combined. Diversion Specialist - experienced with DJJ and child welfare services locally and internationally.

Self-Published Author of 2 Mental Health Journals and 1 Women's Mental Health Publication.



**Curt Hollingsworth**  
Director - Community Engagement

Consul General Bahamas - Miami  
Former Educator with more than 40 years of combined experience in Education, Administration and Athletics Coaching.



**Dr. Andy Laing**  
Consultant/Clinician  
PhD. Counseling; M.S. CMHC

More than 15 years of experience in Behavioral Therapy and Clinical Counseling.

UB Faculty Professor  
PHA Clinician  
Volunteer Therapist - Bahamas Resilience Center



**Jerad Darville**  
Mentor/ Special Projects Coordinator

4 H Program Director and Mentor - CV Bethel High School.

More than 10 years of experience with special projects and community engagement initiatives.

# THANK YOU



## THE NATIONAL DIVERSION PROJECT

**REDIRECTION**

**REHABILITATION**

**RESTORATION**



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