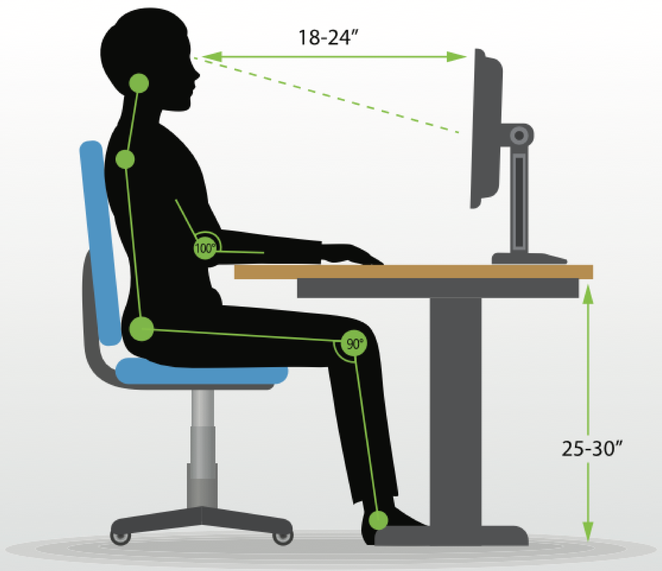
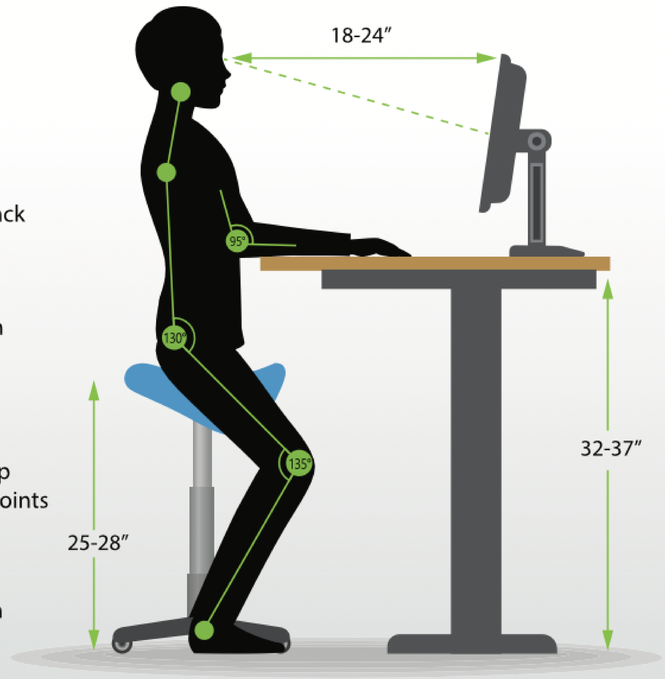
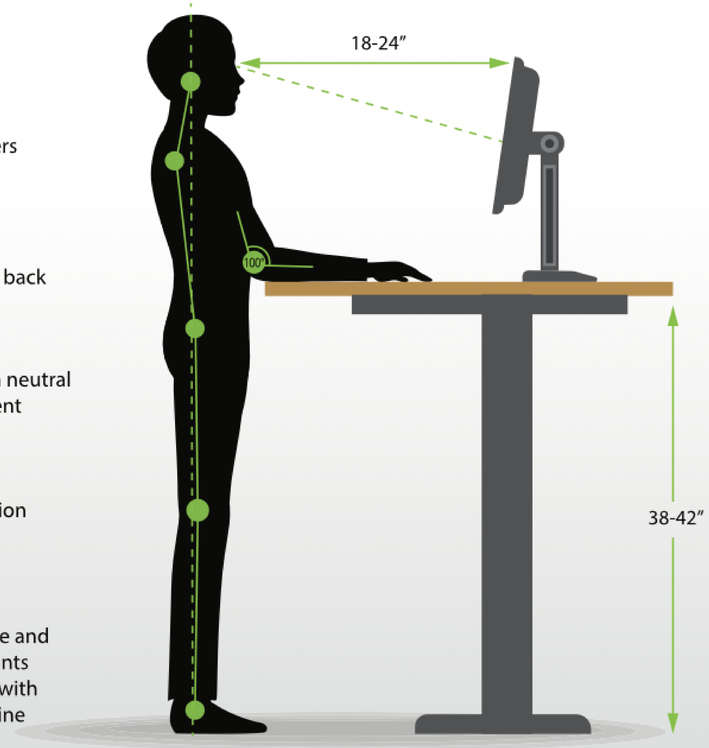
HEIGHT-ADJUSTABLE TABLE POSTURE

LOVE CHIROPRACTIC
STAY ACTIVE.



- Shoulders relaxed
- Straight back
- Circulation in legs
- Healthy hip and knee joints
- Feet flat on the floor



- Shoulders relaxed
- Straight back
- Pelvis in neutral alignment
- Circulation in legs
- Hip, knee and ankle joints aligned with gravity line