

2005, *Complementary and Alternative Medicine*. Guest lecturer for Amanda Tanner. Stress Prevention and Management. Department of Applied Health Science, Indiana University. Bloomington, IN

2005, *Traditional, Complementary, and Alternative Medicine*. Guest lecturer for Dr. Noy Kay. Current Issues in Health Promotion. Department of Applied Health Science, Indiana University. Bloomington, IN

2004, *Traditional, Complementary, and Alternative Medicine*. Guest lecturer for Dr. Noy Kay. International Health and Social Issues. Department of Applied Health Science, Indiana University. Bloomington, IN

2004, *Complementary and Alternative Medicine: Implications for Eliminating Health Disparities*. Guest lecturer for Dr. Mary Shaw-Perry. Race, Ethnicity, Culture, and Related Determinants of Health. Department of Applied Health Science, Indiana University. Bloomington, IN

2004, *Complementary and Alternative Medicine*. Guest lecturer for Amanda Tanner. Stress Prevention and Management. Department of Applied Health Science, Indiana University. Bloomington, IN

2004, *Traditional, Complementary, and Alternative Medicine*. Guest lecturer for Dr. Noy Kay. International Health and Social Issues. Department of Applied Health Science, Indiana University, Bloomington, IN

TEACHING EXPERIENCE

Courses in Gerontology:

Complementary and Alternative Medicine for Older Adults
Health and Physical Aspects of Aging
Health in the Later Years
Leisure and Aging
Multidisciplinary Care of Older Adults
Multidisciplinary Perspectives in Gerontology
Psychology of Adult Development and Aging
Social Aspects of Aging and Aging Families
Therapeutic Interventions with the Elderly

Courses in Hospitality and other disciplines:

First Year Seminar
Fitness for Life
Front Office
Health and Wellness
Human Relations Management
Introduction to Hospitality
New Student Seminar
Research and Evaluation
Seminar in Teaching Public Affairs
Special Event Management
The Development and Management of Attractions
The Mechanics of Meeting Planning
The Tourism System
Travel Trends and Destinations

Kinesiology Courses:

Aerobic Dance
Badminton
Jogging and Fitness Walking
Pre-Yoga
Tennis
Weight Training
Yoga (contemporary activities)

Courses Assisted:

Clinical Practices in Therapeutic Recreation
Exercise Physiology
Exercise Testing and Prescription
Inclusive Recreation
Trends and Issues in Therapeutic Recreation



(used with permission)

PAST RESEARCH STUDIES

2006 Spring, Perceptions of the Leisure Benefits of Complementary and Alternative Medicine Among Spa Practitioners and Consumers