

## PROFILE

Provides communities with KeemaTherapy™ -- multiple modalities of healing through energy medicine, bodywork, sound healing, spiritual/metaphysical guidance, pelvic steaming for men and women, death doula support, plant medicine, mind-body medicine, performs all rites of the church as an ordained metaphysical minister, editing

## CURRENT POSITIONS

2023-present, Death Doula. Mourning Flow

2010-present, Ordained Metaphysical Minister. International Metaphysical Ministry

1997-present, Spiritual Advisor/Healer | Holistic Health Practitioner/Consultant. Numerous locations in Hawai`i, U.S. continental, and Europe

## EDUCATION

Ph.D., Indiana University. Leisure Behavior. Health Promotion, Health Tourism emphasis, 2007  
Dissertation: *"Perceptions of Leisure and Complementary and Alternative Medicine among Spa Practitioners"*

M.S., Indiana University. Recreation and Park Administration, 2001  
Project: *"Investigating the Resorts and Spas Evolution of Alternative Therapies in the United States"*

M.S., Indiana State University. Physical Education, Adult Fitness emphasis, 2000  
Internship: Aquatics Director at the YWCA in Terre Haute, IN

B.A., University of North Carolina at Greensboro. Dual majors in Psychology and Philosophy, 1998

B. Msc. (Bachelor of Metaphysical Science), University of Metaphysics. 2010

## HOLISTIC HEALING RETREATS, WORKSHOPS, EVENTS, AND PRESENTATIONS

2025 May, *Spring Reset Retreat. An Intimate Camping-Wellness Retreat for Collective Healing* w/Chanel Durley, MBA & Deanna Damasen, LAc. 33<sup>rd</sup> & Rising | Mourning Flow. Yuba Libre in Yuba City, CA.

2024 multi-month retreat series. MHL and UpperCloud. Sacramento, CA

2023 Nov., *You Won't Break My Soul: Liberatory Tools for Healing the Soul Wound* Equity Seminar w/Dr. Tone Rawlings & Chanel Durley, MBA. National Association of Independent Schools (NAIS) People of Color Conference (PoCC). St. Louis, MO

2023 Nov., Death Doula. *Death Over Dinner*. 33<sup>rd</sup> & Rising | Mourning Flow. Oakland, CA

2023 Oct., *QUEST Healer Training*. 33<sup>rd</sup> & Rising. Mt. Shasta Retreat. Mt. Shasta, CA

2023 Oct., *Intuitive Yoga and Sound Healing*. Seasons Rituals - Fall Nourishment Gathering. Hawai`i Kai, HI

2023 Aug., *Sound Healing*. A Night of Nourishment. Fundraiser for Maui. Hawai`i Kai, HI

2023 June, *QUEST Healer Reiki I & II Training*. 33<sup>rd</sup> & Rising. Vallejo, CA