

2010, Manuscript Editor on spiritual growth

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#### PROFESSIONAL WORK EXPERIENCE

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2023-2025, Co-Director/Managing Director. Regenerative Arts Sanctuary of Creation.

2021-2025, Chief Technical Writer/Visionary Concept Advisor. Soulful Resonance.

2020-2021, Director of Operations. Digital Marketing Agency. O`ahu, HI

2019-2021, Executive Assistant. Digital Marketing Agency. O`ahu, HI

2018-2021, Online Associate Faculty. Indiana University-Purdue University at Indianapolis | Indiana University-Purdue University at Columbus. Indianapolis, IN

2013-2017, Online Adjunct Faculty. Indiana University. Bloomington, IN

2010-2021, Adjunct Faculty. Ivy Tech Community College, Central Indiana. Indianapolis, IN

2008-2009, Online Adjunct Assistant Professor. Indiana University, Department of Applied Health Science | Department of Recreation, Park, and Tourism Studies. Bloomington, IN

2004-2008, Guest Lecturer. Indiana University, Department of Applied Health Science. Bloomington, IN

2002-2005, Associate Instructor/Research Associate. Indiana University, Center on Aging and Aged. Bloomington, IN

2002, Summer Lecturer. Indiana University, Department of Recreation and Park Administration. Bloomington, IN

2001-2003, Associate Instructor. Indiana University, Department of Recreation and Park Administration. Bloomington, IN

2001-2002, Athletic Tutor. Indiana University, Intercollegiate Athletics. Bloomington, IN

1998-2000, Graduate Teaching Assistant. Indiana State University, Department of Physical Education. Terre Haute, IN

1997-1998, TRiO Tutor Coordinator. University of North Carolina at Greensboro, Special Support Services. Greensboro, NC

1995-1998, TRiO Tutor | Mentor-Student Success Assistant | Secretary. University of North Carolina at Greensboro, Special Support Services. Greensboro, NC

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#### PUBLICATIONS AND ACADEMIC PRESENTATIONS

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2011, *More Than a Picnic: It's a Family Affair for Lifestyle Change*. Family Leisure Education Module. Social and Health Disparities Research Lab. Texas A&M University. College Station, TX

2008, *Everyday Wellness Through the Healing Arts*. Scientist-Practitioner/Speaker/Family Health Professional for the Health Disparities Academy. Transdisciplinary Roundtable, Center for the Study of Health Disparities, Texas A&M University. College Station, TX

2008, *College Students' Motivation to Take a Tai Chi or Chi Gong Class* w/Wang, C., America College Health Association's 2008 Annual Meeting: "Partners Under the Palms", Paper for poster presentation. Orlando, FL.