

2005, *Complementary and Alternative Medicine*. Guest lecturer for Amanda Tanner. Stress Prevention and Management. Department of Applied Health Science, Indiana University. Bloomington, IN


2005, *Traditional, Complementary, and Alternative Medicine*. Guest lecturer for Dr. Noy Kay. Current Issues in Health Promotion. Department of Applied Health Science, Indiana University. Bloomington, IN

2004, *Traditional, Complementary, and Alternative Medicine*. Guest lecturer for Dr. Noy Kay. International Health and Social Issues. Department of Applied Health Science, Indiana University. Bloomington, IN

2004, *Complementary and Alternative Medicine: Implications for Eliminating Health Disparities*. Guest lecturer for Dr. Mary Shaw-Perry. Race, Ethnicity, Culture, and Related Determinants of Health. Department of Applied Health Science, Indiana University. Bloomington, IN

2004, *Complementary and Alternative Medicine*. Guest lecturer for Amanda Tanner. Stress Prevention and Management. Department of Applied Health Science, Indiana University. Bloomington, IN

2004, *Traditional, Complementary, and Alternative Medicine*. Guest lecturer for Dr. Noy Kay. International Health and Social Issues. Department of Applied Health Science, Indiana University, Bloomington, IN

TEACHING EXPERIENCE	
<p><i>Courses in Gerontology:</i></p> <p>Complementary and Alternative Medicine for Older Adults</p> <p>Health and Physical Aspects of Aging</p> <p>Health in the Later Years</p> <p>Leisure and Aging</p> <p>Multidisciplinary Care of Older Adults</p> <p>Multidisciplinary Perspectives in Gerontology</p> <p>Psychology of Adult Development and Aging</p> <p>Social Aspects of Aging and Aging Families</p> <p>Therapeutic Interventions with the Elderly</p> <p><i>Courses in Hospitality and other disciplines:</i></p> <p>First Year Seminar</p> <p>Fitness for Life</p> <p>Front Office</p> <p>Health and Wellness</p> <p>Human Relations Management</p> <p>Introduction to Hospitality</p> <p>New Student Seminar</p> <p>Research and Evaluation</p> <p>Seminar in Teaching Public Affairs</p> <p>Special Event Management</p> <p>The Development and Management of Attractions</p> <p>The Mechanics of Meeting Planning</p> <p>The Tourism System</p> <p>Travel Trends and Destinations</p>	<p><i>Kinesiology Courses:</i></p> <p>Aerobic Dance</p> <p>Badminton</p> <p>Jogging and Fitness Walking</p> <p>Pre-Yoga</p> <p>Tennis</p> <p>Weight Training</p> <p>Yoga (contemporary activities)</p> <p><i>Courses Assisted:</i></p> <p>Clinical Practices in Therapeutic Recreation</p> <p>Exercise Physiology</p> <p>Exercise Testing and Prescription</p> <p>Inclusive Recreation</p> <p>Trends and Issues in Therapeutic Recreation</p>
<div>  <p>(used with permission)</p> </div>	
PAST RESEARCH STUDIES	
<p>2006 Spring, Perceptions of the Leisure Benefits of Complementary and Alternative Medicine Among Spa Practitioners and Consumers</p>	