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## PUBLICATIONS AND ACADEMIC PRESENTATIONS

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2011, *More Than a Picnic: It's a Family Affair for Lifestyle Change*. Family Leisure Education Module. Social and Health Disparities Research Lab. Texas A&M University. College Station, TX

2008, *Everyday Wellness Through the Healing Arts*. Scientist-Practitioner/Speaker/Family Health Professional for the Health Disparities Academy. Transdisciplinary Roundtable, Center for the Study of Health Disparities, Texas A&M University. College Station, TX

2008, *College Students' Motivation to Take a Tai Chi or Chi Gong Class* w/Wang, C., America College Health Association's 2008 Annual Meeting: "Partners Under the Palms", Paper for poster presentation. Orlando, FL.  
2007, *Stress Relief Through Leisure and Complementary and Alternative Medicine*, *Illuminare*, 8(1), 1-16

2007, *Complementary and Alternative Medicine as Health and Leisure: A Synopsis of Dissertation Findings*. Reiki treatments and Poster Presentation, Health Fair. Ellettsville, IN

2007, Dissertation writing panel. Panelist for the University Graduate School and Indiana University Alliance for Graduate Education and the Professoriate (IU AGEP) Program, Indiana University. Bloomington, IN

2006, *Understanding and Applying Research: A Module For K-12 Teachers* w/Lorenzen-Huber, L., & Han, S., Competitive Poster, Ed-Media World Conference on Educational Multimedia, Hypermedia & Telecommunications. Orlando, FL

2002, *Is it possible to be healthy when your illness is incurable?* w/Lee, Y., Presentation at the Recreational Therapy of Indiana Annual Conference. Logansport, IN

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## INVITED UNIVERSITY GUEST LECTURES

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2013, *Yoga and Stress Management*. Guest presenter for the Nina Mason Scholars program. Ivy Tech Community College. Indianapolis, IN

2012, *Yoga and Relaxation*. Guest presenter for the Bowen Scholars program. Ivy Tech Community College. Indianapolis, IN

2012, *Stress Management and Relaxation*. Guest presenter for the Nina Mason Scholars program. Ivy Tech Community College. Indianapolis, IN

2008, *Traditional, Complementary, and Alternative Medicine*. Guest lecturer for Dr. Noy Kay. Current Issues in Health Promotion. Department of Applied Health Science, Indiana University. Bloomington, IN

2007, *Kripalu Yoga*. Guest lecturer for Carla Brown. Stress Management and Prevention. Department of Applied Health Science, Indiana University, Bloomington, IN

2007, *Kripalu Yoga*. Guest lecturer for Brandy Rollins. Stress Management and Prevention. Department of Applied Health Science, Indiana University. Bloomington, IN

2007, *Why Should You Care About Traditional, Complementary, and Alternative Medicine?* Guest lecturer for Dr. Noy Kay. Current Issues in Health Promotion. Department of Applied Health Science, Indiana University. Bloomington, IN

2006, *Kripalu Yoga*. Guest lecturer for Brandy Rollins. Stress Management and Prevention. Department of Applied Health Science, Indiana University. Bloomington, IN