**LRIFL League Rules**

Game Rules: –

Normal Laws of the Game will apply with the following exceptions: -

1. No more than 10 players may make up a match day squad, per team.
   1. Juniors, youth and adult females may be played with either 4v4 5v5, or 6v6 (matched play)
   2. Adult male matches are 5v5 or 6v6 (matched play) (Green (lower ability); Red (moderate ability) and Purple (higher ability). Male players are not permitted to play for teams in different ability divisions on the same match day.
   3. Substitutions are a roll on roll off basis and you may repeat subs as many times as you wish. Substitutions can only be done once the ball is out of play, and has been sanctioned by the referee.
   4. A team may play short or may borrow players to make up the designated number.
2. Teams will be told of the match duration at the start of each match day. This will depend on the number of teams participating on a given match day.
3. All players are allowed within the goal area, and goalkeepers are allowed outside of the goal area.
4. A kick off is taken from the centre spot at the start of the game and after each goal has been scored. Opponents of the kick must be 3 metres away from the ball.
5. A goal MAY NOT be scored directly from a Kick Off or any restart of play.
6. When a ball is put out of play on the side-lines, play will be restarted with either a throw-in or a roll-in, (whichever the player feels most comfortable in doing). Roll-ins must be done below shoulder height. Opposing players must be a minimum of 2 metres away.
7. When a ball is put out of play over the goal line by the defending team a corner will be awarded to the attacking team.
8. When a ball is put out of play on the goal line by the attacking team, a goal kick (preferred) or roll will be awarded to the defending team. If the goalkeeper is rolling the ball out, this must be done below shoulder height. This may be taken from anywhere within the goal area. Opposing players must be 3 metres away from the point at which it’s placed. The ball must not be kicked over the half way line without a bounce.
9. The ball may be played above head height, unless otherwise stated in competition regulations.
10. The Goalkeeper may pick up the ball from a back pass. Drop kicks are not permitted by goalkeepers. If a goalkeeper wishes to kick the ball this MUST be off the pitch surface.
11. Opposing players must be a minimum of 3m from the place of the free kick.
12. All free kicks are indirect (a goal cannot be scored directly from a free kick without the ball touching a second player).
13. If the ball touches the referee, and goes into the goal, possession changes or an attacking move starts, play will restart with a drop ball, at the place on the field of play where it touched the referee.
14. When there is a defensive ‘wall’ of 2 or more defensive players, attacking players must be at least 1 metre from the ‘wall’.
15. At the end of the match it is the team manager’s responsibility to ensure that the referee properly records the result. There will be no post tournament appeal.
16. Slide tackles are NOT permitted in any matches.

Disciplinary rules for on field misconduct –

The Laws of the Game will be applied. The nature of a player’s disability may be taken into account when making all game related decisions (please make sure you disclose player’s impairments to the league and referees). Referees will try to use the stepped approach to on field misconduct (warning, caution, dismissal), however they may decide that the offence does not warrant the use of the stepped approach, and may decide to issue a caution or dismissal from the field of play for a first offence.

Any player who is shown a yellow card will be “Sin-binned” for 2 minutes, and the team will not be able to replace the player until the 2 minutes of playing time is up. Once the “sin-bin” has elapsed, the player may re-enter the game, or be replaced by a substitute. Games may continue should the number of players on either team fall below the minimum required (3 in all formats), should any player be able to return to the field of play (from a ‘sin-bin’). If a player is dismissed and the number of players falls below the minimum, the game will be abandoned and will NOT be replayed.

Any player who is dismissed will not allowed onto the field of play for the remainder of that game and is automatically suspended from the remainder of their team’s games on that match day. A player who has been dismissed cannot be replaced by a substitute for the remainder of that match.

All cautions and dismissals will be reported to the league.

Players may be cautioned if the referee deems the tackle to be reckless, irrespective of whether the ball is played or not.

Players may be dismissed if the referee deems the tackle to be of excessive force or endangers the safety of the opponent, irrespective of whether the ball is played or not.

The referee’s decision is final.

Players may be cautioned and “sin-binned” for the following offences: -

1. Unsporting behaviour.
   1. Attempts to deceive the referee (feigning injury or simulation).
   2. Changes places with the goalkeeper without telling the referee.
   3. Reckless tackle.
   4. Handles the ball to interfere with, or stop a promising attack.
   5. Denying of an “Obvious” goal scoring opportunity by a tackle with a genuine attempt to play the ball within the players own goal area, which results in a penalty kick.
   6. Makes unauthorised remarks on the field of play.
   7. Shows a lack of respect for all those involved with the game.
   8. Verbally distracts an opponent during play or at a restart.
2. Dissent by word or action.
3. Persistently infringing the Laws of the Game.
4. Delaying the restart of play.
5. Failure to respect the required distance at a free kick.
6. Entry or Re-entry on to the field of play without the referee’s permission.
7. Leaving the field of play without the referee’s permission.

Players will be dismissed for the following offences: -

1. Serious foul play.
2. Violent conduct.
3. Biting or spitting at someone.
4. Denying of an “Obvious” goal scoring opportunity by handball (except by a goalkeeper within the goal area).
5. Denying of an “Obvious” goal scoring opportunity by a tackle outside of the goal area, or by holding, pulling, pushing an opponent with no possibility to play the ball.
6. Uses offensive, insulting or abusive language and/or gestures to anyone.
7. Receiving a second caution in the same match.