



Toddler and Preschool Daily Schedule

Arrival	7:00 am – 8:00 am	Sleep Time	12:15 pm – 2:15 pm
Breakfast	8:00 am – 8:30 am	Snack	2:15 pm – 3:00 pm
Free Play & Gross Motor	8:30 am – 9:30 am	Free Play & Gross Motor	3:00 pm – 3:45 pm
Snack	9:30 am – 10:15 am	Transition	3:45 pm – 4:00 pm
Outdoor Play	10:15 am – 11:15 am	Outdoor Play	4:00 pm – 5:00 pm
Transition	11:15 am – 11:30 am	Music, Yoga & Stretching	5:00 pm – 6:00 pm
Lunch	11:30 – 12:15 am	Extended Care & Play	6:00 pm – 8:00 pm

The routine remains flexible throughout the day based on the needs and interests of the children. Rainy and snowy days will differ.