

All Saints' Anglican Church

“The Bible Catholic Church”

Rutland, Vermont

Lessons and Gospel

Sunday, July 5, 2020

THE FOURTH SUNDAY AFTER TRINITY



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The Collect

Grant us, Lord, we pray, the spirit to think and do always those things that are right, that we, who can do no good thing apart from thee, may by thee be enabled to live according to thy will; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. *Amen.*

The Lesson is written in the ninth Chapter of the Book of the Prophet Zechariah beginning at the ninth verse

Rejoice greatly, O daughter of Zion! Shout aloud, O daughter of Jerusalem! Behold, your king is coming to you; righteous and having salvation is he, humble and mounted on a donkey, on a colt, the foal of a donkey. I will cut off the chariot from Ephraim and the war horse from Jerusalem; and the battle bow shall be cut off, and he shall speak peace to the nations; his rule shall be from sea to sea, and from the River to the ends of the earth. As for you also, because of the blood of my covenant with you, I will set your prisoners free from the waterless pit. Return to your stronghold, O prisoners of hope; today I declare that I will restore to you double. Zechariah 9:9-12

Psalm 145:1-13, (14-21)

- 1** I will extol you, my God and King, and bless your name forever and ever.
- 2** Every day I will bless you and praise your name forever and ever.
- 3** Great is the LORD, and greatly to be praised, and his greatness is unsearchable.

- 4 One generation shall commend your works to another, and shall declare your mighty acts.**
- 5 On the glorious splendor of your majesty,
and on your wondrous works, I will meditate.
- 6 They shall speak of the might of your awesome deeds, and I will declare your greatness.**
- 7 They shall pour forth the fame of your abundant goodness and shall sing aloud of your righteousness.
- 8 The LORD is gracious and merciful, slow to anger and abounding in steadfast love.**
- 9 The LORD is good to all, and his mercy is over all that he has made.
- 10 All your works shall give thanks to you, O LORD, and all your saints shall bless you!**
- 11 They shall speak of the glory of your kingdom and tell of your power,
- 12 to make known to the children of man your mighty deeds, and the glorious splendor of your kingdom.**
- 13 Your kingdom is an everlasting kingdom, and your dominion endures throughout all generations. [The LORD is faithful in all his words and kind in all his works.]

The Lesson is written in the seventh Chapter of the Letter of Saint Paul the Apostle to the Romans beginning at the twenty-first verse

So I find it to be a law that when I want to do right, evil lies close at hand. For I delight in the law of God, in my inner being, but I see in my members another law waging war against the law of my mind and making me captive to the law of sin that dwells in my members. Wretched man that I am! Who will deliver me from this body of death? Thanks be to God through Jesus Christ our Lord!

So then, I myself serve the law of God with my mind, but with my flesh I serve the law of sin. There is therefore now no condemnation for those who are in Christ Jesus. For the law of the Spirit of life has set you free in Christ Jesus from the law of sin and death. For God has done what the law, weakened by the flesh, could not do. By sending his own Son in the likeness of sinful flesh and for sin, he condemned sin in the flesh, in order that the righteous requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. For to set the mind on the flesh is death, but to set the mind on the Spirit is life and peace.

Romans 7:21 – 8:6

*The Holy Gospel of our Lord Jesus Christ according to
Saint Matthew*

† At that time Jesus declared, "I thank you, Father, Lord of heaven and earth, that you have hidden these things from the wise and understanding and revealed them to little children; yes, Father, for such was your gracious will. All things have been handed over to me by my Father, and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him. Come to me, all who labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."

Matthew 11:25-30