

Transform your parenting experience with *Parenting with Purpose: Raising Responsible, Resilient Teens!*

ONLINE - FREE for parents & caregivers of children ages 12 - 18



Mark your calendar!

Thursdays in 2026

7:00 - 8:00 PM USA Pacific Time

July 23, 30 August 6, 13, 20, 27
September 3, 17, 24 (skip the 10th)
October 1

Being a teen in today's world is really hard—and so is being the parent of a teen! Parenting is the hardest, most important job you'll ever do. Shouldn't it also be the most joyful?

This 10-week series teaches practical Positive Discipline strategies for raising respectful, responsible, resilient teens. You'll learn how to

- reduce yelling and power struggles
- improve communication about tough topics
- help your teen manage stress and develop persistence
- and create a more joyful home environment

Each interactive, engaging workshop is designed as an individual class, so you can attend the sessions that work best for your schedule—whether that's all 10 or just the topics you need most right now. For details about each session, [click here](#).

Perfect for parents of teens ages 12-18 who want more connection, cooperation, and confidence in their parenting.

Come with challenges, leave with tools that work!

[REGISTER NOW](#)



Once you register, you'll receive the Zoom link & other details.

Your Facilitator:
Eva Dwight, MEd, CPDT



- Certified Positive Discipline Trainer
- former teacher & school counselor
- proud parent of two children
- Adler Trained Coach
- has trained thousands of parents & educators since 2008
- previous co-chair of the Positive Discipline Association
- Board of Directors
- website: www.evadwight.com



**PARADIGM
TREATMENT**

We would like to thank Paradigm Treatment for sponsoring this important series for parents.

Paradigm Treatment provides residential treatment for teens, young adults, & adults with mental health issues.

For more information, contact Christine Driscoll at cdriscoll@altiorhealthcare.com or 602.705.2735