

# Teaching Parenting the Positive Discipline Way

**Teaching Parenting the Positive Discipline Way** (developed by Jane Nelsen & Lynn Lott) is a research-based, trauma-informed parent education program that provides a step-by-step approach to starting and leading experientially based parenting groups.

This program stands alone or offers significant enhancement to any program. It provides experiential activities that reach the heart to inspire deeper understanding and change.

Participants will earn recognition as *Certified Positive Discipline Parent Educators* and will:

1. Learn research based, effective tools & techniques for teaching parents how to use discipline that is kind and firm at the same time (non-punitive, non-permissive).
2. Learn how to facilitate a parenting class from the position of a non-expert.
3. Gain practice with experiential exercises that help parents go beyond intellectual understanding to be able to respond in empowering ways that teach children.
4. Learn how to use materials and activities in group settings, parenting classes and individual work with families.

**Materials provided:** *Teaching Parenting the Positive Discipline Way* manual, Tool Cards & book



## CEs (13 Clock Hours):

The Positive Discipline Association has been approved by NBCC as an Approved Continuing Education Provider. ACEP No. 6723.

## The Trainers



### Dodie Blomberg, MEd, CPDLT

Dodie Blomberg, MEd, is passionate about helping people improve their lives through creating respectful relationships in their families, schools and communities. She taught 5th grade in Tempe, Arizona for 12 years. She is a Lead Trainer for the Positive Discipline Association and an Adler Trained Coach. She facilitates Positive Discipline Workshops and trainings all over Arizona, the United States, and internationally. She is most proud of her two children, Colton 30 and Cassidy 27. For more information about the services she offers, go to [www.dodieblomberg.com](http://www.dodieblomberg.com).



### Eva Dwight, MEd, CPDT

After teaching junior and senior high English for 12 years, Eva Dwight earned her Master's Degree in educational counseling in 1997 and worked as a school counselor for 20 years. She is a Certified Positive Discipline Trainer, an Adler Trained Coach, and has served on the Board of Directors for the Positive Discipline Association. She has been married for 39 years and is the proud parent of two sons, ages 29 and 27. For more information about the services she offers, go to [www.evadwight.com](http://www.evadwight.com).

**Cancellation/Refund:** A full refund (minus \$35 processing fee) will be given when the request for a refund is made up to 30 days prior to the first day of a workshop. Refunds are not available for cancellations less than 30 days before a workshop. However, paid registrants can transfer to another workshop within one year at no additional cost. Refunds are not available after a transfer is made or if you do not provide advanced notice that you will not be attending the workshop.

Please contact Eva Dwight at [endwightccc@gmail.com](mailto:endwightccc@gmail.com) to request information regarding special needs accommodations.

**12:00 - 3:00 PM**  
**USA Mtn. Standard Time**

**online**  
**Saturdays & Sundays**  
**February 21, 22, 28 March 1, 7**  
**(12:00 - 2:00 PM on March 7<sup>th</sup>)**

**\$449**  
Early Bird  
Registration  
NOW - 1/17/26

**\$499**  
Regular  
Registration  
1/18/26 - 2/20/26

**Register Here:**

<https://evadwight.com/workshop-registration>

Purchase orders welcome! Contact Eva for details.

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more and to register**

