



WORLD SHOTOKAN KARATE-DO FEDERATION

JINDOKAI KARATE-DO

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Welcome to Jindokai Shotokan Karate-Do

Traditional Japanese Karate | Discipline. Respect. Personal Growth.

About Jindokai

Jindokai Shotokan Karate-Do is a traditional, values-based martial arts school located across Adelaide. We offer authentic training in the art of Japanese Shotokan Karate, focused on developing discipline, confidence, and lifelong skills for all ages.

We are proudly affiliated with:

- **Australian Karate Federation (AKF)** – Australia's national governing body for karate
- **World Shotokan Karate-Do Federation (WSKF)** – our global Shotokan organisation, under Chief Instructor Hitoshi Kasuya Sensei

These affiliations ensure world-class standards in teaching and grading.

Class Types

At Jindokai Shotokan Karate-Do, we offer structured, purpose-driven classes suitable for all ages and experience levels:



White Belt Classes (Rookie)

A welcoming introduction for beginners, focusing on core movements, confidence, and dojo etiquette.



General Classes

All-ages and all-levels training rooted in traditional Shotokan Karate. These sessions focus on skill progression, kata, and kumite in a structured format.



Competition Development Classes

Designed for students preparing to compete at local, state, or national levels. These classes focus on tournament-style kumite, kata performance, and mental preparation.

Note: Additional safety and competition equipment is required for participation in these sessions. All items are available through our online store: 🖱️ senseidion.com.au/shop



Brown & Black Belt Classes

Advanced technical training for senior students. These sessions explore high-level kata, bunkai, and leadership development.



Membership Options

Multi-Session Pass – \$150

- Includes 12 sessions (10 paid + 2 free)
- Ideal for flexible training schedules
- No family discount applies
- Expires after 6 months


Direct Debit – Individual – \$30 per fortnight


- Unlimited access to all regular classes
- Billed automatically
- \$10 admin fee for changes or suspensions

Direct Debit – Family – \$60 per fortnight


- Covers all family members
- Unlimited regular training

Additional Subscription Fees

 **AKF Membership** – \$60 annually per person (required for grading and tournament participation)

 **WSKF Registration** – \$15 annually (includes official grading passport and badge)

Dojo Locations & Attendance

 **Mount Barker | Mawson Lakes | Angle Vale | Modbury Heights**
(Check our website for session times)

 **Members are encouraged to train as often as possible,**
to support steady progress and skill development.

 **No training on public holidays**



Children at Jindokai

Jindokai Shotokan Karate-Do provides a **structured, disciplined learning environment**. Our classes include students of all ages and involve discussions and training around real-life conflict, personal safety, and physical discipline.

This content may be challenging for some young children.

Parents should consider whether their child is ready to participate in a focused, mixed-age setting.

Parental Responsibilities:

- 🧒 Children under 8 years old must be actively supervised by a parent or guardian at all times.
 - 🚻 Parents must accompany their child to the toilet if needed.
 - 🚫 If a child is left unattended and requires assistance, they will be asked to sit out until their parent returns.
 - ❌ If repeated issues occur due to lack of supervision, the child's membership may be **suspended** or **terminated** for safety reasons.
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Seminars & Guest Instructor Events

Throughout the year, we invite **high-ranking Karate masters** to lead special seminars at our dojo. These events are an essential part of your Karate journey, offering students the rare opportunity to learn directly from internationally recognised instructors.

Why You Should Attend:

- 📖 **Seminars deepen your understanding** of technique, mindset, and tradition
- 💰 We work hard to **keep costs as low as possible** to make attendance accessible
- 📈 These events are designed to **enhance your development** and broaden your experience

🔔 **Attendance is strongly encouraged.** When seminars are scheduled, please make every effort to attend and support these valuable learning opportunities.

Thank you for helping us uphold the spirit of lifelong learning and respect in Karate.



Competitions & Tournaments

Tournaments are a valuable part of traditional Karate. At Jindokai, we view competition as an opportunity to **challenge ourselves**, develop resilience, and grow as martial artists.

We actively support student participation in local, state, and national events, including:

- 🏆 **Karate SA Events** – Our state governing body and a great entry point for new competitors
- 🏆 **Karate Australia National Championships** – Represent your state at the national level
- 🌐 **WKF-Sanctioned Events** – For advanced athletes pursuing international recognition
- 🏅 **Olympic Pathway** – As part of Karate Australia and the World Karate Federation (WKF), we are connected to the official Olympic Karate system

Important Notes:

- Students interested in competition must **train regularly** and demonstrate consistent effort and etiquette
- ✅ **Safety equipment is required** for all competitive events
(available at: senseidion.com.au/shop)

Our goal is not just to compete, but to learn, improve, and represent our dojo with honour and humility.

Grading Tests (Kyu Levels)

● **Kyu Grading Fee** – \$70 (includes new coloured belt)

- Grading tests are held **regularly throughout the year**
- Students must meet minimum attendance and readiness requirements
- Instructors will advise when a student is eligible to test
- Grading is a reflection of both **technical development** and **personal growth**

📄 All grading eligibility is based on instructor recommendation, consistent attendance, and demonstration of correct etiquette and effort.

