



SUMMER

DOWN BAD FITNESS CLUB



1:1 Personal Training

In person or virtual, all programming is individualized to help you start working towards your personal fitness goals.



Small Group Training

Up to 4 people for small group training. In person, virtual, or hybrid options available.



Home Programming

Custom programming for you to do on your own time, with accountability check-ins each week.

FIRST 3 MONTHS
20% OFF
swag bag if you sign up by June 1!

*offer valid through June 15

*you're the only
one of you*

SO LETS TAKE CARE OF YOU
RYANN@LIVINLUCKI.COM