**VAST GENERAL MEETING**

**APRIL 9, 2025**

**TRUMAN REC CENTER**

**BOARD OF DIRECTORS PRESENT**

**Mike Uriarte, President**

**Ruth Johnson, President-Elect**

**Bill Russ, Treasurer**

**Gail Grossman, Secretary**

**Michelle Bekoff, Member-At-Large**

**TOTAL NUMBER OF MEMBERS PRESENT IN PERSON:**

**20**

**TOTAL NUMBER OF MEMBERS PRESENT IN PERSON INCLUDING THE BOARD IN PERSON WERE:**

**25**

**TOTAL NUMBER OF MEMBERS PRESENT ONLINE WERE: 1**

**1 - Karen Taylor**

**MEETING CALLED TO ORDER @ 6:04 p.m.**

Roxy Olmstead moved to call the meeting to Order

Marty Schenk seconded the motion

**APPROVAL OF MINUTES**

Mike Uriarte Moved to Approve the Minutes

Gail Grossman Seconded the Approval of the Minutes

**TREASURER REPORT BY BILL RUSS**

We have 3 new members since our last meeting

We have a balance of $ 8, 578.84 as of April 9, 2025

New Members Present were:

Mike Node

Deb Slavic

**SOCIAL COMMITTEE**

Charlene Myszewski has stepped up to be the Chair of the Social Committee

**COACHES REPORT FROM TODD DICKSON & TERRY UTIGARD-RATHBUN**

Todd Dickson said that the team is doing Sprints and getting prepared for the Senior Games. We will start to do taper workouts next week. Starts and turns will be at Laurel Manor on Mondays at 3:00 p.m. – 5:00 p.m.

**THOUGHTS AND PRAYERS FOR MEMBERS IN NEED**

Andy Miller has nerve damage in his legs and is not swimming right now. The nerve damage is from a car accident in 1987. He is in a lot of pain. Prayers go out for Andy.

John Cornell, our oldest member on our team, had compression fractures in his spine. He had cement put in his spine yesterday. John is 97 years old.

Roxy is in charge of sending cards to people who are sick so Roxy asked that people let her know if someone is sick so she can send out a card to people on the team.

**TERRY UTIGARD-RATHBUN**

Terry writes all the workouts for the VAST Team and Roxy “thanked” Terry for her very HARD workouts.

**NIGHT GOLF**

Marcia Smith spoke about the event. Night golf was a success.

Terry Utigard-Rathbun and her husband Mark Rahtbun came in First along with Kim Guilfoyle and Lewis D’Angelo.

Medals were given out to the first place winners.

**VILLAGES SENIOR GAMES PACKET PICKUP**

Gail Grossman reminded everyone that The Villages Senior Games Packet Pickup will be on Friday April 18, 2025, at Rohan Rec Center

**PANCAKE BREAKFAST**

There is a **FREE** Pancake breakfast on Tuesday April 22nd 8:00am-9:30am at Pimlico Rec Center.

Jeannie Hackett suggested having entertainment at the Pancake Breakfast. In the past we had entertainment at the Pancake Breakfast. Anyone who wishes to entertain at the pancake breakfast is welcome to do so

**TEAM PHOTO – WEAR A BLACK BATHING SUIT**

Rae Suttie spoke regarding the Team Photo.

The VAST Team Photo will be taken **AFTER** the Pancake Breakfast at Mulberry Grove Pool at **10:00 a.m**. **WEAR A BLACK BATHING SUIT. NO JEWELRY. NO SUNGLASSES. NO HATS.**

Laura Landau’s husband will take the picture again this year.

**THE VILLAGES SENIOR GAMES SWIM MEET 4.23.25 – 4.24.25**

The Villages Senior Games Swim Meet is Wednesday April 23, 2025 and Thursday April 24, 2025, at Laurel Manor Pool. Good Luck to Everyone.

**TEAM LUNCHEON AFTER THE SWIM MEET ON 4.24.25**

There will be a **FREE** Team Luncheon after The Villages Senior Games Swim Meet on Thursday April 24th from 12:00 p.m. – 2:00pm at Churchill Rec Center

**MAY TEAM MEETING WILL BE POTLUCK DINNER AND VOTING FOR PRESIDENT-ELECT**

The May Team Meeting will be our end of the year party and will be a Potluck dinner. Everyone please sign up and bring a dish to share. There will also be elections for President-Elect, the only position open on the Board. The meeting/dinner will be held at Truman Rec Center. The new Board of Directors will be installed at that time.

Roxy suggested we have entertainment at the May potluck dinner.

**CPR/AED TRAINING ON MAY 22, 2025 AT 1:30 P.M. AT COLONY COTTAGE REC CENTER**

There will be CPR/AED Training for the VAST Swim Team on May 22, 2025, at the Colony Cottage Rec Center from 1:30 p.m. – 4:00 p.m.

22 People signed up for the training. If you can’t come this month but want to come next month, they will have room. The Villages have the training every 2nd Friday at Colony Rec Center.

It is $ 25.00 if you sign up on your own. It is free if you do it with the team.

**MISCELLANEOUS ITEMS**

**ROHAN REC CENTER POOL CONDITIONS**

Rohan Rec Center Pool is still deplorable as far as swimming and you cannot see the other end of the pool. The team has complained, and the Rec Department is looking into it. There was a discussion about moving the practice to the Ezell pool because the conditions are so bad at the Rohan pool.

Karen Taylor said most of the pools are not aerated and in the summer the pools will be very hot and will get worse in the summer.

Per Roxy there are 1,000 people a week who use the Rohan pool.

Karen Taylor volunteered to take water from Rohan and take it to Pinch-a-Penny to test the water. They may not test for bacteria.

**THANKS TO ALL THE COACHES FOR THEIR COACHING – AND QUESTIONS ABOUT TAPERING**

Julie Ash thanked all the Coaches and asked about tapering. Coach Terry Utigard-Rathbun explained tapering to Julie and the team. We will get more sprints with longer rest periods and faster sprints in preparation for The Villages Senior Games.

**SPLITTING THE POOL BETWEEN COMPETITORS AND NON-COMPETITORS**

Ruth Johnson asked the coaches if they could put the people competing in the Villages Senior Games Swim meet together with other competitors rather than having non-competitors in the same lane with competitors. Both Coach Todd and Coach Terry said they will take are of that issue at workouts and pair competitors with other competitors.

**APRIL BIRTHDAYS PRESENT**

Terry Utigard-Rathbun

Bill Russ

**MIKE URIARTE’S PEP TALK**

Mike gave his talk on perseverance. Thomas Edison tried and failed to make a lightbulb over 10,000 times. Mike recited the Poem “Don’t Quit.”

Mike a story about Little Ray who played baseball in a small town. He walked on at the University of Missouri. He got cut in 3rd round. He was told come back 1st day of Spring training as a freshman to see about maybe making the team Little Ray came back and made the team. Little Ray Started as the 3rd base player and was ultimately give scholarship and voted MVP of this team. Little Ray Led the team to the College World Series in his Senior Year. Little Ray was voted All American for 3rd base player. Little Ray is in University of Missouri’s Hall of Fame.

Little Ray was Mike Uriarte’s Dad.

**ADJOURNMENT 6:53 p.m.**

The meeting was adjourned at: 6:53 p.m.

Rae Suttie moved to adjourn the meeting

Marcia Smith seconded the motion to adjourn