

Knee Osteoarthritis Knowledge Scale

Please answer all items

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Mark your answers like this



If you make a mistake, do this then tick the correct response

THESE STATEMENTS ARE ABOUT KNEE JOINT OSTEOARTHRITIS

Please rate each statement as		False	Possibly False	Unsure	Possibly True	True
1	Your knee joint wears out with everyday use	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2	Osteoarthritis will only get worse over time	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3	Increased knee pain always means that you have damaged your knee	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

THESE STATEMENTS ARE ABOUT WHAT YOU SHOULD DO IF YOU HAVE KNEE OSTEOARTHRITIS

Please rate each statement as		False	Possibly False	Unsure	Possibly True	True
4	You need an X-ray or scan to know if you have osteoarthritis	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5	Being active makes osteoarthritis feel better	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6	Keeping a healthy body weight is a key part of osteoarthritis care	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

THESE STATEMENTS ARE ABOUT TREATMENT FOR KNEE OSTEOARTHRITIS

Please rate each statement as		False	Possibly False	Unsure	Possibly True	True
7	X-rays or scans show how much your osteoarthritis affects you	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8	Making your leg muscles stronger improves your ability to do daily tasks	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9	Pain from osteoarthritis can be managed without surgery	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10	Exercises can ease pain as much as most medications	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11	Most people with knee osteoarthritis will need a joint replacement at some point	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Darlow B, Abbott H, Bennell K, Briggs AM, Brown M, Clark J, Dean S, French S, Hinman RS, Krägeloh C, Metcalf B, O'Brien D, Stanley J, Whittaker JL. Knowledge about osteoarthritis: Development of the Hip and Knee Osteoarthritis Knowledge Scales and protocol for testing their measurement properties. Osteoarthritis and Cartilage Open 2021;3(2):100160.

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The Knee Osteoarthritis Knowledge Scale Scoring instructions

There are 11-items that contribute to the score. Each item presents a statement with a five-point Likert scale. Each item is scored on a scale from 1 to 5.

To compute the score, reverse score items 1,2, 3, 4, 7, and 11 and add these to items 5, 6, 8, 9, and 10. Total scores for the scale range from 11 to 55, and higher scores indicate greater knowledge about osteoarthritis.