



Heart of the Valley Dance Academy

JUMPS AND LEAPS CLINIC

Clinic Instructor: Carlyn Andrew

When:

Wednesday, June 11 & 25

- 5:30-6:30 PM Novice
- 6:30-7:30 PM Intermediate
- 7:30-8:30 PM Advanced

Cost: \$20 per dancer, per day. Dancer can attend one or both days

Which session should I take?

Novice Pre-requisites:

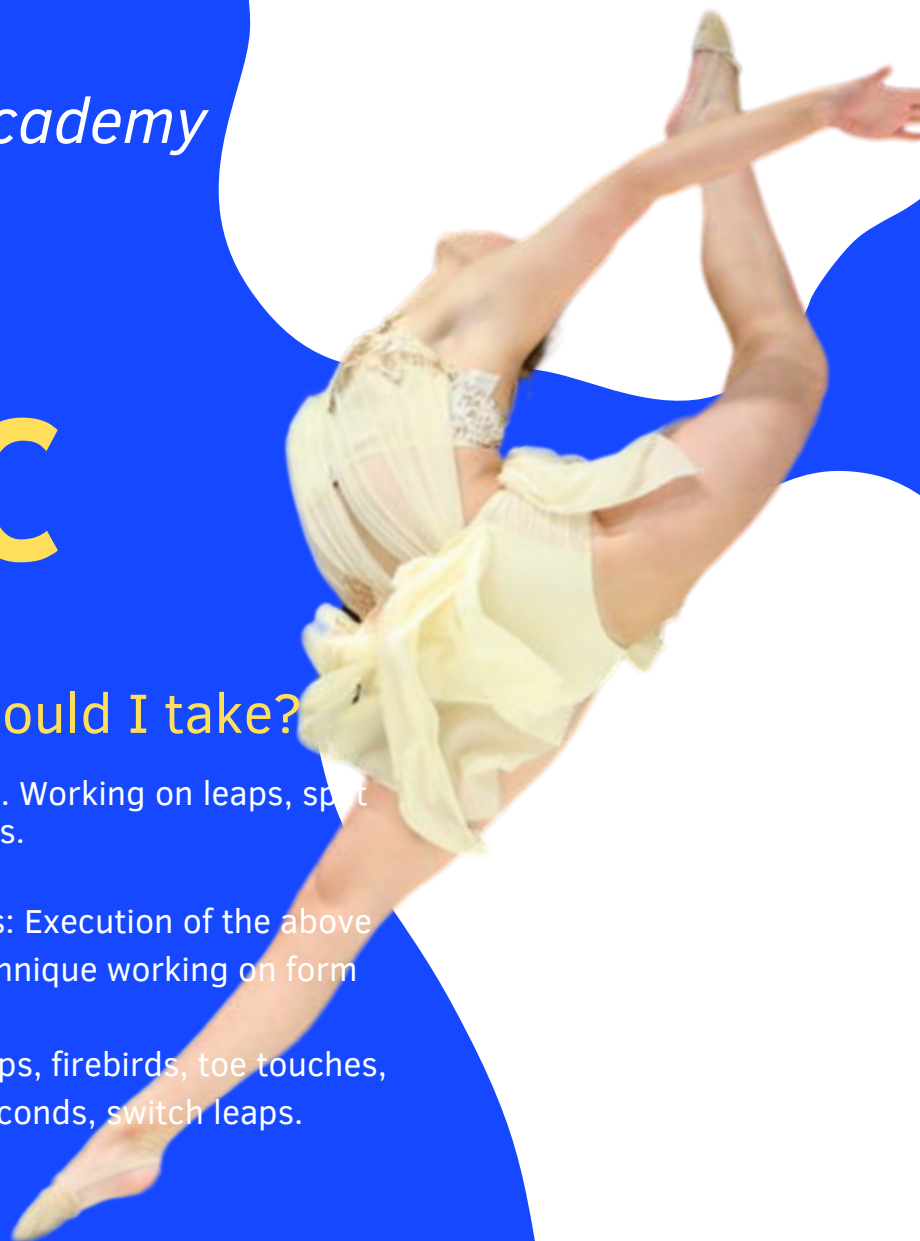
Previous dance experience. Working on leaps, split jumps, toe touches, c-jumps.

Intermediate Pre-requisites: Execution of the above skills with recognizable technique working on form and placement.

Working on leaps, split jumps, firebirds, toe touches, c-jumps, calypsos, open seconds, switch leaps.

Advanced Pre-requisites:

Execution of the above skills with solid technique looking to elevate execution quality and placement. Working on leaps, split jumps, firebirds, toe touches, calypso, open second leaps, and an emphasis on a variety of rotating leaps and jumps.



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