



# the SENIOR CALLER

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WOODLANDS SENIOR ACTIVITY CENTER

*September*  
*2025*

VOL. 52 - ISSUE 9

710 N. Opportunity Dr. - Columbia City, IN 46725  
Office Hours: Mon-Thu 8 am - 4 pm / Fri 8 am - 1 pm  
260-248-8944 1-800-290-1697  
TTY Relay 800-743-3333

[www.whitleycountycouncilonaging.org](http://www.whitleycountycouncilonaging.org)



Woodlands Senior Activity Center

[the.woodlands.wccoa](http://the.woodlands.wccoa)

## OUR MISSION

To enable the senior citizens of Whitley County to live confident, dignified, independent and productive lives through education, programs and services.

## OUR SERVICES

- |                          |                                     |   |
|--------------------------|-------------------------------------|---|
| * Transportation         | * Senior Caller Newsletter          | * Health Programs/Exercise                  |
| * Weekday Lunches        | * Tax Assistance (Feb-Apr)          | * Educational/Informational Programs        |
| * Home Delivered Meals   | * Social Gatherings & Entertainment | * Non-Perishable Food Pantry & Bread Pantry |
| * Lending Library        | * Medical Equipment Loan Program    | * Pet Food Pantry                           |
| * Information & Referral | * Incontinence Items                | * Woodland Trips                            |
| * Food Share Programs    |                                     |   |
| * Annual Senior Fair     |                                     |   |

**TITLE VI NOTICE TO THE PUBLIC:** All programs and services are provided without regard to race, color, or national origin in accordance with Title VI of the Civil Rights Act. Any person who believes she or he has been aggrieved by any unlawful discriminatory practice under Title VI may file a complaint with WCCOA.

## OUR PEOPLE

### CORPORATION OFFICERS

Thor Hodges/President	(260-229-1284)	Duane Janssen/Treasurer	(727-687-7958)
Larry Barr/Vice President	(260-229-5945)	Shelbi Brown/Secretary	(260-610-8020)

### BOARD MEMBERS

Larry Barr	(260-229-5945)	Paula Langeloh	(260-248-7848)
Shelbi Brown	(260-610-8020)	Marlin Leininger	(260-466-5231)
Clay Geiger	(260-609-9032)	Connie Reimer	(260-248-2826)
Dr. Christopher Grindrod	(260-481-6455)	Joan Western	(260-229-9902)
Thor Hodges	(260-229-1284)	Virginia Wright	(260-609-5249)
Duane Janssen	(727-687-7958)	Steve Yann	(260-449-1663)
Sandy Kyler	(260-229-1760)	Jane Yohe	(260-248-8373)

### STAFF DIRECTORY

Jim Johnson	Executive Director	ext 3
Nancy Bledsoe	Office Manager	ext 4
Sheila Troyer/Manager, Debbie	Nutrition	ext 2
Bernie King/Manager, Kim, Sarah	Transportation	ext 1
Gabby, Rose, Sharon	Reception	ext 5
Aimee Ray	Activities Manager	ext 9

## **CONTACT US**

**Call 248-8944 for a ride!** Toll Free: 1-800-290-1697

Hours: 7am - 5pm Monday - Friday. **A 48 hour notice (prior to 1 pm) is necessary.**

*Senior Transportation Services are funded in part through Title III of the Older Americans Act and Social Service Block Grants distributed through Aging and In-Home Services of Northeast Indiana. We are a Medicaid transit provider.*

## **INFORMATION WE NEED**

**Who:** Name, address, phone number, birthday, any disabilities, and if the client has Medicaid.

**When:** Appointment date and time.

**Where:** Destination, including address.

**Contact/Billing Information:** Name and address of the responsible parties.

## **PRICING**

Distance	Fees - One Way	Fees - Round Trip
1-4 miles	\$6	\$12
5-10 miles	\$8	\$16
11-15 miles	\$12	\$24
16-25 miles	\$15	\$30
Over 25 miles	\$17	\$34
Out of County	\$29	\$58



*Stated mileage are for trips made within Whitley County.*

- \* Children under 12 ride free with an adult. Adults must provide car seats when necessary.
- \* Veterans - \$20 Round Trip for trips outside of Whitley County.
- \* Working Seniors 60+ - public rates apply.
- \* Seniors 60+ - donation only; service is not denied to anyone who is not able to donate.

**Exact payment is required.** For your convenience, you may buy Transit Punch Cards for \$40 per card (a \$45 value).

**CLIENTS MUST BE READY 15 MINUTES PRIOR TO SCHEDULED PICK-UP TIME**

***All vans are sanitized throughout the day for your safety.***



**SENIOR FAIR**

# THE WOODLANDS

## SENIOR HEALTH FAIR



**FRIDAY, SEPTEMBER 19, 2025**  
**4H CENTER, COLUMBIA CITY**  
10 a.m. - 1 p.m.

Free Admission & Parking

Free Lunch & Ice Cream - Free Blood Pressure Checks

Immunizations (*bring your Insurance Cards*)

Vendor Booths w/Giveaways - Door Prizes - 50/50 Raffle\*

\*The Exempt Event Activity Notification is on file with the Gaming Commission 68 IAC 21-10-2 (c)

### 2025 Senior Fair Sponsors!

**thrivent**<sup>®</sup>

Kidane Sarko  
Financial Associate  
260-445-8040 | kidane.sarko@thrivent.com |  
Fort Wayne, IN

Alarie  
Chiropractic  
Center

**TINKELS**  
RESTAURANT SUPPLIES



[www.whitleycountycouncilonaging.org](http://www.whitleycountycouncilonaging.org)

## SENIOR GAMES

# Whitley County Senior Games

**SEPT**  
**22-26**



Prepare for a week filled with fun, games, and excitement at our 4th Annual Senior Games! Join one or all events for just \$20, which includes a T-shirt. Prizes will be awarded during the Closing Ceremony.  
*Don't miss out, there's lots of fun for all!*



**\$20 Registration Fee due by September 19th.**  
Shirts available for pickup on September 22nd.  
No refunds.

**Thank you to our Sponsor!**

**Mobility Plus®**  
scooters • ramps • lifts

*Seeking  
additional  
sponsors!*



## All Events will take place at The Woodlands!

### September 22nd

- ☐ Skee Ball @ 10 AM
- ☐ Pop-A-Shot Basketball @ 11 AM
- ☐ Frisbee Golf @ 12 PM

### September 23rd

- ☐ Jigsaw Speed Contest @ 11 AM
- ☐ Bait Casting Contest @ 12:30 PM
- ☐ Corn Hole Contest @ 1:30 PM

### September 24th

- ☐ Dominoes @ 11 AM
- ☐ Scooter Race @ 12:30 PM

### September 25th

- ☐ Euchre @ 11 AM
- ☐ Horseshoes @ 12:30 PM

### September 26th

- ☐ Match that Baby Photo Contest @ 12 PM
- ☐ Closing Ceremony @ 1 PM

*Please contact The Woodlands with any questions @ 260-248-8944.*

## SENIOR GAMES

# Whitley County *Senior Games*

**SEPT**  
**22 - 26**



### September 22nd

Skee Ball @ 10 AM  
Pop-A-Shot Basketball @ 11 AM  
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Euchre @ 11 AM  
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Corn Hole Contest @ 1:30 PM

### September 26th

Match that Baby Photo Contest @ 12 PM  
Closing Ceremony @ 1 PM

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Dominoes @ 11 AM  
Scooter Race @ 12:30 PM

**\$20 Registration Fee due by  
September 19th.**

Shirts available for pickup on  
September 22nd.  
No refunds.



## Release of Liability, Assumption of Risk, and Indemnity Agreement

IN CONSIDERATION of being permitted to participate in any way in any WHITLEY COUNTY SENIOR GAMES activity ("ACTIVITY") at any time during the current calendar year I, for myself, for my personal representatives, assigns heirs, and next of kin:

1. ACKNOWLEDGE, agree and represent that I understand the nature of WHITLEY COUNTY SENIOR GAMES Activities and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further agree and warrant that if at any time I believe the conditions be unsafe, I will immediately discontinue further participating in the Activity.

2. FULLY UNDERSTAND, that: (a) WHITLEY COUNTY SENIOR GAMES ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANET DISABILITY, PARALYSIS, AND DEATH ("RISKS"); (b) these Risks and dangers may be caused by my own actions on inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPOSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participating in the Activity.

3. HERBY RELEASE, DISCHARGE AND COVENENAT NOT TO SUE ANY WHITLEY COUNTY SENIOR GAMES HOST AGENCIES, its administrators, directors, agents, officers, members, volunteers, team member, and employees, other participants, any advertisers, and, if applicable, owners of premises on which the Activity takes place, (each considered one of the RELEASEES herein) FROM ALL LIABILITY, CLAIMS, DEMAND LOSSES, OR DAMAGES ON MY ACCOUNT ACUAUSED OF ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS; AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the Releases, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES FROM any litigation expenses, attorney fees, loss, liability, damage, or cost which may be incurred as the result of such claim. I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THR GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID, THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

SHIRT SIZE: \_\_\_\_\_

PHONE NUMBER: \_\_\_\_\_

EMAIL: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PRINTED NAME OF PARTICIPANT: \_\_\_\_\_

SIGNATURE OF PARTICIPANT: \_\_\_\_\_ DATE: \_\_\_\_\_



**TASTE & TUNES**

# TASTE & TUNES

## *Fundraiser*

Featuring

**HUBIE ASHCRAFT & TRAVIS GOW**

**OCTOBER 28, 2025 @ 6 PM**



**The Woodlands - 710 N Opportunity Drive, Columbia City.**

Come enjoy yourself while helping support the Whitley County Council on Aging.

We welcome adults of all ages to enjoy the delicious meal and outstanding entertainment. This is an event that you don't want to miss!

**\$35 DINNER**

**Beer & Wine Cash Bar**

**TICKETS MUST BE PURCHASED IN  
ADVANCE BY OCTOBER 17, 2025.**

**Questions? Call (260) 248-8944.**



DAY TRIP

# FOUR WINDS CASINO

*South Bend*

SEPTEMBER 11, 2025



**\$30**

COST IS FOR  
TRANSPORTATION ONLY

Must pay in advance.  
Come to The Woodlands  
by September 4 to register.

Open to the Public!

Depart from  
The Woodlands at 8:30 a.m.



**DAY TRIP**

# HEARTBREAK HOTEL



***“This prequel to Million Dollar Quartet follows the tender story of Elvis Presley in his youth and the moments of his life that led him to become ‘The King of Rock and Roll.’ ”***

([https://beefandboards.com/Online/default.asp?doWork::WScontent::loadArticle=Load&BOparam::WScontent::loadArticle::article\\_id=E544C99D-CD32-4DEC-B881-6AF87DC2444F&menu\\_id=9CA614E0-ACDA-48D4-82BD-6A9701390C27](https://beefandboards.com/Online/default.asp?doWork::WScontent::loadArticle=Load&BOparam::WScontent::loadArticle::article_id=E544C99D-CD32-4DEC-B881-6AF87DC2444F&menu_id=9CA614E0-ACDA-48D4-82BD-6A9701390C27))

**October 8, 2025  
Beef & Boards in Indianapolis**

**Cost: \$160**

**(includes transportation, buffet lunch & show, snacks & drinks)**


**Payment is due by September 5th.**

**Register at The Woodlands.**

**Questions? Call Aimee at 260-248-8944 x9.**

# SEPTEMBER 2025

THE WOODLANDS 260-248-8944  
RESERVATIONS REQUIRED 2 BUSINESS DAYS  
IN ADVANCE. \$7 PER MEAL.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> 	<b>2</b> 9:00 Euchre 9:00 Bible Study with Cheryl 11:30 Chicken Mushroom Pasta 12:00 Dominoes 12:30 Bible Study w/Bob	<b>3</b> 9:00 Pixie Bingo: Partner, <i>The Waters</i> <i>*Players must bring prizes!</i> 9:00 Line Dancing 10:00 Drumming Class 11:30 BBQ Bacon Cheeseburger 12:30 Hand & Foot Game	<b>4</b> 10:00 Todd Hunnicutt of Aging and In-Home Services Presents: "What is it... Dementia, Normal Aging, or Alzheimer's" 11:30 Swiss Steak 12:30 Euchre	<b>5</b> 9:00 Euchre 9:00 Line Dancing 10:00 Chair Exercise 11:30 Chili Dog
<b>8</b> 9:00 Line Dancing 10:00 Chair Exercise 11:30 Loaded Baked Potato 12:00 Robin Reiber of Parkview Hospice: "Comfort Living" 1:00 Mahjong	<b>9</b> 9:00 Euchre 9:00 Bible Study with Cheryl 11:30 Honey Garlic Meatballs 12:00 Dominoes 12:30 Bible Study w/Bob	<b>10</b> 9:00 Line Dancing 9:30 1 on 1 w/Darcy 10:00 Drumming Class 10:45 Blood Pressure Ck 11:30 Salmon Patty 12:00 Health Class with Darcy: "Exercise and Physical Activity" 12:30 Hand & Foot Game	<b>11 BIRTHDAY WISHES</b> 11:30 Chicken Parmesan 12:30 Euchre 6:30 Grieving Friends Support Group	<b>12</b> 9:00 Euchre 9:00 Line Dancing 10:00 Chair Exercise 11:30 BBQ Meat Sandwich
<b>15</b> 9:00 Board Meeting 9:00 Line Dancing 10:00 Chair Exercise 11:30 Cheesy Bruschetta Chicken	<b>16</b> 9:00 Euchre 9:00 Bible Study with Cheryl 11:30 Vegetable Lasagna 12:00 Dominoes 12:30 Bible Study w/Bob 1:30 The League	<b>17</b> 9:00 Pixie Bingo: Partner <i>Oberlin Mrktg/Heidi Darley</i> <i>*Players must bring prizes!</i> 9:00 Line Dancing 10:00 Drumming Class 11:30 Stuffed Cabbage Roll 12:30 Hand & Foot Game	<b>18</b> 11:30 Ham & Beans with Cornbread 12:30 Euchre Tourney	<b>19</b> <b>CLOSED:</b> <b>JOIN US AT</b> <b>THE</b> <b>SENIOR FAIR!</b>





**DAY TRIP**

# THE NAUGHTY LIST

Wednesday, November 12, 2025

@ Cornwell's Turkeyville (Marshall, MI)

“Sparkles the Elf dances like a snowflake and has the voice of a snow angel, and she is always the star of the annual Christmas Pageant at Santa’s Workshop. But when a new and talented elf comes onto the scene and threatens to steal the spotlight, Sparkles is overwhelmed with feelings of jealousy that threaten to land her on... the Naughty List!”

([www.tix.com/ticket-sales/cornwell's%20dinner %20theatre/6562/ event/1398425](http://www.tix.com/ticket-sales/cornwell's%20dinner%20theatre/6562/event/1398425))

Cost is \$145, which includes transportation, turkey buffet and show, plus snacks with water and juice.

First payment of \$45 is due by September 12.  
Balance of \$100 is due by October 3.

Visit the Woodlands to register for this trip.

## HAIR CARE

**Haircuts & Eyebrow Waxing by Lyndah**

**Wednesday, September 17**

Call 248-8944 x5 for your appointment.

Haircut \$10  
Cut w/style \$11  
Men's Haircuts \$5  
Eyebrow Waxing \$5

## FOOT CARE

**Foot Care & Reflexology by Toni Mowery, LPN**

**No Available Appointments for September**

**\$35 ~** Call 248-8944 x5 for your appointment.

*\* Please bring a wash basin & large bath towel. \**



## NAIL CARE

**Manicures by Lyndah**

**No Available Appointments for September**

Call 248-8944 x5 for your appointment.

Filing \$3  
Polish \$5  
Filing & Polish \$8  
*Please bring your own nail polish.*

## MASSAGE

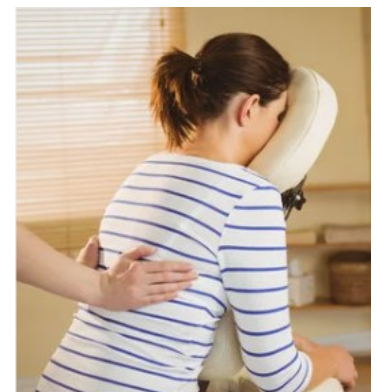
**Massage by Annette Bear, LMT**

**Thursday, September 25**

Annette Bear, LMT of *Relaxing Roots Massage*, provides 15-minute chair massages once a month. Book your massage now!

**\$15 ~** Call 248-8944 x5 for your appointment.

*\*All equipment will be sanitized prior to each appointment time.\**



## EQUIPMENT LOAN PROGRAM

### SHORT-TERM LOANER EQUIPMENT

Walkers, canes, crutches, and shower chairs require a \$10 deposit.

Wheelchairs and knee scooters require a \$25 deposit.

\* \* \* \* \*

Incontinence items are also available. Each recipient is allowed one package per month.

## FOOD PROGRAMS

### WEEKEND MEALS

Order as many weekend meals as you like by Wednesday at noon, then pick them up on Friday or have them delivered. Call the Woodlands for more details.

### NON-PERISHABLE FOOD PANTRY

The senior food pantry is available to seniors **50+** who find themselves short on non-perishable grocery items. It can be used as a supplemental food source **one time per month**. Pantry hours are Monday, Tuesday, Thursday 9 am - 10:30 am & 1 pm - 2 pm.

*\*\*Bread is available dependent on supply.*

### WOODLANDS FOOD SHARE PROGRAM

Seniors living on a limited income and in need of additional food items on an ongoing basis can apply for a supplemental food program. The program provides a 10 to 15 lb bag of shelf stable food items **one time per month**. Call the Woodlands for more details.

## PET FOOD

### PET PANTRY

Dog and cat food is available for pick up **once per month**. The Pet Food Pantry hours are Monday, Tuesday, Thursday 9 am - 10:30 am & 1 pm - 2 pm. ***Pet food is available dependent on supply.***





## Convenient Care. Just for You.



### Mental and physical health care in a single visit.

New name, same compassionate commitment to you. At Bowen Health, we offer combined services at our locations. So, you can get mental health care, medical health care, addiction recovery support and life skills coaching all under one roof. Our warm, friendly care team is ready to welcome you in, regardless of your ability to pay. Come see us or schedule an online video appointment and get the care you need today.



Make your appointment.  
800-342-5653  
[BowenHealth.org](https://BowenHealth.org)



Mind. Body. Bowen.



**WHITLEY COUNTY COUNCIL ON AGING INC.**  
710 N Opportunity Drive  
Columbia City, IN 46725

NON-PROFIT ORGANIZATION  
U.S. POSTAGE PAID  
COLUMBIA CITY, IN 46725  
(PERMIT NO. 263)



***"YOUR BEST LOCAL RESOURCE FOR SENIOR SERVICES"***

**Thank you WCCOA Sponsors!**

Cedar Creek Assisted Living, Warsaw

Miller's - Oak Pointe

Oberlin Marketing - Heidi Darley

Seasons Home Care

Stillwater Hospice

The Waters

